

# Morgan Lewing, Ed.D.

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1001 Leadership Place, Killeen TX 76549

## Education

**Doctor of Education: Higher Education (4.0 GPA)**

**University of Mary Hardin-Baylor**

Dissertation: *The Institutionalization of Service-Learning in the Independent Colleges & Universities of the Gulf Coast Region*

**Master of Science in Education: Exercise Science (4.0 GPA)**

**University of Mary Hardin-Baylor**

**Bachelor of Science: Exercise Science (3.95 GPA)**

**University of Mary Hardin-Baylor**

## Professional Experience

**Assistant Professor-College of Education, Texas A&M University-Central Texas, September 2015-present**

- Served as the founding faculty member within Exercise Physiology
- Developed curriculum, degree structure and led lab space design for the undergraduate degree in Exercise Science
- Developed curriculum and degree structure for the graduate degree in Higher Education Leadership
- Supported the development of service-learning through collaboration with faculty and community partners.

**Director of Civic & Student Engagement, Texas A&M University-Central Texas, December 2013-August 2015**

- Provided direction to the Department of Civic & Student Engagement through budget management, strategic planning, program development and staff supervision to the functional areas of service-learning, volunteerism, leadership development, study abroad, campus life, student activities, new student orientation and the upcoming recreational sport and fitness program.
- Served as a contributing member of the Division of Student Affairs leadership team by coordinating the initial establishment of learning outcomes and co-chairing the division's 2015-2020 strategic plan
- Secured increased funding and staffing in order to successfully meet new department goals and objectives.
- Served on the university building committee with a primary focus on recreation and fitness facilities.
- Led several large-scale university initiatives such as the establishment of service-learning course designation criteria/procedures and the implementation of a mandatory new student orientation process.
- Appointed by the Provost to evaluate areas of need in the university's efforts to secure Carnegie Community Engagement Elective Classification by the year 2020
- Co-advised the TAMUCT chapter of the National Honor Society of Leadership & Success
- Created the "Become" Poverty Simulation in partnership with community organizations in Austin and Killeen
- Implemented new civic engagement structures such as the American Democracy Project, TurboVote, the USA Today College Readership Program, monthly Community First Fridays
- Served as a secondary adjudication officer for student conduct and academic dishonesty cases

**Doctoral Intern (Division of Undergraduate Studies), Texas A&M University-Central Texas, June 2013-March 2014**

- Created a service-learning prototype course in an effort to initially meet new TAMU System learning outcomes
- Assisted in the development of assessment and evaluation mechanisms for new TAMU System learning outcomes
- Developed a proposal for a new graduate degree in Higher Education Leadership
- Coordinated the expansion of New Faculty Orientation and the Faculty Academy

**Assistant Director of Student Engagement**, Texas A&M University-Central Texas, May 2012-November 2013

- Directed the overall establishment of the newly formed Office of Student Engagement including budget management, strategic planning, program development and staff supervision
- Established and assessed office and programmatic learning outcomes to demonstrate student learning
- Coordinated several large scale technology implementations such as the online new student orientation and OrgSync, the student involvement platform
- Led the total overhaul of the campus life calendar to better meet the student population and their needs
- Directed the university's successful applications for the President's Higher Education Community Service Honor Roll and NASPA Lead Institution recognizing TAMUCT's commitment to civic engagement
- Established and advised the campus chapter of the National Honor Society of Leadership & Success which provided leadership development opportunities for several hundred students each semester
- Directed sponsorship campaigns in excess of \$15,000 in order to support programmatic development while ensuring fiscal management
- **Interim Associate Director of Student Conduct**, January 2013-March 2013
  - Managed the day-to-day operations of the student conduct office in the absence of a full-time staff member
  - Administered the student conduct investigations and hearing process and determined sanctions as appropriate

**Doctoral Graduate Assistant**, University of Mary Hardin-Baylor. June 2011-May 2012.

- Assisted with leadership development and service-learning research efforts in alignment with faculty agendas
- Supported doctoral faculty in planning, developing and delivery of course and course materials
- Directed doctoral recruiting efforts (meetings, publications, recruiting visits) in alignment with program goals
- Led efforts to redesign the website to promote the program's scholarly and innovative nature
- Coordinated Doctor of Education Summer Travel Institute programs
- Guest lectured for Leadership and Research Methodologies courses in the M.Ed. program

**Classroom Teacher & Athletic Coach**, Midway High School, Midway ISD. June 2010-June 2011

- Instructed 3 sections of American History, 2 sections of Physical Education and 2 two sections of male athletics
- Supported student success through instruction leading to a 100% TAKS state testing passing rate
- Served as Freshmen Academic/Transition Coordinator in order to enhance student/athlete success and retention through collaborative efforts with teachers, students and parents
- Assisted in planning and coordination of various campus events to include budget oversight and risk management

**Human Performance & Exercise Biochemistry Lab Coordinator**, University of Mary Hardin-Baylor, May 2009-July 2010

- Provided direction and leadership to lab staff through supervision and training
- Oversaw day to day operations coordination of lab scheduling and testing protocols
- Assisted with grant submissions, research design, data analysis and dissemination of findings for multiple projects
- Regularly served as a guest lecturer for a variety of undergraduate course

## **Presentations and Publications**

### **Published Articles**

1. Lewing, M & Bledsoe, C. The Institutionalization of Service-Learning in the Independent Colleges & Universities of the Gulf Coast Region. *The Journal of Christian Higher Education*. In review.
2. Taylor, L., Wilborn, C., Poole, C., Dufour, F., Jones, T., Lewing, M., Constancio, E., E. Pena, Willoughby, D., & Foster, C.. Effects of a Novel Resistance Exercise Protocol on the Hormonal Response in Young Resistance Trained Males. *International Journal of Sport Physiology and Performance*, In review.
3. Outlaw, J., Lewing, M., Wilborn, C., Taylor, L., Dugan, K.. A Comparison of Adaptations via Either a Linear Periodization or an Undulating Periodization Model of Weight Training. *International Journal of Sport Physiology and Performance*. In review.
4. Taylor, L., Poole, C., Pena, E., Lewing, M., Kreider, R., Foster, C. & Wilborn, C. Effects of Combined Creatine Plus Fenugreek Extract Vs. Creatine Plus Carbohydrate Supplementation on Resistance Training Adaptations. *Journal of Sport Science and Medicine*, 2011, 10: 254-260.

### **Published Abstracts**

1. Dugan, K., Lewing, M., Woodall, C., McAdams, M., Dufour, F., Jones, T., White, A. , Foster, C., Taylor, L., & Wilborn, C. . A Comparison of Adaptations via Either a Linear Periodization or an Undulating Periodization Model of Weight Training. National Strength and Conditioning Association National Conference, Las Vegas, NV 2011
2. Oliver, F., Dugan, K., McAdams, M., Woodall, C., Lewing, M., White, A. , Roman, S. , Willoughby, D., Wilborn, C. , & Taylor, L.. The effects of ingesting a tribulus containing proprietary supplement with combined resistance training on strength, body composition, and hormonal changes in males. *Journal of the International Society of Sports Nutrition* 2010
3. Dugan, K., Lewing, M., Dufour, F., Roman, S. , Woodall, C., McAdams, M., White, A. , Taylor, L., and Wilborn, C.. Acute glycemic and blood lipid response to the ingestion of a candy bar-like protein supplement compared to its candy bar counterpart. *Journal of the International Society of Sports Nutrition* 2010
4. Dugan, K.; McAdams, M.; Lewing, M.; Foster, C.; Wilborn, C.; and Taylor, L. (2009) "The Effects of Pre- and Post-Exercise Whey vs. Casein Protein Consumption on Body Composition and Performance Measures in Collegiate Female Athletes," *International Journal of Exercise Science: Conference Abstract Submissions: Vol. 2: Iss. 2, Article 24*.
5. Lewing, M.; Wilborn, C.; and Taylor, L. (2009) "A Comparison of Adaptations via Either a Linear Periodization or an Undulating Periodization Model of Weight Training," *International Journal of Exercise Science: Conference Abstract Submissions: Vol. 2: Iss. 2, Article 10*.
6. Lewing, M., Pena, E., Poole, C., Dufour, F., Constancio, E., Hallie Jacobson, Dugan, K., Jones, T., Natalie Ervin, Foster, C., Kreider, R., Taylor, L., Wilborn, C. . Effects of BIOCREAT supplementation on strength and body composition during an 8-week resistance training program. *Journal of the International Society of Sports Nutrition* 2009, 6(Suppl 1):P11 (31 July 2009)

### **Presented Abstracts at National/International Conferences**

1. Wilborn, C., Taylor, L., Foster, C., Campbell, B. , McAdams, M., Dugan, K., Lewing, M. The Effects of Pre- and Post-Exercise Whey vs. Casein Protein Consumption on Body Composition and Performance Measures in Collegiate Female Athletes. American College of Sports Medicine National Conference. Baltimore, MA 2010

2. Dugan, K., Lewing, M., Woodall, C., McAdams, M., Dufour, F., Jones, T., White, A., Foster, C., Taylor, L., & Wilborn, C. . A Comparison of Adaptations via Either a Linear Periodization or an Undulating Periodization Model of Weight Training. National Strength and Conditioning Association National Conference, Las Vegas, NV 2011
3. Dugan, K., Lewing, M., Woodall, C., McAdams, M., Dufour, F., Jones, T., White, A., Foster, C., Taylor, L., & Wilborn, C. . A Comparison of Adaptations via Either a Linear Periodization or an Undulating Periodization Model of Weight Training. National Strength and Conditioning Association National Conference, Las Vegas, NV 2011
4. Oliver, F., Dugan, K., McAdams, M., Woodall, C., Lewing, M., White, A., Roman, S., Willoughby, D., Wilborn, C., & Taylor, L.. The effects of ingesting a tribulus containing proprietary supplement with combined resistance training on strength, body composition, and hormonal changes in males. International Society of Sport Nutrition National Conference. Florida 2010
5. Dugan, K., Lewing, M., Dufour, F., Roman, S., Woodall, C., McAdams, M., White, A., Taylor, L., and Wilborn, C.. Acute glycemic and blood lipid response to the ingestion of a candy bar-like protein supplement compared to its candy bar counterpart. International Society of Sport Nutrition National Conference. Florida 2010
6. Lewing, M., Pena, E., Poole, C., Dufour, F., Constancio, E., Hallie Jacobson, Dugan, K., Jones, T., Natalie Ervin, Foster, C., Kreider, R., Taylor, L., Wilborn, C. . Effects of BIOCREAT supplementation on strength and body composition during an 8-week resistance training program. . International Society of Sport Nutrition National Conference. Las Vegas, NV 2009

#### **Presented Abstracts at Regional/State Conferences**

1. Dugan, K.; McAdams, M.; Lewing, M.; Foster, C.; Wilborn, C.; and Taylor, L. (2009) "The Effects of Pre- and Post-Exercise Whey vs. Casein Protein Consumption on Body Composition and Performance Measures in Collegiate Female Athletes," International Journal of Exercise Science: Conference Abstract Submissions: Vol. 2: Iss. 2, Article 24.
2. Lewing, M.; Wilborn, C.; and Taylor, L. (2009) "A Comparison of Adaptations via Either a Linear Periodization or an Undulating Periodization Model of Weight Training," International Journal of Exercise Science: Conference Abstract Submissions: Vol. 2: Iss. 2, Article 10.

#### **Professional Presentations at National/International Conferences**

1. Lewing, M., Griggs, B. (2014) Walk Before You Run: A Beginner's Guide to Establishing Civic Engagement on Campus. NASPA Civic Engagement & Democratic Learning National Conference, Miami, FL.
2. Lewing, M., Griggs, B. (2015) Framing Civic Engagement through Hope Theory. ADP/TDC/NASPA Civic Engagement & Democratic Learning National Conference, New Orleans, LA.

#### **Professional Presentations at Regional/State Conferences**

1. Lewing, M (2011) Is Higher Education the DNA of an Innovative Economy? Consortium of State Organizations for Texas Teacher Education Fall Conference, Corpus Christi, TX.
2. Lewing, M. (2012) The Institutionalization of Service-Learning in the Independent Colleges and Universities of Texas. Doctoral student presentation, UMHB Scholars Day, Belton, TX.
3. Lewing, M., Belz, B., Griggs, B. (2014) The Guide on the Side Approach to Civic Engagement. Texas Association of College & University Student Personnel Administrators State Conference, Arlington, TX.
4. Lewing, M., Griggs, B., Belz, B. (2015) Fostering a Culture of Hope through a Theoretical Framework. Texas Association of College & University Student Personnel Administrators State Conference, Corpus Christi, TX.

#### **Professional Thought Pieces Published by National Organizations**

1. Lewing, M (2014) The Guide on the Side Approach for a Non-Traditional Campus. NASPA Lead Initiative Blog, <https://www.naspa.org/rpi/posts/the-guide-on-the-side-approach-for-a-non-traditional-campus>
2. Lewing, M (2015) Embracing Expertise. NASPA Lead Initiative Blog, <https://www.naspa.org/rpi/posts/embracing-expertise>

### **Invited Presentations**

1. Lewing, M (2015) Pathways to Leadership. UMHB Graduate Education Session
2. Lewing, M (2015) Service-Learning: What, Why, How. TAMUCT New Faculty Orientation Session

### **Professional Trainings**

- Donald D. Gehring Academy, American Association of Student Conduct Administrators, Foundations of Professional Practice (2012)
- StrengthsQuest Instructor Training, Gallup Session, Texas A&M University-Central Texas (2012)

### **Service**

#### **Institution**

##### **Post-Faculty Appointment**

- Building 3 Programming Committee, September 2015, Texas A&M University-Central Texas
- Hiring committees: Director of Career Services (chair), September 2015; Director of Admissions and Recruiting, September 2015

##### **Pre-Faculty Appointment**

- Service-Learning Task Force chair, Nov 2013-May 2015, Texas A&M University-Central Texas
- Leadership & Service Awards Work Team chair, April 2013-April 2015, Texas A&M University-Central Texas
- Online Student Orientation Work Team chair, August 2012-February 2013, Texas A&M University-Central Texas
- Student Affairs Strategic Planning co-chair, August 2014-February 2015, Texas A&M University-Central Texas
- University Diversity Committee co-chair, August 2014-January 2015, Texas A&M University-Central Texas
- Institutional Review Board member, August 2013-present, Texas A&M University-Central Texas
- American Democracy Project member, May 2012-present, Texas A&M University-Central Texas
- Student Affairs Advisory Committee member, May 2012-April 2013, Texas A&M University-Central Texas
- Banner Steering Committee member, July 2013-July 2014, Texas A&M University-Central Texas
- Commencement Committee member, May 2012-August 2014, Texas A&M University-Central Texas
- Staff Council member, Secretary, April 2015-August 2015, Texas A&M University-Central Texas
- Hiring committees: Coordinator of Student Engagement and Inclusion (chair), February 2014; Coordinator of Career Services, February 2014; Associate Director of Student Conduct, January 2013

#### **Community**

- Volunteer Fitness and Conditioning Instructor, Bell County Sheriff's Department, June 2008-May 2009
- Volunteer Student mentor, Temple ISD, August 2010-May 2011
- Volunteer youth worship teacher and small group leader, Vista Community Church, August 2014-present