

ROBERT DAMIAN CLARK, PHD

1001 Leadership Place, Killeen, TX 76549

EDUCATION

- 2012 **Doctor of Philosophy in Medical & Clinical Psychology (APA Approved)**
2007 **Masters of Science in Medical & Clinical Psychology**
Uniformed Services University of the Health Sciences (USUHS) - Bethesda, MD
Dissertation: Sexual functioning during menopause: Schemas, hormones, and race
Thesis: Heart rate variability in male sexual arousal and erectile dysfunction
Advisor: Tracy Sbrocco, PhD
- 2001 **Bachelor of Arts in Psychology (Minor – Biology), Cum Laude**
Loyola College - Baltimore, MD

LICENSES & CERTIFICATIONS

- 2015-Pres Licensed Clinical Psychologist, Texas State Board of Examiners #36891
2014-Pres National Register of Health Service Psychologists #54224
2014-2016 Licensed Clinical Psychologist, Iowa Board of Psychology #072738

PROFESSIONAL EXPERIENCE

- 2014-Pres **Self-Employed at Pathfinders Counseling and Consulting, LLC** - Killeen, TX
Licensed Clinical Psychologist
Individual and couples therapy for Active Duty Army service members, veterans, and their families; psychological assessments; compensation and pension (C&P) examinations for the Department of Veterans Affairs
Owner: Brad Evans, PsyD
- 2013-2015 **Central Texas Veterans Health Care System (CTVHCS)** - Temple, TX
Licensed Clinical Psychologist
60% general mental health outpatient clinic (individual therapy, chronic pain therapy groups, biopsychosocial assessments); 40% compensation and pension (C&P) examinations for Fort Hood soldiers in Medical Evaluation Boards (i.e., being medically discharged from Active Duty)
Supervisors: Jeffrey Dulin, PhD & Fred Willoughby, PhD
- 2012-2014 **Human Performance Resource Center (www.hprc-online.org)** - Bethesda, MD
Part-time Junior Scientist
Prepared research and lay psychoeducational materials military service members
Supervisors: Elizabeth Davenport-Pollock, PhD & Patty Deuster, PhD
- 2010-2013 **USUHS Center for Health Disparities** - Bethesda, MD
Part-time Junior Scientist
Grant and manuscript preparation; oversaw research assistants; data management
Supervisor: Tracy Sbrocco, PhD
- 2007-2008 **StudySmart/StudyPoint** - Washington DC
Part-time Tutor
Tutored adolescents in SAT, mathematics, and study skills
- 2002-2004 **Charles River Laboratories & National Institute on Drug Abuse (NIDA)** - Baltimore, MD
Animal Laboratory Research Technician
2001-2002 **NIH Intramural Research Training Award (IRTA)**
Stereotaxic surgery and microdialysis; high performance liquid chromatography (HPLC); animal care; data collection, management, and analysis; manuscript preparation
Supervisors: Michael Baumann, PhD & Richard Rothman, PhD

Loyola College, Biology Department - Baltimore, MD

1999-2001

Part-time Laboratory Technician

1997-1999

Part-time Work Study

Prepared laboratory classes with necessary equipment and solutions as a work study student;
 Promoted to Part-time Laboratory Technician – cared for laboratory animals (rats, mice, fish) and
 oversaw work study students

*Supervisor: Jennifer Scrafford, MS***TEACHING EXPERIENCE****Instructor**

Fall 2018 (Planned)

Human Sexuality (online) (PSYCH-3315) [Undergraduate]
 Texas A&M University, Central Texas

Spring 2016 & 2017
 Fall 2017

Principles of Psychology (PSY33-104) [Undergraduate]
 Southwestern University, Georgetown, TX

May-June 2016
 July-Aug 2015

Introductory Psychology (PSYC-110) [Undergraduate]
 DeVry University, Austin, TX

Fall 2010 & Spring 2011

Introductory Psychology (PY102) [Undergraduate]
 Department of Psychology
 Montgomery College, Germantown, MD

Mar 13-14, 2009

Human Sexuality in Counseling (860.693) [Master's]
 School of Education, Department of Counseling and Human Services
 Johns Hopkins University, Baltimore, MD

Guest Lecturer

Psychopathology

St. Edwards University
 Austin, TX
 Candice Ackerman, PhD

Sexual Dysfunctions & Disorders
 October 2017

Abnormal Psychology

McDaniel College
 Westminster, MD
 Michael Heady, MA, LCPC

Gender and Gender Identity Disorder
 April 2011

Adult Psychopathology

USUHS
 Bethesda, MD
 Tracy Sbrocco, PhD
 Jeanette Witter, PhD

Sexual Dysfunctions & Disorders
 October 2006-2010, 2012

Introduction to
 Family Therapy

Trinity Washington University
 Washington, DC
 Elizabeth Davenport-Pollock, MS,
 PhD, LCMFT

Emotion Focused Therapy
 July 30, 2009

Adult Psychopathology

American University
 Washington, DC
 Jeanette Witter, PhD

Sexual Dysfunctions & Disorders
 April 22, 2009

Health Issues in
 Human Sexuality

Montgomery College
 Rockville, MD
 Susan Milstein, EdD

Sexuality Throughout the Lifespan
 October 23 & 27, 2009
 March 20 & 31, 2008

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|-------------------------|-------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|
| Introductory Psychology | Mount St. Mary's University Emmitsburg, MD Jennifer Phillips, PhD | Human Development November 15, 2007 |
| Social Psychology | USUHS Bethesda, MD Neil Grunberg, PhD | Social Psychology & The Internet February 8, 2007 Affiliation, Attraction & Relationships January 18, 2007 |

Teaching Assistantships at USUHS

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|-------------------------|----------------------------------------------|
| Fall-Spring 2009-2010 | Clinical Skills I & II |
| Fall 2008 | Multiple Regression |
| Winter-Spring 2007-2008 | Clinical Assessment I & II Simulation Center |
| Fall 2007 | Couples & Marital Therapy |
| Spring 2007 | Social Psychology |
| Fall 2006 | Adult Psychopathology |
| Winter-Spring 2005-2006 | Medical & Clinical Psychology Seminar |
| Fall 2005 | Statistics I |

RESEARCH EXPERIENCE

Patient preferences and experiences in discussing sexual problems in a primary care setting

Purpose: Explored patient preferences and experiences in discussing sexual problems with PCPs

Duties: Conducted literature review; originated and developed objectives for the project; questionnaire formation; acquired permissions from appropriate IRBs; self-report data collection; database construction and maintenance; data analysis; poster preparation; manuscript preparation

Supervisor: Adrienne A. Williams, PhD

Sexual functioning during menopause: Schemas, hormones, and race

Purpose: Explored the relationships between sexuality-based schemas and hormones with sexual problems of African American and Caucasian menopausal women

Duties: Conducted literature review; originated and developed objectives for the project; acquired permissions from appropriate IRBs; self-report and biometric data collection; database construction and maintenance; data analysis; poster and manuscript preparation

Supervisor: Tracy Sbrocco, PhD

USUHS Center for Health Disparities (NIMHD/NIH Grant #: 2P20MD000505-05)

Family Intervention Study of Health, F.I.S.H.

Purpose: Explored the effectiveness of a moderate calorie weight management intervention in faith based and university settings with African American women

Duties: Weight management group co-leader; supervision of students and staff; technology advisor; individual eating interviews; data collection (blood pressure, weight, body fat percentage, food diaries) and analysis; behavioral feedback; manuscript preparation; website maintenance

Supervisor: Tracy Sbrocco, PhD

G.O.S.P.E.L. Cares I, II, & III Surveys

Purpose: Gather data about health status and needs of African Americans Montgomery County, MD

Duties: Biometric data collection (blood pressure, weight, body fat percentage, health information) and analysis; psychoeducation on diet, exercise, and physiology; manuscript preparation; lay publication preparation

Supervisor: Tracy Sbrocco, PhD

Heart rate variability in male sexual arousal and erectile dysfunction

Purpose: Examine the potential differences in heart rate variability between men with and without psychogenic erectile dysfunction.

Duties: Conducted literature review; originated and developed objectives for the project; acquired permissions from appropriate IRBs; database construction and maintenance; data analysis; manuscript preparation

Supervisor: Tracy Sbrocco, PhD

GRANTS FUNDED

2008-2010 Principle Investigator – USUHS Grant (\$2,500 for two years; total: \$5,000) (Grant #: T072JT)
Title: Sexual functioning during menopause: Schemas, hormones, and race

AWARDS & HONORS

Uniformed Services University of the Health Sciences (USUHS)

2009-2010 Henry M. Jackson Fellowship – \$27,000 + \$1,000 travel money

2004-2009 USUHS Funding – \$20-25,000/year for five years

2004-2007 Dean's Fellowship – \$5,000/year in addition to university funding for three years

National Institute on Drug Abuse (NIDA) – Clinical Psychopharmacology Branch

2001-2002 NIH Intramural Research Training Award (IRTA)

Loyola College

1997-2001 Cum Laude; Presidential Scholarship (4 years); Dean's List (6 semesters); Psi Chi; Alpha Sigma Nu – Jesuit honor society

PEER REVIEWED PUBLICATIONS

- 1) **Clark, R. D.** & Williams, A. A. (2014). Patient preferences in discussing sexual dysfunctions in primary care. *Family Medicine, 46*(2), 124-128.
- 2) Sbrocco, T., Osborn, R. L., **Clark, R. D.**, Hsiao, C. W., & Carter, M. (2012). Assessing the stages of change among African American women in a weight management program. *Journal of Black Psychology, 38*(1), 81-103.
- 3) Baumann, B. H., **Clark, R. D.**, Woolverton, W. L., Wee, S., Blough, B. E., & Rothman, R. B. (2011). In vivo effects of amphetamine analogs reveal evidence for serotonergic inhibition of mesolimbic dopamine transmission in the rat. *Journal of Pharmacology and Experimental Therapeutics, 337*(1), 218-225.
- 4) Stone, J., **Clark, R.**, Sbrocco, T., & Lewis, E. (2009). The effects of false physiological feedback on tumescence and cognitive domains in sexually functional and dysfunctional men. *Archives of Sexual Behavior, 38*(4), 528-537.
- 5) Baumann, M. H., **Clark, R. D.**, & Rothman, R. B. (2008). Locomotor stimulation produced by 3,4-methylenedioxyamphetamine (MDMA) is correlated with dialysate levels of serotonin and dopamine in rat brain. *Pharmacology, Biochemistry, & Behavior, 90*(2), 208-17.
- 6) Baumann, M. H., **Clark, R. D.**, Franken, F. H., Rutter, J. J., & Rothman, R. B. (2008). Tolerance to 3,4-methylenedioxyamphetamine (MDMA) in rats exposed to single high-dose binges. *Neuroscience, 152*(3), 773-84.
- 7) Baumann, M. H., **Clark, R. D.**, Budzynski A. G., Partilla J. S., Blough B. E., & Rothman, R. B. (2005). N-substituted piperazines abused by humans mimic the molecular mechanism of 3,4-methylenedioxyamphetamine (MDMA, or 'Ecstasy'). *Neuropsychopharmacology, 30*(3), 550-60.
- 8) Baumann, M. H., **Clark, R. D.**, Budzynski A. G., Partilla J. S., Blough B. E., & Rothman, R. B. (2004). Effects of Legal X analogs on DA and 5-HT release in rat brain. *New York Academy of Sciences, 1025*, 189-197.
- 9) Rothman, R. B., **Clark, R. D.**, Partilla, J. S., & Baumann, M. H. (2003). (+)-Fenfluramine and its major metabolite, (+)-Norfenfluramine, are potent substrates for norepinephrine transporters. *Journal of Pharmacology & Experimental Therapies, 305*(3), 1191-9.

PUBLISHED ABSTRACTS

- 1) **Clark, R. D.**, Stone, J., Sbrocco, T., Stretch, M., & Kop, W. J. (2007). Heart rate variability in male sexual arousal and erectile dysfunction. *Society for Behavioral Medicine*.
- 2) Baumann, M. H., **Clark, R. D.**, Partilla, J. S., Budzynski, A. G., Blough, B. E., & Rothman, R. B. (2004). In vivo evidence for serotonergic antagonism of dopamine-mediated behavioral activation in the rat. *Society for Neuroscience*.

- 3) Baumann, M. H., **Clark, R. D.**, Budzynski A. G., Partilla J. S., Blough B. E., & Rothman, R. B. (2003). Administration of phenylpiperazine analogs mimics neurochemical effects of the "club drug", 3,4-methylenedioxymethamphetamine (MDMA). *Society for Neuroscience*.
- 4) Rothman, R. B., Partilla, J. S., **Clark, R. D.**, Ayestas, M. A., & Baumann, M. H. (2002). (+)-Norfenfluramine is a potent substrate of the norepinephrine transporter. *Society for Neuroscience*.

PROFFERED COMMUNICATIONS

- 1) **Clark, R. D.** & Williams, A. A. (2012). *Patient preferences in discussing sexual dysfunctions in primary care*. Poster presented at the VAMHCS/UMB Research Day.
- 2) **Clark, R. D.**, Sbrocco, T., Hsiao, C. W., & Larco, D. (2010). *Cognitive schemas, sexual functioning, and race among menopausal women*.
 - a. Poster presentation at the American Psychological Association (APA) annual meeting, San Diego, California; the American Association for Sexuality Educators, Counselors, and Therapists (AASECT) annual meeting, Pittsburgh, Pennsylvania; USUHS Research Day, Bethesda, Maryland.
- 3) Thomas, S. M., Hessler, S. P., **Clark, R.**, & Shearer, S. (March 6, 2010). *Integrative approaches in the treatment of fear of flying*. **Clark, R.** *Development of and potential generalizability of a three session, in vivo Fear of Flying class*. Oral symposium at the Anxiety Disorders Association of American annual meeting, Baltimore, Maryland.
- 4) Sbrocco, T., Hsiao, C. W., **Clark, R.**, Osborn, R., Shivers, A., & Seibert, C. (2009). *A family-centered weight loss intervention study in African American women*. Poster presentation at The Obesity Society annual meeting Washington, DC.
- 5) **Clark, R. D.**, Stone, J., Sbrocco, T., Stretch, M., & Kop, W. J. (2007). *Heart rate variability in male sexual arousal and erectile dysfunction*.
 - a. Poster presentation at The University Consortium for Sexuality Research and Training meeting, Bloomington, Indiana; the Society for Behavioral Medicine (SBM) annual meeting, Washington, DC; USUHS Research Day, Bethesda, Maryland.
- 6) Budzynski, A. G., **Clark, R. D.**, Blough B. E., Partilla J. S., Rothman R. B., & Baumann, M. H. (2003). *The club drug combination benzylpiperazine plus trifluoromethyl-phenylpiperazine mimics the neurochemical effects of MDMA*. Poster presentation at the College on Problems of Drug Dependence annual meeting, Miami, Florida.
- 7) **Clark, R. D.**, Baumann, M. H., Ayestas, M. A., Partilla, J. S., & Rothman, R. B. (2003). *(+)-Fenfluramine and its major metabolite, (+)-Norfenfluramine, are potent substrates for norepinephrine transporters*. Poster presentation at the College on Problems of Drug Dependence annual meeting, Miami, Florida.
- 8) **Clark, R. D.**, Ayestas, M. A., Baumann, M. H., & Rothman, R. B. (2002). *Neurochemical effects of d-fenfluramine and its metabolite, d-norfenfluramine, in rat cortex*. Poster presentation at the annual Baccalaureate Poster Presentation, NIH, Bethesda, Maryland.
- 9) **Clark, R. D.**, & Baerwald, J. (2001). *EEG and ADHD*. Oral presentation at the Undergraduate Research Colloquium, Loyola College, Baltimore, Maryland.

LOCAL & NATIONAL SERVICE

2014, 2016, 2017 Ad Hoc Reviewer, *Psychological Services*
 2013 Ad Hoc Reviewer, *Family Medicine*

LAY PUBLICATIONS & PRESENTATIONS

Presentations

June 2009 *Stress and chronic disease: ~10 G.O.S.P.E.L. program religious leaders in a church setting*
 Sept 2008 *Shielding your relationship from the strain of living with chronic pain/illness: ~30 individuals and couples living with chronic pain in a community center setting*
 Mar 2007 *Stress management for a happier, healthier you: ~20 G.O.S.P.E.L. program members in a church setting*

Publications

2011
2011

Clark, R. *Getting Mentally Healthy*. USU-CHD Newsletter.

Clark, R. *Exciting Summer Adventures: The Heat is On!* USU-CHD Newsletter.

EMPIRICALLY SUPPORTED TREATMENT TRAININGS

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| 2016-2017 | Cognitive Processing Therapy (VA approved) - 2d workshop, 20 sessions of consultation |
| 2014 | Cognitive Behavioral Therapy for Chronic Pain (VA approved) - 3d workshop, 6m of consultation |
| 2014 | Motivational Interviewing (VA approved) - 2d workshop |

CLINICAL EXPERIENCE

Predoctoral Internship (Comprehensive/Health Psychology)

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| July 2011-June 2012 | Veterans Affairs Maryland Health Care System (VAMHCS/UMB) (APA Approved) Baltimore, MD |
| | 1) <i>Medical Psychology</i> – Assessment and group/individual psychotherapy for chronic pain; individual psychotherapy for veterans with HIV; organ transplant evaluations <i>Supervisor:</i> Priti Parekh, PhD |
| | 2) <i>Community Based Outpatient Center</i> – Primary care integration; Smoking cessation, weight management, depression, & PTSD group psychotherapy; CBT and MI individual psychotherapy; mental health screenings <i>Supervisor:</i> Cheryl Lowman, PhD |
| | 3) <i>Dual Diagnosis Program</i> – Individual and group psychotherapy for veterans with substance use and mental health concerns; Strategic Family Therapy; live supervision <i>Supervisors:</i> Thomas Russo, PhD & Stevan Levy, PhD |
| | 4) <i>Clinical Supervision</i> (year-long minor rotation) – Provided supervision to two doctoral practicum students; supervision on supervision practices and theories <i>Supervisor:</i> Samuel Korobkin, PhD |

Predoctoral Externships/Practica

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| May 2010-Feb 2011 | Washington DC Veterans Affairs Medical Center (DCVAMC) - Washington, DC Neuropsychological assessment and interviews; integrated report writing; diagnostic conceptualization and treatment planning <i>Supervisor:</i> Judith W. Taylor, PhD, ABPP (CN) |
| Sept 2008-Dec 2009 | Kentlands Psychotherapy - Gaithersburg, MD Couples therapy using Emotion-Focused Therapy (EFT); individual psychotherapy <i>Supervisor:</i> Elizabeth Carr, PsyD |
| Sept 2009-May 2009 | Veterans Affairs Maryland Health Care System (VAMHCS) - Baltimore, MD Individual psychotherapy with women veterans for a variety of concerns such as PTSD, sexual assault, and chronic pain; Dialectical Behavior Therapy (DBT) group co-leader <i>Supervisor:</i> Deborah Kalra, PhD |
| Sept 2008-Aug 2009 | Anxiety and Stress Disorders Institute (ASDI) - Baltimore, MD Intake interviews, diagnostic conceptualization, and treatment planning; CBT and exposure and response prevention (ERP) for health anxiety, social phobia, OCD, panic disorder, and specific phobias; cognitive-behavioral individual psychotherapy (depression and anxiety); Fear of Flying Class co-leader <i>Supervisor:</i> Sally Winston, PsyD |
| Jan 2008-June 2008 | Johns Hopkins University Sexual Behaviors Consultation Unit (SBCU) -Baltimore, MD Psychosexual interviews for a variety sexual concerns (sexual dysfunction, gender concerns, sexual compulsivity); brief sex therapy; psychosexual interview observation and case conceptualization; intake interview reports <i>Supervisors:</i> Chris Kraft, PhD & Kate Thomas, PhD, RN |
| Sept 2007-May 2008 | Washington DC Veterans Affairs Medical Center (DCVAMC) - Washington, DC Intake interviews, diagnostic conceptualization, and treatment planning in a Primary Care setting; individual psychotherapy <i>Supervisors:</i> Neil Bien, PhD, Vanessa Moore, PhD & Ricky Bullock, PhD |

- May 2007-Aug 2007 **Multicultural Clinical Center** - Springfield, VA
Intellectual, personality, and emotional assessments for local governmental agencies;
assessment report writing; diagnostic conceptualization and treatment planning
Supervisor: Carolyn Corbett, PhD
- Sept 2006-May 2007 **Walter Reed/USUHS Clinical Training Center** - Washington, DC
Individual psychotherapy; diagnostic conceptualization; treatment planning
Supervisors: Meredith Cary, PsyD & Marjan Holloway, PhD

Additional Clinical Training

- June 2003-June 2004 **The National Institute for the Study, Prevention, and Treatment of Sexual Trauma**
Baltimore, MD
Case conceptualization; group therapy; individual patient management; staff meetings
Supervisors: Fred Berlin, MD, PhD, Mutee Mulazim, MSW & Nate Galbreath, PhD

UNIVERSITY INVOLVEMENT

- 2008-2009 **USUHS Graduate Student Committee (GSC) Representative** (Medical & Clinical Psychology)
Planned and organized graduate student activities including new student Open House, interview day, and picnics; GSC website duties

MENTORING EXPERIENCE

- 2007-2010 **USU Center for Health Disparities Summer Research Internship Program mentor (8 weeks)**
Primary supervisor of underrepresented minority undergraduate students (at least one per summer) that included mentoring in hypothesis formation, research design, statistics and data analysis, scientific and grant writing, and other tasks related to scientific clinical research

PROFESSIONAL MEMBERSHIPS

- 2013-Pres Sexual Health Alliance (SHA)
2006-2013 American Psychological Association (APA)
2006-2013 American Association for Sex Educators, Counselors, & Therapists (AASECT)
2006-2013 Society for the Scientific Study of Sexuality (SSSS)

HOBBIES & INTERESTS

Staying active (weight lifting, swimming, etc.); automotive maintenance, modification, and online automotive forums; home repair; traveling; spending time with family and friends; movies; video games