

KATE RIDGLEY McLELLAN WALKER

EDUCATION

- Doctor of Philosophy* 2007: Ph.D. Counselor Education, Sam Houston State University
- Dissertation:* Perceived early childhood family influence, perceived self-efficacy, and chronic pain disability: An exploratory study
Chair: Richard E. Watts, Ph.D.
- Post Graduate* 2003-2004: Coursework toward LMFT licensure, Sam Houston State University
- Masters* 2000: MA Counseling, Marriage and Family Therapy emphasis, Sam Houston State University
- Undergraduate* 1989: BM Music Education, The University of Texas at Austin

CREDENTIALS

- LMFT Supervisor, Texas #200892
LPC Supervisor, Texas #20174
Continuing Education Provider for Licensed Professional Counselors, and for Licensed Marriage and Family Therapists in Texas
Certified Teacher, All-Level Music Education, Texas

PROFESSIONAL AFFILIATIONS

- American Association for Marriage and Family Therapy
Texas Association for Marriage and Family Therapy
Texas Counseling Association
Texas Counselors for Social Justice
Texas Association for Counselor Education and Supervision

CLINICAL EXPERIENCE

2004-Present

Owner and Clinical Director

All About the Family, LLC

dba achievebalance.org,

The Woodlands, Texas

- Conduct individual, couple, and family therapy.
- Oversee administrative operations for all branches of All About the Family, LLC including managing the budget, overseeing bank accounts, marketing counselor services, recruiting new counselors, supervising administrative and non-counseling staff, and managing payroll.
- Assure practice compliance with federal and Texas state laws governing protected health information, Licensed Professional Counselors, and Licensed Marriage and Family Therapists.
- Coordinate orientation of licensed professionals, associates, and support staff that includes reviewing expectations, policy and procedures, the progressive disciplinary plan, and ethical conduct.

2010-2015

Owner and Clinical Director

Ann's Place, a Texas non-profit family therapy clinic

The Woodlands, Texas

- Conducted individual, couple, and family therapy.
- Responsible for administrative operations for all branches of Ann's Place including managing the budget, overseeing bank accounts, marketing counselor services, recruiting new counselors, supervising administrative and non-counseling staff, and managing payroll.
- Assured practice compliance with federal and Texas state laws governing protected health information, Licensed Professional Counselors, and Licensed Marriage and Family Therapists.
- Coordinated orientation of licensed professionals, associates, and support staff that included reviewing expectations, policy and procedures, the progressive disciplinary plan, and ethical conduct.

2014-2017

Director of Clinical Field Experience

University of Houston Victoria/Katy Campus

- Directed operations for the graduate Counselor Education clinical field experience program as a part of the *Behavioral Health Workforce Education and Training for Professionals* grant from the Health Resources and Services Administration (HRSA).
- Directed supervision of counselor education student clinicians.
- Provided counseling, crisis intervention, outreach, and clinical supervision.
- Developed and direct university's field experience program to train competent counselors based on national standards and state licensure requirements.

- Oversaw planning, budget, and assessment of counselor education field experience activities.
- Assisted with planning and assessment of graduate student competency activities.
- Updated and maintain counselor education field experience policies and procedures to maintain strict adherence to legal and ethical standards, as they relate to mental health counseling.
- Directed marketing efforts to promote counselor education field experience program on and off campus.
- Established, built, and maintained professional associations and relationships with internal and external constituencies.

2004-2006

*Licensed Professional Counselor Intern and Licensed Marriage and Family Therapist Associate under the supervision of Chi Sing Li, Ph.D., LPC-S, LMFT-S
HealthTrust, LLC
Houston, Texas*

- Provided counseling services in both Spanish and English to individuals and groups suffering from chronic pain.
- Responsible for administering psychosocial evaluations.
- Developed detailed written reports on client progress that included diagnoses and treatment plans.

2003-2004

*Post-graduate counselor intern volunteer
Montgomery County Women's Center
The Woodlands, Texas*

- Provided individual and family counseling services to victims of domestic violence during graduate internship at Sam Houston State University.
- Assisted with the coordination of the Christmas gift program for clients.

January 1999-May 1999

*Graduate counselor intern volunteer
Pregnancy Assistance Center, North
Conroe, Texas*

- Provided guidance to women and their families coping with an unexpected pregnancy during graduate internship at Sam Houston State University.
- Assisted with the rewards program for PACN clients.

TEACHING EXPERIENCE

2007-Present

Managing Director and Continuing Education Program Developer

Kate Walker Training LLC

Magnolia, Texas

- Provide clinical supervision for licensed professional counselor associates, licensed marriage and family therapist associates.
- Provide consultation to university counselor education programs, mental health agencies, and community mental health organizations.
- Design online training and continuing education presentations for laypeople, licensed professionals, faculty, and administration that address challenges such as HIPAA compliance and outdated systems and paperwork.
- Help organizations design policy and procedures and ongoing continuing education to create an energized culture of HIPAA compliance and cooperative collaboration.
- Design LPC and LMFT continuing education courses using Camtasia editing software and web-based learning management system software.
- Create and manage an online school delivering clinic management resources and support services for mental health professionals.
- Create and deliver Texas LPC/LMFT supervisor continuing education courses in both classroom and online formats including:
 - Theories of supervision
 - Developmental models of supervision and ACES best practices
 - Technology and ACA best practices
 - HIPAA and FERPA for supervisors
 - Privacy and security training for mental health professionals and staff
 - The multiculturally competent supervisor and evaluation and remediation: Two-hour course reviews HIPAA, Texas House Bill 300, and Chapter 611
 - Integrating supervision into practice: Three-hour course designed to introduce LPC and LMFT clinical supervision and help practicing supervisors improve practice administration
 - DIY Private Practice University: Five-hour course designed for those interested in learning the ethics of running a counseling private practice
- Deliver the LPC/LMFT forty-hour supervisor training course in a classroom format to licensed professionals in Texas.
- Deliver the first completely online Texas LPC/LMFT forty-hour supervisor training course. Forty-hour course includes:
 - Conceptualizing supervision
 - Supervisor roles and responsibilities
 - Supervision methods and techniques
 - Legal issues in supervision
 - Organizing the supervision experience
 - Executive and administrative tasks including plan, contract, time for supervision, record keeping, and reporting
 - LPC and LMFT codes

- ACA code of ethics and technology
- Developmental and ACES Best Practices
- Managing critical incidents in supervision
- Ethical decision making
- Legal issues in supervision
- Multicultural competencies and evaluation in supervision

2020 - Present

Adjunct Instructor

The University of Texas El Paso

El Paso, Texas

- Teach counseling courses in online formats to master's level counseling students. Courses include:
 - Theories of marriage and family therapy
 - Cognitive behavioral theories
 - Techniques of couple counseling

2020 - Present

Adjunct Instructor

University of Houston Victoria/Katy Campus

Katy, Texas

- Teach counseling courses in online formats to master's level counseling students. Courses include:
 - Theories of marriage and family therapy
 - Techniques of couple counseling
 - Family therapy procedures and techniques

2007 - Present

Adjunct Instructor

Sam Houston State University

Huntsville, Texas

- Teach counseling courses in both classroom and online formats to master's level counseling students. Courses include:
 - Internship
 - Techniques of couple counseling
 - Family therapy applications
 - Counseling for sexual concerns
 - Human growth & development across the lifespan
 - Theories of marriage and family therapy
 - Theories of counseling
 - Supervised practicum
 - Cross cultural issues in counseling
 - Effective human behavior

2005-2007

*Graduate Assistant/Teaching Assistant
Sam Houston State University
Huntsville, Texas*

- Co-delivered counseling education courses in both classroom and online formats to master's level counseling students. Courses included:
 - Field practicum in counseling (Internship)
 - Supervised practice in counseling
 - Assessment in guidance and counseling
 - Techniques of marriage & family therapy
 - Human growth & development across the lifespan
 - Pre-Practicum techniques of counseling
- Conducted dissertation editing SHSU College of Education doctoral dissertations according to SHSU guidelines and APA 6th Edition.
- Assisted professors with research and other duties.

1999-2004

Teacher

*Conroe Independent School District
The Woodlands, Texas*

- Mitchell Intermediate orchestra teacher
- Mitchell Intermediate Intervention and Assistance Team member
- Certified facilitator for Mitchell campus low elements challenge course
- Certified facilitator for the CISD low and high elements challenge course

1998-2003

Musician and Assistant Musical Director

*Trinity Episcopal Church Contemporary Praise Band
The Woodlands, Texas*

1998-August 1999

Founder and Conductor

*Montgomery County Youth Orchestra
Conroe, Texas*

1995-1998

*Orchestra Teacher York Junior High and Oak Ridge High Schools
Conroe Independent School District
Conroe, Texas*

1993-1995

*Orchestra Teacher Kealing Junior High
Conductor Austin Youth Orchestra
Austin Independent School District
Austin, Texas*

1991-1993

*Orchestra Teacher Westwood Junior High and Richardson High School
Richardson Independent School District
Richardson, Texas*

1990-1991

*General Music Teacher Stonegate Elementary School
Founder and Director of the first strings program for the HEB Independent School
District
Hurst-Euless-Bedford Independent School District
Bedford, Texas*

ADMINISTRATIVE EXPERIENCE

2007-2008

Director

*Project CONNECT, Federal TRIO Student Support Services Program
Sam Houston State University
Huntsville, Texas*

- Managed a \$1 million budget including salaries, equipment, and miscellaneous expenses.
- Coordinated counseling, tutoring, and mentoring services for the 160 students who met the criteria for participation.
- Provided oversight for a facility that included a lending library, computer lab, study room, student lounge, and staff offices.
- Supervised a staff of six full and part time employees responsible for the administration of student services and the handling of confidential records.
- Maintained federal compliance by completing annual reports, communicating with grant officials, and authoring a policy and procedures manual.
- Managed the recruiting and admissions process as well as verified eligibility of potential participants according to federal law and grant objectives.
- Conducted new participant orientations that included reviewing the expectations for participation and steps for maintaining eligibility.

CLINIC REVIEW/CONSULTATION EXPERIENCE

2019

Contract Consultant
St. Mary's University
San Antonio, Texas

- Assisted with planning and assessment of graduate student competency activities.
- Updated and maintained counselor education field experience policies and procedures to maintain strict adherence to legal and ethical standards, as they relate to mental health counseling.
- Reviewed existing paperwork utilized by student interns in the St. Mary's University Family Life Center to assure adherence to legal and ethical standards, as they relate to mental health counseling.
- Designed and delivered continuing education for faculty on privacy and security of client protected health information including HIPAA, Texas House Bill 300, and Texas Chapter 611.
- Designed and delivered continuing education for local clinical supervisors on privacy and security of client protected health information including HIPAA, Texas House Bill 300, and Texas Chapter 611.

PUBLICATIONS

Books

Walker, K. M. (2017). *My next steps: Create a counseling career you'll love*. Oklahoma: Camden House.

Journal Articles

Peer-Reviewed Journals

Walker, K. R. M., & Watts, R. E. (2009). Perceived early childhood family influence, perceived pain self-efficacy, and chronic pain disability: An exploratory study. *ADULTSPAN*, 8, 102 - 113.

Walker, K. M., Watson, K., & Lee, C. (2006, March). A case study of therapeutic interventions as related by a victim of traumatizing crime. *Professional Issues in Counseling*. Retrieved April 1, 2006 from <http://www.shsu.edu/~piic/spring%202006/Walker.html>.

RECORDINGS

Sanctus. Recording. Written and produced by Mike Liesmann. With Andre Perez and Kate Walker. Montgomery, TX: Wide Awake Music, 2001.

10 For the Heart. Recording. Written by Trisha Lowenfeld and produced by Mike Liesmann. With Kate Walker and other artists. Montgomery, TX: Wide Awake Music, 2000.

After All This. Recording. Written by Kate Kelly and produced by Mike Liesmann. With Kate Walker and other artists. Montgomery, TX: Wide Awake Music. 2000.

GRANTS

Funded

DeTrude, J., Flowers, J., & Walker K. M. (2006). Counseling individuals with chronic pain using master's level counseling interns in a university free clinic: An exploratory study. Funded by WalMart.

WORKSHOPS AND PRESENTATIONS

Conferences

National and International-Level Refereed Presentations

Bacon, K., Walker, K. M. (July, 2017). Training graduate students in integrated behavioral healthcare: A model for counselor education programs. Poster presented at the 2017 American Mental Health Counselors Association Annual Conference, Washington, D. C.

Bacon, K., Boswell, J., Leggett, E., & Walker, K. M. (October, 2016). Training graduate students in integrated behavioral healthcare: A model for counselor education programs. Roundtable presented at the Southern Association for Counselor Education and Supervision National Conference, New Orleans, LA.

Bacon, K., Boswell, J., Leggett, E., & Walker, K. M. (October, 2015). Training graduate students in integrated behavioral healthcare: A model for counselor education programs. Poster presented at the Association for Counselor Education and Supervision National Conference, Philadelphia, PA.

Walker, K. M. (September, 2012). Helping women heal: Female responses to infidelity. Presented at the American Association for Marriage and Family Therapists National Conference, Charlotte, NC.

DeTrude, J., Walker, K. M., Watson, K., & Moriarity, M. (October, 2005). Admissions standards for counselor education doctoral programs: What works and what does not? Presented at the Association for Counselor Education and Supervision National Conference, Pittsburgh, PA.

State-Level Refereed Presentations

- Walker, K. M. (March, 2021). Remediating supervisees: avoid common mistakes. Presented at the virtual 2021 Texas Association for Counselor Education and Supervision Mid-Winter Conference, TX.
- Walker, K. M. (November, 2020). A supervisor refresher course in the age of COVID. Presented at the virtual 2020 Texas Counseling Association Professional Growth Conference, TX.
- Walker, K. M. & Doyle, C. (November, 2020). Building a bad a** business: Embracing your unique counselor identity and building a brand. Presented at the virtual 2020 Texas Counseling Association Professional Growth Conference, TX.
- Walker, K. M. (November, 2019). Supervisor refresher course. Presented at the 2019 Texas Counseling Association Professional Growth Conference, Ft Worth, TX.
- Walker, K. M. (November, 2019). Five things every level 1 intern should know. Presented at the 2019 Texas Counseling Association Professional Growth Conference, Ft Worth, TX.
- Walker, K. M. (November, 2018). Beyond the supervision plan: Supervisees, systems, and critical incidents. Presented at the 2018 Texas Counseling Association Professional Growth Conference, Dallas, TX.
- Walker, K. M. (November, 2017). Surviving a LPC board audit. Presented as part of the *TACES Presents* advanced supervisor training at the 2017 Texas Counseling Association Professional Growth Conference, Galveston, TX.
- Walker, K. M. (November, 2017). Ethics and private practice: Five common mistakes you can fix. Presented at the 2017 Texas Counseling Association Professional Growth Conference, Galveston, TX.
- Walker, K. M. (March, 2017). Best practices in supervisor training: Exploring key components of a 40-hour supervisor training. Presented as part of the *TACES Presents* advanced supervisor training at the 2017 Texas Association for Counselor Education and Supervision MidWinter Conference, Austin, TX.
- Walker, K. M. (November, 2016). Evaluating and remediating struggling supervisees. Presented as part of the *TACES Presents* advanced supervisor training at the 2016 Texas Counseling Association Professional Growth Conference, Dallas, TX.

- Walker, K. M., & Lee, M. (November, 2015). Development, evaluation, and (when needed) remediation of LPC Interns. Presented as part of the *TACES Presents* forty-hour LPC supervisor training at the 2015 Texas Counseling Association Professional Growth Conference, Corpus Christi, TX.
- Stark, Marcella, & Walker, K. M. (November, 2014). Development, evaluation, and (when needed) remediation of LPC Interns. Presented as part of the *TACES Presents* forty-hour LPC supervisor training at the 2014 Texas Counseling Association Professional Growth Conference, Dallas, TX.
- Walker, K. M., & DeTrude, J. (November, 2014). Managing critical issues in supervision. Presented at the 2014 Texas Counseling Association Professional Growth Conference, Dallas, TX.
- Walker, K. M., & DeTrude, J. (November, 2013). DIY private practice: Creating an ethical, profitable, and enjoyable private practice. Presented at the 2013 Texas Counseling Association Professional Growth Conference, San Antonio, TX.
- Walker, K. M. (October, 2013). How do you plan to parent that? Building a family manifesto. Presented at Spectrum 2013: The Texas Association of Addiction Professionals Annual Conference, Houston, TX.
- DeTrude, J., Walker, K. M., & Davis, J. (November, 2012). Gatekeeping and remediation in supervision. Presented at the 2012 Texas Counseling Association Professional Growth Conference, Galveston, TX.
- Walker, K. M., & DeTrude, J. (November, 2012). Navigating the dual roles of boss and supervisor in the workplace. Presented at the 2012 Texas Counseling Association Professional Growth Conference, Galveston, TX.
- Walker, K. M., & DeTrude, J. (February, 2012). Supervising in the workplace: Navigating the dual relationship of boss and supervisor. Presented at the Texas Association for Counselor Education and Supervision MidWinter Conference Austin, TX.
- Walker, K. M., & DeTrude, J. (February, 2012). Evaluation and the supervisory relationship: Protecting the supervisor and the supervisee. Presented at the Texas Association for Counselor Education and Supervision MidWinter Conference, Austin, TX.
- Walker, K. M., & DeTrude, J. (November, 2011). Understanding supervisee resistance. Presented at the Texas Counseling Association Professional Growth Conference, Ft. Worth, TX.

- DeTrude, J., & Walker, K. M. (November, 2008). Group supervision as an agency for change. Presented at the Texas Counseling Association Professional Growth Conference, Houston, TX.
- Watts, R. E., & Walker, K. M. (November, 2007). Understanding and applying Adlerian-based counseling techniques. Presented at the Texas Counseling Association Professional Growth Conference, Corpus Christi, TX.
- Walker, K. M., & Flowers, J. (November, 2006). Hispanic chronic pain patients: Considerations for psychotherapeutic intervention and treatment. Presented at the Texas Counseling Association Professional Growth Conference, San Antonio, TX.
- Walker, K. M., Flowers, J., & DeTrude, J. (November, 2006). The evaluation of gastric-bypass patients: What licensed professional counselors must know. Presented at the Texas Counseling Association Professional Growth Conference, San Antonio, TX.
- DeTrude, J., Flowers, J., & Walker, K. M. (January, 2006). Health counseling and pain management for licensed professional counselors. Presented at the Texas Association for Marriage and Family Therapists Annual Conference, Houston, TX.
- Watts, R. E., Nelson, J., Flowers, J., & Walker, K. M. (November, 2005). What editors are looking for: Tips for getting published in a peer reviewed journal. Presented at the Texas Counseling Association Professional Growth Conference, El Paso, TX.
- DeTrude, J., Flowers, J., & Walker, K. M. (November, 2005). Health counseling and pain management for licensed professional counselors. Presented at the Texas Counseling Association Professional Growth Conference, El Paso, TX.
- Nichter, M., & Walker, K. M. (January, 2005). Domestic violence and children: What are the consequences? Presented at the Texas Association for Marriage and Family Therapists Annual Conference, Dallas, TX.

Professional Presentations and Consultations

- Walker, K. M. (September, 2019). HIPAA training for mental health professionals and staff. Presented to staff of Children's Safe Harbor, Conroe, TX.
- Walker, K. M. (September, 2019). Grow your interns into colleagues: Supervision best practices and risk management in the university setting. Presented to counselor education faculty of St. Mary's University, San Antonio, TX.

- Walker, K. M. (September, 2019). Grow your interns into colleagues: Supervision best practices and risk management for site supervisors. Presented to local supervisors serving as site supervisors for university interns, San Antonio, TX.
- Walker, K. M. (May 2018). Certified Supervisor Instructor Training. Continuing supervisor education provided to El Paso area counselors. El Paso, TX.
- Walker, K. M. (January, 2017). How to get started in private practice: Avoid mistakes and make a living. Continuing education provided to the Bay Area Counseling Association, Friendswood, TX.
- Walker, K. M. (May, 2017). Ethics roundtable. Continuing education provided to The Woodlands Mental Health Professionals Organization, The Woodlands, TX.
- Walker, K. M. (May, 2016). Ethics roundtable. Continuing education provided to staff at Montgomery County Youth Services, Conroe, TX.
- Walker, K. M. & DeTrude, J. (September, 2013). Social networking and counseling using the internet. Continuing education presented to members of the Brazos Valley Counseling Association at Sam Houston State University, Huntsville, TX.
- Walker, K. M. & DeTrude, J. (September, 2013). Solution focused counseling for the school counselor. Continuing education presented to school counselors in the Conroe Independent School District, Conroe, TX.
- Walker, K. M. (July, 2013). Ethics in the workplace. Continuing education presented to therapists at Interface-Samaritan Counseling Center, Spring, TX.
- Walker, K. M., & Rhodes, S. (July, 2004). Personality type and the classroom: How to incorporate knowledge of personality type into a successful teaching environment. Presented at the Conroe Independent School District novice teacher in-service, Conroe, TX.

Invited Presentations

- Walker, K. M. (May, 2021). Private practice primer: Insurance versus self-pay. Guest speaker presenting to participants of the Texas Association for Marriage and Family Therapy virtual conference Bridging the gap: From the classroom to the couch.
- Walker, K. M. (November, 2015). Helping clients recover from infidelity. Guest lecturer presenting to counseling students at Sam Houston State University, Department of Counselor Education, Huntsville, TX.

- Walker, K. M. (November, 2015). Private practice primer: Creating your successful, ethical, and enjoyable private practice. Guest lecturer presenting to counseling students at Sam Houston State University, Department of Counselor Education, Huntsville, TX.
- Walker, K. M. (November, 2015). Exploring private practice and non-profits. Guest speaker presenting at the Graduate Student Breakfast at the Texas Counseling Association Professional Growth Conference, Corpus Christi, TX.
- Walker, K. M. (November, 2014). Private practice primer: Creating your successful, ethical, and enjoyable private practice. Guest lecturer presenting to counseling students at Sam Houston State University, Department of Counselor Education, Huntsville, TX.
- Walker, K. M. (May, 2014). Private practice primer: Creating your successful, ethical, and enjoyable private practice. Guest lecturer presenting to counseling students at Sam Houston State University, Department of Counselor Education, Huntsville, TX.
- Walker, K. M. (November, 2013). Private practice primer: Creating your successful, ethical, and enjoyable private practice. Guest lecturer presenting to counseling students at Sam Houston State University, Department of Educational Leadership and Counseling, Huntsville, TX.
- Walker, K. M. (June, 2013). Private practice primer: Creating your successful, ethical, and enjoyable private practice. Guest lecturer presenting to counseling students at Sam Houston State University, Department of Educational Leadership and Counseling, Huntsville, TX.
- Walker, K. M. (January, 2013). Private practice primer: Creating your successful, ethical, and enjoyable private practice. Guest lecturer presenting to counseling students at Sam Houston State University, Department of Educational Leadership and Counseling, Huntsville, TX.
- Walker, K. M. (December, 2012). Private practice primer: Creating your successful, ethical, and enjoyable private practice. Presented to Chi Sigma Iota at Sam Houston State University, Department of Educational Leadership and Counseling, Huntsville, TX.
- Walker, K. M. (October, 2012). Navigating dual roles in supervision. Guest lecturer presenting to doctoral counseling students at Sam Houston State University, Department of Educational Leadership and Counseling, Huntsville, TX.
- Walker, K. M. (October, 2012). Helping clients recover from infidelity. Guest lecturer presenting to counseling students at Sam Houston State University, Department of Educational Leadership and Counseling, Huntsville, TX.

- Walker, K. M. (May, 2012). Private practice primer. Guest lecturer presenting to graduating counseling students at Sam Houston State University, Department of Educational Leadership and Counseling, Huntsville, TX.
- Walker, K. M. (June, 2007). Private practice primer. Presented at the Exploring your Horizons: Career Paths in Educational Leadership and Counseling Conference, Huntsville, TX.
- Walker, K. M., & Flowers, J. (May, 2007). Health counseling and pain management for licensed mental health professionals. Presented via Elluminate Live! for Wright State University.
- Moriarity, M., Riefkohl, R., & Walker, K. M. (June, 2005). Suicide prevention. Presented at the National Conference for Suicide Prevention sponsored by DIF in Puebla, Mexico in conjunction with Sam Houston State University.
- Walker, K. M., & Watson, K. M. (April, 2005). Recollections of helpful interventions by a victim of trauma. Presented at the Sam Houston State University Research Exchange, Huntsville, TX.
- Walker, K. M. (November, 2004). Burnout and the counseling profession: Ethical considerations. Presented at the Sam Houston State University Ethics Institute, Huntsville, TX.
- Community Pro-Bono Presentations
- Walker, K. M. (October, 2020) Helping clients recover from infidelity. Presented as part of the Bridging the Gap training at Woodlands Church Fellowship Campus, The Woodlands, TX.
- Walker, K. M. (October, 2015) Helping clients recover from infidelity. Presented as part of the Bridging the Gap training at Woodlands Church Fellowship Campus, The Woodlands, TX.
- Walker, K. M. (October 2015). Counseling ethics and boundaries. Presented as part of the Bridging the Gap training at Woodlands Church Fellowship Campus, The Woodlands, TX.
- Walker, K. M. (October, 2015). Creating a family manifesto. Presented as part of the Bridging the Gap training at Woodlands Church Fellowship Campus, The Woodlands, TX.
- Walker, K. M. (December, 2014). Tools to manage seasonal stress. Presented to members of The Exchange, The Woodlands, TX.

- Walker, K. M. (October, 2013). Effective communication for effective stress reduction. Presented to members of The Exchange, The Woodlands, TX.
- Walker, K. M. (October, 2013). Communication for the recovering conflict avoider. Presented to members of The Woodlands Rotary Club, The Woodlands, TX.
- Walker, K. M. (July, 2013). Achieve balance today. Presented as a part of the South Montgomery County Library Speaker Series, The Woodlands, TX.
- Walker, K. M. (April, 2013). Parenting: Creating a family manifesto. Presented to individuals receiving assistance through the Montgomery County Housing Authority, Conroe, TX.
- Walker, K. M. (April, 2013). Helping clients recover from infidelity. Presented as part of the Bridging the Gap training at Woodlands Church Fellowship Campus, The Woodlands, TX.
- Walker, K. M. (April, 2013). Counseling ethics and boundaries. Presented as part of the Bridging the Gap training at Woodlands Church Fellowship Campus, The Woodlands, TX.
- Walker, K. M. (March, 2013). Achieve balance today. Presented to the North Harris County Junior League, Spring, TX.
- Walker, K. M. (November, 2012). Achieve balance today. Presented to patients at SpinalCare Chiropractic Clinic, The Woodlands, TX.
- Walker, K. M. (October, 2012). Helping clients recover from infidelity. Presented to lay-counseling team at Woodlands Church Fellowship Campus, The Woodlands, TX.
- Walker, K. M. (April, 2011). Helping your child: Strategies for Mitchell and beyond. Presented to members of the Mitchell Intermediate Parent Teacher Organization, The Woodlands, TX.
- Walker, K. M. (October, 2010). Achieve balance today. Presented to Members of the Galatas Elementary Parent Teacher Organization, The Woodlands, TX.
- Walker, K. M. (August, 2010). Achieve balance today. Presented to members of She Is Professional, The Woodlands, TX.
- Walker, K. M. (April, 2010). Parenting children diagnosed with ADD/ADHD. Presented to members of the community, The Woodlands Chamber of Commerce, The Woodlands, TX.

Walker, K. M. (April, 2010). Tips for helping your teen manage test anxiety. Presented to members of the community, The Woodlands Chamber of Commerce, The Woodlands, TX.

Walker, K. M. (April, 2010). Parenting and the art of roller coaster maintenance. Presented to members of the College Park High School Parent Teacher Organization, The Woodlands, TX.

Walker, K. M. (April, 2009). How to juggle your life without losing your mind. Presented to members of the Mothers of Preschoolers, Woods Edge Church, The Woodlands, TX.

Walker, K. M. (December, 2007). Got stress? Get some A.I.R. Presented to students at The John Cooper School, The Woodlands, TX.

Walker, K. M. (May, 2007). Strategies for overcoming stress. Presented to members of the Mothers of Preschoolers, Fellowship of The Woodlands, The Woodlands, TX.

Walker, K. M. (January, 2007). Strategies for overcoming stress and anxiety. Presented to members of the National Charity League, The Woodlands, TX.

Walker, K. M., & James, J. (January 2004 – January 2005). Safeguarding God's children. A series of four presentations given to church members going through childcare training at Trinity Episcopal Church, The Woodlands, TX.

COMMITTEES AND ASSOCIATIONS

Texas Association for Marriage and Family Therapy Education Committee 2021 – 2222

The Pangea Network Young Women's Leadership Challenge (YWLC) Conference
Speaker and Mentor 2015 - Present

Texas Association for Counselor Education and Supervision Senator 2020 – 2022

Texas Counseling Association Strategic Planning Committee Co-Chair 2019-2020

Texas Counseling Association Strategic Planning Committee Co-Chair 2018-2019

Texas Association for Counselor Education and Supervision, LPC Board Liaison, 2016-2017.

Texas Association for Counselor Education and Supervision, President, 2015-2016.

Texas Association for Counselor Education and Supervision, President-Elect and 2015 Mid-Winter Conference Coordinator, 2014-2015.

Texas Association for Counselor Education and Supervision, Member at Large Supervisor, 2013-2015.

American Association for Marriage and Family Therapy, member of the Conference Program Review and Selection Committee, 2013.

Sam Houston State University, member of the Doctoral Program Degree Counseling Program Advisory Board, 2010-2013.

Texas Counseling Association, member of the Nominations and Elections committee, 2011.

American Counseling Association, member of the Conference Program Review and Selection Committee, 2010.

American Association for Marriage and Family Therapy, member of the Conference Program Review and Selection Committee, 2009.

Texas Counseling Association, member of the Conference Program Review and Selection Committee, 2006.

Assistant to Dr. Richard E. Watts, editor of the “Techniques to Share” section in the *Family Journal*, 2005.

Assistant to Dr. Judith DeTrude, Director of the SHSU counselor education doctoral program 2003-2006, during the completion of the writing of the self-study for CACREP accreditation for the SHSU Community Counseling track.

SELECTED AWARDS AND HONORS

Honored as one of The Montgomery County Women’s Council of Organizations Women of Distinction, 2014.

President of the Business Women’s Forum, The Woodlands Chapter, 2013-2014.

President of The Woodlands Winning Edge chapter of Business Networking International, 2012-2013.

Certificate of Appreciation in recognition of dedication to the counseling profession through participation in the ACA Northern Illinois University Pro-Bono Counseling Initiative, 2008.

Excellence in Writing Award, Sam Houston State University, 2007.

Chi Sigma Iota, Genevieve R. Brown Outstanding Student Award and Scholarship, Sam Houston State University, 2006.

Doctoral Fellowship and Scholarship, Sam Houston State University, 2005.

Graduate Academic Achievement Scholarship, Sam Houston State University, 2005.

Outstanding Doctoral Student for Cohort II, Sam Houston State University, 2005.

Graduate Studies Scholarship, Sam Houston State University, 2004.