

Madelynn Druhen Shell, Ph.D.

EDUCATION

- Ph.D., Developmental Psychology, 2012, *University of North Carolina at Greensboro (UNCG)*
Dissertation: Anxious Solitude and the Middle School Transition: A Child × Environment Model of Peer Exclusion and Victimization Trajectories (Shell, Gazelle & Faldowski, 2014)
- M.A., Experimental Psychology, 2009, *UNCG*
Thesis: Anxious Solitary Children at Recess: Naturalistic Observation of Sequential Peer Exclusion, Victimization, and Acceptance Processes
- B.A., Psychology, Minor in Sociology and Behavioral Science, 2006, *McGill University*
Thesis: Identifying the Source: Species Specificity in Infant Pairing of Voices and Faces (Vouloumanos, Druhen, Hauser & Huizink, 2009)

ACADEMIC POSITIONS

- 2018-present** Associate Professor of Psychology (with tenure), *UVA Wise*
2012-2018 Assistant Professor of Psychology, *UVA Wise*
2010-2012 Adjunct Instructor, *Elon University, Guilford College, UNCG*

HONORS & AWARDS

- 2021** Advisor of the Year (Psi Chi, Psychology Honor Society), *UVA Wise*
2018 Harrison Award for Outstanding Service, *UVA Wise*
2017 Nominee, Outstanding Faculty Award - Rising Star, *State Council for Higher Education of Virginia*
2016 Harrison Award for Mentoring Undergraduate Research, *UVA Wise*
2015 Harrison Award for Rising Star, *UVA Wise*
2015 Excellence in Teaching Award, *National Society of Leadership and Success, UVA Wise*
2011 Elizabeth Duffy Graduate Scholarship (\$7,000), *UNCG*
2010 Robert and Deborah Guttentag Summer Stipend Award (\$2,000), *UNCG*
2008 Hayes Fellowship (\$20,000), *UNCG*

TEACHING EXPERIENCE

Courses Taught (*indicates course also taught online)

Freshman Seminar*; Introduction to Psychology*; Integrated Statistics and Research Methods*; Writing in Psychology*; Child Development*; Adolescent Development; Adult Development*; Human Growth and Development for Education Majors*; Human Sexuality*; Social Development; Peer Relations; Psychological Disorders in Childhood*; Research Statistics; Social Psychology; Senior Seminar*; Independent Research

Teaching

- Development** C3 Professional Course Design Workshop, University of Virginia's Center for Teaching Excellence, Summer 2020; Summer 2021
Mentor, Online Teaching Workshops (Moodle Tips and Tricks, Peer-review of Online Courses), *UVA Wise*, Spring/Summer 2020

Mentor, Teaching Portfolio Workshop, *UVA Wise*, led by *Peter Seldin and Beth Miller*, 2016, 2017, 2018
 Online Assignment Design Charette, *State Council of Higher Education in Virginia*, February 2018
 Wise Writes Faculty Fellow, *UVA Wise*, Fall 2017-Spring 2018
 Academic Portfolio Workshop, *UVA Wise*, led by *Peter Seldin and Beth Miller*, October 2017
 Teaching Institute, *Society for Research in Child Development*, 2013, 2017
 AP Psychology Exam Reader, *CollegeBoard, Louisville, KY*, June 2016
 Council on Undergraduate Research Dialogues Conference, *Washington, DC*, February 2016
 Teaching Portfolio Workshop, *UVA Wise*, led by *Peter Seldin and Beth Miller*, May 2015
 Certificate Program in Online Teaching, *The Online Learning Consortium*, September 2013 – July 2014, focus on Student Feedback, Student Engagement, Developing Effective Assessment
 Observations and Teaching Mentorship: Janet Boseovski, *UNCG*, Fall 2011
 Creating Engaging Assignments and In-class Activities, *Elon University Center for the Advancement of Teaching & Learning*, Summer 2011

RESEARCH EXPERIENCE

Primary Investigator (PI)

Friendship and the College Transition

UVA Wise, May 2021 – December 2021

Short term longitudinal study of friendship changes during the first semester of college, and the ways in which students maintain their pre-college friendships and establish new friendships.

Town of Wise Amenities Survey

UVA Wise, May 2021 – December 2021

In collaboration with the Town of Wise, worked to identify amenities that UVA Wise students and employees want in surrounding area.

Peer Adjustment and Well-being at School (PAWS)

UVA Wise, October 2019 – March 2020

Exploration of the role of individual characteristics and classroom climate on perceptions of bullying among sixth grade students. Data not collected due to COVID-19.

Transitions, Relationships, and Adjustment among College Students (TRACS)

UVA Wise, June 2015 – May 2019

Longitudinal study of the transition to college and its effects on social, emotional, and academic well-being. Designed and obtained funding for study, supervise undergraduate research assistants in data collection, participant retention, and data analysis across five time points.

College Relationships Project

UVA Wise, January 2014 – May 2015

Exploration of social and emotional adjustment in college and pilot study for TRACS. Developed study, supervised data collection and analysis.

- Co-PI** *Technology and Note Taking iPad Study* (with Alexandria Reynolds, Ph.D.)
UVA Wise, November 2019 – December 2019
 Investigated the role of note-taking with longhand, Smart Keyboard, or Apple pencil on memory for course material in three Introduction to Psychology courses.
- Youth Wellness Project Young Adult Follow-up* (with Heidi Gazelle, Ph.D. and Kenneth Rubin, Ph.D.)
UVA Wise, January 2019 – May 2019
 Participants initially took part in a study from third to seventh grade. They are now emerging adults, and are being re-contacted to assess adult developmental milestones, as well as social and emotional well-being in young adulthood.
- Women in STEM* (with Alexandria Reynolds, Ph.D.)
UVA Wise, August 2015 – May 2017
 Two studies of gender differences in STEM education, science-related anxiety, and success or failure in General Chemistry.
- Daily Journal Project* (with Kristina Feeser, Ph.D.)
UVA Wise, January 2013 – January 2014
 Explored of impact of daily gratitude journal on well-being and happiness through online surveys.
- Research Assistant** *Children's Play Project* (Heidi Gazelle, Ph.D., Summer 2010 – Summer 2012)
 Investigation of toddler social interaction, developed and piloted peer interaction observation scale, coordinated with childcare centers, managed undergraduate research assistants.
- Youth Wellness Project* (Heidi Gazelle, Ph.D., Summer 2006 – Spring 2010)
 Longitudinal study of social anxiety and peer interaction from third through seventh grade. Conducted sociometric interviews and observations of elementary and middle school peer engagement and classrooms, coordinated with schools.
- McGill Infant Development Centre* (Athena Vouloumanos, Ph.D. and Kristine Onishi, Ph.D. Fall 2004-Summer 2006)
 Designed and conducted experiment assessing 5 month old infants' language development. Recruited participants and coded videotaped experimental sessions.

PUBLICATIONS

* indicates undergraduate student collaborator

- Fields, N.* & Shell, M. D. (2021). Parental relationship quality, shyness, and college academic success. *Undergraduate Research, 1*(1), 10-28.
<https://kb.gcsu.edu/undergraduateresearch/vol1/iss1/2/>
- Shell, M. D., Shears, D.,* & Millard, Z.* (2020). Who am I? Changes in identity development during college. *Psi Chi Journal of Psychological Research, 25*, 192-202.
<https://doi.org/10.24839/2325-7342.JN25.2.192>

- Shell, M. D.** & Absher, T. N.* (2019). Effects of shyness and friendship on socioemotional adjustment during the college transition. *Personal Relationships*, 26, 386-405. <https://doi.org/10.1111/per.12285>
- Cantrell, A.* & **Shell, M. D.** (2018). The influence of academic performance and stress management on internalizing symptoms in first year college students. *Lux: Undergraduate Scholarship at the University of Virginia's College at Wise*, 1, 18-37.
- Gazelle, H. & **Shell, M. D.** (2017). Behavioral profiles of anxious solitary children: Predicting longitudinal peer relations trajectories from third to fifth grade. *Merrill-Palmer Quarterly*, 63(2), 237-281. <https://doi.org/10.13110/merrpalmquar1982.63.2.0237>
- Moore, L.* & **Shell, M. D.** (2017). Effects of parental support and self-esteem on internalizing symptoms in emerging adulthood. *Psi Chi Journal of Psychological Research*, 22, 131-151. <https://doi.org/10.24839/2325-7342.JN22.2.131>
- VanDyke, S.* & **Shell, M. D.** (2017). Health beliefs and breast cancer screening in rural Appalachia: An evaluation of the Health Belief Model. *The Journal of Rural Health*, 33, 350-360. <https://doi.org/10.1111/jrh.12204>
- Scott, V.,* **Shell, M. D.** & Gazelle, H. (2015). Anxious solitary adolescents' coping in response to peer stress. *Psi Chi Journal of Psychological Research*, 20, 18-28.
- Shell, M. D.**, Gazelle, H. & Faldowski, R. A. (2014). Anxious solitude and the middle school transition: A child × environment model of peer exclusion and victimization trajectories. *Developmental Psychology*, 50, 1569-1589. <https://doi.org/10.1037/a0035528>
- Gazelle, H. & **Shell, M. D.** (2014). Anxious solitude at school. In R. J. Coplan & J. C. Bowker (Eds.), *Handbook of solitude: Psychological perspectives on social isolation, social withdrawal, and being alone* (pp. 263-282). New York, NY: Wiley-Blackwell.
- Gazelle, H., & **Druhen, M. J.** (2009). Anxious solitude and peer exclusion predict social helplessness, upset affect, and vagal regulation in response to behavioral rejection by a friend. *Developmental Psychology*, 45, 1077-1096. <https://doi.org/10.1037/a0016165>
- Vouloumanos, A., **Druhen, M. J.**, Hauser, M., & Huizink, A. (2009). Five-month-old infants' identification of the sources of vocalizations. *Proceedings of the National Academy of Sciences of the United States of America*, 106, 18867-18872. <https://doi.org/10.1073/pnas.0906049106>

MANUSCRIPTS IN PREPARATION OR UNDER REVIEW

- Shell, M. D.**, Strouth, M.,* & Reynolds, A. M. (under review). Make a note of it: Comparison of longhand, keyboard, and stylus note-taking techniques.
- Shell, M. D.** & Pridemore, K. (in prep). The role of college belongingness in college retention.
- Reynolds, A. M. & **Shell, M. D.** (in prep). Sleep hygiene and internalizing symptoms: Why sleep quality and organization matter.
- Shell, M. D.** & Gazelle, H. (in prep). Anxious solitary youths' emotional responses to peer challenge in middle childhood predict coping styles in early adolescence.
- Gazelle, H., **Shell, M. D.**, & Ong, D. (in prep). Close friendship stability of anxious solitary children: Predicting depressive symptom trajectories from third to seventh grade.

NON PEER-REVIEWED PUBLICATIONS AND BROADER IMPACT

- Shell, M. D.** (2020, February 28). Finding classroom success: Friends with benefits [Radio interview]. In Sarah McConnell (Executive Producer), *With Good Reason*. Charlottesville, VA: Virginia Humanities, broadcast on NPR. <https://www.withgoodreasonradio.org/episode/finding-classroom-success/?fbclid=IwAR2upwIBC3JQMXJ5duo7gwEMN6uLDJBBPjqWNpHsKeIv8E7E C7k7UjcPtVc>

- Shell, M. D.** (2020). Friends protect shy college freshmen from loneliness and depression. *Society for Personality and Social Psychology Blog: Character and Context*.
<https://www.spsp.org/news-center/blog/shell-shyness-friends-college-transition>
- Gazelle, H. & **Shell, M. D.** (2016). Shy teenagers find it easier to be included by classmates when starting secondary school. *The Conversation*. <https://theconversation.com/shy-teenagers-find-it-easier-to-be-included-by-classmates-when-starting-secondary-school-52898>

CONFERENCE PRESENTATIONS

- Reynolds, A. M. & **Shell, M. D.** (2021, June). Sleep stability and academic performance in college students. Poster presented at the American Professional Sleep Societies Conference – Virtual SLEEP 2021. **published abstract
- Shell, M. D.** (2021, April). Social predictors of college success. Talk presented at Research Day, Wise, VA.
- Shell, M. D.**, Strouth, M.,* & Reynolds, A. M. (2021, March). Is the (digital) pen mightier than the keyboard for note-taking? Paper presented at the Southeastern Psychological Association Conference (Virtual).
- Reynolds, A. M. & **Shell, M. D.** (2018, June). The impact of sleep on GPA and internalizing symptoms in college students. Poster presented at the American Professional Sleep Societies Conference, Baltimore, MD.
- Shell, M. D.** (2018, April). Navigating the transition to college. Talk presented at Research Day, Wise, VA.
- Shell, M. D.** & Absher, T.* (2018, March). Predictors of friendship and well-being during the transition to college. Paper presented at the Southeastern Psychological Association Conference, Charleston, SC.
- Shell, M. D.** (2017, April). Bring your baby to class day: Hands-on research experience in child development. Poster presented at the Society for Research in Child Development Teaching Institute, Austin, TX.
- Ong, D., Gazelle, H. & **Shell, M. D.** (2017, April). Close friendship stability of anxious solitary children: Predicting depressive symptom trajectories from third to seventh grade. In (B. Clifford & L. Nelson, chairs): Individual and relational factors associated with social withdrawal and internalizing problems from childhood to adolescence. Symposium presented at the Biennial Meeting of the Society for Research in Child Development, Austin, TX.
- Shell, M. D.** (2017, April). Where do I fit in? Interpersonal adjustment and emotional well-being during the transition to college. In (H. Gazelle, chair): Socially withdrawn youth adapt to school transitions: Focus on early adolescence and emerging adulthood. Symposium presented at the Biennial Meeting of the Society for Research in Child Development, Austin, TX.
- Reynolds, A. M. & **Shell, M. D.** (2016, July). Addressing gender differences in college students' attitudes and anxiety about science. Poster presented at the Gender and STEM Network Conference, Newcastle upon Tyne, England.
- Shell, M. D.** (2016, March). Relations between shyness and internalizing symptoms in late adolescence: The moderating effects of academic adjustment. In (J. Bowker, chair): Understanding the internalizing risks associated with social withdrawal: Which youth are most at risk and why. Symposium presented at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.
- Faldowski, R. A., **Shell, M. D.** & Gazelle, H. (2015, May). Piecewise-linear multilevel models of sociometric nominations over the transition to middle school. Symposium presented at the 2015 Modern Modeling Methods Conference, Storrs, CT.

- Faldowski, R. A, Gazelle, H. & **Shell, M. D.** (2014, September). Modeling sociometric nominations over the middle school transition: A piecewise multilevel Poisson approach. In (J. Logan, chair) Advanced approaches for longitudinal measurement and analysis. Symposium for the Society for Research in Child Development Special Topic Meeting: Developmental Methodology, San Diego, CA.
- Shell, M. D.**, Gazelle, H. & Scott, V.* (2014, March). Anxious solitary youths' emotional responses to peer challenge in middle childhood predict coping styles in early adolescence. In (H. Gazelle, chair) Socially withdrawn youth: Interpersonal and emotional development. Symposium for the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.
- Faldowski, R. A., **Shell, M. D.** & Gazelle, H. (2014, March). Modeling sociometric nominations over the transition to middle school: A piecewise multilevel Poisson approach. In (P. Marks, chair) Topics in sociometric methodology: New answers to old questions. Symposium for the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.
- Shell, M. D.** & Gazelle, H. (2013, April). The protective powers of friendship: Presence versus quantity of friends in predicting loneliness and depression trajectories. In (H. Gazelle, chair) Dyadic friendships in childhood and adolescence: Influences on the development of friendships and friendships as a predictor of later adjustment. Paper session presented at the Biennial Meeting of the Society for Research in Child Development, Seattle, WA.
- Shell, M. D.** & Gazelle, H. (2012, July). A diathesis \times stress model of peer exclusion trajectories across five years. In (**M. D. Shell** and H. Gazelle, organizers) Social withdrawal and school transitions. Symposium for the Biennial Meeting of the International Society for the Study of Behavioural Development, Edmonton, AB, Canada.
- Shell, M. D.** & Gazelle, H. (2012, July). Observed naturalistic peer interaction sequences in anxious solitary children: A test of child- and peer-driven mechanisms. In (M. Kingsbury, organizer) Mechanisms and protective factors in the links between social withdrawal and socio-emotional adjustment in childhood and adolescence. Symposium for the Biennial Meeting of the International Society for the Study of Behavioural Development, Edmonton, AB, Canada.
- Shell, M. D.** & Gazelle, H. (2011, May). Interaction sequences in anxious solitary children: Evaluating four mechanisms. Poster for the Association of Psychological Science 23rd Annual Convention, Washington, DC.
- Gazelle, H. & **Shell, M. D.** (2011, March). Behavioral profiles of anxious solitary children: Predicting longitudinal peer relations trajectories. In (M. Menzer and B. Laursen, organizers) The peer relationships of socially withdrawn children. Symposium for the Biennial Meeting of the Society for Research in Child Development, Montreal, QC, Canada.
- Druhen, M. J.** & Gazelle, H. (2009, May). Naturalistic observation of peer acceptance and exclusion processes. Poster for the Association for Psychological Science 21st Annual Convention, San Francisco, CA.
- Druhen, M. J.** & Gazelle, H. (2009, April). Naturalistic observation of peer acceptance and exclusion processes for anxious solitary children in middle childhood. Poster for the Biennial Meeting of the Society for Research in Child Development, Denver, CO.
- Gazelle, H. & **Druhen, M. J.** (2009, April). Anxious solitude and exclusion predict helplessness, upset affect, and vagal regulation in response to rejection by a friend. In (J. Bowker, organizer) The friendships and peer relations of shy/withdrawn children. Symposium for the Biennial Meeting of the Society for Research in Child Development, Denver, CO.
- Vouloumanos, A., **Druhen, M. J.**, & Hauser, M. D. (2007, March). Do infants consider humans to be the unique source for speech? In (A. Vouloumanos, organizer) Species-specificity

in infant perceptual development. Symposium presented at the Biennial Meeting of the Society for Research in Child Development, Boston, MA.

STUDENT CONFERENCE PRESENTATIONS

- Pridemore, K. G.* & **Shell, M. D.** (2021, April). The influence of first year housing, extracurricular activities, and college belongingness on college graduation. Talk presented at Research Day, Wise, VA.
- Strouth, M.,* **Shell, M. D.**, & Reynolds, A. M. (2021, April). The impact of note-taking style on actual and perceived recall. Talk presented at Research Day, Wise, VA.
- Pridemore, K. G.* & **Shell, M. D.** (2021, April). The influence of first year housing, extracurricular activities, and college belongingness on college graduation. Poster presented at the Council of Public Liberal Arts Colleges Research Conference (virtual). <https://youtu.be/Ti2iLCWw8k>
- Strouth, M.,* **Shell, M. D.**, & Reynolds, A. M. (2021, April). The impact of note-taking style on actual and perceived recall. Paper presented at the Council of Public Liberal Arts Colleges Research Conference (virtual). <https://youtu.be/3kxOIzeyGgg>
- Pridemore, K. G.* & **Shell, M. D.** (2021, April). The influence of first year housing, extracurricular activities, and college belongingness on college graduation. Poster presented at the Biennial Meeting of the Society for Research in Child Development (virtual).
- Pridemore, K. G.* & **Shell, M. D.** (2021, April). The influence of first year housing, extracurricular activities, and college belongingness on college graduation. Poster presented at the National Council for Undergraduate Research 2021 @Home Conference.
- Strouth, M.,* **Shell, M. D.**, & Reynolds, A. M. (2021, April). The impact of note-taking style on actual and perceived recall. Poster presented at to the National Council of Undergraduate Research 2021 @Home Conference.
- Strouth, M.,* **Shell, M. D.**, & Reynolds, A. M. (2021, March). The impact of note-taking style on actual and perceived recall. Poster presented at the Southeastern Psychological Association Conference (Virtual).
- Pridemore, K. G.* & **Shell, M. D.** (2021, March). The influence of first year housing, extracurricular activities, and college belongingness on college graduation. Poster presented at the Southeastern Psychological Association Conference (Virtual).
- Pridemore, K. G.* & **Shell, M. D.** (2020, November). The influence of first year housing, extracurricular activities, and college belongingness on college graduation. Talk presented at UVA Wise Research Blitz, Wise, VA.
- Strouth, M.,* **Shell, M. D.**, & Reynolds, A. M. (2020, November). Is the (digital) pen mightier than the keyboard? Note-taking using longhand, keyboard, and stylus. Talk presented at UVA Wise Research Blitz, Wise, VA.
- Fields, N.* & **Shell, M. D.** (2020, April). The influence of shyness and parental relationships on academic success in college. Poster accepted at the National Council for Undergraduate Research, Bozeman, MT (conference cancelled due to COVID-19).
- Collins, C.* **Shell, M. D.**, & Gazelle, H. (2019, April). Coping strategies as predictors of emotional well-being in anxious solitary adolescents. Poster presented at Research Day, Wise, VA.
- Scanlon, B.* & **Shell, M. D.** (2019, April). The influence of social relationships on maturity in first-year college students. Poster presented at Research Day, Wise, VA.
- Collins, C.* **Shell, M. D.**, & Gazelle, H. (2019, April). Coping strategies as predictors of emotional well-being in anxious solitary adolescents. Poster presented at the National Council for Undergraduate Research, Kennesaw, GA.

- Collins, C.*, **Shell, M. D.**, & Gazelle, H. (2019, March). Coping strategies as predictors of emotional well-being in anxious solitary adolescents. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Baltimore, MD.
- Shears, D.*, Millard, Z.* & **Shell, M. D.** (2019, March). Who am I? Changes in identity development during college. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Baltimore, MD.
- Shears, D.*, Millard, Z.* & **Shell, M. D.** (2019, March). Who am I? Changes in identity development during college. Talk presented at UVA Wise Research Blitz.
- Absher, T.* & **Shell, M. D.** (2018, April). Relationship quality and shyness as predictors of friendship in emerging adulthood. Poster presented at the Council of Public Liberal Arts Colleges Research Conference, Aiken, SC.
- Shears, D.*, Millard, Z.* & **Shell, M. D.** (2018, April). Who am I? Changes in identity development during college. Poster presented at the Council of Public Liberal Arts Colleges Research Conference, Aiken, SC.
- Absher, T.* & **Shell, M. D.** (2018, April). Relationship quality and shyness as predictors of friendship in emerging adulthood. Paper presented at the National Council for Undergraduate Research Conference, Oklahoma City, OK.
- Shears, D.*, Millard, Z.* & **Shell, M. D.** (2018, April). Who am I? Changes in identity development during college. Poster presented at the National Council for Undergraduate Research Conference, Oklahoma City, OK.
- ***Shears, D.*, Millard, Z.* & **Shell, M. D.** (2018, March). Who am I? Changes in identity development during college. Poster presented at the CEPO/Psi Chi Poster Session: Southeastern Psychological Association Conference, Charleston, SC. ****Winner, Psi Chi Research Award.*
- Absher, T.* & **Shell, M. D.** (2018, March). Relationship quality and shyness as predictors of friendship in emerging adulthood. Poster presented at the Southeastern Psychological Association Conference, Charleston, SC.
- Stidham, J.* & **Shell, M. D.** (2017, May). The impact of anxious solitude and social skills on group-level peer relations during the transition to college. Poster presented at the Appalachian Research Day, Hazard, KY.
- Cantrell, A.* & **Shell, M. D.** (2017, April). The effect of academic performance and stress management on internalizing symptoms during the transition to college. Poster presented at the Council of Public Liberal Arts Colleges Research Conference, Wise, VA.
- Cantrell, A.* & **Shell, M. D.** (2017, April). The effect of academic performance and stress management on internalizing symptoms during the transition to college. Poster presented at the Appalachian Student Research Forum, Johnson City, TN.
- Cantrell, A.* & **Shell, M. D.** (2017, April). The effect of academic performance and stress management on internalizing symptoms during the transition to college. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Austin, TX.
- Stidham, J.* & **Shell, M. D.** (2017, April). The impact of anxious solitude and social skills on group-level peer relations during the transition to college. Poster presented at the Biennial Meeting of the Society for Research in Child Development, Austin, TX.
- Ketron, H.*, **Shell, M. D.**, & Reynolds, A. M. (2017, March). The struggle is real: Mindset and motivation in General Chemistry. Paper presented at the National Council for Undergraduate Research, Memphis, TN.
- Cantrell, A.* & **Shell, M. D.** (2017, March). Effects of academic performance and stress management on internalizing symptoms during the transition to college. Poster presented at the Southeastern Psychological Association Conference, Atlanta, GA.
- Stidham, J.* & **Shell, M. D.** (2016, April). The influence of shyness and social competence on peer relationships. Paper presented at the Council of Public Liberal Arts Colleges Research Conference, Milledgeville, GA.

- Kuhn, A.* & **Shell, M. D.** (2016, April). The link between positive maternal relationships, shyness, and college belongingness. Poster presented at the Undergraduate Research Symposium, Wise, VA.
- Miller, R.*, Kegley, E.*, **Shell, M. D.**, & Reynolds, A. M. (2016, April). Does academic major influence gender differences in science anxiety? Poster presented at the Undergraduate Research Symposium, Wise, VA.
- Moore, L.* & **Shell, M. D.** (2016, April). Effect of family support and self-esteem on internalizing symptoms in late adolescence. Poster presented at the Undergraduate Research Symposium, Wise, VA.
- Rumberger, L.* & **Shell, M. D.** (2016, April). The influence of subtypes of solitude on dyadic relationship quality and loneliness. Poster presented at the Undergraduate Research Symposium, Wise, VA.
- Stidham, J.* & **Shell, M. D.** (2016, April). The influence of shyness and social competence on peer relationships. Poster presented at the Undergraduate Research Symposium, Wise, VA.
- Taylor, C.* & **Shell, M. D.** (2016, April). Predictors of identity development. Paper presented at the Undergraduate Research Symposium, Wise, VA.
- Kuhn, A.* & **Shell, M. D.** (2016, April). The link between positive maternal relationships, shyness, and college belongingness. Poster presented at the National Council for Undergraduate Research Conference, Asheville, NC.
- Moore, L.* & **Shell, M. D.** (2016, April). Effect of family support and self-esteem on internalizing symptoms in late adolescence. Poster presented at the National Council for Undergraduate Research Conference, Asheville, NC.
- Rumberger, L.* & **Shell, M. D.** (2016, April). The influence of subtypes of solitude on dyadic relationship quality and loneliness. Poster presented at the National Council for Undergraduate Research Conference, Asheville, NC.
- Stidham, J.* & **Shell, M. D.** (2016, April). The influence of shyness and social competence on peer relationships. Paper presented at the National Council for Undergraduate Research Conference, Asheville, NC.
- Taylor, C.* & **Shell, M. D.** (2016, April). Predictors of identity development. Paper presented at the National Council for Undergraduate Research Conference, Asheville, NC.
- Moore, L.* & **Shell, M. D.** (2016, March). Effect of family support and self-esteem on internalizing symptoms in late adolescence. Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.
- Stidham, J.* & **Shell, M. D.** (2016, March). The influence of shyness and social competence on peer relationships. Poster presented at the Biennial Meeting of the Society for Research on Adolescence, Baltimore, MD.
- Chadwell, C.,* **Shell, M. D.** & Feeser, K. (2015, April). Gratitude and positive affect as predictors of positive relationships. Poster presented at the Undergraduate Research Symposium, Emory, VA.
- Chadwell, C.,* **Shell, M. D.** & Feeser, K. (2015, April). Gratitude and positive affect as predictors of positive relationships. Poster accepted to the National Council for Undergraduate Research Conference, Cheney, WA.
- Chadwell, C.,* **Shell, M. D.** & Feeser, K. (2015, March). Gratitude and positive affect as predictors of positive relationships. Poster presented at the Southeastern Psychological Association Conference, Hilton Head, SC.
- VanDyke, S.* & **Shell, M. D.** (2014, December). Health attitudes predict breast cancer screening in rural Appalachian women. Poster presented at the Virginia Rural Health Association Conference, Staunton, VA.

- VanDyke, S.* & **Shell, M. D.** (2014, April). Perceived risk for breast cancer and preventative behavior among women in rural Appalachia. Paper presented at the Council of Public Liberal Arts Colleges Research Conference, Montevallo, AL.
- Icenhour, D.,* **Shell, M. D.** & Feeser, K. (2014, April). Depressive symptoms predict life satisfaction one month later. Poster presented at the Undergraduate Research Symposium, Wise, VA.
- VanDyke, S.* & **Shell, M. D.** (2014, April). Perceived risk for breast cancer and preventative behavior among women in rural Appalachia. Paper presented at the Undergraduate Research Symposium, Wise, VA.
- VanDyke, S.* & **Shell, M. D.** (2014, April). Perceived risk for breast cancer and preventative behavior among women in rural Appalachia. Paper presented at the National Council for Undergraduate Research Conference, Lexington, KY.
- VanDyke, S.* & **Shell, M. D.** (2014, March). Health attitudes predict breast cancer screening in rural Appalachian women. Poster presented at the Southeastern Psychological Association Conference, Nashville, TN.
- Scott, V.* & **Shell, M. D.** (2013, April). Negative coping strategies among anxious solitary adolescents. Poster presented at the Council of Public Liberal Arts Colleges Research Conference, Wise, VA.
- Scott, V.* & **Shell, M. D.** (2013, April). Negative coping strategies among anxious solitary adolescents. Poster presented at the Undergraduate Research Symposium, Emory, VA.
- Scott, V.* & **Shell, M. D.** (2013, March). Negative coping strategies among anxious solitary adolescents. Poster presented at the Blue Ridge Undergraduate Research Conference, Harrogate, TN.

GRANT APPLICATIONS AND COLLABORATION

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| 2021 | Shell, M. D. & Reynolds, A.
<i>AEP Foundation</i>
STEM Day at UVA Wise (funded, \$75,000 for three years) |
| 2017 | Shell, M. D. & Reynolds, A.
<i>AEP Foundation</i>
Girls' Day in STEM-H at UVA Wise (funded \$75,000 over three years, extended to four due to COVID-19) |
| 2016 | Hoyt, B. H., Reynolds, A., & Shell, M. D.
<i>Educational Technology Fund</i>
New Scantron Equipment Funding Request (funded \$2,744) |
| 2016 | Shell, M. D. & Reynolds, A.
<i>University of Virginia CAPITAL Campaign</i>
Women in STREAM (unfunded) |
| 2015 | Hoyt, B. H., Reynolds, A., & Shell, M. D.
<i>Educational Technology Fund</i>
Computer Lab Funding Request (funded \$33,495.19) |
| 2014 | New College Institute (Primary Applicant), Shell, M. D. (Project Evaluator)
<i>STAR NET Consortium</i>
HRSA Rural Outreach Grant (unfunded) |
| 2012 | Hoyt, B. H., Shell, M. D. , & Withen, P.
<i>Educational Technology Fund</i>
Student Response System Funding Request (funded \$2,029.49) |
| 2008 | Druhen, M. J. (PI), Gazelle, H. (Faculty Mentor)
<i>NSF Graduate Research Fellowship</i> |

Anxious Solitary Children at Recess: Naturalistic Observation of Sequential Peer Victimization, Exclusion and Acceptance Processes (unfunded)

Funded Student Research Supervision

- 2020** Pridemore, K. & **Shell, M. D.**
Summer Research Fellowship, UVA Wise Undergraduate Research Council (URC)
 On-campus Housing, Belongingness, and College Retention (funded \$4,000)
- 2019** Moore, E., Reynolds, A. & **Shell, M. D.**
Summer Research Fellowship, UVA Wise URC
 The Influence of Sleep and Shyness on Academic Performance (funded \$4,000)
- 2017** Absher, T. & **Shell, M. D.**
Summer Research Fellowship, UVA Wise URC
 The Effects of Shyness and Parental Attachment on Social Belonging (funded \$4,000)
- 2016** Cantrell, A., & **Shell, M. D.**
Summer Research Fellowship, UVA Wise URC
 Academic Adjustment and Depressive Symptoms (funded \$4,000)
- 2015** Taylor, C., & **Shell, M. D.**
Summer Research Fellowship, UVA Wise URC
 Shyness and Identity Development (funded \$4,000)
- 2015** Moore, L., & **Shell, M. D.**
Summer Research Fellowship, UVA Wise URC
 Family Support and Well-being (funded \$4,000)
- 2014** Chadwell, C., **Shell, M. D.**, & Feeser, K.
Summer Research Fellowship, UVA Wise URC
 Gratitude and Psychological Well-being (funded \$4,000)
- 2013** VanDyke, S. & **Shell, M. D.**
Healthy Appalachia Fellowship Project, Healthy Appalachia Institute
 Attitudes about Breast Cancer in Rural Appalachia (funded \$4,000)

LEADERSHIP AND SERVICE

- 2012-present** UVA Wise Selected Committee Service and Leadership
- Chair, Psychology Search Committee (Summer 2021)
 - Remote Learning Standards and Evaluation Committee (2020-)
 - Faculty Committee on Evaluation (2019-2021)
 - New Student Advising Corps (2019-)
 - Co-Director of UVA Wise STEM Day (2016-)
 - Psychology Advising (2013-)
 - Editorial Board, *Lux: Undergraduate Scholarship at UVA Wise: Undergraduate Research Journal* (2017-)
 - Undergraduate Research Council (2014-)
 - Co-advisor, Psi Chi, Psychology Honor Society (2013-)
 - Co-founder and co-advisor Women in Science, Technology, Research, Engineering And Math (Women in STREAM, 2015-)
 - Promotion and Tenure Procedures Committee (2019-2021)
 - Faculty Senate representative for Social Sciences Department (2014-2020)
 - Faculty Senate secretary (2015-2016)
 - Institutional Review Board (2013-2016)

- Teacher Education Admissions Committee (2013-2015)
 - Ad Hoc Committee on Mission and Vision (2013)
 - Healthy Appalachia Student Fellowship Committee (2012-2013)
- 2010-present** Reviewer
- Ad hoc reviewer: *Child Development, Journal of Abnormal Child Psychology, Journal of Adolescence, Journal of Early Adolescence, Lux: Undergraduate Scholarship at UVA Wise, Psi Chi Journal of Psychological Research, Social Development*
 - APA Publications and Databases (2017)
 - Social Sciences and Humanities Research Council of Canada, Grant Reviewer (2017)
 - Psi Chi Southeastern Psychological Association Undergraduate Research Award (2013)
 - Student reviewer, *Biennial Meeting of the Society for Research in Child Development* (2010)
- 2009-2010** Undergraduate Advisor
- Psychology Department, *UNCG*
 - College of Arts and Sciences, *UNCG*
- 2009-2010** President, Association of Graduate Students in Psychology, *UNCG*
- 2008-2009** President-elect, Association of Graduate Students in Psychology, *UNCG*

POPULAR PRESS

- Mar 2020** UVA Wise faculty prepare for virtual classes. *UVA Wise News*. <https://www.uvawise.edu/2020/03/20/uva-wise-faculty-prepare-virtual-classes/>
- Dec 2019** College adds new level of stress for many students. *Kingsport Times News*. <https://www.timesnews.net/Local/2019/12/30/Stress-sleep-deprivation-can-follow-students-from-high-school-to-college.html>
- Dec 2019** Professors offer advice for new college students. *Kingsport Times News*. <https://www.timesnews.net/Anniversary/2019/12/30/STUDENT-STRESS-DAY-THREE-ADVICE-FOR-COLLEGE-STUDENTS.html?ci=content&lp=2&p=1>
- Sept 2019** Annual UVA-Wise event encourages girls to look for careers in STEM. *Bristol Herald Courier*. https://www.heraldcourier.com/news/annual-uva-wise-event-encourages-girls-to-look-for-careers/article_0d970935-017c-5a92-afa2-5ce6b89a0836.html?sfns=mo
- Sept 2019** Kids learn that science and math can be fun. *Coalfield Progress*. http://www.thecoalfieldprogress.com/coalfield_progress/kids-learn-that-science-and-math-can-be-fun/article_0b70f3a0-de44-11e9-bdc0-af159283a01e.html?sfns=mo
- Sept 2019** Girls STEM Day – It’s not just for girls anymore. *Kingsport Times News*. <https://www.timesnews.net/Education/2019/09/24/Girls-STEM-Day-It-s-not-just-for-girls-anymore.html?ci=content&lp=5&p=1>
- Sept 2018** Hands-on experience More than 600 girls explore STEM careers at UVA Wise. *Bristol Herald Courier*. <https://www.heraldcourier.com/news/more-than-girls-explore-stem->

- [careers-at-UVA Wise/article_3f6457d1-115b-5b3f-a8bb-411d46d89cf4.html](http://www.uvawise.com/careers-at-UVA-Wise/article_3f6457d1-115b-5b3f-a8bb-411d46d89cf4.html)
- Sept 2018** Girls get hands-on with science, tech, more at UVA Wise. *Coalfield Progress*. http://www.thecoalfieldprogress.com/coalfield_progress/girls-get-hands-on-with-science-tech-more-at-uva/article_4271387c-c03d-11e8-a6a5-fb0e7f9103fb.html
- Fall/Wint 2017** Girls' Day in STEM-H grows. *UVA Wise Magazine*. p. 2.
- Dec 2017** Donation to fuel girls' STEM-H education. *Coalfield Progress*. http://www.thecoalfieldprogress.com/coalfield_progress/donation-to-fuel-girls-stem-h-education/article_a82935b6-e113-11e7-bfb5-47a1c43be121.html
- Dec 2017** AEP funds UVA Wise STEM program for girls. *The Roanoke Times*. [http://america.easybranches.com/virginia/AEP-funds-UVA Wise-STEM-program-for-girls-452221](http://america.easybranches.com/virginia/AEP-funds-UVA-Wise-STEM-program-for-girls-452221)
- Dec 2017** AEP funds UVA Wise STEM program for girls. *Bristol Herald Courier*. [http://www.heraldcourier.com/news/aep-funds-UVA Wise-stem-program-for-girls/article_5487e09a-e043-11e7-ade2-4ff52c621832.html](http://www.heraldcourier.com/news/aep-funds-UVA-Wise-stem-program-for-girls/article_5487e09a-e043-11e7-ade2-4ff52c621832.html)
- Dec 2017** AEP powers up Girls' Day in STEM-H with \$75,000 gift. *UVA Wise News*. <https://www.uvawise.edu/2017/12/11/aep-powers-girls-day-stem-h-75000-gift/>
- Oct 2017** Girls' Day Out for STEM-H: Area sixth graders learn about science, math-related career fields at UVA Wise. *Highland Cavalier Student Newspaper*. [http://www.highlandcavalier.com/2017/10/06/girls-day-out-for-stem-h-area-sixth-graders-learn-about-science-math-related-career-fields-at-UVA Wise/](http://www.highlandcavalier.com/2017/10/06/girls-day-out-for-stem-h-area-sixth-graders-learn-about-science-math-related-career-fields-at-UVA-Wise/)
- Sept 2017** Girls immerse in science, math, tech. *The Coalfield Progress*. http://www.thecoalfieldprogress.com/coalfield_progress/girls-immense-in-science-math-tech/article_c74e359e-9f0b-11e7-8cc7-cfd3e1644be0.html
- Sept 2017** Girls' Day in STEM-H. *UVA Wise News*. <https://www.uvawise.edu/2017/09/18/girls-day-stem-h/>
- Feb 2017** UVA Wise student researches academic stress management. *UVA Wise News*. [https://www.uvawise.edu/2017/02/21/UVA Wise-student-researches-academic-stress-management/](https://www.uvawise.edu/2017/02/21/UVA-Wise-student-researches-academic-stress-management/)
- Nov 2016** UVA Wise's STEM-H program lets girls imagine what they can be. *Kingsport Times-News*. [http://www.timesnews.net/Education/2016/11/09/UVA Wise-s-STEM-H-program-lets-girls-imagine-what-they-can-be.html?ci=stream&lp=6&p](http://www.timesnews.net/Education/2016/11/09/UVA-Wise-s-STEM-H-program-lets-girls-imagine-what-they-can-be.html?ci=stream&lp=6&p)
- Nov 2016** UVA Wise holds first Girls' Day in STEM-H. *Bristol Herald Courier*. [http://www.heraldcourier.com/news/UVA Wise-holds-first-girls-day-in-stem-h/article_817717d8-777f-5718-accd-23792e166098.html](http://www.heraldcourier.com/news/UVA-Wise-holds-first-girls-day-in-stem-h/article_817717d8-777f-5718-accd-23792e166098.html)
- Spr/Sum 2016** UVA Wise had 21 students presenting at NCUR. *UVA Wise Magazine*. p. 3.
- Spr/Sum 2016** STREAM to encourage females to pursue science, related careers. *UVA Wise Magazine*. p. 10.

- Apr 2016** A STREAM into male-dominated fields. *Highland Cavalier Student Newspaper*. <http://www.highlandcavalier.com/2016/04/18/a-stream-into-male-dominated-fields/>
- Feb 2016** UVA Wise has 21 students presenting at NCUR in April. *UVA Wise News*. <http://www.uvawise.edu/2016/02/02/UVA-Wise-has-21-students-presenting-at-ncur-in-april/>
- Feb 2016** Students encouraged to take online survey about science anxieties. *Highland Cavalier Student Newspaper*. <http://www.highlandcavalier.com/2016/02/24/students-encouraged-to-take-online-survey-about-science-anxieties/>
- Apr 2015** UVA Wise senior conducts ‘gratitude’ research. *UVA Wise News*. <http://www.uvawise.edu/2015/04/03/UVA-Wise-senior-conducts-gratitude-research/>
- Spr/Sum 2015** Professors use technology to combat snow days. *UVA Wise Magazine*. <https://issuu.com/uvawisemag/docs/spring-summer2015forweb>
- Spr/Sum 2015** Senior conducts gratitude research. *UVA Wise Magazine*. <https://issuu.com/uvawisemag/docs/spring-summer2015forweb>
- Spr/Sum 2015** Student/faculty research socialization and stress in adolescence. *UVA Wise Magazine*. <https://issuu.com/uvawisemag/docs/spring-summer2015forweb>

ADDITIONAL TRAINING

- Multilevel Modeling (Daniel Bauer and Patrick Curran) - focused workshop on multi-level modeling, including meditational analysis, repeated measures, and intensive longitudinal data (35 hours of instruction)
- Dyadic Analysis (David Kenny) - focused workshop on dyadic data analysis, actor-partner interdependence models, and longitudinal dyadic growth curve models (20 hours of instruction)
- Observational Methodology (Roger Bakeman and Vicenc Quera) - focused workshop on collecting and analyzing observational data, sequential analysis of interaction (24 hours of instruction)

ASSOCIATIONS & MEMBERSHIPS

- Association for Psychological Science
 National Council on Undergraduate Research
 Psi Chi, Psychology Honor Society
 Society for Research on Adolescence
 Society for Research in Child Development
 Society for the Teaching of Psychology
 Southeastern Psychological Association