

Tamara P. Fields, LCSW-S

1001 Leadership Place
Killeen, Texas 76549

EDUCATION

December 2023

Abilene Christian University, Abilene Texas
Doctor of Education in Organizational Leadership

June 2005

University of Chicago, Chicago, Illinois
Master of Arts in Social Work

May 1998

Illinois State University, Normal, Illinois
Bachelor of Science in Criminal Justice

PROFESSIONAL EXPERIENCE

Crystal Clear Behavioral Health Services Inc, Killeen, Texas

Clinical Therapist/Director, November 2014-present

- Project, develop, and monitor revenue and expense budgets.
- Develop, plan, and implement strategies to manage program growth.
- Provide individual, couples, group, and family counseling.
- Ensure contract compliance for contracted services.
- Manage overall operation of clinical services provided.
- Complete credentialing and billing for insurance companies.
- Conduct multi-axial diagnostic evaluations for adolescents, adults, and families with mental health concerns.
- Provide individual, couples, group, and family counseling.

Magellan Health Services, Killeen, Texas

Military Family Life Counselor, November 2014-May 2015

- Provide Child and Youth Behavioral (CYB) counseling services to children of all ages of military service members and their families at military installations.
- Provide non-medical, short term, solution focused, counseling directly to children and youth of service members.
- Complete assessment, brief counseling and consultation, action planning, referral to resources (assuring linkage as appropriate), and follow-up as indicated.
- Provide parent training and guidance.
- Provide training, health, and wellness presentations, participate in health fairs and other base/installation activities focused on children and youth.

Baylor Scott & White Healthcare, Temple Texas

Licensed Clinical Social Worker, Palliative Care, March 2014-November 2014

- Assess the psychological, social, and emotional factors related to the patient's life limiting illness.
- Assess potential barriers to palliative care.

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- Participate in effective interdisciplinary care coordination, identification of problems and developing goals of care.
- Provide psychotherapy regarding life limiting and terminal illness.
- Assist team members in understanding social, ethical, and emotional factors related to life limiting, chronic or terminal illness and end of life issues.
- Assess needs related to cultural diversity, communication and family dynamics related to life limiting illness and end of life.
- Documents evaluation, progress notes and interventions in electronic health record EPIC.

Crystal Clear Behavioral Health Services LLC, Homewood, Illinois

Clinical Therapist, July 2013-November 2014

- Conduct multi-axial diagnostic evaluations, CGAS scoring, Suicide Risk Management and Substance Abuse Assessments for adolescents and adults with mental health concerns.
- Provide weekly supervision of development and implementation of treatment plans.
- Provide individual, group and family counseling.
- Complete intake, insurance billing and documentation.
- Manage overall operation of services provided.

Roseland Community Hospital, Chicago, Illinois

Licensed Clinical Social Worker, May 2013-January 2014

- Conducted multi-axial diagnostic evaluations, CGAS scoring, suicide risk management assessments and substance abuse assessments for adolescents with mental health issues on the inpatient adolescent behavioral health unit.
- Provided behavioral health care management and identified psychosocial stressors contributing to client level of functioning.
- Developed and implemented treatment plans including diagnostic impressions focused on client presenting problem.
- Participated in admission, discharge, and post discharge planning.
- Facilitated weekly multi-disciplinary rounds to address challenges in treating complex patients.
- Provided individual, group and family therapy.

Roseland Community Hospital, Chicago, Illinois

Supervisor of Social Services, April 2012-May 2013

- Supervised four Licensed Clinical Social Workers.
- Provided administrative and program supervision ensuring that social services were in accordance with laws, rules, and regulatory standards; recruited, hired, and trained licensed clinical social workers; prepared employee performance expectations and evaluations; counseled subordinates on work performance.
- Interpreted state and/or federal requirements, standards, and criteria for administering social services on psychiatric and medical units.
- Provided input in formulating policies and procedures on all units.
- Conducted social service staff trainings in conjunction with multi-disciplinary teams.

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- Planned, scheduled, and held case conferences with other disciplines for diagnostic formulation, treatment planning review, and evaluation.
- Consulted with public officials and other community agencies.
- Provided clinical supervision to master's level social work student interns.
- Addressed patient and family concerns as the Patient Advocate.

Ibukun Comprehensive Community Services, Chicago, Illinois

Clinical Therapist, December 2010-March 2013

- Conducted multi-axial diagnostic evaluations, CGAS scoring, Suicide Risk Management and Substance Abuse Assessments for adolescent males with mental health concerns.
- Studied medical, psychiatric, and social case histories to develop a comprehensive Mental Health Assessments and Treatment Plans within thirty days of admission.
- Provided individual, group and family therapy.
- Facilitated monthly transitional and quarterly treatment plan staffing's.
- Provided clinical supervision to milieu staff and social work student interns.

Chicago House and Social Service Agency, Chicago, Illinois

Case Manager/Family Support Coordinator, August 2009-October 2010

- Provided case management services for eighteen families impacted by HIV/AIDS.
- Coordinated medical, mental health, vision, dental and substance abuse services.
- Maintained documentation related to case management: assessments, services plans, reassessments, progress notes, serious incident reports and discharge summaries.
- Implemented crisis intervention and stabilization techniques.

Victor C. Neumann Association, Chicago, Illinois

Mental Health Residential Advocate Floater, July 2007-July 2009 (On-Call)

- Provided intensive therapeutic services to mentally ill adults living in CILA.
- Implemented individual program plans to support and encourage stabilization.
- Provided crisis intervention and counseling to prevent psychiatric hospitalizations.
- Assisted clients with independent life skills.
- Completed progress notes documenting objective behavioral observations.

Mental Health Residential Coordinator, July 2006-July 2007

- Coordinated four residential facilities for dually diagnosed individuals with mental illnesses in compliance with DHS, CARF and CILA rules and regulations.
- Supervised three residential supervisors and eighteen mental health advocates.
- Completed Medicaid Rehabilitation Option billing, staff payroll, and qualitative reviews.
- Completed Mental Health Assessments and treatment plans.
- Conducted involuntary hospitalizations for clients experiencing psychiatric crisis.

Metropolitan Family Services, Chicago, Illinois

Senior Protective Services – Case Manager II, April 2000-August 2005

- Investigated allegations of abuse/neglect against the elderly.
- Provided advocacy and emergency relocation for clients in imminent danger.
- Administered MMSE to determine mental health status of the clients.

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- Identified and advocated for clients in need of appropriate guardians.
- Participated in monthly multi-disciplinary team meeting.

Intensive Therapeutic Services – Case Manager I, April 1999-April 2000

- Provided in-home counseling services to high risk DCFS wards in foster care.
- Provided supportive counseling to foster parents to assist them in coping with the behavioral and mental health issues that affected the DCFS wards in their care.
- Visited schools to monitor academic progress and enhance student's academic performance and social emotional development.

Aunt Martha's Youth Service, Chicago, Illinois

Family Educator, March 1998-June 1999

- Supervised daily activities of sexually aggressive male adolescents.
- Provided daily crisis management to minimize the risk of sexual aggression.
- Provided training on independent life skills.
- Collaborated with the Therapist regarding observed client behaviors.
- Enforced program rules and report any infraction of such to supervisor.

References Available Upon Request