

SAMANTHA AIRHART-LARRAGA, Ph.D., LPC-S, LCDC, NCC

1001 Leadership Place, Killeen, TX 76549

EDUCATION

Doctor of Philosophy in Counselor Education and Supervision August 2015 to May 2018

The University of Texas at San Antonio, San Antonio, Texas

Dissertation: *The Narratives of Professional Counselors in the Rio Grande Valley: Stories of Resilience in a Mental Health Professional Shortage Area*

Master of Arts in Counseling September 2000 to December 2002

St. Edward's University, Austin, Texas

Bachelor of Arts in Psychology September 1993 to December 1997

The University of Texas at Brownsville, Brownsville, Texas

LICENSURE AND CERTIFICATION

Licensed Professional Counselor (Texas) February 2005 to July 2019

Texas State Board of Professional Counselors, Board Approved Supervisor, License # 19320

Licensed Chemical Dependency Counselor (Texas) April 2000 to April 2020

Texas Department of State Health Services, License # 8876

National Certified Counselor October 2005 to July 2021

National Board for Certified Counselors

AWARDS AND HONORS

Minority Fellowship Program Doctoral Fellow (\$20,000) May 2017 to May 2018

National Board of Certified Counselors Foundation

Relapse Prevention Specialist Fellow (\$2,500) January 2016 to August 2016

The Center for Healthcare Services

RESEARCH EXPERIENCE

Refereed Publications

Lloyd-Hazlett, J., **Airhart-Larraga, S.**, & Purgason, L. (2018, June, submitted manuscript to Counselor Education and Supervision). *Content Analysis of Student Counselor Perspectives on Client Referrals Training.*

Airhart-Larraga, S. (in process, revising manuscript). *Using cognitive behavioral techniques in supervision for the prevention of counselor burnout.*

Refereed Presentations

Airhart-Larraga, S. (2018, March). *The Narratives of Professional Counselors in the Rio Grande Valley: Stories of Resilience in a Mental Health Professional Shortage Area.* Paper presented at the Texas Association for Counselor Education and Supervision 2018 Mid-Winter Conference, Austin, Texas.

Airhart-Larraga, S. (2017, October). *Using cognitive behavioral techniques in supervision for the prevention of counselor burnout.* Paper presented at the Association for Counselor Education and Supervision 2017 Conference, Chicago, Illinois.

Lloyd-Hazlett, J. & **Airhart-Larraga, S.** (2017, March). *Preparing student counselors for client referrals: Current training practices and lived experiences.* Paper presented at the Texas Association for Counselor Education and Supervision 2017 Mid-Winter Conference, Austin, Texas.

Airhart-Larraga, S. (2016, October). *Self-care strategies to increase compassion satisfaction.* Poster presented at the Southern Association for Counselor Education and Supervision 2016 Conference, New Orleans, Louisiana.

Airhart-Larraga, S. (2016, October). *Using cognitive behavioral techniques in supervision for the prevention of counselor burnout.* Paper presented at the Southern Association for Counselor Education and Supervision 2016 Conference, New Orleans, Louisiana.

Airhart-Larraga, S. (2016, January). *Using cognitive behavioral techniques in supervision for the prevention of counselor burnout*. Paper presented at the Texas Association for Counselor Education and Supervision 2016 Mid-Winter Conference, Austin, Texas.

TEACHING EXPERIENCE

Adjunct Instructor, The University of Texas at San Antonio, Department of Counseling COU 5253 – Child and Adolescent Counseling	May 2018 to August 2018
Teaching Intern, The University of Texas at San Antonio, Department of Counseling COU 5683 – Practicum in Counseling	January 2018 to May 2018
Teaching Intern, The University of Texas at San Antonio, Department of Counseling COU 5683 – Practicum in Counseling	August 2017 to December 2017
Teaching Intern, The University of Texas at San Antonio, Department of Counseling COU 5213 – Counseling Theories (hybrid)	May 2017 to August 2017
Teaching Intern, The University of Texas at San Antonio, Department of Counseling COU 6523 – Couples and Family Counseling	January 2017 to May 2017
Teaching Intern, The University of Texas at San Antonio, Department of Counseling COU 6883 – Trauma, Crisis, and Grief Counseling	May 2016 to August 2016
Adjunct Instructor, The University of Texas at Brownsville (now UTRGV), Department of Counseling and Guidance COUN 6313 – Personal Growth	January 2015 to May 2015
Adjunct Instructor, The University of Texas at Brownsville (now UTRGV), Department of Counseling and Guidance COUN 6340 – Diagnosis and Treatment Planning in Counseling	August 2014 to December 2014

CLINICAL EXPERIENCE

Psychotherapist, iKARE Mood Trauma Recovery Clinic San Antonio, Texas Provide counseling services to clients diagnosed with a psychiatric disorder.	August 2017 to Present
Licensed Professional of the Healing Arts, Tropical Texas Behavioral Health Brownsville, Texas Conducted diagnostic evaluations for clients seeking services with TTBH, conducted cognitive therapy with clients diagnosed with major depression and anxiety, and reviewed uniform assessments for medical necessity for services with TTBH.	April 2005 to December 2013
Substance Abuse Education Specialist, Tropical Texas Behavioral Health Edinburg, Texas Provided substance abuse counseling and psychoeducation services to adolescent clients with psychiatric disorders.	December 2002 to March 2005
Counselor, Travis County Criminal Courts – Drug Court (SHORT Program) Austin, Texas Provided substance abuse counseling to clients referred to the SHORT program by the Travis County Criminal Courts. Developed appropriate treatment plans, made treatment recommendations to the judge, and conducted weekly case staffings.	April 2000 to November 2002
Counselor, The Recovery Center of Cameron County Brownsville, Texas Facilitated substance abuse groups and provided individual substance abuse counseling and interviewed clients to make an appropriate DSM-IV substance abuse / use / dependence diagnoses and treatment recommendations. Developed treatment plans, discharge plans, and made appropriate referrals into the community.	February 1998 to March 2000

SUPERVISORY EXPERIENCE

LPC Supervisor, Private Practice San Antonio, Texas and Brownsville, Texas Clinical supervision of LPC-interns working in varied settings including domestic violence shelters (1), inpatient treatment	December 2007 to Present
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facilities (2), psychiatric clinics (6), substance abuse (1), career and rehabilitation (1), and geriatric population (1).

Clinical Supervisor, La Paz Community Mental Health Center May 2016 to June 2017
San Antonio, Texas
Clinical supervision of counseling student interns and LPC-interns as they provide group and individual counseling in a partial hospitalization setting with clients with chronic and severe mental health issues.

Clinical Supervisor, College of Education, Counseling & Guidance Program January 2012 to February 2015
The University of Texas at Brownsville
Clinical supervision of practicum and internship students seeking a master's degree in counseling at the University of Texas at Brownsville.

Clinical Supervisor, Tropical Texas Behavioral Health July 2007 to December 2013
Brownsville, Texas
Clinical supervision of case managers and counselors providing direct services to youth and families with psychiatric disorders.

ADMINISTRATIVE EXPERIENCE

Assistant Dean of Counseling and Medical Services, Student Affairs Division December 2013 to August 2015
The University of Texas at Brownsville
Direct the development, maintenance, and administration of the Student Health Services at UTB. Monitor & evaluate department goals in order to achieve them on an annual basis. Oversight of the management of disability services, the College Assistance Migrant Program (CAMP), Student Support Services / A.S.P.I.R.E. Program, and University Recreation. Principal investigator for three federal grants: (1) HIV & Substance Abuse Prevention Grant, (2) Campus Suicide Prevention Grant, and (3) the Office of Violence Against Women Campus Planning Grant. Additional areas include development, writing, and submission of grant proposals and implementation of new programs to increase services for students of UTB such as the Collegiate Recovery Program.

Youth and Family Services Supervisor, Tropical Texas Behavioral Health July 2007 to December 2013
Brownsville, Texas
Managed the development, maintenance, and administration of the youth and family services department consisting of 40 case managers and three therapists at the Brownsville Outpatient location that served an average of 500 clients per year. Taught a 28-hour course to therapists on cognitive therapy.

GRANT WRITING EXPERIENCE

U.S. Department of Education February 2015
Student Support Services Grant Application, Grant written for The University of Texas at Brownsville
Funded July 2015; 5 Years, \$1,450,000

The Alice Kleberg Reynolds Foundation August 2014
Diabetes Prevention Program for LGBT Community, Grant written for The University of Texas at Brownsville
Grant Not Funded

Transforming Youth Recovery May 2014
Collegiate Recovery Grant; Grant written for The University of Texas at Brownsville
Funded; 1 year, \$10,000

Substance Abuse and Mental Health Services Administration December 2013 to August 2015
HIV / Substance Abuse Prevention Grant; PI for The University of Texas at Brownsville
Funded; 3 Years, \$900,000

Substance Abuse and Mental Health Services Administration December 2013 to August 2015
Campus Suicide Prevention Grant; PI for The University of Texas at Brownsville
Funded; 4 Years, \$300,000

Office of Violence Against Women, U.S. Department of Justice December 2013 to August 2015
Campus Planning Grant; PI for The University of Texas at Brownsville
Funded; 2 Years, \$35,000

PROFESSIONAL SERVICE EXPERIENCE

Volunteer Review Team Member, NBCC Foundation December 2017
NBCC Foundation's Fall 2017 Scholarship / Fellowships Review

NBCC Foundation Ambassador
ACES Conference

October 2017

Volunteer Review Team Member, NBCC Foundation
NBCC Foundation's Fall 2014 Scholarship / Fellowships Review

November 2014

PROFESSIONAL MEMBERSHIPS

American Counseling Association	2016 to Present
Association for Counselor Education and Supervision	2016 to Present
Southern Association for Counselor Education and Supervision	2016 to Present
Texas Counseling Association	2014 to Present
Texas Association for Counselor Education and Supervision	2015 to Present