

Dr. Lia Amuna, LPC, CSDD, BC-TMH

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Doctorate: <i>Health Education</i> February 2010 A.T. Still University School of Health Sciences	Master of Arts: <i>Professional Counseling</i> December, 2006 GA School of Professional Psychology	Bachelor of Arts: <i>Psychology</i> May, 2003 Mercer University	Certificate: <i>Pharmacy Technician</i> June, 2014 Kennesaw State University	Certificate: <i>Management</i> May, 2018 HBX Harvard Business School	Certificate: <i>Global Health Informatics</i> May, 2019 MITx Massachusetts Institute of Technology
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Licenses

LPC (Licensed Professional Counselor)

States: Texas, Georgia, South Carolina

RPhT (Registered Pharmacy Technician)

State: Georgia

Certifications

BC-TMH-Board Certified Telemental Health Therapist

CPCS-Certified Professional Counselor Supervisor

MAC-Master Addiction Counselor

NCC-National Certified Counselor

ITCA-Board Certified Transgender Care Therapist

QPR Certified - Suicide Prevention Instructor

American Cancer Society - Fresh Start Smoking Cessation Instructor

American Heart Association- CPR/First Aid Instructor

Professional Experience

Texas A&M University-Central Texas August 2019-Present

Adjunct Faculty

- Teach classes in and related to psychology, mental health, assessment, diagnoses etc.

Texas A&M University-Central Texas August 2017-Present

Director, Student Counseling Center

- Oversees and conducts counseling services including individual, couples, group, and crisis counseling
- Supervises and provides professional development to Student Counseling staff
- Develops and presents campus-wide workshops/seminars on health prevention and mental health topics

- Serves on various university and community committees including behavioral intervention team
- Responsible for budget management, program assessment and strategic planning
- Works closely with Dean and Associate Dean of Student Affairs and supports TAMUCT Student Affairs initiatives and university-wide programming

Georgia Southern University

January 2018-May 2019

Professor of Online Courses

- Teach students, diagnostic skills in areas of psychological pathology and psychosocial dynamics.
- Teach skills in program development and counseling
- Teach legal information pertaining to family relationships and laws protecting children and elders, as well as professional ethics of marriage, group, family and child counseling
- Instructor of various undergraduate psychology courses

Armstrong State University

August 2015-January 2018

Professor of Online and On-Campus Courses

- Taught students, diagnostic skills in areas of psychological pathology and psychosocial dynamics.
- Taught skills in program development and counseling
- Taught legal information pertaining to family relationships and laws protecting children and elders, as well as professional ethics of marriage, group, family and child counseling
- Assisted with student development and mentorship, Assisted with University community service and outreach
- Instructor of various undergraduate psychology courses

Magellan Healthcare Military

February 2015-May 2017

Family Life Counselor (MFLC)

- Provided comprehensive counseling services for: anxiety, depression, stress, violence, and coping areas amenable to brief solution-focused therapy. Applied human social services principles and practices, family and group dynamics, human behavior and chemical dependency dynamics in providing counseling services
- Implemented policies, conducted assessments with clients to evaluate needs and risks; recognizing the need for extended intervention and referring to appropriate service, screenings, clinical counseling services and case management services for the behavioral component of Magellan Health Services
- Ensured victims of sexual assault, domestic violence etc., received all needed guidance and emotional support during administrative, medical, investigative, and legal procedures, and that victims understand the

processes involved and that data will be collected, reported, and maintained on cases

- Performed emergency, after hours, on-call counseling and involuntary hospitalizations as needed

Armstrong Atlantic State University

June 2013-February 2015

Mental Health/Substance Abuse Therapist

- Provides comprehensive treatment for clients including assessment, diagnosis and counseling.
- Provides proper documentation of counseling sessions in accordance with departmental and federal regulations
- Develops and maintains partnerships with local mental health/wellness community partners
- Periodically serves as Acting Director

University of Phoenix (Blended Courses: Online & Onsite)

April 2010-Jan 2015

Adjunct Faculty

- Professor of Psychology (All Courses)
- Professor of Life Span & Human Development
- Professor of Health & Wellness
- Professor of Emotional Intelligence
- Professor of Critical Thinking & Problem Solving

University of Oklahoma-Europe

August 2011-March 2012

Bavaria (Germany) Regional Director

- Provided counseling services to military members and their family regarding (general counseling, financial counseling/budget management, and academic counseling.
- Developed and maintained budgets, inventory, personal files and human resource documents for three campus site in Bavaria, Germany
- Interviewed, hired, directed, trained, evaluated the performance of, and when necessary, disciplined and discharged employees of the University of Oklahoma Bavaria sites.
- Prepared, administered and evaluated effectiveness of reports, datasets and spreadsheets to include community and outreach programs

Savannah State University

April 2009-April 2011

Coordinator of Student Ethics

- Developed, administered and conducted training on Ethics, Safety, Suicide Prevention and Substance Abuse for approximately 3,000 faculty, staff and students
- Provided substance abuse counseling for delinquent students

- Case management of Ethics Department which included ensuring the quality and consistency of programming to include: environment, equipment, materials, program structure and curriculum development
- Evaluated competence and conducted quarterly training reviews for Masters of Social Work and Masters of Professional Counseling interns

City of Savannah-Human Resources

October 2006-April 2009

Employee Health and Wellness Coordinator

- Evaluated and reviewed physiological and psychological assessments on all employees including Police Officers, Fire Fighters and Youth Leisure Service Leaders
- Developed, administered and conducted various city-wide prevention programs i.e. suicide, substance abuse, smoking cessation and health awareness trainings and briefings for the Mayor , City Counsel and over 5,000 employees and citizens of Savannah, Georgia
- Supervised Masters of Public Health interns and Registered Nurses
- Developed, conducted and evaluated training for supervisors and employees on FMLA, HIPAA, ADA and laws concerning local government and human resources

Savannah College of Art and Design

January 2006-October 2006

Graduate Counseling Intern

- Completed over 700 counseling hours at this American Psychological Association approved site
- Maintained a monthly case load of 25 to 30 university students of various ethnicities, sexual orientations, nationalities, and social economic status
- Provided brief and long-term individual counseling and psychotherapy to university students
- Facilitated various programs on campus including, smoking cessation, dealing with depression, stress management, time management and budget management

Chatham County

September 2004-October 2006

Juvenile Court Probation Officer

- Constructed and filed legal motions, petitions, warrants, and interpreted psychological assessments
- Created and conducted social histories with juveniles and their families of various socioeconomic and ethnic backgrounds
- Provided authorization of detention of juvenile 24 or 72 hours at a time when on call and case management of 50 to 80 juveniles

- Assessed the level of judicial intervention needed for juveniles who have been adjudicated
- Facilitated anger management and youth and parent outreach classes

Economic Opportunity Authority of Savannah October 2003-September 2004
Family Social Worker

- Assisted families of various backgrounds, including, minority, Spanish speaking, AIDS, and HIV, of pre school aged children with obtaining life resources such as utility, physicals, dental assistance, rent assistance, TANF, and WIC
- Assessed and documented behavioral and developmental changes of 3 classrooms (approx.18 students each) of pre-school children
- Collaborated with Georgia Department of Labor, Savannah Technical College and Parent University to assist parents in acquiring vocational skills

Professional Organizations

- TUCCDA-Texas University College Counseling Directors Association-*President Elect*
- National Association of Forensic Counselors
- ASSECT (American Association of Sex Educators, Counselors and Therapist)
- Chi Sigma Iota-International Counseling Honor Society
- GCCA (Georgia College Counselors Association)-Past District Representative
- AmeriCorps Alumni
- National Health Service Corp-Mental Health Clinician
- Rotary International-Paul Harris Fellow

Professional Presentations

- **Texas A&M University-Central Texas: Women’s Wellness Conference**
Mental Health & Sexual Self-Esteem-Presenter (Killeen, Texas) 2017
- **Central Texas College: Mental Health Conference**
Self-Care for Mental Health Professionals-Presenter (Killeen, Texas) 2017
- **Georgia Bureau of Investigations: Forensic Scientist Regional Conference**
Strategies for Stress &Time Management-Presenter (Savannah, Georgia) 2014
- **Georgia Southern University: Rural HIV Research and Training**
Strategies to improve social interaction and mental health among rural HIV/AIDs population -Presenter (Savannah, Georgia) 2014
- **Department of Behavioral Health and Development Disabilities**
Suicide Prevention- Presenter (Macon, Georgia) 2014
- **American Diabetes Association: Diabetes Exposed**
Diabetes & Mental Health Resources- Presenter (Savannah, Georgia) 2013
- **Youth Futures Authority: Value of School Based Health Clinics**
Principal Investigator & Presenter (Savannah, Georgia) 2011
- **Savannah State University: Freshman Year Experience**

- Ethics in the Classroom -Presenter* (Savannah, Georgia) 2009-2011
- **Successful Worksite Wellness: Trends, Insights and Best Practices**
Keynote Speaker (Des Moines, Iowa) 2009
 - **BET Foundation: Women's Health Symposium**
Mental Health and Stress- Presenter (Savannah, Georgia) 2008