### Texas A&M University-Central Texas

PSYC 5382 115 CRN 60114

Behavior Management and Therapy

Summer 2023 Online June 5 – July 28, 2023

#### **Instructor and Contact Information**

Instructor: Randi Gonzales, Psy.D., LSSP

Office: 318 P Warrior Hall
Email: rgonzales@tamuct.edu

### Office Hours

Online: by appointment

## **Mode of Instruction and Course Access**

This is a 100% online course, and uses the A&M-Central Texas Canvas Learning Management System [https://tamuct.instructure.com/].

#### Student-instructor interaction

Email (rgonzales@tamuct.edu) is the preferred communication method. Students can expect a 48 business hour response window under normal circumstances. Students are free to book online office appointments through the instructor or the department.

# **Emergency Warning System for Texas A&M University-Central Texas**

SAFEZONE. SafeZone provides a public safety application that gives you the ability to call for help with the push of a button. It also provides Texas A&M University-Central Texas the ability to communicate emergency information quickly via push notifications, email, and text messages. <u>All students automatically receive email and text messages via their myCT accounts.</u>

Downloading SafeZone allows access to push notifications and enables you to connect directly for help through the app. You can download SafeZone from the app store and use your myCT credentials to log in. If you would like more information, you can visit the SafeZone website [www.safezoneapp.com].

To register SafeZone on your phone, please follow these 3 easy steps:

1. Download the SafeZone App from your phone store using the link below:

iPhone/iPad: [https://apps.apple.com/app/safezone/id533054756]

<u>Android Phone / Tablet</u> [https://play.google.com/store/apps/details?id=com.criticalarc.safezoneapp]

- 2. Launch the app and enter your myCT email address (e.g. {name}@tamuct.edu)
- 3. Complete your profile and accept the terms of service

# COURSE INFORMATION

### **Course Description:**

Examines basic theories of human learning, major approaches to behavior management and therapy and principles of applied behavior analysis. Formal treatment planning application and evaluation of programs for management of specific behavioral/psychological problems. Includes case review and practice in individual interventions.

# Course level STUDENT LEARNING OUTCOMES (SLOs):

- 1. Demonstrate the basic principles of applied behavior analysis
- 2. Conduct a functional assessment interview
- 3. Explain the role of observations in functional analysis

- 4. Build and write behavior support plans
- 5. Select appropriate intervention procedures for problem behaviors

This course addresses NASP Domains 1, 3, 4, & 5:

### **Domain 1: Data-Based Decision Making**

School psychologists understand and utilize assessment methods for identifying strengths and needs; developing effective interventions, services, and programs; and measuring progress and outcomes within a multitiered system of supports. School psychologists use a problem-solving framework as the basis for all professional activities. School psychologists systematically collect data from multiple sources as a foundation for decision-making at the individual, group, and systems levels, and they consider ecological factors (e.g., classroom, family, and community characteristics) as a context for assessment and intervention.

# **Domain 3: Academic Interventions and Instructional Supports**

School psychologists understand the biological, cultural, and social influences on academic skills; human learning, cognitive, and developmental processes; and evidence-based curricula and instructional strategies. School psychologists, in collaboration with others, use assessment and data collection methods to implement and evaluate services that support academic skill development in children.

#### Domain 4: Mental and Behavioral Health Services and Interventions

School psychologists understand the biological, cultural, developmental, and social influences on mental and behavioral health, behavioral and emotional impacts on learning, and evidence-based strategies to promote social—emotional functioning. School psychologists, in collaboration with others, design, implement, and evaluate services that promote resilience and positive behavior, support socialization and adaptive skills, and enhance mental and behavioral health.

#### **Domain 5: School-Wide Practices to Promote Learning**

School psychologists understand systems structures, organization, and theory; general and special education programming; implementation science; and evidence-based, school-wide practices that promote learning, positive behavior, and mental health. School psychologists, in collaboration with others, develop and implement practices and strategies to create and maintain safe, effective, and supportive learning environments for students and school staff.

#### Textbooks:

O'Neill R. E., Horner R. H., Albin R. W., Sprague J. R., Storey K., & Newton J. S. (2015). Functional assessment and program development for problem behavior, a practical handbook, (3rd Ed.). Stamford, CT: Cengage Learning. ISBN 978-1285734828

Maag, J.W. (2017). Behavior management: From theoretical implications to practical applications, (3rd Ed.). Cengage Learning. ISBN 978-1285450049

### **Course Grades:**

Tests:

Quizzes: 30 points (6 x 5 points)

40 points (2 x 20 points)

Functional Interview: 15 points
Behavior Plan: 15 points

### Final Grade:

100 - 90 points = A

89 - 80 points = B

79-70 points = C

69 - 60 points = D

below 60 points = F

# Weekly Quizzes

Quizzes will cover the chapter readings to be discussed that week. Students are expected to have read and have a basic understanding of each chapter. Students may arrange to take quizzes on a different date by contacting the professor prior to the quiz, otherwise, quizzes may only be taken late with a university excused absence. Quizzes are worth 5 points each and assess Student Learning Outcome 1.

### Tests

Examinations will cover assigned readings, lecture material, and Canvas discussions/presentations. Students are expected to take all examinations as scheduled. It is the student's responsibility to contact the professor to arrange alternative times to take tests. This should be completed in advance of scheduled test times. Tests are worth 20 points each and assess Student Learning Outcome 1.

#### **Functional Assessment Interview (FAI)**

Students will conduct an interview and functional behavioral assessment. Students will secure permission through a signed informed consent to observe a child with some behavioral difficulty and complete the Functional Assessment Interview located in Appendix B (O'Neil et al., 2015). The age of the child and the nature of the environment are flexible. Students will complete their own report. Chapter two (O'Neil et al., 2015) provides a thorough explanation for completing each section of the FAI form, and it also provides a specific example of a completed form beginning on page 23. The FAI is worth 15 points and assesses Student Learning Outcomes 2 and

#### **Behavior Support Plan (BSP)**

Using the collected data from the interview and functional behavioral assessment, the student will construct a behavior support plan. The Behavior Plan is worth 15 points and assesses Student Learning Outcomes 4 and 5.

### Course Calendar:

| Week    | Assigned Readings / Videos  | Assignments Due            |
|---------|---|----------------------------|
| Week 1: | Introduction, Impediments to managing behavior                                      |                            |
|         | Maag Chapters 1 & 2   | Quiz                       |
| Week 2: | O'Neil et al. Chapter 1<br>Theories of Behavior                                     |                            |
|         | Basic Principles of Behavior  |                            |
|         | Functional Assessment and Analysis Strategies                                       | Quiz                       |
|         | Maag Chapters 3 & 4   |                            |
|         | O'Neil et al. Chapter 2<br>Counting and Recording Behavior                          |                            |
| Week 3: | Graphing Behavior   | Quiz                       |
|         | Building Behavior Support Plans   |                            |
|         | Maag Chapters 5 & 6   |                            |
| Week 4: | O'Neil et al. Chapter 3<br>Functional Assessment of Behavior Problems               |                            |
|         | Preventative Approaches   |                            |
|         | Writing Behavior Support Plans  | Quiz                       |
|         | Maag Chapters 7 & 8   |                            |
| Week 5: | O'Neil et al. Chapter 4<br>Reinforcement Techniques                                 | Midterm Exam               |
|         | Differential Reinforcement  |                            |
|         | Maag Chapters 9 & 10  |                            |
| Week 6: | Punishment  | Quiz                       |
|         | Self-Management   |                            |
|         | Maag Chapters 11 & 12<br>Cognitive-Behavior Modification                            |                            |
| Week 7: | Promoting Generalization  | Quiz                       |
| Week 8: | Maag Chapters 13 & 14 Functional Assessment Interview and Behavior Support Plan Due | FAI & Behavior<br>Plan Due |

Final Exam Final Exam

\*\*Professor reserves the right to amend the syllabus at any time\*\*

#### **Important University Dates:**

June 12 Deadline to drop 8-week courses with no record

June 19 Juneteenth (University Closed)

July 14 Deadline to Drop 8-Week Classes with a Quit (Q) or Withdraw (W)

July 14 Student End of Course Survey Opens (8-Week Classes)

July 28 Classes End for 8-Week Session

https://www.tamuct.edu/registrar/academic-calendar.html

#### University Resources, Procedures, and Guidelines:

#### **Technology Requirements And Support**

This course will use the A&M-Central Texas Instructure Canvas learning management system. We strongly recommend the latest versions of Chrome or Firefox browsers. Canvas no longer supports any version of Internet Explorer.

Logon to A&M-Central Texas Canvas [https://tamuct.instructure.com/] or access Canvas through the TAMUCT Online link in myCT [https://tamuct.onecampus.com/]. You will log in through our Microsoft portal.

Username: Your MyCT email address. Password: Your MyCT password

# **Canvas Support**

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select "Chat with Canvas Support," submit a support request through "Report a Problem," or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

# **Online Proctored Testing**

A&M-Central Texas uses Proctorio for online identity verification and proctored testing. This service is provided at no direct cost to students. If the course requires identity verification or proctored testing, the technology requirements are: Any computer meeting the minimum computing requirements, plus web camera, speaker, and microphone (or headset). Proctorio also requires the Chrome web browser with their custom plug in.

# Other Technology Support

For log-in problems, students should contact Help Desk Central, 24 hours a day, 7 days a week

Email: helpdesk@tamu.edu Phone: (254) 519-5466

Web Chat: [http://hdc.tamu.edu]

Please let the support technician know you are an A&M-Central Texas student.

#### **Drop Policy**

If you discover that you need to drop this class, you must complete the Drop Request Dynamic Form through Warrior Web.

[https://federation.ngwebsolutions.com/sp/startSSO.ping?PartnerIdpId=https://eis-

prod.ec.tamuct.edu:443/samlsso&SpSessionAuthnAdapterId=tamuctDF&TargetResource=https%3a%2f%2fdynamicforms.ngwebsolutions.com%2fSubmit%2fStart%2f53b0502-4f36-be43-f02a4202f612].

Faculty cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the Academic Calendar for which the form must be completed. Once you submit the completed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

#### **Academic Integrity**

Texas A&M University-Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. All academic misconduct concerns will be referred to the Office of Student Conduct. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more information regarding the Student Conduct process, [https://www.tamuct.edu/student-affairs/student-conduct.html].

If you know of potential honor violations by other students, you may submit a report, [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout id=0].

#### **Academic Accommodations**

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Warrior Center for Student Success, Equity and Inclusion is responsible for ensuring that students with a disability receive equal access to the university's programs, services and activities. If you believe you have a disability requiring reasonable accommodations, please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information, please visit our Access & Inclusion Canvas page (log-in required) [https://tamuct.instructure.com/courses/717]

#### Important information for Pregnant and/or Parenting Students

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit Student Affairs [https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html]. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these requirements and guidelines online, please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender—including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

#### **Tutoring**

Tutoring is available to all A&M-Central Texas students, both virtually and in-person. Student success coaching is available online upon request.

If you have a question, are interested in becoming a tutor, or in need of success coaching contact the Warrior Center for Student Success, Equity and Inclusion at (254) 501-5836, visit the Warrior Center at 212 Warrior Hall, or by emailing WarriorCenter@tamuct.edu.

To schedule tutoring sessions and view tutor availability, please visit Tutor Matching Services [https://tutormatchingservice.com/TAMUCT] or visit the Tutoring Center in 111 Warrior Hall.

Chat live with a remote tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive online tutoring support at no additional cost. This tool provides tutoring in over 40 subject areas except writing support. Access Tutor.com through Canvas.

### **University Writing Center**

Located in Warrior Hall 416, the University Writing Center (UWC) at Texas A&M University—Central Texas (A&M—Central Texas) is a free service open to all A&M—Central Texas students. For the Summer 2022 semester, the hours of operation are from 10:00 a.m.-4:00 p.m. Monday thru Thursday in Warrior Hall 416 (with online tutoring available every hour as well) with satellite hours available online only Monday thru Thursday from 6:00-9:00 p.m. and most Saturdays from 12:00-3:00 p.m.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via WCOnline at [https://tamuct.mywconline.com/]. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment with your favorite tutor.

### **University Library**

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 400,000 eBooks and 82,000 journals, in addition to the 96,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place virtually through WebEx, Microsoft Teams or in-person at the library. Schedule an appointment here [https://tamuct.libcal.com/appointments/?g=6956]. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our Library website

[http://tamuct.libguides.com/index].

#### A Note about Sexual Violence at A&M-Central Texas

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Wellness and Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the Title IX webpage [https://www.tamuct.edu/compliance/titleix.html].

#### **Behavioral Intervention**

Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a concern, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the referral online

 $[https://cm.maxient.com/reportingform.php?TAMUCentralTexas\&layout\_id=2].$ 

Anonymous referrals are accepted. Please see the Behavioral Intervention Team website for more information [https://www.tamuct.edu/bit]. If a person's behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5805.

While this syllabus represents the direction and scope of this course, it is subject to change.