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# TAMMY L. DAY

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## SOCIAL WORK ADJUNCT FACULTY APPLICANT

Texas A&M University Central Texas, 1001 Leadership Place, Killeen, TX 76549

### EDUCATION

<b>Master of Social Work</b>	<b>2014</b>
University of New England, GPA 3.91	
<b>LCSW- Supervision Completed</b>	<b>2016- 2018</b>
<b>LMSW- Lic. #53538 / Exp. 3/31/19</b>	<b>2014 - Current</b>
<b>Master of Counseling Psychology</b>	<b>2014</b>
Texas A&M University Central Texas, GPA 3.5	
<b>LCDC- Lic. #12895 / Exp. 3/31/19</b>	<b>2014 - Current</b>
<b>Bachelor of Social Work</b>	<b>2007</b>
Tarleton State University, GPA 3.39	
<b>LBSW</b>	<b>2007 - 2014</b>
<b>Associate of Criminal Justice</b>	<b>2007</b>
Central Texas College	

### AREAS OF INTEREST

Social Work, Substance Abuse, Counseling, Group and Individual Therapy, Case Management, Advocacy, Program Management, Education, Mental Health, Dual Diagnosis, Forensic Social Work

### MEMBERSHIPS/CERTIFICATIONS

Life Coaching Certification	<b>2018</b>
Toast Masters	<b>2018</b>
PHI Alpha/ Sigma Lambda, Social Work Honor Society	<b>2014 - Current</b>
National Society of Leadership and Success Sigma Pi	<b>2013 - Current</b>
Social Work Advisory Council UMHB	<b>2011 - Current</b>
Social Work Field Supervisor (Undergrad)	<b>2010 - 2013</b>
Bell County Crime Victims Coalition	<b>2006</b>
Army Community Service/Victim Advocate	<b>2003 - 2006</b>
Families in Crisis Sexual Assault Response/Hotline	<b>2003 - 2004</b>

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## EXPERIENCE

### **Outpatient Program Manager**

**Feb. '16 - Current**

Christian Farms Treehouse Inc. - Temple, TX

Supervisor Rae Wright 254-934-9400

- ◆ Manage contract for outpatient clinical services for clients on Federal Probation and Pretrial Service
- ◆ Ensure all clinical services including client records and programmatic documents are maintained
- ◆ Conduct intake and complete assessment to determine proper diagnosis; provide letter of recommendation for referral; develop individualized treatment plans with updates and revisions per program guidelines to include all aspects i.e. health, legal, family, substance use and mental health
- ◆ Collect data for quarterly reports to evaluate treatment outcomes
- ◆ Document case findings, letters of evaluation and assessment
- ◆ Evaluate progress of client throughout rehabilitation process; attend monthly case staffing and treatment team meeting with probation and pretrial officers

### **Clinical Case Manager/Counselor**

**Oct. '15 - Feb. '16**

Cedar Crest Hospital, Acadia Healthcare - Belton, TX

Supervisor Natalie Reeves 254-781-3217

- ◆ Performed psychosocial assessment of patients experiencing acute and chronic mental health diagnosis
- ◆ Formulated treatment plans for patients and conducted daily individual therapy sessions
- ◆ Treatment team meeting for patients assigned to Chemical Dependency Partial Hospitalization Program
- ◆ Worked with children, adolescents, and adults including military personnel and veterans who were experiencing PTSD and other forms of trauma
- ◆ Conducted process groups; coping skills, life skills, and recovery-based groups such as relapse prevention, 12-step, and seeking safety
- ◆ Completed discharge plan for patients and scheduled follow-up appointments, community resources and after-care programs
- ◆ Assisted in development of chemical dependency program for soldiers assigned to the ASAP program

### **Veterans Service Representative**

**Feb. '15 - July '15**

Department of Veterans Affairs - Waco, TX

Human Resources Dawn Hill 254-299-9481

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- ◆ Served as a primary contact for the veteran and his/her representative and as the decisionmaker for compensation and pension claims
- ◆ Prepared correspondence to members of Congress and special interest groups on case assignments
- ◆ Utilized various electronic data processing (EDP) systems for inputting data
- ◆ Decided the necessity of examinations to determine the existence of or to evaluate disabilities resulting from disease or injury

## **Graduate School Practicum Student**

**Aug. '13 - Aug '14**

Community and Family Therapy Center & Christian Farms Treehouse Inc. - Temple, TX

Supervisor Rae Wright 254-933-9400

- ◆ Under supervision: Individual and group client sessions, intensive case management, process group, and didactic education
- ◆ Monitored, educated, and assisted clients in performance of activities of daily living in accordance of goals and problem area identified in the individualized treatment plan
- ◆ Attended meetings as appropriate and meet with supervisor and peers regularly for exchange
- ◆ Assessed emotional, social, developmental, educational, vocational, financial, medical, psychiatric and legal needs
- ◆ Marketing and community outreach of Family Therapy Center services

## **Program Coordinator**

**April '09 - May '13**

Central Texas Council on Alcoholism and Drug Abuse (now Cenikor) - Killeen, TX

Human Resources Shirley Hinch 888-236-4567

- ◆ Conducted intervention services including substance abuse screening, assessment, referral, crisis counseling, and determination of appropriateness the program
- ◆ Created and coordinated Pregnant and Postpartum Invention program curriculum and Recovery-Oriented Systems of Care Community Resource Guide (ROSC) with assistance of volunteers and students
- ◆ Maintained documentation on Clinical Management Behavioral Health System (CMBHS)
- ◆ Taught substance abuse prevention education and life skills to large and small groups of adult and youth audiences
- ◆ Prepared reports and calculated data passed on performance measures; strategic planning and outcome measure projections for fiscal year
- ◆ Supervised 12 undergraduate practicum students from various university social work programs

## **Chemical Defense Specialist**

**Nov. '00 - June '03**

Department of Defense, U.S Army

Supervisor Valicia Conner 915-732-0381

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- ◆ Chemical, Biological, Radiological and Nuclear Defense Trainer
- ◆ Facilitated training of units for deployment readiness
- ◆ Supervised staff and managed daily office operations; ensured readiness and staff training according to protocol
- ◆ Equipment accountability, development and adaptation of task, conditions and standards for regulated training, preventative maintenance checks and service of chemical detection equipment.

## TRAINING

- ◆ Crisis Intervention Techniques for the Behavioral Healthcare Workforce
- ◆ Abuse and Neglect for a Residential Substance Abuse Facility 2015
- ◆ Texas Law: Abuse and Neglect for Outpatient Substance Abuse Facility
- ◆ Understanding and Preventing Infectious Disease, 9 hrs.
- ◆ Foundations for Motivational Interviewing Theory and Practice, 16 hrs.
- ◆ Screening and Assessment for Counselors
- ◆ Progress Note Documentation Training, 12 hrs.
- ◆ Professional Self-care Plans
- ◆ Stop Abuse and Violence Escalation
- ◆ Sexual Abuse Prevention
- ◆ Fetal Alcohol Spectrum Disorders
- ◆ Paternity Opportunity Program
- ◆ Strategies for Strengthening Families
- ◆ Substance Abuse Prevention Across the Lifespan, 6 hrs.
- ◆ Trauma Informed Services
- ◆ Risk and Protective Factors and Building Resiliency 6hrs
- ◆ Internal Auditors Training
- ◆ Breastfeeding
- ◆ Guidelines for Chemically Dependent Women
- ◆ Newborns Prenatally Exposed to Illicit Drugs: Medial Outcome
- ◆ Use of Prescription Drugs in Pregnancy
- ◆ Newborns Prenatally Exposed to Illicit Drugs: Neurobehavioral Outcome and Neonatal Abstinence Syndrome
- ◆ Enhancing Cultural Competency
- ◆ DSM-IV Substance Related Disorders
- ◆ Non-Violent Crisis Intervention
- ◆ Cocaine Abuse and Dependence
- ◆ Cannabis and Cannabis Use Disorders
- ◆ Methamphetamine Abuse and Dependence
- ◆ Field Supervisor Training
- ◆ Quality Management Plan