

**LIANG-YING CHOU, Ph.D.**

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254-501-5879

**EDUCATION**

- 08/05-08/09     Doctor of Philosophy, Marriage and Family Therapy  
Syracuse University, Syracuse, New York  
Dissertation: *The experiences of marriage and family therapists of Asian descent and their perception of the practice and profession.*  
Dissertation Chair: Dr. Linda Stone Fish
- 09/02-06/04     Masters of Education, Counseling, Family and Human Services  
University of Oregon, Eugene, Oregon  
Specialization in Marriage and Family Therapy
- 09/97-06/01     Bachelor of Science, Mental Rehabilitation  
Fu-Jen Catholic University, Taipei, Taiwan

**PROFESSIONAL EXPERIENCE**

**Academic Positions**

- 06/16-Present     **Adjunct Faculty**, Couple and Family Therapy Program,  
Alliant International University, Los Angeles, CA  
Serving as adjunct faculty in a COAMFTE accredit MFT program.
- 08/09-01/16     **Assistant Professor**, Couple and Family Therapy Program,  
Alliant International University, Irvine, CA  
Serving as core faculty in a COAMFTE accredited MFT program.

**Professional Certifications and Development**

- 03/14-Present     **Certified Prepare/Enrich Facilitator, Facilitator ID# 1266028**  
02/14-Present     **AAMFT Approved Supervisor**  
07/10-Present     **Licensed Marriage and Family Therapist, New York (000825)**

**SPECIALIZED TRAININGS**

**Externship in Emotionally Focused Therapy (30 hours)**, Alliant International University, San Diego, CA, January, 2011.

## AWARDS AND HONORS

- 06/12            **2011-12 Irvine Campus I-MERIT Committee Award**, International and Multicultural Education, Research, Intervention, and Training Committee, Alliant International University, Irvine, CA
- 09/11            **Certificate of Excellence**, International and Multicultural Education, Research, Intervention, and Training Committee, Alliant International University, Irvine, CA
- 02/07            **Social Justice Award**, Department of Marriage and Family Therapy Syracuse University, Syracuse, NY
- 06/01            **Honorary Member**, The Phi Tau Phi Scholastic Honor Society of The Republic of China
- 03/01            **Academic Award**, Fu-Jen Catholic University, Taipei, Taiwan (Award NTD\$1000)
- 03/99            **Academic Award**, Fu-Jen Catholic University, Taipei, Taiwan (Award NTD\$1000)

## RESEARCH EXPERIENCE

### **Peer-Reviewed Publications**

- Chou, L-Y., Li, P-F., Yang, I-S., Chang, W-N., & Kim, J-H. (2020, in print). Supervision with East Asian international supervisees: Unfolding unspoken complexities. *Journal of Systemic Therapies*.
- Todahl, J., Linville, D., Chou, L-Y., & Maher- Cosenza, P. (2008). A qualitative study of intimate partner violence universal screening by family therapy interns: Implications for practice, research, training, and supervision. *Journal of Marital and Family Therapy*, 34(1), 28-43.

### **Non Peer-Reviewed Publications**

- Hsu, K., & Chou, L.-Y. (2017). From Walking the Thin Line between Work and Family to Self-compassion: Working with Asian American Career Mothers. In K. M.-T., Quek & S.-R. S., Fang (Eds.), *Transition and Change in Collectivist Family Life: Strategies for Clinical Practice with Asian Americans* (pp.45-56). AFTA Springer Briefs in Family Therapy. doi: 10.1007/978-3-319-50679-1\_5.

- Chou, L.-Y., & Natrajan-Tyagi, R. (2013, Spring). New Curriculum: Poverty simulation as a training tool for MFTs. *AAMFT-CA Educators Collaborative Newsletter*.

Chou, L.-Y., & Natrajan-Tyagi, R. (2012, Fall). Poverty Simulation, Real Situation: Poverty simulation as a training tool for MFTs. *AAMFT-CA Newsletter*. Retrieved from <http://aamftca.org/aamft-ca-newsletter-2/#anch5>

### **Refereed Presentations (International)**

Vo, L., & Chou, L.-Y. (2018, March). *Preparing and Transitioning to In-Home Therapy for MFTs*. Workshop presented at the International Family Therapy Association 2018 World Family Therapy Congress, Bangkok, Thailand.

Hsu, K., & Chou, L.-Y. (2018, March), *Harmonizing Work and Family: Working with Career Mothers-Asian American Study*. Workshop presented at the International Family Therapy Association 2018 World Family Therapy Congress, Bangkok, Thailand.

Li, P.-F., Chou, L.-Y., Yang, I.-S., & Chang, W.-N. (2013, February). *Enhancing therapy services to diverse families through multicultural supervision*. Workshop presented at the International Family Therapy Association 2013 Annual Conference, Orlando, Florida, USA.

Wang, L., Chiang, W.-H., Taniguchi, N., & Chou, L.-Y. (2012, March). *The Effects of the Telephone Crisis Service and hotline helpers*. Poster presented at the International Family Therapy Association 2012 Annual Conference, Vancouver, Canada.

Chou, L.-Y. (2010, March). *Creating multicultural environment for family therapy education: The experiences of therapists of Asian descent*. Workshop presented at the Annual Conference of the International Family Therapy Association, Buenos Aires, Argentina.

Hardy, K. V., & Chou, L.-Y. (2010, March). *Trauma of oppression in challenging times*. Workshop presented at the Annual Conference of the International Family Therapy Association, Buenos Aires, Argentina.

### **Referred Presentations (National)**

Natrajan-Tyagi, R., & Chou, L.-Y. (2014, August). *Poverty Simulation: An Experiential Training to Work with the Poor*. Conversation hour co-chaired at the 2014 American Psychological Association Annual Convention, Washington D.C.

Chen, H.-M., Chou, L.-Y., Ro, H.-S., & Quek, K. (2014, June). *Postmodernism and Construction of Clinical Practices for Female Asian MFTs*. Roundtable presented at 2014 American Family Therapy Academy Annual Meeting & Open Conference, Athens, GA.

- Yang, I.-S., Kim, J.-H., Li, P.-F., Chou, L.-Y., Chang, W.-N., & Gale, J. (2013, November). *Supervision in Cross-cultural Context with Asian International Supervisees*. Symposium on Training and Supervision for Family Therapists at 2013 National Council on Family Relations Annual Conference, San Antonio, TX.
- Chou, L.-Y., Natrajan-Tyagi, R., Quek, K., & Storm, C. (2011, November). *Portability of Family Therapy to Different Cultural Experiences*. Symposium chaired at 2011 National Council on Family Relations Annual Conference, Orlando, FL.
- Chou, L.-Y. (2011, November). *Family Therapy Education and Culturally Competent Training: The Experiences of Therapists of Asian Descent*. Paper presented at 2011 National Council on Family Relations Annual Conference, Orlando, FL.
- Chou, L.-Y. (2010, September). *The east-west marriage: Asian philosophy and couple therapy*. Workshop presented at the Annual Conference of the American Association for Marriage And Family Therapy, Atlanta, GA.
- Chou, L.-Y. (2008, October). *Becoming ethically and culturally competent: Asian MFT's view*. Poster presented at the Annual Conference of the American Association for Marriage And Family Therapy, Memphis, TN.
- Hardy, K. V., & Chou, L.-Y. (2007, October). *Crossing Cultural Boundaries: A Multicultural Perspective*. Workshop presented at the Annual Conference of the American Association for Marriage and Family Therapy, Long Beach, CA.
- Chou, L.-Y., Kim, J.-H., & Linville, D. (2006, October). *Clients' View of Multicultural Therapy*. Poster presented at the Annual Conference of the American Association for Marriage And Family Therapy, Austin, TX.

#### **Invited Presentations (Regional)**

- Chou, L.-Y., & Tanaka, K. Y. (2014, July). *Happy We Starts with Happy Me: Working on Yourself before Marriage Happens*. Community class presented at the Re-Create Church, Alhambra, CA.

#### **Research Positions**

- 08/05-05/07      **Graduate Assistant**, Syracuse University, Syracuse, NY.  
Assisted Dr. Kenneth V. Hardy in organizing, editing and analyzing raw/video data related to family therapy and diversity issues in family therapy.
- 02/05-05/05      **Research Assistant**, University of Oregon, Eugene, OR.  
Assisted Dr. Jeff Todahl in the qualitative coding and thematic analyses for understanding the experiences of marriage and family therapists when doing universal screening for domestic violence in the therapy.
- 07/04-12/04      **Research Associate**, University of Oregon, Eugene, OR.  
Conducted research with Dr. Deanna Linville that examines international

students' perspectives on mental health services in the United States and essential factors in culturally sensitive counseling.

- 07/04-10/04     **Research Assistant**, University of Oregon, Eugene, OR.  
Assisted Dr. Deanna Linville in the qualitative coding and thematic analyses for understanding the experience of the international adoption process, family adaptation, characteristics of the adoptees, and social resources for international adoptive families.
- 07/01-10/01     **Research Assistant**, Taipei Veterans General Hospital, Taipei, Taiwan  
Assisted Tung-Ping Tom Su, M.D. in the Department of Psychiatry in conducting Wisconsin Card Sorting Test for examining memory and the process of attention in healthy adults group and psychotic patients group.

### TEACHING EXPERIENCE

- 06/16-Present     **Adjunct Faculty**, Couple and Family Therapy Program, Alliant International University, Los Angeles, CA
- Trauma & Crisis Intervention (Master's level)
  - MFT Practicum (Master's level)
  - MFT Practicum (Doctoral level)
  - Advanced MFT Research: Qualitative (Doctoral level)
  - MFT Assessment (Master's level)
- 08/09-01/16     **Assistant Professor**, Couple and Family Therapy Program, Alliant International University, Irvine, CA
- Fall 2009: Teaching master's level class (PSY 7311: *Couples Therapy*)- 17 students; master's level class (PSY 7360: *MFT Practicum*)- 6 students.
  - Spring 2010: Teaching master's level class (PSY 6313: *MFT Techniques*, section 30 & 31)- 18 and 13 students; master's level class (PSY 7360: *MFT Practicum*)- 4 students.
  - Fall 2010: Teaching master's level class (PSY 7311: *Couples Therapy*)- 10 students; master's level class (PSY 7360: *MFT Practicum*)- 6 students.
  - Spring 2011: Teaching master's level class (PSY 6313: *MFT Technique*, section 30 & 31)- 20 and 15 students; master's level class (PSY 7360: *MFT Practicum*)- 5 students.
  - Fall 2011: Teaching master's level class (PSY 7311: *Couples Therapy*, section 30 & 31)- 17 and 15 students.
  - Spring 2012: Teaching master's level class (PSY 6325: *Trauma and Crisis Intervention*, section 30 & 31)- 16 and 15 students; master's level class (PSY 7360: *MFT practicum*)- 6 students.
  - Fall 2012: Teaching master's level class (PSY 7311: *Couples Therapy*, section 30 & 31)- 12 and 17 students; master's level class (PSY 7360: *MFT practicum*)- 6 students.

- Spring 2013: Teaching master's level class (PSY 7360: *MFT practicum*)- 5 students.
- Fall 2013: Teaching master's level class (PSY 7360: *MFT practicum*)- 5 students.
- Spring 2014: Teaching master's level class (PSY 7360: *MFT practicum*)- 6 students.
- Spring 2014: Teaching doctoral level class (PSY 7325: *Advanced MFT Research: Qualitative*)- 10 students.
- Summer 2014: Teaching master's level class (PSY 7360: *MFT practicum*, section 30 & 32)- 6 and 5 students.

09/07-12/07 **Teaching Assistant**, Department of Marriage and Family Therapy, Syracuse University, Syracuse, NY  
Assisted Dr. Kenneth V. Hardy in teaching masters' level class (MFT 672: *Couple Therapy*)- 8 students. Responsible for class discussions, lecturing, grading, and administrative work.

01/06-05/06 **Teaching Assistant**, Department of Marriage and Family Therapy, Syracuse University, Syracuse, NY  
Assisted Dr. Kenneth V. Hardy in teaching undergraduate level class (MFT 400: *Lust, Love and Relationships*)- 53 students. Responsible for facilitating weekly group discussions, grading, and guidance of students.

### ADVISING EXPERIENCE

08/09-01/16 Advisor, Alliant International University  
Serving as the primary advisor for 8-44 master's and doctoral students per semester in the couple and family therapy program.

06/10-01/16 Doctoral Dissertation Committee, Alliant International University  
Committee Member

- Wen-Hsien Chiang  
Defended in May 2011  
Dissertation title: *The effect of the telephone crisis service helpers' interventions on non-suicidal, suicidal and acute suicidal callers in Taiwan: An efficacy study.*
- Julie Hwang  
Defended in January 2012  
Dissertation title: *Therapists' experience of personal stress & its perceived impact on their therapeutic work: A phenomenological inquiry.*
- Joel Domeniquez  
Defended in February 2013  
Dissertation title: *Marriage and family therapist conceptualization of systemic hope.*
- Jorge Galindo

Defended in June 2013

Dissertation title: *Practice of child custody evaluators: Implications for Best Practice.*

- Monica Chavier  
Proposed in May 2013
- Joshua Matthews  
Proposed in May 2013
- Pooja Khosla  
Proposed in May 2013

#### Committee Chair

- Kandice Hsu  
Defended in April 2014  
Dissertation title: *Experiences of Asian American working mothers with young children: A phenomenological study.*
- Nahal Hydaryacil  
Defended in September 2014  
Dissertation title: *The experiences of therapy of first-generation Iranian Americans.*
- David Jerry Miller  
Proposed in April 2014
- Leyna Vo  
Proposed in September 2014
- Phuong Quach  
Propose in Fall 2014

06/10-01/16

#### Doctoral Qualifying Exam Committee, Alliant International University Committee Member

- Courtney Harkins (Passed in December 2010)
- Shu-Hui Wu (Dismissed)
- Marco Fekrat (Passed in January 2012)
- Nicole Albie (Passed in February 2012)
- Maribel Silva (Dismissed)
- Armendo Gonzalez (Passed in April 2012)
- Lynsey Johnston (Dismissed)
- Nicole Folmer (Passed in November 2012)
- Kim Than (Passed in April 2013)
- Christina Salama (Passed in November 2013)
- Noushin Zarini (Passed in December 2013)
- Geoffrey Flecher (Passed in September 2014)
- Matilde Bongato (Scheduled in October 2014)

#### Committee Chair

- Kandice Chih-Chen Hsu (Passed in November 2012)
- John Iyott (Dismissed)
- Leyna Vo (Passed in May 2013)
- Marlene Elizalde (Passed November 2013)
- Catherine Meyer (Passed in April 2014)

## SERVICE WORK

### **Institutional Service**

- 09/14-01/16      **CFT MA Outcome Exam Systemwide Chair**, Alliant International University, Irvine, CA  
Serving as chairperson for CFT program Master's Comprehensive Exam Committee Chair.
- 01/14-05/14      **Faculty Search Committee**, Alliant International University, Irvine, CA  
Serving as a member of the faculty search committee.
- 08/13-09/14      **CFT MA Outcome Exam Irvine Representative**, Alliant International University, Irvine, CA  
Serving as chairperson for Irvine campus CFT program exit exam committee.
- 11/12-01/16      **Organizer & Facilitator for Poverty Simulation**, Alliant International University, Irvine, CA  
Serving as main event and training organizer and facilitator for Poverty Simulation.
- 09/12-05/13      **Faculty Search Committee Chair**, Alliant International University, Irvine, CA  
Serving as chair of the faculty search committee.
- 08/12-01/16      **Admissions Committee Chair**, Alliant International University, Irvine, CA  
Serving as chair of the marriage and family therapy program's admissions committee.
- 08/09-06/12      **Admissions Committee**, Alliant International University, Irvine, CA  
Serving as co-chair of the marriage and family therapy program's admissions committee.
- 01/10-01/16      **Campus I-MERIT Committee**, Alliant International University, Irvine, CA  
Serving as member of the Irvine campus I-MERIT committee supporting the work of system-wide I-MERIT committee.



- 08/10-05/12      **Presidential Lecture Series Irvine Representative**, Alliant International University, Irvine, CA  
Serving as Irvine campus representative for the system-wide Presidential Lecture Series committee.
- 01/11-05/13      **MFT Alumni and Graduates Survey Committee**, Alliant International University, Irvine, CA  
Serving as member of this program-wide committee.
- 01/10-05/10      **Faculty Search Committee**, Alliant International University, Irvine, CA  
Serving as member of the faculty search committee.

### **Clinical & Professional Services**

- 03/14-Present      **Clinical Consultant**, The Eikenberg Institute for Relationships, New York, NY  
Collaborating with three psychotherapists and providing supervision and clinical consultation.
- 09/13-Present      **Psychotherapist**, The Eikenberg Institute for Relationships, New York, NY  
Providing pro bono psychotherapy services to low and moderate-income individuals, couples and families dealing with a wide range of presenting problems.
- 10/17-03/18      **Program Consultant**, Marital and Family Therapy Program, Mental Health Counseling Program,  
Bethel University, San Diego, CA  
Providing computer programming design and infrastructural consultation to assist with the development of an online platform for program qualifying exam for students.
- 08/09-01/14      **Supervisor-in-training**, Couple and Family Therapy Program,  
Alliant International University, Irvine, CA  
Providing group supervision to six second year master's students in the marital and family therapy program for their MFT Practicum course.
- 2012                  **Abstract Reviewer for Annual Conference**, National Council on Family Relations
- 2010-2012          **Abstract Reviewer for Annual Conference**, American Association for Marriage and Family Therapy
- 2011-2012          **Manuscript Reviewer**, Family Relations
- 08/08-05/09      **Psychotherapist**, Catholic Charities of Onondaga County, Syracuse, NY

Provided family therapy to families with children under the age of five and parents with mental health diagnoses. Co-facilitating DBT and support groups to provide guidance and interventions to help promote positive interpersonal relationships.

- 09/06-10/07 **Supervisor-in-training**, Goldberg Couples and Family Therapy Center, Syracuse, NY.  
 Provided individual supervision to two second year master's students in the marriage and family therapy program as part of my supervision of supervision course.
- 09/05-06/07 **Therapist Intern**, Goldberg Couples and Family Therapy Center, Syracuse, NY.  
 Practiced as a family therapy intern providing therapy to individuals, couples, and families through the Marriage and Family Therapy Doctoral Program at Syracuse University. Provided therapeutic services for clients dealing with a wide range of presenting problems.
- 01/06-05/06 **Group Facilitator**, Dunbar Center, Syracuse, NY.  
 Co-facilitated an after-school group with 8 girls in grades six through nine. Provided guidance and interventions to help promote positive peer interaction, high self-esteem, attachment, and cultural identity development.
- 08/04-07/05 **Site Supervisor**, Kids First: Safe Alternatives Center, Eugene, OR.  
 Working as a site supervisor to provide oversight of court mandated parents for supervised visitation with their children, and also provide support and aid to visit supervisors.
- 05/03-06/05 **Crisis Counselor**, University Crisis Line, Eugene, OR.  
 Practiced as a crisis counselor under the Department of Counseling Psychology at the University of Oregon. Provided telephone crisis intervention for the University and local community.
- 08/03-06/04 **Visit Supervisor**, Kids First: Safe Alternatives Center, Eugene, OR.  
 Practiced as a visit supervisor who oversaw the court ordered visits and third-party exchanges for families with domestic violence. Provided psychoeducation to the custodial parent and feedback to the visiting parents to facilitate healthy interactions and ensure the physical and psychological safety of the visiting children.
- 07/03-06/04 **Therapist Intern**, South Lane Mental Health, Cottage Grove, OR.  
 Practiced as a therapist intern to provide individual and couples therapy to clients with chronic mental health illnesses.
- 06/03-06/04 **Therapist Intern**, Center for Family Therapy, Eugene, OR.  
 Practiced as a therapist intern to provide therapy for individuals, couples, and

families through the University of Oregon's Marriage and Family Therapy Master's degree Program. Provided therapeutic services for clients dealing with a wide range of presenting problems.

- 02/01-06/01      **Counselor Intern**, Taipei Veterans General Hospital, Taipei, Taiwan  
 Practiced as a psycho-social Counselor Intern in the Department of Physical Medicine and Rehabilitation. Conducted Stanford-Binet Intelligence Scale and Bayley Scales of Infant Development. Helped evaluate bio-psycho-social elements impacting children's developmental process.
- 09/00-01/01      **Counselor Intern**, Taipei county Pan-Chiau Hospital, Taipei, Taiwan  
 Practiced as a counselor intern in the Mental Health Center. Conducted Wechsler Adult Intelligence Scale-III, Wechsler Intelligence Scale for Children-II, Bender Gestalt Test, and Rorschach Inkblot Test for outpatients. Assisted in conducting play therapy with sexually abused children and individual counseling with their parents.
- 07/00-09/00      **Group Facilitator**, Taipei Mental Rehabilitation Association, Taipei, Taiwan  
 Co-facilitated a self growth and management group for mentally ill patients. Helped group members learn effective ways to interact and communicate with others, increase self-esteem and awareness, as well as create healthy support networks.
- 04/99-05/01      **Phone Counselor**, School drop-out Hot Line Counseling Services, Taipei, Taiwan  
 Practiced as a volunteer phone counselor at the Good Shepherd Sisters in Taiwan. Provided basic counseling techniques and referrals to youth, drop-out students and their parents.

**PERFESSIONAL MEMBERSHIPS**

- 07/10-Present      **Clinical Member**, American Association for Marriage and Family Therapy (#106931)
- 07/10-Present      **Clinical Member**, New York Association for Marriage and Family Therapy
- 07/10-Present      **Clinical Member**, California Association for Marriage and Family Therapy
- 12/09-Present      **Individual Member**, International Family Therapy Association
- 09/09-07/10      **Associate Member**, American Association for Marriage and Family Therapy
- 09/09-07/10      **Associate Member**, California Association for Marriage and Family Therapy
- 09/09-07/10      **Associate Member**, New York Association for Marriage and Family Therapy

- 09/02-08/09      **Student Member**, American Association for Marriage and Family Therapy
- 08/05-08/09      **Student Member**, Central New York Chapter of the New York Association for Marriage and Family Therapy
- 09/02-06/04      **Student Member**, Oregon Association for Marriage and Family Therapy

**RESEARCH & CLINICAL INTERESTS**

- Multicultural issues in MFT; Ethnically diverse families; Ethnically differences and treatment acceptability; International students in MFT.
- Self of Therapist Issues; Professional developmental process of therapists.
- Violence and culture; Violence in minority populations.