

MICHELLE KELLEY SHULER

1001 Leadership Place
Killeen, TX 76549

Michelle Kelley Shuler

EDUCATION

Ph.D. Counselor Education and Supervision (CACREP Accredited) 2009
University of Texas San Antonio, San Antonio, TX.

MA Community Counseling (CACREP Accredited) 2002
University of Northern Colorado, Greeley, CO

BA Theatre Arts 1991
Texas State University, San Marcos, TX

LICENSURES

Licensed Professional Counselor (19895), Texas
Licensed Chemical Dependency Counselor (9997), Texas

PROFESSIONAL EXPERIENCE

Teaching appointments

Assistant Professor, Northeastern State University 2009- May 2015
Program Chair, Masters of Science in Addiction Counseling
CACREP Team Member

- Teach and supervise masters level mental health, addiction, and school counselors-in-training
- Develop and maintain curriculum
- Oversee adjunct teaching staff
- Coordinate Internship for Addiction Counseling track
- Advise students on academic and professional decisions
- Engage in professional development workshops, conferences, and CEU education

University of Texas, Austin Clinical Assistant Professor Present
• develop and facilitate Addiction Counseling course

Walden University, Contributing Instructor (online) 2014-present
• facilitate online courses in addiction counseling and mental health counseling

Undergraduate courses taught

- PSYC 3243, Introduction to Counseling
- PSYC 4033, Behavioral Analysis & Management
- PSYC 4450, Drugs Society and Human Behavior

Graduate courses taught

- COUN 5003, Assessment & Appraisal for School Counselors
- COUN 5413, Methods and Techniques of Counseling
- COUN 5673, Substance Abuse Assessment
- COUN 5663, Individual Practicum in Addiction Counseling Techniques
- COUN 5823, Internship in Addiction Counseling (coordinator)
- COUN 5173, Foundations of Addiction Counseling (face to face and blended)
- COUN 5133, Foundations of Clinical Mental Health Counseling (online)
- COUN 5183, Addiction Counseling Theories (online)
- COUN 5603, Practicum in Counseling
- COUN 5163, Counseling Theories (face to face and online)
- COUN 5423, Group Process
- COUN 5293, Psycho-Pharmacology: Dual Diagnosis (face to face and online)
- COUN 5101, Seminar(s)

Clinical Experience

Private Practice: Licensed Professional Counselor, Licensed Alcohol and Drug Counselor-Supervisor
May 2012-May 2014

- Provide individual counseling (adult and adolescents)
- Supervisor LADC-Interns toward licensure
- Develop CEU workshops (CREOKS Behavioral Health)

Licensed Professional Counselor-S, Licensed Chemical Dependency Counselor
Jewish Family Services. San Antonio, TX. Oct. 2008-June 2009

- Provide individual (adult and adolescent) and family counseling
- Provide substance abuse counseling for court ordered clients
- Complete intake and assessment procedures
- Develop treatment plans and provide timely progress updates
- Perform case management duties
- Maintain client records
- Participate in clinical staff meetings

Licensed Professional Counselor-S, Licensed Chemical Dependency Counselor
Center for Health Care Services: Access to Recovery. San Antonio, TX. April 2007 - Dec. 2008

- Perform individual and family counseling
- Provide intake and assessment procedures
- Develop treatment plans and provide timely progress updates
- Facilitate groups counseling (parenting classes, relapse prevention, and psycho educational groups)

- Provide home visits for Access to Recovery program and adolescent clients
- Develop CEU workshops for staff training

SOAR Facilitator

Mission Road Development Center. San Antonio, TX. May 2005-Sept. 2005

- Facilitate summer program for developmentally challenged residents
- Provide emotional and cognitive support for residents
- Maintain records for program documentation

Licensed Professional Counselor - Intern, Licensed Chemical Dependency Counselor

Family Violence Prevention Services. San Antonio, TX. July 2004-May 2005

- Facilitate Project Alert school based prevention program
- Facilitate Parenting Wise prevention program
- Complete intake and assessment procedures
- Develop treatment plans and provide timely progress updates
- Perform case management duties
- Maintain client records

Licensed Professional Counselor - Intern, Licensed Chemical Dependency Counselor

Inman Residential Treatment Center. San Antonio, TX. June 2003-July 2004

- Facilitate United Way summer adolescent program
- Provide curriculum based psycho-education groups for ages 6-13
- Maintain appropriate documentation for United Way
- Direct male adolescent drug and alcohol residential program
- Provide individual and group counseling for court ordered male clients
- Complete intake and assessment procedures
- Develop treatment plans and provide timely progress updates
- Perform case management duties
- Maintain client records
- Participate in clinical staff meetings

Licensed Professional Counselor - Intern

CARE NETT Quality Mental Health Care Providers. San Antonio, TX. May 2002 - June 2003

- Provide individual counseling for adult clients
- Complete intake and assessment procedures
- Develop treatment plans and provide timely progress updates
- Perform case management duties
- Maintain client records

Drug and Alcohol Counselor/Educator, Certified Addictions Counselor III

Arapahoe House Drug and Alcohol Treatment Center. Denver, CO. Aug. 2000 - Aug. 2002

- Develop and facilitate school district staff training program for alcohol and drug awareness

- Facilitate school based prevention program
- Complete intake and assessment procedures
- Develop treatment plans and provide timely progress updates
- Provide parent education around alcohol and drug awareness
- Perform case management duties
- Maintain client records
- Participate in clinical staff meetings

Drug and Alcohol Counselor, Certified Addictions Counselor III
Arapahoe House Drug and Alcohol Treatment Center. Denver, CO.

March 1998-Aug.2000

- Provide individual and group counseling for male and female adolescents
- Perform case management duties
- Maintain client records
- Participate in clinical staff meetings

PROFESSIONAL PUBLICATIONS

Books

Shuler, M. K., Keller-Dupree, E. A., & Cook, K. (Eds.). *Transformational learning experiences: A conversation with counselors about their personal and professional developmental journeys*. MD: University Press of America, Inc. Accepted for publication.

Journal Articles

Shuler, M. K., & Keller-Dupree (2015). The impact of transformational learning experiences on personal and professional counselor-in-training identity development. *The Professional Counselor*, 5(1), 153-163.

Trepal, H., Wester, K., & Shuler, M. K. (2008). Counselors'-in-training perceptions of gender behavior. *The Family Journal*, 16(2), 147-154.

Book Chapters

Shuler, M. K. & Cook, K. (2015). True north: The life you learn from and the life you live. In S. Degges-White & B. Colon (Eds.), *Expressive arts interventions for school counselors*. New York, NY: Springer Publications.

Cook, K. & Shuler, M. K. (2013). Parallel play at Mad Hatter's Tea House: Writing-in relation. In A. Seto & M. A. Bruce (Eds.), *Women's retreat: Sharing voices of female faculty in Counselor Education* (pp. 6-14). Lanham, MD: University Press Of America, Inc.

Shuler, M. K., & Cook, K. (2012). Spiritual autobiography: A transformative journey for a counselor-in-training. In C. J. Boden & S. M. Kippers (Eds.), *Pathways to transformation: Learning in relationship* (pp. 97-110). Scottsdale, AZ: Information Age Publishing.

Book Reviews

Shuler, M. K., & Durodoye, B. A. (2007). Review of the book Integrating spirituality and religion into counseling: A guide to competence. *Counseling and Values*, (52) 89-91.

MANUSCRIPT IN PREPARATION

Shuler, M. K. & Choute, K., Cook, K. (2014). Investigation of the Factor Structure of three Spiritual and Religions Scales. Manuscript in preparation.

PRESENTATIONS

Shuler, M. K., & Keller-Dupree, E. A. (2015). The impact of transformational learning experiences on personal and professional counselor-in-training identity development. Presentation at The Association of Creativity in Counseling National Conference, San Antonio, TX.

Paris, K., Shuler, M. K., Choate, K., & Brenham, B. (2013). Strategies for Assessment: Linking Standards, SLOs, and Assessment in a CACREP Self-Study. Presentation at Association of Counselor Education and Supervision: National Conference, Denver, CO.

Paris, K., Shuler, M. K., & Branham, C. (2013). Building CACREP Friendly Syllabi. Round table at Association of Counselor Education and Supervision: National Conference, Denver, CO.

Shuler, M. K. & Cook, K. (2013). Spiritual Autobiography: A Transformative Journey for a Counselor in Training. Poster session at Association of Counselor Education and Supervision: National Conference, Denver, CO.

Shuler, M. K. & Keller-Dupree, E. (2013). Professional Development for the Developing Professional. Poster session at Association of Counselor Education and Supervision: National Conference, Denver, CO.

Seabolt, M. & Shuler, M.K. (2012). Humor Therapy. Presentation at Oklahoma Drug and Alcohol Professional Counselors Association (ODAPCA) 38th Spring Conference - NCED Conference Center, Norman, OK.

Shuler, M. K. & Gomez, T. R. (2011). Oklahoma CADC/LADC views of 2012 licensing law: An examination of educational, training and supervisory standards. Presentation at Oklahoma Drug and Alcohol Professional Counselor Association Bi-Annual Conference, Norman, OK.

Shuler, M. K. & Cook, K. (2011). Assessing Client Spirituality: Through an Integrated Model of Multicultural and Spiritual Growth. Pre-Conference workshop at Texas Counseling Association: Professional Growth Conference, Texas Counseling Association, Fort Worth, TX.

Shuler, M. K. & Williams, R. W. (2011). Attitudes toward internet course work: A study of LADC counselor in Oklahoma. Poster session at Association of Counselor Education and Supervision: Leading Leaders, Helping Helpers, Shaping the Future, Nashville TN.

Shuler, M. K. (2011). Health Realization. Poster session at Association of Counselor Education and Supervision: Leading Leaders, Helping Helpers, Shaping the Future, Nashville TN.

Shuler, M. K. (2009). Health Realization: The role of thought in building positive mental health. Presentation at Oklahoma Counseling Association Mid-Winter Workshop, Oklahoma Counseling Association, Oklahoma City, OK.

Shuler, M. K. (2009). Assessing client spirituality: Through an integrated model of multicultural and spiritual growth. Presentation at South Texas Counseling Association Winter Workshop, South Texas Counseling Association, San Antonio, TX.

Shuler, M. K. (2009). Health Realization: The role of thought in building positive mental health. Presentation at South Texas Counseling Association Winter Workshop. South Texas Counseling Association, San Antonio, TX.

Shuler, M. K. (2009). Assessing client spirituality: Through an integrated model of multicultural and spiritual growth. Poster session at Association of Counselor Education and Supervision Annual Conference, San Diego, CA.

Shuler, M. K. (2008). The influence of spiritual development on counselor beliefs about the role of spirituality and religion in counselor training. Presentation at First Annual Conference, Association of Spiritual, Religious, and Ethical Values in Counseling, Lake Junaluska, NC.

Shuler, M. K. (2008). Serenity in the sand. Presentation at American Counseling Association Annual Conference, American Counseling Association, Honolulu, HI.

Shuler, M. K. Holcomb, M. (2007). Postmodern approach to clinical supervision. Presentation at Texas Counseling Association Professional Growth Conference, Texas Counseling Association, Corpus Christi, TX.

Shuler, M. K., Zambrano, E., Holcomb, M. (2006). Ready, set, supervise: Professional ethics for supervisors. Presentation at Southern Association of Counselor Education and Supervision: Annual Conference, Orlando, Fl.

CEU Workshops

Shuler, M. K. (2010). Assessing Spirituality. CREOKS Behavioral Health. CEU Workshop for Behavioral Health providers. Broken Arrow, OK.

Shuler, M.K. (2010). Psychopharmacology for Behavioral Health Counselors, Case Managers & Rehabilitation Specialists. CEU Workshop for Behavioral Health providers. Broken Arrow, OK.

DISSERTATION AND THESIS SERVICE

Perry, K. (May, 2013). The effects of victim impact panels on the attitudes on drinking and driving among college students. (second reader)

Trammell, J. (May 2010). Treatment of Test Anxiety using Computerized Cognitive Behavioral Therapy. (second reader)

SERVICE

University

Graduate Council	2010-present
Undergraduate Research Day Committee	2010-present
CACREP Accreditation Committee Chair	2011-present
Graduate Student Recruitment	2010-present

College & Departmental

Counseling Program Faculty Search Committee	2010-2012
Graduate Student Orientation/Advising	2011-2013
COE Foundations Scholarship Committee	2012-present
Counseling Program Chair/Graduate Advisor	2009-present
Counseling Program Admissions Committee	2010-present
CACREP Self Study Committee Chair	2013
CACREP Standards Assessment Committee	2012-present
CACREP Clinical Site Supervisor Training Committee	2012-present
Graduate Program Student Handbook Committee Chair	2012-present
Graduate Clinical Handbook Committee Chair	2012-present

Professional

Volunteer, South Texas Counseling Association	2009
Volunteer, Texas Counseling Association Conference, San Antonio TX	2008
Career Corner volunteer, RMACES Conference Park City Utah	2012

Student & Advocacy

Shuler, M. K. and Gomez, T. R., (2012 & 2013). Co-sponsored respective campuses Addiction Counseling Graduate Student Submissions Oklahoma Drug and Alcohol Professional Counselors Association (ODAPCA) Poster Session 38th Spring Conference - NCED Conference Center, Norman, OK.

Shuler, M. K., Keller-Dupree, B., & Gomez, T. R., (2010, 2011, & 2012). NSU COE Teacher Preparatory Candidate Panel Understanding Mental Health and Substance Abuse Indicators in K-12 Children Northeastern State University, Tahlequah, OK.

RESEARCH

Professional Development of the Developing Professional: Primary Investigator, Northeastern State University Tahlequah, OK. (present) Investigation of how the use of transformative learning activities impact personal and professional development as reported by CITs.

- Analysis of data for pedagogical, publication, and presentation purposes.
- Study currently under development
- Presentation of results at Association of Counselor Education and Supervision Conference (Fall 2013)

Investigation of the Factor Structure of three Spiritual and Religions Scales. Primary Investigator, Northeastern State University. (Fall 2013)

- IRB approval
- Collecting data of graduate students in counselor education programs

Attitudes Toward Internet Courses: A Study of Alcohol and Drug Counselors in Oklahoma: Primary Investigator, Northeastern State University Tahlequah, OK. (Fall 2010). Collected data utilizing online and hardcopy surveys

- Analyzed data for program development, presentation and publication purposes.
- Presented results at Association of Counselor Education and Supervision Conference (Fall 2011) and Oklahoma Drug and Alcohol Professional Counselor Association (Spring 2011)

The influence of spiritual development on counselor beliefs about the role of spirituality and religion in counselor training (Dissertation). Primary Investigator, University of Texas at San Antonio, San Antonio, TX. (Spring 2009)

- Collected data of graduate students in counselor education program
- Presented results at the First Annual Conference, Association of Spiritual, Religious, and Ethical Values in Counseling (2008)

Site Liaison: Abt Associates, U.S. Dept. of Education's Student Mentoring Program. San Antonio, TX (October 2005 - January 2007).

- Organized collection of data in San Antonio Public School system

GRANT PROPOSALS

Association of Counselor Education and Supervision Research Grant Award (Sept. 2012)
 Professional Development of the Developing Professional (unfunded).

- Proposal submission
- Investigation of how the use of transformative learning activities impact personal and professional development as reported by CITs

PROFESSIONAL AFFILIATION

American Counseling Association	2005-present
Association of Counselor Education and Supervision	2009-present

AWARDS & HONORS

College of Education Outstanding Faculty Award in Teaching nomination - Northeastern State University	2011-2012
Scholarship Graduate or Doctoral Study Award - South Texas Counseling Association	2008
Multilevel Counselor of the Year Award - South Texas Counseling Association	2008
Educational Endowment Fund Award - Texas Counseling Association	2008