

# SUMMER ALLEN, PH.D., LPC SUPERVISOR

## EDUCATION

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<b>Doctor of Philosophy in Counselor Education and Supervision</b>	08/2015-05/2018
The University of Texas at San Antonio, San Antonio Texas	
Dissertation: <i>Beating the Odds: A Narrative Study of Males Convicted of a Violent Offense Who Did Not Recidivate at Least Three-Years-Post-Release from a Correctional Facility</i>	
<b>Master of Education in Clinical Mental Health Counseling</b>	01/2014-12/2015
Augusta State University, Augusta, Georgia	
<b>Bachelor of Science in Psychology; Minor in Philanthropic Studies</b>	08/2009-05/2011
Purdue University, Indianapolis, Indiana	

## LICENSURE

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<b>Licensed Professional Counselor Supervisor, Texas</b>	06/2022-
Present	
<b>Licensed Professional Counselor, Texas</b>	06/2017-06/2022
Texas State Board of Examiners of Professional Counselors, License # 73721	
<b>Licensed Professional Counselor Intern, Texas</b>	03/2015-06/2017
Texas State Board of Examiners of Professional Counselors, License # 73721	

## TEACHING ACTIVITIES

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<b>Assistant Professor, Antioch University New England, Clinical Mental Health Counseling</b>	07/2018-Present
PY 6420: Foundational Theories of Marriage and Family Therapy (Fall 2018, Fall 2019, Fall 2020)	
PYP 6960: CMHC Practicum (Fall 2018, Fall 2019)	
PYD 6010: Professional Orientation and Ethics (Fall 2018, Spring 2019)	
PYC 6750: Crisis Counseling and Interventions (Spring 2019)	
PYP 5140: Assessment Principles and Methods (Spring 2019)	
PYP 5520: Career and Lifestyle Counseling (Spring 2019, Fall 2019)	
PY 6960: CMHC Internship (Spring 2019)	
PYB 5900: Research and Evaluation in Counseling (Fall 2019, Spring 2020, Fall 2020)	
PYP 5540: Counseling Theories, Models, and Approaches (Summer 2019)	
COUN 5332: Trauma and Resiliency (Summer 2020)	
PY 5630: Psychopharmacology (Summer 2020)	

\*All online synchronous or asynchronous course from 2019 to present

<b>Teaching Intern, The University of Texas at San Antonio, Department of Counseling</b>	01/2018-05/2018
COU 5683: Practicum in Counseling	
<b>Teaching Intern, The University of Texas at San Antonio, Department of Counseling</b>	08/2017-12/2017
COU 6883: Trauma, Crisis, and Grief Counseling	
<b>Teaching Intern, The University of Texas at San Antonio, Department of Counseling</b>	08/2016-12/2016
COU 523: Group Theory and Process	
<b>Teaching Intern, The University of Texas at San Antonio, Department of Counseling</b>	05/2016-08/2016
COU 5393-Development: Counseling Skills	
<b>Teaching Intern, The University of Texas at San Antonio, Department of Counseling</b>	01/2016-05/2016
COU 6153: Career Development and Choice (Online)	
<b>Teaching Intern, The University of Texas at San Antonio, Department of Counseling</b>	08/2015-12/2015

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COU 6523: Couples and Family Counseling Theories

## ADMINISTRATIVE ACTIVITIES

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**Course Mentor, Foundational Theories of Marriage and Family Therapy** 12/2018-Present

**Course Mentor, Research and Evaluation in Counseling** 01/2019-12/2021

**Course Mentor, Psychopharmacology** 01/2019-12/2021

*Antioch University New England*

Curriculum and course development, point-of-contact for course related support and assistance for all instructors of record, ongoing course revisions.

**Academic Advising** 08/2018-Present

*Antioch University New England*

Maintain academic advising for approximately 25 Clinical Mental Health Counseling students per semester, develop programs of study, engage in mentorship of advisees for professional development, guidance, and support.

**Admissions Committee** 08/2018-Present

*Antioch University New England*

Review candidate application materials, conduct face-to-face admissions interviews and online-based admissions interviews, collaborate with committee members to enhance the admissions process.

**Social Justice Student Committee, Faculty Advisor** 08/2019-05/2020

## INVITED PRESENTATIONS

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**Guest Speaker, The University of Texas at Austin, Law School** 11/2022

*Replication of dissertation study for law students*

**Guest Speaker, Austin Family Law Day** 05/2022

*Breaking Barriers: Best Practices for Working with Mental Health Professionals*

**Guest Speaker, The University of Texas at Austin, Department of Educational Psychology** 02/2018

*LPC-Intern Licensing, Selecting a Supervisor, and Employment*

**Guest Lecturer, The University of Texas at San Antonio, Department of Counseling** 07/2017

COU 6003: Consultation and Program Evaluation

**Guest Lecturer, The University of Texas at San Antonio, Department of Counseling** 08/2016

COU 6232: Advanced Psychological Assessment

**Guest Lecturer, The University of Texas at San Antonio, Department of Counseling** 03/2016

COU 5713: Clinical Mental Health Internship

**Guest Lecturer, The University of Texas at San Antonio, Department of Counseling** 08/2015

COU 5203: Introduction to Clinical Mental Health Counseling

## REFEREED PUBLICATIONS

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**Allen, S.B., & Lloyd-Hazlett, J.** Success stories of males convicted of a violent offense. *International Journal for the Advancement of Counseling.*

**Allen, S.B. & Hunter, Q.** (2018). Counselors-in-training and recent counseling graduates: the power of a peer-based Community. *Southern Association for Counselor Education and Supervision Summer Newsletter.*

**Allen, S. B., Lloyd-Hazlett, J., Cornelius, H., & Hunt, D.,** (2016). Bridging the gap: implementing peer-mentoring programs for counselors in training. *Counseling and Wellness.*

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## REFEREED PUBLICATIONS UNDER REVIEW

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**Allen, S.B.,** Hunter, Q., Corey, A., Berzonsky, C\*., & Abram, Z\*. Using a liberation psychology model in career counseling. *Journal for Social Action in Counseling & Psychology*

**Allen, S.B.,** Hunter, Q., Airhart-Laraga, S., & Purgason, L. Content analysis: Novice counselor peer community. *Journal of Counselor Preparation & Supervision* (accepted with minor revisions; resubmitted)

**Allen, S.B.,** & Friedrich, W. First generation college students: Lived experiences of counselors in their graduate counseling program. *Teaching and Supervision in Counseling*

## MANUSCRIPTS & RESEARCH IN PROGRESS

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**Allen, S.B.,** Airhart-Larraga, S., & Slack, A\*. (*in progress, collecting data*). Forensic population mental health: Self-efficacy, experiences, and graduate preparation among mental health professionals.

Airhart, S., Mosier, D\*., **Allen, S.,** & Stalnaker-Shofner, D. (*in progress, collecting data*). Lived experiences of individuals who identify as BIPOC, female, and larger bodied.

**Allen, S.B.,** & Airhart-Larraga, S. (*in progress, writing manuscript*). The current state of counselor education curriculum for working with forensic populations.

(\* co-authored with students)

## RESEARCH AND SCHOLARLY PRESENTATIONS

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**Allen, S.B.,** Hunter, Q. (April 2020, deferred to April 2021 due to pandemic). *Using a liberation psychology model in career counseling*. Paper to be presented at the annual conference of the American Counseling Association.

**Allen, S.** (2017, January). *The value of mentoring*. Presented at The University of Texas at San Antonio, Chi Sigma Iota workshop.

Hunt, D., Altamirano, G., & **Allen, S.** (2016, February). *Homogeny in counselor education: the need for students of color in counselor education*. Presented at the midwinter conference of the Texas Association for Counselor Education and Supervision, Austin, Texas.

**Allen, S.** (2016, March). *Knowing your professional identity*. Presented at The University of Texas at San Antonio Chi Sigma Iota workshop.

**Allen, S.,** & Cornelius, H. (2016, February). *Bridging the gap between master's level counselors and post-graduation research: a relational perspective*. Presented at the midwinter conference of the Texas Association for Counselor Education and Supervision, Austin, Texas.

Deaner, R., & **Allen, S.** (2015, March). *Reality t.v.: bane or bounty for counselors-in-training?* Paper presented at the annual conference of the American Counseling Association, Orlando, Florida.

Deaner, R., & **Allen, S.** (2014, October). *Reality t.v.: bane or bounty for counselors-in-training?* Paper presented at the annual conference of the Southern Association for Counselor Education and Supervision, Birmingham, Alabama.

Deaner, R., & **Allen, S.** (2014, February). *Reality t.v.: cultural bane or bounty for counselors-in-training?* Paper presented at the Cross-Cultural Counseling and Education Conference for Research, Action, and Change, Savannah, Georgia.

## GRANT WRITING EXPERIENCE

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### **The March of Dimes**

Postpartum Prevention and Intervention Program. Grant written for LifeSteps Council on Alcohol and Drugs.

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Funded: One year; \$10,000.00

## CLINICAL SUPERVISION EXPERIENCE

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**Faculty Group Supervisor, Department of Applied Psychology** 08/2018-Present  
*Antioch University New England*

Clinical supervision of counseling practicum and internship students in community mental health and school settings.

**Doctoral Supervisor, Department of Counseling, Sarabia Family Counseling Center** 01/2017-05/2017  
*The University of Texas at San Antonio*

Clinical supervision of counseling practicum students seeking a master's degree in clinical mental health counseling at The University of Texas at San Antonio.

**Doctoral Supervisor, Department of Counseling, Sarabia Family Counseling Center** 08/2017-Present  
*The University of Texas at San Antonio*

Clinical supervision of counseling practicum students seeking a master's degree in clinical mental health counseling or school counseling at The University of Texas at San Antonio.

## CLINICAL EXPERIENCE

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**Counselor, Private Practice** 06/2017-Present  
Austin, Texas; San Antonio, Texas

Provide biopsychosocial assessment and counseling to clients diagnosed with mental health disorders, specialization in high conflict divorce and reunification therapy.

**Counselor, LifeSteps Council on Alcohol and Drugs** 12/2014-07/2017  
Georgetown, Texas

Conducted pre-screenings, assessments, and group therapy with individuals mandated to services due to involvement with the Department of Family and Protective Services. Coordinated community outreach efforts, community partner building, and provided counseling for local methadone treatment facilities, incarcerated individuals, and local homeless population.

**Intake Coordinator, Steppingstones to Recovery Drug Court Program** 02/2014-12/2015  
Augusta, Georgia

Coordinated intakes, assessments, and scheduling of participant services. Completed weekly drug screens, program orientation, and outcome data and statistics utilizing Statistical Package for the Social Sciences (SPSS).

## INTERNSHIPS

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**Relapse Prevention Specialist, Center for Health Care Services** 01/2016-08/2017  
San Antonio, Texas

Provided relapse prevention counseling to individuals diagnosed with a psychiatric disorder. Facilitated group counseling to clients with chronic mental illness or substance use disorders. Engaged in interdisciplinary collaboration to implement motivational interviewing and wellness-based coping strategies.

**Clinical Mental Health Counselor Intern, Charlie Norwood VA Trauma Recovery Clinic** 01/2014-12/2014  
Augusta, GA

Provided cognitive processing therapy for combat Veterans and Veterans who experienced military sexual trauma. Facilitated insomnia, coping skills, anxiety, and dialectical behavioral therapy specific groups. Conducted intake assessments, biopsychosocial interviews, Clinician Administered PTSD Scale, and trauma orientation classes.

## HONORS AND AWARDS

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**Relapse Prevention Specialist Fellow** (\$4,000) 01/2016-09/2016  
The Center For Health Care Services, San Antonio, Texas

**Graduate Student Professional Development Award** (\$800.00) 10/2016

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The University of Texas at San Antonio

## PROFESSIONAL MEMBERSHIPS

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American Counseling Association (ACA)	2013-Present
Association for Counselor Education and Supervision (ACES)	2014-Present
Southern Association for Counselor Education and Supervision (SACES)	2014-Present
Association for Multicultural Counseling and Development (AMCD)	2018-Present

## PROFESSIONAL SERVICE

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<b><i>Founder</i></b> LPC Associates of Texas (*formerly Texas LPC Intern Association)	12/2014-Present
<b><i>Early Career Professional Task Force Member</i></b> President Appointed Position, American Counseling Association	01/2019-06/2020
<b><i>Chair</i></b> Peer-Mentoring Program, The University of Texas at San Antonio, Department of Counseling	08/2016-09/2017
<b><i>Student Advisory Board Member</i></b> Career Development Committee, The University of Texas at San Antonio	05/2016-05/2018
<b><i>Student Representative</i></b> Public Policy & Legislation Committee, American Counseling Association	07/2016-07/2017