

Nicholas A. Armenti, Ph.D.

CURRICULUM VITAE

Email: nicholas.armenti@gmail.com

EDUCATION

Federal Correctional Complex Allenwood, White Deer, PA (2018-2019)

Pre-Doctoral Psychology Internship (APA-Accredited)

Internship Training Director: Ashley Gemberling, Psy.D.

University of Houston, Houston, TX (2016-2019)

Ph.D., Clinical Psychology (APA-Accredited)

Dissertation: *Dispositional and Contextual Risk Factors Associated with Borderline Personality Features and Intimate Partner Violence* (Chair: Julia Babcock, Ph.D.)

University of Houston, Houston, TX (2014-2016)

M.A., Psychology

Master's Thesis: *The Effects of Cognitive and Affective Empathy Deficits on Intimate Partner Violence Perpetrators* (Chair: Julia Babcock, Ph.D.)

Comprehensive Examination (Adult Specialty): Passed at High Pass Level (08/2016)

New York University, New York, NY (2008-2012)

B.A., Psychology; Minor: Law and Society; Magna Cum Laude

Departmental Honors in Psychology

LICENSURE INFORMATION

Licensed Psychologist – Pennsylvania (PS019098)

09/2020-Present

HONORS AND AWARDS

Walter Katkovsky Scholarship, American Board of Professional Psychology Foundation (2023)

Conference Travel Awards, University of Houston (2015-2018)

Houston Endowment Recruitment Fellowship, University of Houston (2014-2019)

Graduate Fellowship, University of Houston (2014-2018)

Founders Day Award, New York University (2012)

Dean's Undergraduate Research Fund Grant, New York University (2011)

Psi Chi National Honor Society, New York University (2010)

Dean's List, New York University (2009-2012)

Baird Scholar, New York University (2008)

RESEARCH EXPERIENCE

Graduate Research Assistant

08/2014-05/2018

Emotions in Marriage Lab, University of Houston, Houston, TX

Relationship Functioning, Emotional Reactivity, and Intimate Partner Violence

Supervisor: Julia Babcock, Ph.D.

Responsibilities:

- Conducted relationship interviews
- Performed observational coding of positive and negative attributes of couples engaged in conflict discussion using the Specific Affect Coding System
- Created templates of questionnaires for research studies
- Analyzed self-report, interview, and psychophysiological data using SPSS
- Prepared manuscripts for publication and conference presentations
- Edited federal grant applications
- Submitted and renewed IRB documents
- Trained and supervised team of graduate and undergraduate research assistants on lab protocols
- Participated in lab meetings

Undergraduate Researcher

09/2011-05/2012

Department of Psychology, New York University, New York, NY
Gender Stereotypes and Punishment in the Criminal Justice System

Supervisor: Madeline Heilman, Ph.D.

Responsibilities:

- Implemented a pilot study to determine perceptions of male-type versus female-type murders
- Created crime scene vignettes used in research study
- Generated composite trait attribution measures for physical agency, mental agency, brutality, emotional fragility, and impulsivity
- Programmed experiment using Qualtrics
- Completed data collection and analysis using Amazon Mechanical Turk platform and SPSS
- Composed thesis manuscript and presented findings at undergraduate research conference at New York University

Research Intern

07/2011-02/2012

The Forensic Panel, New York, NY
Validation of the Depravity Scale and Welner Violence Battery

Supervisor: Michael Welner, M.D.

Responsibilities:

- Coded interrogation interviews of defendants and reports from past criminal and civil court cases
- Conducted literature searches and wrote reviews on various forensic psychology topics, including risk assessment, gang violence in prisons, and malingering
- Completed research duties focused on the development of objective measures to inform risk assessment and sentencing decisions made by judges and juries
- Participated in team meetings

TEACHING EXPERIENCE

Teaching Fellow (Online)

Introduction to Psychology, University of Houston (Fall 2016, Spring 2017, Fall 2017, Spring 2018)

Introduction to Cognitive Psychology, University of Houston (Summer 2017, Summer 2018)

Responsibilities:

- Served as primary instructor and developed all materials for courses of 80-100 undergraduate students, including syllabi, lectures, exams, quizzes, activities, and grading rubrics
- Responded to questions and concerns from students regarding course material
- Held office hours to address issues raised by students and provide additional guidance
- Selected course textbooks and supplemental materials to enhance learning
- Instructed teaching assistants on responsibilities for courses, including grading exams, quizzes, and writing assignments
- Developed proficiency in using learning management systems, including Blackboard and Canvas, as well as supplemental online learning platforms through Cengage and Macmillan Learning

Teaching Assistant

Abnormal Psychology, University of Houston (Spring 2016, Summer 2016)
 Introduction to Methods in Psychology, University of Houston (Spring 2016)
 Introduction to Psychology, University of Houston (Summer 2015, Fall 2015)
 Introduction to Clinical Psychology, University of Houston (Fall 2014, Spring 2015)
 Introduction to Psychological Statistics, University of Houston (Fall 2014, Spring 2015)

Responsibilities:

- Assisted primary instructors with course-related tasks, including proctoring exams and grading exams, quizzes, and writing assignments for courses of 80-100 undergraduate students
- Held office hours to address issues raised by students and provide additional guidance
- Developed proficiency in using learning management systems, including Blackboard and Canvas, as well as supplemental online learning platforms through Cengage and Macmillan Learning

PUBLICATIONS

- Evans-Hudnall, G., Odafe, M. O., Johnson, A. L., **Armenti, N. A.**, O'Neil, J., Lawson, B., ...
 Rassu, F. S. (in press). Using an adjunctive treatment to address psychological distress in a national weight management program: Results of an integrated pilot study. *Military Medicine*.
- Armenti, N. A.**, & Babcock, J. C. (2021). Borderline personality features, anger, and intimate partner violence: An experimental manipulation of rejection. *Journal of Interpersonal Violence*, *36*, 3104-3129.
- Babcock, J. C., Snead, A. L., Bennett, V. E., & **Armenti, N. A.** (2019). Distinguishing subtypes of mutual violence in the context of self-defense: Classifying types of partner violent couples using a Modified Conflict Tactics Scale. *Journal of Family Violence*, *34*, 687-696.
- Armenti, N. A.**, & Babcock, J. C. (2018). Psychophysiological reactivity profiles of partner-violent men with borderline or psychopathic personality features: The role of empathy. *International Journal of Offender Therapy and Comparative Criminology*, *62*, 3337-3354.
- Armenti, N. A.**, Snead, A. L., & Babcock, J. C. (2018). The role of trait anger in the relation between juvenile delinquency and intimate partner violence in adulthood. *Crime & Delinquency*, *64*, 587-605.
- Armenti, N. A.**, Snead, A. L., & Babcock, J. C. (2018). Examining the moderating role of

- problematic substance use in the relations between borderline and antisocial personality features and intimate partner violence. *Violence Against Women*, 24, 223-240.
- Babcock, J. C., **Armenti, N. A.**, & Warford, P. (2017). The trials and tribulations of testing couples-based interventions for intimate partner violence. *Partner Abuse*, 8, 110-122.
- Babcock, J. C., **Armenti, N. A.**, Cannon, C., Lauve-Moon, K., Buttell, F., Ferreira, R., ... Solano, I. (2016). Domestic violence perpetrator programs: A proposal for evidence-based standards in the United States. *Partner Abuse*, 7, 1-107.
- Armenti, N. A.**, & Babcock, J. C. (2016). Conjoint treatment for intimate partner violence: A systematic review and implications. *Couple and Family Psychology: Research and Practice*, 5, 109-123.

BOOK CHAPTERS

- Rodriguez, L. M., **Armenti, N. A.**, & Babcock, J. C. (2018). Beyond traditional treatment approaches for intimate partner violence: Integrating a dyadic perspective. In P. Birch, J. L. Ireland, & C. A. Ireland (Eds.), *Assessment, treatment and management: Violent and sexual offenders* (pp. 398-410). London: Routledge.
- Armenti, N. A.**, Iyican, S., Sommer, J. M., & Babcock, J. C. (2017). Treatment of batterers: What works? In P. Sturme (Ed.), *Wiley handbook of violence and aggression* (pp. 1213-1226). New Jersey: Wiley & Sons, Inc.

CONFERENCE PRESENTATIONS

- Armenti, N. A.**, Snead, A. L., Bennett, V. E., & Babcock, J. C. (2018, March). *Trait anger mediates the relation between childhood sexual abuse and intimate partner violence*. Poster to be presented at the annual meeting of the American Psychology-Law Society, Memphis, TN.
- Bennett, V. E., Snead, A. L., **Armenti, N. A.**, & Babcock, J. C. (2017, November). *Negative sentiment override as a mediator between intimate partner violence victimization and relationship satisfaction*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Snead, A. L., Bennett, V. E., **Armenti, N. A.**, & Babcock, J. C. (2017, November). Classifying situational from characterological intimate partner violence using the CTS2 plus self defense. In A. L. Cantos (Chair), *Partner violence across diverse contexts: Basic and translational research*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Snead, A. L., Bennett, V. E., **Armenti, N. A.**, & Babcock, J. C. (2017, November). *The role of empathy as a moderator between jealousy and intimate partner sexual coercion*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Armenti, N. A.**, & Babcock, J. C. (2017, March). *Anger expression strengthens the relation between antisocial personality features and intimate partner sexual coercion*. Poster presented at the annual meeting of the American Psychology-Law Society, Seattle, WA.
- Armenti, N. A.**, Snead, A. L., & Babcock, J. C. (2016, October). *An exploration of interactions between jealousy and two types of empathy in predicting intimate partner violence*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Snead, A. L., **Armenti, N. A.**, & Babcock, J. C. (2016, October). *The role of empathy as a*

moderator between trait anger and intimate partner violence. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

Armenti, N. A., Snead, A. L., & Babcock, J. C. (2016, March). *History of juvenile detention and intimate partner violence in adulthood: The mediating role of anger.* Poster presented at the annual meeting of the American Psychology-Law Society, Atlanta, GA.

Armenti, N. A., Sommer, J. M., Iyican, S., & Babcock, J. C. (2015, November). *Factor 2 psychopathy moderates the relation between borderline trait of self-harm and cognitive jealousy in intimate partner violent men.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Iyican, S., **Armenti, N. A.,** Sommer, J. M., & Babcock, J. C. (2015, November). *The role of childhood sexual abuse in the relation between intimate partner violence and empathy.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Sommer, J. M., Iyican, S., **Armenti, N. A.,** & Babcock, J. C. (2015, November). *Couple-level analysis of the intergenerational transmission of violence theory.* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Armenti, N. A., Ray, J. L., Heilman, M. E. (2013, August). *Method to the madness: Gendered discrepancies in punitive judgments of murderers.* Paper presented at the annual meeting of the Society for the Study of Social Problems, New York, NY.

CLINICAL EXPERIENCE

Drug Abuse Program Coordinator

01/2022-Present

Federal Detention Center Philadelphia, Philadelphia, PA

Supervisor: Chad Brinkley, Ph.D.

Responsibilities:

- Provide psychosocial interventions to pre-trial and holdover male and female inmates who have a history of Opioid Use Disorder and are participating in Medication-Assisted Treatment (MAT)
- Conduct diagnostic screenings of inmates interested in MAT
- Conduct psychosocial assessments and develop individualized treatment plans for inmates participating in MAT
- Conduct intakes using information from available records and inmate interviews
- Conduct suicide risk assessments to determine level of self-harm risk and provide intervention and behavioral management recommendations
- Conduct suicide watch clinical contact sessions to evaluate ongoing suicidality and mental health symptoms
- Respond to crisis intervention needs as designated duty psychologist during off-duty hours
- Engage in interdisciplinary consultation with other professionals, including social workers, mid-level practitioners, and physicians
- Conduct Annual Refresher Training (ART) for staff on various topics, including mental health, suicide prevention, and the Employee Assistance Program (EAP)
- Serve as the Acting Chief Psychologist for the Psychology Services Department as needed

Staff Psychologist

08/2019-01/2022

Federal Correctional Institution Fairton, Fairton, NJ

Supervisor: Brian Redondo, Psy.D.

Responsibilities:

- Provided individual therapy to medium security inmates at primary institution and minimum security inmates at adjacent satellite prison camp
- Conducted intakes using information from available records and inmate interviews
- Conducted suicide risk assessments to determine level of self-harm risk and provide intervention and behavioral management recommendations
- Conducted suicide watch clinical contact sessions to evaluate ongoing suicidality and mental health symptoms
- Facilitated Basic Cognitive Skills and Anger Management Groups
- Provided clinical services to inmates in restrictive housing, including brief therapy, crisis intervention, mental health evaluations, and feedback on Turning Point self-study modules on Drug Abuse Programming, Coping, Preparing to Change, Attitudes, and Gambling
- Conducted weekly rounds and 30-day reviews for inmates in restrictive housing
- Responded to crisis intervention needs as designated duty psychologist during off-duty hours
- Engaged in interdisciplinary consultation and coordination of care with professionals in other departments, including staff in Correctional Services, Health Services, and Unit Team
- Conducted Annual Refresher Training (ART) for staff on various topics, including mental health, suicide prevention, and the Employee Assistance Program (EAP)

Pre-Doctoral Psychology Intern

08/2018-08/2019

Federal Correctional Complex Allenwood, White Deer, PA

Severe Mental Illness Rotation

04/2019-08/2019

Supervisors: Laura Ennis, Psy.D.; Sarah Lada, Psy.D.**Responsibilities:**

- Provided clinical services to high and maximum security inmates in the Secure Mental Health-Step Down Program (SMH-SDP) and Transitional Care Unit (TCU), mental health programs for inmates with extensive histories of severe mental illness and/or violent behavior
- Provided individual therapy to a caseload of inmates in the SMH-SDP
- Administered, scored, and interpreted results of intellectual, cognitive, personality, and malingering measures to inform diagnostic impressions, case conceptualization, and treatment planning
- Conducted suicide risk assessments to determine level of self-harm risk and provide intervention and behavioral management recommendations
- Facilitated Criminal Thinking and Mental Health Maintenance groups for inmates in the SMH-SDP
- Facilitated DBT skills group for inmates in the TCU
- Co-facilitated process groups for inmates in the SMH-SDP and TCU
- Generated assessment reports and therapy progress and diagnostic formulation notes
- Participated in telepsychiatry sessions and complete medication evaluation notes
- Engaged in interdisciplinary consultation and coordination of care with professionals in other departments, including Correctional Services, Health Services, and Unit Team
- Participated in daily morning meetings and weekly treatment team meetings in the SMH-SDP to discuss progress of inmates, behavior management concerns, and strategies for intervention
- Assisted with administrative procedures in the SMH-SDP, including the community newsletter and monitoring legal visits
- Participated in individual supervision, group supervision, and didactic seminars

Intensive Residential Treatment Rotation

12/2018-04/2019

Supervisor: Kathryn Morris, Psy.D.**Responsibilities:**

- Provided clinical and administrative services to high security inmates in the Challenge Program, a CBT-based residential treatment program intended to reduce mental health problems and criminal behavior
- Provided clinical and administrative services to inmates in the Residential Drug Abuse Program (RDAP) in low security institution
- Facilitated and co-facilitated psychoeducation, process, and follow-up groups
- Provided brief individual therapy to inmates in residential treatment programs
- Generated therapy progress notes
- Assisted supervising psychologist with conducting psychodiagnostic interviews and required paperwork regarding inmate eligibility and participation
- Participated in weekly treatment team meetings to discuss progress of inmates and strategies for intervention
- Participated in individual supervision, group supervision, and didactic seminars

General Population Rotation

08/2018-12/2018

Supervisors: Ashley Gemberling, Psy.D.; Jessica Mulrine, Psy.D.**Responsibilities:**

- Provided individual therapy to inmates in medium and high security institutions
- Administered, scored, and interpreted results of intellectual, cognitive, personality, and malingering measures to inform diagnostic impressions, case conceptualization, and treatment planning
- Conducted intakes using information from available records and inmate interviews
- Conducted suicide risk assessments to determine level of self-harm risk and provide intervention and behavioral management recommendations
- Conducted suicide watch clinical contact sessions to evaluate ongoing suicidality and mental health symptoms
- Facilitated Emotional Self-Regulation group informed by CBT and REBT principles, process group for transgender inmates, and psychoeducation group for inmates in peer mentor program
- Provided clinical services to inmates in restrictive housing, including brief therapy, crisis intervention, mental health evaluations, and feedback on Turning Point self-study modules on Drug Abuse Programming, Coping, Preparing to Change, Attitudes, and Gambling
- Conducted weekly rounds and monthly reviews for inmates in restrictive housing
- Responded to crisis intervention needs with on-call psychologist during off-duty hours
- Presented information regarding psychology services to newly designated inmates during admission and orientation
- Generated assessment reports and therapy progress, diagnostic formulation, and mental health transfer summary notes
- Engaged in interdisciplinary consultation and coordination of care with professionals in other departments, including staff in Correctional Services, Health Services, and Unit Team
- Attended weekly restrictive housing meetings and monthly coordination of care/release planning meetings
- Provided direct observation of clinical services and peer supervision for practicum student

-Participated in individual supervision, group supervision, and didactic seminars

Psychology Extern

08/2017-05/2018

Michael E. DeBakey VA Medical Center – Primary Care Mental Health, Houston, TX

Supervisor: Gina Evans-Hudnall, Ph.D.

Responsibilities:

- Provided individual therapy to veterans in outpatient primary care setting
- Administered, scored, and interpreted results of cognitive and personality measures
- Delivered feedback on assessment results to inform treatment planning
- Conducted intakes and suicide risk assessments to make appropriate referrals and treatment recommendations
- Provided pager coverage to evaluate and triage mental health concerns
- Conducted clinical interviews with transgender veterans seeking hormone therapy and transition surgery
- Engaged in coordination of care with other healthcare providers
- Generated assessment reports and therapy progress notes
- Participated in individual and group supervision

Psychology Extern

08/2016-08/2017

Federal Detention Center Houston, Houston, TX

Supervisor: Daniel Fox, Ph.D.

Responsibilities:

- Provided individual therapy to inmates in administrative security institution
- Administered, scored, and interpreted results of personality measures
- Delivered feedback on assessment results to inform treatment planning
- Facilitated group therapy informed by CBT and REBT principles, including non-residential drug treatment groups and basic cognitive skills group
- Conducted intakes, suicide risk assessments, psychological consultations, and crisis intervention
- Engaged in coordination of care with other healthcare providers
- Generated assessment reports and therapy progress notes
- Trained and supervised new externs
- Participated in individual supervision

Practicum Student

08/2015-06/2016

Psychology Research and Services Center, University of Houston, Houston, TX

Supervisor: John Vincent, Ph.D.

Responsibilities:

- Provided individual therapy to undergraduate students and adults from surrounding community in outpatient mental health setting
- Administered, scored, and interpreted results of psychodiagnostic, personality, and self-report measures
- Generated assessment reports, initial intake reports, and therapy progress notes, which included relevant history, case conceptualization, treatment planning, and treatment course
- Participated in group supervision

Assessment Technician

07/2015-07/2016

Applied Psychological Services, Houston, TX and The Woodlands, TX

Supervisor: Daniel Fox, Ph.D.

Responsibilities:

- Conducted intellectual, psychodiagnostic, and neuropsychological assessments of children, adolescents, and adults seeking assistance through Social Security and the Department of Assistive and Rehabilitative Services
- Administered, scored, and interpreted results of clinical interviews and cognitive, academic, and projective assessment measures
- Generated integrated assessment reports and made clinical recommendations based on clinical interviews, assessment results, and collateral records
- Trained new assessment technicians
- Participated in group supervision

Group Co-Facilitator

01/2015-11/2015

Center for Couples Therapy, University of Houston, Houston, TX

Supervisor: Julia Babcock, Ph.D.

Responsibilities:

- Co-facilitated multi-couple group therapy based on the Creating Healthy Relationships Program, an evidence-based protocol for distressed couples with modules, including effective communication strategies, avoiding violence, coping with trauma, successful recovery conversations after arguments, enhancing intimacy and friendship, and creating shared meaning in relationships
- Generated group therapy progress notes
- Participated in group supervision

Assessor

08/2014-05/2018

Center for Couples Therapy, University of Houston, Houston, TX

Supervisor: Julia Babcock, Ph.D.

Responsibilities:

- Conducted assessments of couples seeking services for relationship concerns
- Administered, scored, and interpreted results of clinical interviews and relationship measures
- Generated assessment reports, which included case conceptualizations and clinical recommendations
- Provided feedback to couples with emphasis on communication and conflict resolution skills
- Trained new graduate student assessors
- Participated in group supervision

RELATED PROFESSIONAL EXPERIENCE

Clinical Intake Coordinator

07/2012-06/2014

CBT/DBT Associates, New York, NY

Supervisor: Lisa Napolitano, J.D., Ph.D.

Responsibilities:

- Responded to inquiries about CBT, DBT, group therapy, and professional workshops in outpatient setting
- Screened potential clients to assess for current level of functioning, recent psychiatric hospitalizations, history of suicide attempts, and self-injurious behavior

- Consolidated self-report measures for staff clinicians to review
- Participated in CBT and DBT consultation team meetings
- Completed administrative duties for the practice, including scheduling appointments, processing payments, billing, and organizing DBT skills group manuals

PROFESSIONAL ACTIVITIES

Ad Hoc Reviewer – *American Psychology-Law Society Annual Meeting*
Ad Hoc Reviewer – *Couple and Family Psychology: Research and Practice*
Ad Hoc Reviewer – *Aggressive Behavior*

PROFESSIONAL ASSOCIATIONS

American Psychological Association, Division 50: Society of Addiction Psychology, Affiliate
American Psychology-Law Society, Affiliate
Association for Behavioral and Cognitive Therapies, Affiliate
Association for Behavioral and Cognitive Therapies – Forensic Issues & Externalizing Behaviors Special Interest Group, Member

SPECIALIZED TRAININGS AND WORKSHOPS

Motivational Interviewing, Karen Alonge, Motivational Interviewing Network of Trainers (MINT), 03/2023
MAT Training for Psychology, Federal Bureau of Prisons, 03/2023
Principles of Leadership, Phase I, Federal Bureau of Prisons, 02/2023
Civil Treatment for Managers, Federal Bureau of Prisons, 01/2023
Introduction to Correctional Techniques, Phase II (Honor Graduate), Federal Bureau of Prisons, 03/2021
Instructor Skills Training, Federal Bureau of Prisons, 01/2020
Prison Rape Elimination Act (PREA): A Comprehensive Overview, Federal Bureau of Prisons, 09/2019
Nonviolent Conflict Resolution, Alternatives to Violence Project, 06/2019
Suicide Prevention Training, Federal Bureau of Prisons, 11/2018
Primer on Psychiatric Pharmacology, Federal Bureau of Prisons, 11/2018
Diversity and Cross-Cultural Practice, Federal Bureau of Prisons, 10/2018
Forensic Medical Examinations: An Overview for Victim Advocates/Qualified Agency Staff, Federal Bureau of Prisons, 10/2018
Synthetic Cannabinoids: K2/Spice, Federal Bureau of Prisons, 08/2018
Introduction to Correctional Techniques, Phase I, Federal Bureau of Prisons, 08/2018
Creating Healthy Relationships Program Training, The Gottman Institute, 01/2015
Working with Suicidal Clients: An Evidence-Based Approach, University of Houston, 09/2014
Exposure Without Fear: Developing Treatment Strategies You and Your Client Will Accept, CBT/DBT Associates, 03/2013
Practical Applications of CBT: Conceptualization of Depression and Anxiety Disorders, CBT/DBT Associates, 12/2012
Foundational Introduction to CBT, CBT/DBT Associates, 12/2012