

## **Abnormal Psychology- 60104- PSYC 3310**

**Summer 2023**

Texas A&M University-Central Texas

### **COURSE DATES, MODALITY, AND LOCATION**

Summer Session, June 5th, 2023 - July 28th, 2023

This is a 100% online course, and uses the A&M-Central Texas Canvas Learning Management System [<https://tamuct.instructure.com/>]. This class is asynchronous. Follow the course calendar in this syllabus closely. Additionally, follow the modules on Canvas.

### **INSTRUCTOR AND CONTACT INFORMATION**

**Instructor: Rebekah Oakley, Ph.D., LSSP, LP**

**Office: Online Only**

**Email:** becki.oakley@tamuct.edu

**Office Hours: As needed. Available daily for virtual appointments.**

### **Student-instructor interaction**

Email me to schedule a Microsoft TEAMS meeting.

Requests and emails will be answered within 48 hours, although usually much sooner.

### **Emergency Warning System for Texas A&M University-Central Texas**

**SAFEZONE.** SafeZone provides a public safety application that gives you the ability to call for help with the push of a button. It also provides Texas A&M University-Central Texas the ability to communicate emergency information quickly via push notifications, email, and text messages. All students automatically receive email and text messages via their myCT accounts.

Downloading SafeZone allows access to push notifications and enables you to connect directly for help through the app.

You can download SafeZone from the app store and use your myCT credentials to log in. If you would like more information, you can visit the [SafeZone](http://www.safezoneapp.com) website [[www.safezoneapp.com](http://www.safezoneapp.com)].

To register SafeZone on your phone, please follow these 3 easy steps:

1. Download the SafeZone App from your phone store using the link below:
  - [iPhone/iPad](https://apps.apple.com/app/safezone/id533054756): [https://apps.apple.com/app/safezone/id533054756]
  - [Android Phone / Tablet](https://play.google.com/store/apps/details?id=com.criticalarc.safezoneapp)  
[https://play.google.com/store/apps/details?id=com.criticalarc.safezoneapp]
2. Launch the app and enter your myCT email address (e.g. {name}@tamuct.edu)
3. Complete your profile and accept the terms of service

**For updates on COVID information, please monitor the University [website](https://www.tamuct.edu/covid19/)**  
[https://www.tamuct.edu/covid19/]

## **COURSE INFORMATION**

Course Overview and description Abnormal Psychology: An overview of the history, causes, and treatments of deviant behavior. Psychological, social, and physiological factors as they relate to the development of abnormal behavior and its subsequent treatment.

Prerequisites: Junior classification and PSY 101, 102, or approval of department head.

### **Course Objective or Goal Student Learning Outcomes:**

History of Abnormal Behavior

Psychopathology an integrative approach

Clinical assessment & diagnosis

Anxiety disorders

Somatoform & dissociative disorders

Mood disorders & suicide

Physical disorders & health psychology

Eating & sleep disorders Sexual & gender identity disorders

Substance-related & impulse-control disorders

Personality disorders

Schizophrenia & other psychotic disorders

Developmental & cognitive disorders

Mental health services: legal & ethical issues

Competency Goals Statements (certification or standards)

This course will be an introduction to abnormal psychology. There is a great deal of information to be learned, yet the deeper learning takes place in graduate programs.

## **Required Reading and Textbook(s)**

*Essentials of Abnormal Psychology* by Mark Durand, David Barlow, and Stefan Hofman

*Casebook in Abnormal Psychology* by Timothy Brown and David Barlow

The textbooks are available through Cengage.

Additional podcasts and articles as listed in the calendar and in the modules on Canvas. Access to be provided by link.

## **COURSE REQUIREMENTS**

**Weekly Participation** (35 points/week, 8 weeks, 280 points total): Each week is represented by a module in this course. Each module will include one prompt for participation. Prompts may include commenting on a discussion post, listening to an assigned podcast or reading an

assigned reading or website. Students can receive 25 points for an original post and 10 points for commenting on a peer's post. Each post should be at least 7 well-formed and accurate sentences. Each response should be at least 5 well-formed and accurate sentences. Grading for posts will include an emphasis on grammar and clarity as well as content. Both the resource and the discussion post prompt are available on the course calendar and the module. Discussion board posts should be turned in by the Wednesday of each week by 11:59 PM or late points will be assessed.

**Syllabus Quiz:** (40 points): Complete the Syllabus Quiz by June 7th, 2023. This is found on Module 1.

**Case Studies** (36 points/case study, 5 case studies, 180 points total): Each student will read five individual case studies of their choosing from the Casebook (found in the required readings section) and answer the discussion questions at the end of each case study. This assignment is to be 1-2 pages in length for each case study and will allow room for the students to add their personal experiences. This assignment enhances knowledge of the various disorders discussed. Grammar, professional writing and clarity are very important.

**Final Project (Powerpoint)** (100 points): The purpose of this assignment is to familiarize students with the research surrounding their selected topic and to give them the opportunity to present their findings. Each student will choose a relevant mental health disorder (from the text) and will be required to gather appropriate information concerning the disorder. The project is to have a minimum of 5 peer-reviewed journal articles; written in APA format or 4 peer-reviewed journal articles and 1 podcast interview with an expert in the field. Other resources may be used as well. The length of the powerpoint is 10-12 slides, including a title slide and reference slide. This project should include an insightful overview of the history/etiology, symptoms, and diagnosis and treatment. Additionally, each project must include one slide looking in depth at a recent (within the past 2 years) research study about this disorder and summarize the findings and indications of the study. A rubric is provided on Module 8.

## **Packets**

Four packets will be completed throughout the course. Open the PDF of the packet on the module corresponding to the due date for the packet. There is also a link to submit your packet (typed and saved on your own document) on the same module. The packets include short answer and fill in the blank questions.

Packet 1 (100 points) This short answer packet will cover chapters 1, 2, 3, & 4 of the course textbook.

Packet 2 (100 points) This short answer packet will cover chapters 5, 6, & 7, 8 of the course textbook.

Packet 3 (100 points) This short answer packet will cover chapters 9, 10, & 11 of the course textbook.

Packet 4 (100 points) This short answer packet will cover Chapters 12, 13, & 14 of the course textbook.

**Final Grade:**

900-1000 pts. A

800-899 pts. B

700-799 pts. C

600-699 pts. D

Below 600 pts. F

**Posting of Grades**

Assignments and submissions will be graded within 1 week with grades being posted on Canvas.

**Grading Policies**

Due dates are posted on the course calendar. Work will be accepted after the due date for up to ½ credit of total points. Writing will be graded on accuracy, adherence to the prompt, grammar, and clarity.

**COURSE OUTLINE AND CALENDAR**

Date	Online Participation	Please Read In Text	Details
Wednesday 6/7/23  Module 1	Complete Syllabus Quiz and access the Timeline of Significant Events at the end of Chapter 1.	Chapter 1 Durland and Barlow (D&B)	<i>Participation Points</i> Post on Module 1 Discussion Board: Indicate 2 significant events that relate to another course you have taken and 1 significant event that is new information to you.

			Syllabus Quiz due Friday June 9, 2023
Wednesday 6/14/23 Module 2	Access the following overview of mental health disorder diagnosis and treatment: <a href="https://www.mayoclinic.org/diseases-conditions/mental-illness/diagnosis-treatment/drc-20374974">https://www.mayoclinic.org/diseases-conditions/mental-illness/diagnosis-treatment/drc-20374974</a>	Chapter 2, Chapter 3 D&B	<i>Participation Points</i> Post on Module 2 Discussion Board indicating which disorders of those listed you are most interested in learning about AND indicate a treatment listed in this resource as well as a brief description in your own words of what the treatment is.  Case Study 1 due by 11:59 PM Sunday, June 11, 2023.
Wednesday 6/21/23 Module 3	Listen to the following podcast: <a href="https://www.apa.org/news/podcasts/speaking-of-psychology/anxiety">https://www.apa.org/news/podcasts/speaking-of-psychology/anxiety</a>	Chapter 4&5 D&B	<i>Participation Points</i> Post on Module 3 Discussion Board regarding the podcast assigned. What are 2 things you learned from this podcast regarding anxiety?  Packet 1 due by 11:59 PM Sunday, June 25th, 2023  Case Study 2 due by 11:59 PM Sunday June 25th, 2023
Wednesday 6/28/23 Module 4	Listen to this podcast: <a href="https://www.apa.org/news/podcasts/speaking-of-psychology/stress">https://www.apa.org/news/podcasts/speaking-of-psychology/stress</a>	Chapter 6 & 7 D&B	<i>Participation Points</i> Post on the Module 4 Discussion Board indicating 1) some ways stress affects the immune system according to Dr. Slavich and 2) several methods Dr. Slavich describes to

			<p>help mitigate the harm of stress on the body.</p> <p>Case Study 3 due by 11:59 PM Sunday July 2nd, 2023</p>
<p>Thursday 7/6/23 Module 5 (Note this is one day later than a normal due date of Wednesday due to July 4th holiday).</p>	<p>Read the following article: <a href="https://www.apa.org/monitor/2016/04/eating-disorders">https://www.apa.org/monitor/2016/04/eating-disorders</a></p>	<p>Chapter 8 &amp; 9 D&amp;B</p>	<p><i>Participation Points</i></p> <p>Post on the discussion board for Module 5 information about the neurotransmitter dopamine that you learned about from this article with regards to eating disorders.</p> <p>Case Study 4 Due by 11:59 PM Sunday July 9th, 2023.</p> <p>Packet 2 due by 11:59 PM Sunday, July 9th, 2023.</p>
<p>Wednesday 7/12/23 Module 6</p>	<p>Read this brief article: <a href="https://www.apa.org/monitor/2017/04/ce-corner">https://www.apa.org/monitor/2017/04/ce-corner</a></p>	<p>Chapter 10 &amp; 11 D&amp;B</p>	<p><i>Participation Points</i></p> <p>On the discussion board for Module 6, describe one of the strategies psychologists can use in assisting a person with opioid addiction.</p> <p>Packet 3 due by 11:59 PM Sunday, July 16th, 2023.</p> <p>Case Study 5 due by 11:59 PM Sunday, July 16th, 2023.</p>

Wednesday 7/19/23 Module 7	Listen to the following podcast: <a href="https://www.apa.org/news/podcasts/speaking-of-psychology/borderline-personality-disorder">https://www.apa.org/news/podcasts/speaking-of-psychology/borderline-personality-disorder</a>	Chapter 12 & 13 D&B	<i>Participation Points</i> On the discussion post for Module 7, indicate two questions you would ask the speaker in the podcast.
Wednesday 7/26/23 Module 8	Access: <a href="https://www.nasponline.org/professional-development/a-closer-look/five-clues-in-your-data-identifying-children-with-autism-spectrum-disorders">https://www.nasponline.org/professional-development/a-closer-look/five-clues-in-your-data-identifying-children-with-autism-spectrum-disorders</a>	Chapter 14 D&B	<i>Participation Points</i> On the discussion board for Module 8, describe 2 of the 5 clues for school psychologists in Autism Spectrum Disorders.  Packet 4 due Wednesday 7/26/23.  Final Project due 7/28/2023.

### Important University Dates

<https://www.tamuct.edu/registrar/academic-calendar.html>

### TECHNOLOGY REQUIREMENTS AND SUPPORT

#### Technology Requirements

This course will use the A&M-Central Texas Instructure Canvas learning management system. We strongly recommend the latest versions of Chrome, Firefox, Edge, or Safari browsers. Canvas will run on Windows, Mac, Linux, iOS, android, or any other device with a modern web browser. **Canvas no longer supports any version of Internet Explorer.**



Logon to A&M-Central Texas Canvas [<https://tamuct.instructure.com/>] or access Canvas through the TAMUCT Online link in myCT [<https://tamuct.onecampus.com/>] by clicking on the “TAMUCT Online Canvas” tile. You will then log in through our Microsoft portal.

Username: Your MyCT email address. Password: Your MyCT password

### **Canvas Support**

Use the Canvas Help tab, located at the bottom of the left-hand menu, for issues with Canvas. You can search the support articles or use the Email, Call, or Chat buttons at the bottom of the support pop-up to contact the Canvas Help Desk.

For issues related to course content and requirements, contact your instructor.

### **Online Proctored Testing**

A&M-Central Texas uses Proctorio for online identity verification and proctored testing. This service is provided at no direct cost to students. If the course requires identity verification or proctored testing, the technology requirements are: Any computer meeting the minimum computing requirements, plus web camera, speaker, and microphone (or headset). Proctorio requires use of the Chrome web browser with their custom plug in installed.

Other Technology Support

For log-in problems, students should contact Help Desk Central, 24 hours a day, 7 days a week

Email: [helpdesk@tamu.edu](mailto:helpdesk@tamu.edu)

Phone: (254) 519-5466

[Web Chat](http://hdc.tamu.edu): [<http://hdc.tamu.edu>]

*Please let the support technician know you are an A&M-Central Texas student.*

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## **UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES**

### **Academic Accommodations**

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Warrior Center for Student Success, Equity and Inclusion is responsible for ensuring that students with a disability receive equal access to the university’s programs, services and activities. If you believe you have a disability requiring reasonable accommodations, please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information, please visit our [Access & Inclusion](https://tamuct.instructure.com/courses/717) Canvas page (log-in required) [<https://tamuct.instructure.com/courses/717>]

## Academic Integrity

Texas A&M University-Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. All academic misconduct concerns will be referred to the Office of Student Conduct. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more [information regarding the student conduct process](https://www.tamuct.edu/student-affairs/student-conduct.html),  
[https://www.tamuct.edu/student-affairs/student-conduct.html].

If you know of potential honor violations by other students, you may [submit a referral](https://cm.maxient.com/reporting.php?TAMUCentralTexas),  
[https://cm.maxient.com/reporting.php?TAMUCentralTexas].

## Drop Policy

If you discover that you need to drop this class, you must complete the [Drop Request](#) Dynamic Form through Warrior Web.

[https://federation.ngwebsolutions.com/sp/startSSO.ping?PartnerIdId=https://eis-prod.ec.tamuct.edu:443/samlSSO&SpSessionAuthnAdapterId=tamuctDF&TargetResource=https%3a%2f%2fdynamicforms.ngwebsolutions.com%2fSubmit%2fStart%2f53b8369e-0502-4f36-be43-f02a4202f612].

Faculty cannot drop students; this is always the responsibility of the student. The Records and Admissions Office will provide a deadline on the Academic Calendar for which the form must be completed. Once you submit the completed form to the Records and Admissions Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Records and Admissions Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

## Pregnant and/or Parenting Students Rights and Accommodations

A&M-Central Texas supports students who are pregnant, experiencing pregnancy-related conditions, and/or parenting. In accordance with requirements of [Title IX and related guidance from US Department of Education's Office of Civil Rights](#), the Associate Dean in the Division of Student Affairs, (254) 501-5909, can assist students who are pregnant, experiencing pregnancy-related conditions, and/or parenting by provide flexible and individualized reasonable accommodations. Students should seek out assistance as early in the pregnancy as possible through the [Pregnancy & Parenting webpage](#) [https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html]. For more information, please visit [Student Affairs](#) [https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html]. If you would like

to read more about these [requirements and guidelines](http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf) online, please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

[Title IX of the Education Amendments Act of 1972](https://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.html) specifically prohibits discrimination against a student based on pregnancy, childbirth, false pregnancy, termination of pregnancy, or recovery from any of these conditions [https://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.html].

Students experiencing any form of discrimination due to any of these conditions are encouraged to reach out to the Title IX Coordinator, 254.519.5716, titleix@tamuct.edu, Founders Hall 317B, or the Associate Dean of Student Affairs, 254.501.5909, Warrior Hall 105.

### **Title IX Rights and Reporting Responsibilities**

A&M-Central Texas is committed to creating a safe and open learning environment for all students. If you or another student has experienced any form of gender discrimination or sexual misconduct, including sexual harassment, sexual assault, dating/domestic violence, and/or sex-based stalking, help and support are available. Our university strongly encourages all members of our campus community to report incidents and seek support for gender discrimination and sexual misconduct through the Title IX Office. You may contact the Title IX Office at 254.519.5716, titleix@tamuct.edu, Founders Hall 317B, or learn more by visiting the [Title IX webpage](https://www.tamuct.edu/compliance/titleix.html) [https://www.tamuct.edu/compliance/titleix.html].

Please be aware that that under [Title IX](https://policies.tamus.edu/08-01-01.pdf), [Texas Senate Bill 212](https://policies.tamus.edu/08-01-01.pdf), and [System Regulation 08.01.01](https://policies.tamus.edu/08-01-01.pdf), [https://policies.tamus.edu/08-01-01.pdf] all university employees are mandated reporters and are required to disclose information about suspected or alleged violations as listed above and defined in System Regulation 08.01.01. If the Title IX Office receives information about an incident, they will reach out to offer information about resources, rights, and procedural options as a member of the campus community. Although I have an obligation to report, you will, in most cases, control how your case will be handled. When working with the Title IX Office you will have access to resources and accommodations but also have the opportunity to express if you wish to move forward with an investigation. Our goal is to make sure you are aware of the options available to you as a student. Community members are not required to respond to this outreach.

If you or another student wishes to speak to a confidential employee who does not have this reporting responsibility, you can contact the [Student Wellness & Counseling Center](https://www.tamuct.edu/student-affairs/student-counseling.html), [https://www.tamuct.edu/student-affairs/student-counseling.html], 254.501.5955, or swacc@tamuct.edu, located in Warrior Hall Room 207L or the Student Support Advocate, 254.501.5978 or ssa@tamuct.edu, located in founder Hall Room 317D.

### **Tutoring and Success Coaching**

Tutoring and success coaching services are available to all A&M-Central Texas students, both virtually and in-person.

To schedule tutoring sessions or view tutor availability, please contact [Warriorcenter@tamuct.edu](mailto:Warriorcenter@tamuct.edu) or visit Warrior Hall, 111.

If you have questions about these or other academic support services or are interested in becoming a tutor, please contact the Warrior Center for Student Success, Equity and Inclusion at (254) 501-5836, email us at [WarriorCenter@tamuct.edu](mailto:WarriorCenter@tamuct.edu). You are welcome to visit the Warrior Center at Warrior Hall, suite 212.

*Chat live with a remote tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive online tutoring support at no additional cost. This tool provides tutoring in over 40 subject areas except writing support. Access Tutor.com through Canvas.*

## **University Library & Archives**

The University Library & Archives provides many services in support of research across campus and at a distance. We offer over 350 electronic databases containing approximately 631,525 eBooks and 75,149 journals, in addition to the 97,443 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place virtually through WebEx, Microsoft Teams or in-person at the library. [Schedule an appointment here](https://tamuct.libcal.com/appointments) [<https://tamuct.libcal.com/appointments>]. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group workspaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our [Library website](https://tamuct.libguides.com/index) [<https://tamuct.libguides.com/index>]

### **University Writing Center**

University Writing Center: For the summer semesters, all University Writing Center (UWC) tutoring services are entirely online. The hours of operation are from 10:00 a.m.-4:00 p.m. Monday through Thursday with additional hours Monday through Thursday nights from 6:00-9:00 p.m. The UWC is also offering hours from 12:00-3:00 p.m. on Saturdays.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing,

our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via [WCOnline](https://tamuct.mywconline.com/) [https://tamuct.mywconline.com/]. In addition, you can email Dr. Bruce Bowles Jr. at [bruce.bowles@tamuct.edu](mailto:bruce.bowles@tamuct.edu) if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment with your favorite tutor.

## **OTHER POLICY STATEMENTS**

### **A Note about Sexual Violence at A&M-Central Texas**

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Wellness and Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the [Title IX webpage](https://www.tamuct.edu/compliance/titleix.html) [https://www.tamuct.edu/compliance/titleix.html].

### **Behavioral Intervention**

Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a concern, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the [referral](#) online

[https://cm.maxient.com/reporting.php?TAMUCentralTexas].

Anonymous referrals are accepted. Please see the [Behavioral Intervention Team](https://www.tamuct.edu/bit) website for more information [https://www.tamuct.edu/bit]. If a person's behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5805.

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## **Copyright Notice**

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