

Dr. Lia Amuna, LPC, CSDD, BC-TMH

Doctorate: Health Education A.T. Still University School of Health Sciences	Master of Arts: Professional Counseling GA School of Professional Psychology	Bachelor of Arts: Psychology Mercer University	Certificate: Pharmacy Technician Kennesaw State University	Certificate: Management HBX Harvard Business School	Certificate: Global Health Informatics MITx Massachusetts Institute of Technology
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Licenses **LPC (Licensed Professional Counselor)**
 States: Texas, Georgia, South Carolina

Certifications **BC-TMH-Board Certified Telemental Health Therapist**
CPCS-Certified Professional Counselor Supervisor
CSDD-Certified Sexual Disorder Diagnostician
MAC-Master Addiction Counselor
NCC-National Certified Counselor
ITCA-Board Certified Transgender Care Therapist
QPR Certified - Suicide Prevention Instructor
American Cancer Society - Fresh Start Smoking Cessation Instructor
American Heart Association- CPR/First Aid Instructor

Professional Experience

- Texas A&M University-Central Texas** *Adjunct Professor, Graduate Program Courses* August 2019-Present
- Instruct and facilitate learning in the Masters of Family Therapy & Master of Clinical Mental Health Programs
 - Integrate inquiry-based teaching, practical application and critical thinking in lectures and coursework
 - Utilizes face to face and online technology and software interfaces to enhance the learning experience of graduate students
- Texas A&M University-Central Texas** *Director, Student Wellness & Counseling Center* August 2017-Present
- Interim Director, Career & Professional Development* November 2019-October 2020
- Oversees and conducts counseling services including individual, couples, group, and crisis counseling
 - Develops and presents campus-wide workshops/initiatives on health, wellness & prevention and mental health topics
 - Administers COVID-19 tests to faculty, staff and students, evaluates COVID-19 data and trends and makes recommendations regarding campus COVID threat levels
 - Responsible for budget management, program assessment and strategic planning
 - Interim Director of Career and Professional Development responsible for budget & assessment, employer interactions, student internships and developing and implementing on-campus Career Fairs
 - Works closely with Associate Vice President and Associate Dean of Student Affairs and supports TAMUCT Student Affairs initiatives and university-wide programming including Behavior Intervention Team, and Campus Crisis Management
 - Supervises and provides professional development to Student Counseling Center staff

- Teach students, diagnostic skills in areas of psychological pathology and psychosocial dynamics.
- Teach skills in program development and counseling
- Teach legal information pertaining to family relationships and laws protecting children and elders, as well as professional ethics of marriage, group, family and child counseling
- Instructor of various undergraduate psychology courses

Armstrong State University*Professor of Online and On-Campus Courses*

August 2015-January 2018

- Taught students, diagnostic skills in areas of psychological pathology and psychosocial dynamics.
- Taught skills in program development and counseling
- Taught legal information pertaining to family relationships and laws protecting children and elders, as well as professional ethics of marriage, group, family and child counseling
- Assisted with student development and mentorship, Assisted with University community service and outreach
- Instructor of various undergraduate psychology courses

Magellan Healthcare Military*Military Family Life Counselor (MFLC)*

February 2015-May 2017

- Provided comprehensive counseling services for: anxiety, depression, stress, violence, and coping areas amenable to brief solution-focused therapy.
- Applied human social services principles and practices, family and group dynamics, human behavior and chemical dependency dynamics in providing counseling services
- Implemented policies, conducted assessments with clients to evaluate needs and risks; recognizing the need for extended intervention and referring to appropriate service, screenings, clinical counseling services and case management services for the behavioral component of Magellan Health Services
- Ensured victims of sexual assault, domestic violence etc., received all needed guidance and emotional support during administrative, medical, investigative, and legal procedures, and that victims understand the processes involved, and that data will be collected, reported, and maintained on cases
- Performed emergency, after hours, on-call counseling and involuntary hospitalizations as needed

Armstrong Atlantic State University *Mental Health/Substance Abuse Therapist*

June 2013-February 2015

- Provides comprehensive treatment for clients including assessment, diagnosis and counseling.
- Provides proper documentation of counseling sessions in accordance with departmental and federal regulations
- Develops and maintains partnerships with local mental health/wellness community partners
- Periodically serves as Acting Director

University of Phoenix (Blended Courses: Online & Onsite)*Adjunct Faculty* April 2010-Jan 2015

- Professor of Psychology (All Courses)
- Professor of Life Span & Human Development
- Professor of Health & Wellness
- Professor of Emotional Intelligence
- Professor of Critical Thinking & Problem Solving

University of Oklahoma-Europe*Bavaria (Germany) Regional Director*

August 2011-March 2012

- Provided counseling services to military members and their family regarding (general counseling, financial counseling/budget management, and academic counseling).
- Developed and maintained budgets, inventory, personal files and human resource documents for three campus site in Bavaria, Germany
- Interviewed, hired, directed, trained, evaluated the performance of, and when necessary, disciplined and discharged employees of the University of Oklahoma Bavaria sites.
- Prepared, administered and evaluated effectiveness of reports, datasets and spreadsheets to include community and outreach programs

- Savannah State University** *Coordinator of Student Ethics* April 2009-April 2011
- Developed, administered and conducted training on Ethics, Safety, Suicide Prevention and Substance Abuse for approximately 3,000 faculty, staff and students
 - Provided substance abuse counseling for delinquent students
 - Case management of Ethics Department which included ensuring the quality and consistency of programming to include: environment, equipment, materials, program structure and curriculum development
 - Evaluated competence and conducted quarterly training reviews for Masters of Social Work and Masters of Professional Counseling interns
- City of Savannah-Human Resources** *Employee Health and Wellness Coordinator* October 2006-April 2009
- Evaluated and reviewed physiological and psychological assessments on all employees including Police Officers, Fire Fighters and Youth Leisure Service Leaders
 - Developed, administered and conducted various city-wide prevention programs i.e. suicide, substance abuse, smoking cessation and health awareness trainings and briefings for the Mayor , City Counsel and over 5,000 employees and citizens of Savannah, Georgia
 - Supervised Masters of Public Health interns and Registered Nurses
 - Developed, conducted and evaluated training for supervisors and employees on FMLA, HIPAA, ADA and laws concerning local government and human resources
- Savannah College of Art and Design** *Graduate Counseling Intern* January 2006-October 2006
- Completed over 700 counseling hours at this American Psychological Association approved site
 - Maintained a monthly case load of 25 to 30 university students of various ethnicities, sexual orientations, nationalities, and social economic status
 - Provided brief and long-term individual counseling and psychotherapy to university students
 - Facilitated various programs on campus including, smoking cessation, dealing with depression, stress management, time management and budget management
- Chatham County** *Juvenile Court Probation Officer* September 2004-October 2006
- Constructed and filed legal motions, petitions, warrants, and interpreted psychological assessments
 - Created and conducted social histories with juveniles and their families of various socioeconomic and ethnic backgrounds
 - Provided authorization of detention of juvenile 24 or 72 hours at a time when on call and case management of 50 to 80 juveniles
 - Assessed the level of judicial intervention needed for juveniles who have been adjudicated
 - Facilitated anger management and youth and parent outreach classes
- Economic Opportunity Authority of Savannah** *Family Social Worker* October 2003-September 2004
- Assisted families of various backgrounds, including, minority, Spanish speaking, AIDS, and HIV, of pre school aged children with obtaining life resources such as utility, physicals, dental assistance, rent assistance, TANF, and WIC
 - Assessed and documented behavioral and developmental changes of 3 classrooms (approx.18 students each) of pre-school children
 - Collaborated with Georgia Department of Labor, Savannah Technical College and Parent University to assist parents in acquiring vocational skills

Professional Organizations

- Governor Appointee-Texas State Board of Examiners of Professional Counselors 2021-2027
- TUCCDA-Texas University College Counseling Directors Association-*President Elect*
- National Association of Forensic Counselors
- ASSECT (American Association of Sex Educators, Counselors and Therapist)
- Chi Sigma Iota-International Counseling Honor Society
- GCCA (Georgia College Counselors Association)-Past District Representative
- AmeriCorps Alumni
- National Health Service Corp-Mental Health Clinician

Community Service/Organizations

- Rotary International-Paul Harris Fellow-Killeen Heights Chapter-Past Membership Chair
- Greater Killeen Community Clinic-Board Member & Mental Health Committee Director
- Texas A &M Chancellor's Century Council-TAMUCT Chapter Member
- Bell County Community Covid-19 Task Force-Member

Professional Presentations

- **The State of Mental Health in the Killeen, Texas Community**
Mental Health Barriers & COVID-19 in Diverse Populations-Panel Expert (Virtual Platform 2021)
- **Texas A&M University-Central Texas: Women's Wellness Conference**
Mental Health & Sexual Self-Esteem-Presenter (Killeen, Texas) 2017
- **Central Texas College: Mental Health Conference**
Self-Care for Mental Health Professionals-Presenter (Killeen, Texas) 2017
- **Georgia Bureau of Investigations: Forensic Scientist Regional Conference**
Strategies for Stress & Time Management-Presenter (Savannah, Georgia) 2014
- **Georgia Southern University: Rural HIV Research and Training**
Strategies to improve social interaction and mental health among rural HIV/AIDS population -Presenter (Savannah, Georgia) 2014
- **Department of Behavioral Health and Development Disabilities**
Suicide Prevention- Presenter (Macon, Georgia) 2014
- **American Diabetes Association: Diabetes Exposed**
Diabetes & Mental Health Resources- Presenter (Savannah, Georgia) 2013
- **Youth Futures Authority: Value of School Based Health Clinics**
Principal Investigator & Presenter (Savannah, Georgia) 2011
- **Savannah State University: Freshman Year Experience**
Ethics in the Classroom -Presenter (Savannah, Georgia) 2009-2011
- **Successful Worksite Wellness: Trends, Insights and Best Practices** *Keynote Speaker* (Des Moines, Iowa) 2009
- **BET Foundation: Women's Health Symposium**
Mental Health and Stress- Presenter (Savannah, Georgia) 2008