# PSYC 4384-115, 60113 UG INTERNSHIP Texas A&M University – Central Texas Summer 2023: June 5<sup>th</sup>- July 28<sup>th</sup>, 2023

Instructor: Bryan Hutchison, MS, LPC

Class Meetings: Weekly Individual Meetings as scheduled with professor.

Email: bryan.hutchison@tamuct.edu

(Please use my TAMUCT email for the correspondence regarding the course or for meetings, etc.)

Phone: 512-309-0987

Office hours: Monday and Thursday, 10-3

Bookings link for an appointment during office hours:

https://outlook.office365.com/owa/calendar/BryanHutchison1@tamuct.onmicrosoft.com/bookings/

<u>Please email me if you need to meet outside of my office hours. I can usually accommodate another time easily.</u>

# **Mode of Instruction and Course Access**

This course has a hybrid course instructional method; your interactions with the instructor will occur online via synchronous web-based meetings. The context for other course experiences will vary depending upon the specific focus of your internship. Individuals can choose to participate in a field-based experience where they engage in activities related to the profession of psychology (i.e., volunteering at a mental health clinic), work under the supervision of a departmental faculty member on empirical research in the field of psychology, or a combination of these two activities. The instructor will determine if a student's proposed internship activities meet course requirements. Regardless of which option you select, all students will meet weekly with the instructor (day/time to be arranged during first week of class).

Online interactions for the course will rely on TAMUCT's learning management system Canvas: The course web page is: [https://tamuct.instructure.com/\_ See the *Technological Requirements* section of the syllabus for more information on accessing/using Canvas.

Online interactions with the course instructor will occur via Microsoft Teams

This is a 8-week course during summer 2023, June 5<sup>th</sup>-July 28<sup>th</sup>.

# **Course Overview**

**PSYC 4384.** Psychology Undergraduate Internship. 3 Credit Hours. Explore supervised professional activities in psychology. Major emphasis is placed on the student's involvement in successful practices in the area of interest. Students must have the approval of the Department Chair to enroll in this course.

# **Student Learning Outcomes**

- 1. Demonstrate fundamental knowledge and comprehension of the major concepts, theoretical perspectives, historical trends, and empirical findings to discuss how psychological principles apply to behavioral problems.
- 2. Use scientific reasoning predicated on a foundation of informational literacy to interpret psychological phenomena.
- 3. Demonstrate specific skills, competencies, and points of view needed by professionals in the field (e.g., group work).

#### **Student-instructor Interactions**

The best way to ask me a question or make a comment outside of the "classroom" is via my university email <a href="mailto:bryan.hutchison@tamuct.edu">bryan.hutchison@tamuct.edu</a> or to message me via Teams. I will check this email account daily M-F. I typically respond within 24 hours; however, kindly allow 48 business hours when awaiting a reply. Check Canvas notifications often for important messages and updates.

#### **Required Reading**

(Sweitzer & King, 2004) The successful internship: Transformation and empowerment in experiential learning (Second Edition)

# What you will be graded on:

<u>Site Information and Goals:</u> (30 pts) This course allows you to demonstrate how your fundamental knowledge of major concepts, theoretical perspectives, and empirical findings apply in a psychological setting. This form connects me (your instructor) with your site supervisor and assist me in facilitating your learning by asking questions, leading discussions, and empowering your learning and growth within a framework predicated upon your reported combined experience and knowledge. This form must be completed for each site that you plan to complete any internship hours.

SLOS assessed (1,2, &3)

<u>Professionalism</u>: (5 pts\*8 = 40 pts total): This course requires students to engage in professional activities in psychology, so it makes sense that you would be evaluated on your professionalism. This evaluation will be based on a combination of your active participation in regularly scheduled student/instructor meetings (50%) and feedback that is provided by either the site supervisor where you are participating in fieldwork or the faculty with whom you are working on research or other assigned activities (50%). SLOS assessed: 1 & 2

<u>Weekly Internship Journal</u>: (5 pts each \* 8 = 40 pts total): Each week you will complete a brief journaling assignment related to your internship activities for the week. <u>Each entry must include</u>:

- A listing of what internship activities you completed, and the amount of time spent in each activity for the week.
- A comment on how your experiences during the week aligned with or conflicted with major concepts, theoretical perspectives, historical trends, or empirical findings in psychology.
- A brief reflection on what went well for the week in your internship activities.
- A brief reflection on what challenges you faced for the week in internship activities.

SLOS assessed: 1, 2, & 3

<u>Final Internship Reflection</u>: (20 pts total): At the end of the semester, you will write a reflection essay. In this essay you should reflect on what you learned/experienced and make <u>explicit connections</u> to major concepts, theoretical perspectives, historical trends, or empirical findings in psychology. Grades will be based on depth of thought and quality of writing.

SLOs assessed: 1, 2, & 3

#### Grading \*\*\*Please Allow one week for assignments to be graded and grades to be posted in Canvas. \*\*\*

| Site Info. and Goals  | 30  |
|-----------------------|-----|
| Professionalism       | 40  |
| Weekly Journals (5*8) | 40  |
| Final Reflection      | 20  |
| Total =               | 130 |

#### **Late Work**

All assignments will have due dates posted in Canvas (typically Sunday evenings by 11:59 pm expect for the final week of class). I typically do not accept late assignments, however, if significant (documented) life events (e.g., illness) interfere with your ability to meet a deadline, you and the instructor will discuss whether late submission will result in loss of points. The final decision will be made by the instructor. Additionally, please schedule to meet with me, or bring to my attention during our regularly scheduled meetings, if you are experiencing challenges that interfere with your ability to be successful (i.e. work/school balance, family responsibilities, etc.) so we can be proactive together. I am here to help you succeed!

## **Some Thoughts About This Course**

This course is an exciting opportunity for you to begin applying the skills/knowledge you have learned in your previous coursework. There is significant flexibility in the design of this course; consequently, it is less structured than many other courses. This gives you great freedom, but it also requires greater responsibility. You will need to invest more time, energy, and focus on your understanding; however, this can create significant meaning and appreciation in your work. If at any point you are feeling lost or are unsure about what you should be doing, do not hesitate to raise those questions in our regular meetings or via email. Again, I want to ensure you succeed!

#### **COURSE CALENDER**

| Week | Date      | Activity                                       | Turn in by Sunday @ 11:59 PM      |  |
|------|-----------|--|-----------------------------------|--|
| 1    | 6/5-6/11  | Initial Meeting with professor (confirm        | Read Syllabus                     |  |
|      |           | approval of activities); Internship activities | Site Goals and Information Form   |  |
|      |           | (8 hours)                                      | Weekly Reading (Chapters 1-2)     |  |
|      |           |  | Journal 1                         |  |
| 2    | 6/12-6/18 | Meeting with professor; Internship             | Weekly Reading (Chapters 3-4)     |  |
|      |           | activities (8 hours)                           | Journal 2                         |  |
| 3    | 6/19-6/25 | Meeting with professor; Internship             | Weekly Reading (Chapters 5, 6, 7) |  |
|      |           | activities (8hours)                            | Journal 3                         |  |
| 4    | 6/26-7/2  | Meeting with professor; Internship             | Weekly Reading (Chapters 8-9)     |  |
|      |           | activities (8hours)                            | Journal 4                         |  |
| 5    | 7/3-7/9   | Meeting with professor; Internship             | Weekly Reading (Chapters 10-11)   |  |
|      |           | activities (8hours)                            | Journal 5                         |  |
| 6    | 7/10-7/16 | Meeting with professor; Internship             | Weekly Reading (Chapters 12-13)   |  |
|      |           | activities (8hours)                            | Journal 6                         |  |
| 7    | 7/17-7/23 | Meeting with professor; Internship             | Weekly Reading (Chapter 14)       |  |
|      |           | activities (8hours)                            | Journal 7                         |  |
| 8    | 7/24-7/28 | Final Meeting with professor; Internship       | Journal 8                         |  |
|      |           | activities (8 hours)                           | Final Reflection                  |  |
|      |           |  | DUE BY FRIDAY!!!                  |  |

# **Emergency Warning System for Texas A&M University-Central Texas**

**SAFEZONE.** SafeZone provides a public safety application that gives you the ability to call for help with the push of a button. It also provides Texas A&M University-Central Texas the ability to communicate emergency information quickly via push notifications, email, and text messages. All students automatically receive email and text messages via their myCT accounts.

Downloading SafeZone allows access to push notifications and enables you to connect directly for help through the app.

You can download SafeZone from the app store and use your myCT credentials to log in. If you would like more information, you can visit the <a href="SafeZone">SafeZone</a> website <a href="SafeZone">SafeZon

To register SafeZone on your phone, please follow these 3 easy steps:

- 1. Download the SafeZone App from your phone store using the link below:
  - iPhone/iPad: [https://apps.apple.com/app/safezone/id533054756]
  - Android Phone / Tablet

[https://play.google.com/store/apps/details?id=com.criticalarc.safezoneapp]

- 2. Launch the app and enter your myCT email address (e.g. <a href="mailto:launch:1.5">\frac{1}{2} \text{mane} \text{@tamuct.edu}</a>)
- 3. Complete your profile and accept the terms of service

For updates on COVID information, please monitor the University website

[https://www.tamuct.edu/covid19/]

# **TECHNOLOGY REQUIREMENTS AND SUPPORT**

# **Technology Requirements**

This course will use the A&M-Central Texas Instructure Canvas learning management system. We strongly recommend the latest versions of Chrome or Firefox browsers. Canvas no longer supports any version of Internet Explorer.

Logon to A&M-Central Texas Canvas [https://tamuct.instructure.com/] or access Canvas through the TAMUCT Online link in myCT [https://tamuct.onecampus.com/]. You will log in through our Microsoft portal.

Username: Your MyCT email address. Password: Your MyCT password

#### **Canvas Support**

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select "Chat with Canvas Support," submit a support request through "Report a Problem," or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

#### **Online Proctored Testing**

A&M-Central Texas uses Proctorio for online identity verification and proctored testing. This service is provided at no direct cost to students. If the course requires identity verification or proctored testing, the technology requirements are: Any computer meeting the minimum computing requirements, plus web camera, speaker, and microphone (or headset). Proctorio also requires the Chrome web browser with their custom plug in.

#### **Other Technology Support**

For log-in problems, students should contact Help Desk Central, 24 hours a day, 7 days

a week Email: helpdesk@tamu.edu

Phone: (254) 519-5466

Web Chat: [http://hdc.tamu.edu]

Please let the support technician know you are an A&M-Central Texas student.

#### UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

#### **Academic Accommodations**

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Warrior Center for Student Success, Equity and Inclusion is responsible for ensuring that students with a disability receive equal access to the university's programs, services and activities. If you believe you have a disability requiring reasonable accommodations, please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information, please visit our <u>Access & Inclusion</u> Canvas page (log-in required) [https://tamuct.instructure.com/courses/717]

#### **Academic Integrity**

Texas A&M University-Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Any

deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. All academic misconduct concerns will be referred to the Office of Student Conduct. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action. For more information regarding the student conduct process, [https://www.tamuct.edu/student-affairs/student-conduct.html].

If you know of potential honor violations by other students, you may <u>submit a referral</u>, [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout id=0].

#### **Drop Policy**

If you discover that you need to drop this class, you must complete the <u>Drop Request</u> Dynamic Form through Warrior Web.

[https://federation.ngwebsolutions.com/sp/startSSO.ping?PartnerIdpId=https://eis-

prod.ec.tamuct.edu:443/samlsso&SpSessionAuthnAdapterId=tamuctDF&TargetResource=https%3a%2f%2fdynamicforms.ngwebsolutions.com%2fSubmit%2fStart%2f53b8369e-0502-4f36-be43-f02a4202f612].

Faculty cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the Academic Calendar for which the form must be completed. Once you submit the completed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

#### Important information for Pregnant and/or Parenting Students

Texas A&M University-Central Texas supports students who are pregnant, experiencing pregnancy-related conditions, and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit <a href="Student Affairs">Student Affairs</a> [<a href="https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html">https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html</a>]. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these <a href="requirements and guidelines">requirements and guidelines</a> online, please visit the website [<a href="http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf">http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf</a>].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender–including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

#### **Tutoring**

Tutoring is available to all A&M-Central Texas students, both virtually and in-person. Student success coaching is available online upon request.

If you have a question, are interested in becoming a tutor, or in need of success coaching contact the Warrior Center for Student Success, Equity and Inclusion at (254) 501-5836, visit the Warrior Center at 212 Warrior Hall, or by emailing <a href="WarriorCenter@tamuct.edu">WarriorCenter@tamuct.edu</a>.

To schedule tutoring sessions and view tutor availability, please visit Tutor Matching

Services [https://tutormatchingservice.com/TAMUCT] or visit the Tutoring Center in 111 Warrior Hall.

Chat live with a remote tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive online tutoring support at no additional cost. This tool provides tutoring in over 40 subject areas except writing support. Access Tutor.com through Canvas.

# **University Library & Archives**

The University Library & Archives provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 400,000 eBooks and 82,000 journals, in addition to the 96,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place virtually through WebEx, Microsoft Teams or in-person at the library. Schedule an appointment here [https://tamuct.libcal.com/appointments/?g=6956]. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments. Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our Library website [http://tamuct.libguides.com/index]

# **University Writing Center**

University Writing Center: Located in Warrior Hall 416, the University Writing Center (UWC) at Texas A&M University—Central Texas (A&M—Central Texas) is a free service open to all A&M—Central Texas students. The hours of operation are from 10:00 a.m.-5:00 p.m. Monday thru Thursday in Warrior Hall 416 (with online tutoring available every hour as well) with satellite hours available online only Monday thru Thursday from 6:00-9:00 p.m. and Saturday 12:00-3:00 p.m. Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via <a href="WCOnline">WCOnline</a> [https://tamuct.mywconline.com/]. In addition, you can email Dr. Bruce Bowles Jr. at <a href="bruce.bowles@tamuct.edu">bruce.bowles@tamuct.edu</a> if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment with your favorite tutor.

#### A Note about Sexual Violence at A&M-Central Texas

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Wellness and Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the Title IX webpage [https://www.tamuct.edu/compliance/titleix.html].

# **Behavioral Intervention**

Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a concern, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the <a href="referral">referral</a> online <a href="https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout\_id=2">Intervention Team</a>. Referring your concern shows you care. You can complete the <a href="referral">referral</a> online <a href="https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout\_id=2">referral</a> online <a href="https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout\_id=2">referral</a> online

Anonymous referrals are accepted. Please see the <u>Behavioral Intervention Team</u> website for more information [<u>https://www.tamuct.edu/bit</u>]. If a person's behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5805.

# **Copyright Notice**

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