

Abnormal Psychology PSYC 3310

Spring 2023

Texas A&M University-Central Texas

COURSE DATES, MODALITY, AND LOCATION

Select Wednesdays 6-7 PM January 17, 2023 - May 12, 2023

This is a 100% online course, and uses the A&M-Central Texas Canvas Learning Management System [<https://tamuct.instructure.com/>]. Please follow calendar for mandatory class meeting dates through Canvas.

INSTRUCTOR AND CONTACT INFORMATION

Instructor: Rebekah Oakley, Ph.D., LSSP, LP

Office: Online Only

Email: becki.oakley@tamuct.edu

Office Hours: As needed. Available daily for virtual appointments.

Student-instructor interaction

Email me to schedule a Microsoft TEAMS meeting.

Requests and emails will be answered within 48 hours, although usually much sooner.

WARRIOR SHIELD

Emergency Warning System for Texas A&M University-Central Texas

Warrior Shield is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in Warrior Shield through their myCT email account.

Connect to Warrior Shield to change where you receive your alerts or to opt out. By staying enrolled in Warrior Shield, university officials can quickly pass on safety-related information, regardless of your location.

COURSE INFORMATION

Course Overview and description Abnormal Psychology: An overview of the history, causes, and treatments of deviant behavior. Psychological, social, and physiological factors as they relate to the development of abnormal behavior and its subsequent treatment.

Prerequisites: Junior classification and PSY 101, 102, or approval of department head.

Course Objective or Goal Student Learning Outcomes:

History of Abnormal Behavior

Psychopathology an integrative approach

Clinical assessment & diagnosis

Anxiety disorders

Somatoform & dissociative disorders

Mood disorders & suicide

Physical disorders & health psychology

Eating & sleep disorders Sexual & gender identity disorders

Substance-related & impulse-control disorders

Personality disorders

Schizophrenia & other psychotic disorders

Developmental & cognitive disorders

Mental health services: legal & ethical issues

Competency Goals Statements (certification or standards)

This course will be an introduction to abnormal psychology. There is a great deal of information to be learned, yet the deeper learning takes place in graduate programs.

Required Reading and Textbook(s)

Essentials of Abnormal Psychology by Mark Durand, David Barlow, and Stefan Hofman

Casebook in Abnormal Psychology by Timothy Brown and David Barlow

The textbooks are available through Cengage.

Additional podcasts and articles as listed in the calendar and in the modules on Canvas. Access to be provided by link.

COURSE REQUIREMENTS

Weekly Participation (20 points/week, 16 weeks, 320 points total): Each week is represented by a module in this course. Each module will include one prompt for participation. Prompts may include commenting on a discussion post, listening to an assigned podcast or reading an assigned reading or website. Students can receive 15 points for an original post and 5 points for commenting on a peer's post. Both the resource and the discussion post prompt are available on the course calendar and the module. On the weeks when a class meeting is held, participation will include attending class. Discussion board posts should be turned in by the Wednesday of each week by 11:59 PM or late points will be assessed.

Case Studies (30 points/case study, 6 case studies, 180 points total): Reading six individual case studies of your choosing from the Casebook (found in the required readings section) and answering the discussion questions at the end of each case study. This assignment is to be 1-2 pages in length for each case study and will allow room for the students to add their personal experiences. This assignment enhances knowledge of the various disorders discussed.

Final Project (Powerpoint) (100 points): The purpose of this assignment is to familiarize students with the research surrounding their selected topic and to give them the opportunity to present their findings. . Each student will choose a relevant mental health disorder (from the text) and will be required to gather appropriate information concerning the disorder. The project is to have a minimum of 5 peer-reviewed journal articles; written in APA format or 4 peer-reviewed journal articles and 1 podcast interview with an expert in the field. Other resources may be used as well. The length of the powerpoint is 10-12 slides, including a title slide and reference slide. This project should include an insightful overview of the history/etiology, symptoms, and diagnosis and treatment. Additionally, each project must include one slide looking in depth at a recent (within the past 2 years) research study about this disorder and summarize the findings and indications of the study.

Exams

Test 1 (100 points) This short answer test will cover chapters 1, 2, 3, & 4 of the course textbook.
Test 2 (100 points) This short answer test will cover chapters 5, 6, & 7, 8 of the course textbook.
Test 3 (100 points) This short answer test will cover chapters 9, 10, & 11 of the course textbook.
Test 4 (100 points) This short answer test will cover Chapters 12, 13, & 14 of the course textbook.

Final Grade:

900-1000 pts. A

800-899 pts. B

700-799 pts. C

600-699 pts. D

Below 600 pts. F

Posting of Grades

Assignments and submissions will be graded within 1 week with grades being posted on Canvas.

Grading Policies

Due dates are posted on the course calendar. Work will be accepted after the due date for up to ½ credit of total points.

COURSE OUTLINE AND CALENDAR

Date	Online Participation	Please Read In Text	Details
Wednesday 1/18/2023 Module 1	Mandatory On-line Class Meeting: 6 PM	Chapter 1 Durland and Barlow (D&B)	Participation Points: Attend Class Meeting (and participate!)
Wednesday 1/25/2023 Module 2	Access the following historical summary: https://online.king.edu/infographics/abnormal-psychology-infographic/	Chapter 2 D&B	Participation Points:Post on Module 2 discussion board indicating 1 piece of information from the historical summary that you are familiar with and one piece of information with which you are not familiar. Case Study 1 due by 11:59 PM Sunday, January 29th, 2023
Wednesday 2/1/23 Module 3	Access the following overview of mental health disorder diagnosis and treatment:. https://www.mayoclinic.org/diseases-conditions/mental-illness/diagnosis-treatment/drc-20374974	Chapter 3 D&B	Participation Points: Post on Module 3 discussion board indicating which disorders of those listed you are most interested in learning about AND indicate a treatment listed in this resource as well as a brief description in your own words of what the treatment is.
Wednesday 2/8/2023 Module 4	Mandatory On-line Class Meeting 6 PM	Chapter 4 D&B	Participation Points: Attend Class Meeting (and participate!) Test 1 due by 11:59 PM Sunday, February 12th, 2023

Wednesday 2/15/2023 Module 5	Listen to the following podcast: https://www.apa.org/news/podcasts/speaking-of-psychology/anxiety	Chapter 5 D&B	Participation Points: Post on Module 5 discussion board regarding the podcast assigned. What are 2 things you learned from this podcast regarding anxiety? Case Study 2 due by 11:59 PM Sunday February 19th, 2023
Wednesday 2/22/23 Module 6	Access the following online resource and read: https://nobaproject.com/modules/mood-disorders	Chapter 6 D&B	Participation Points: At the end of the resource, you will find 5 discussion questions. Choose 2 and answer them on the discussion board for Module 6.
Wednesday 3/1/23 Module 7	Listen to this podcast: https://www.apa.org/news/podcasts/speaking-of-psychology/stress	Chapter 7 D&B	Participation Points: Post on the discussion board for Module 7 indicating 1) some ways stress affects the immune system according to Dr. Slavich and 2) several methods Dr. Slavich describes to help mitigate the harm of stress on the body. Case Study 3 due by 11:59 PM Sunday March 5th, 2023
Wednesday 3/8/23 Module 8	Read the following article: https://www.apa.org/monitor/2016/04/eating-disorders	Chapter 8 D&B	Participation Points: Post on the discussion board for Module 8 information about the neurotransmitter

			<p>dopamine that you learned about from this article with regards to eating disorders.</p> <p>Test 2 due by 11:59 PM Sunday March 12, 2023</p>
<p>Wednesday 3/15/23</p> <p>Module 9</p>	<p>Spring Break</p>	<p>Chapter 9 D&B</p>	<p>Participation Points: Enjoy Spring Break!</p>
<p>Wednesday 3/22/23</p> <p>Module 10</p>	<p>Mandatory On-line Class Meeting 6 PM</p> <p>Read this brief article: https://www.apa.org/monitor/2017/04/ce-corner</p>	<p>Chapter 10 D&B</p>	<p>Participation Points: Attend Class AND On the discussion board for Module 10, describe one of the strategies psychologists can use in assisting a person with opioid addiction.</p>
<p>Wednesday 3/29/2023</p> <p>Module 11</p>	<p>Listen to the following podcast: https://www.apa.org/news/podcasts/speaking-of-psychology/borderline-personality-disorder</p>	<p>Chapter 11 D&B</p>	<p>Participation Points: On the discussion post for Module 11, indicate two questions you would ask the speaker in the podcast.</p> <p>Case Study 4 Due by 11:59 PM Sunday April 2, 2023</p>
<p>Wednesday 4/5/2023</p> <p>Module 12</p>		<p>Chapter 12 D&B</p>	<p>Participation Points: On the discussion board for Module 12, briefly describe 3 symptoms that may be present with schizophrenia spectrum and other psychotic disorders. Indicate if each of these symptoms would be considered positive, negative or disorganized.</p>

			Test 3 Due by 11:59 PM, Sunday April 9th, 2023
Wednesday 4/12/23 Module 13	Listen to the podcast: https://www.apa.org/news/podcasts/speaking-of-psychology/narcissism		Participation Points: On Module 13, indicate ways in which Dr. Durvasula says narcissism is misunderstood as well as her views on narcissism and treatment. What question would you ask her? Case Study 5 Due by 11:59 PM Sunday April 16, 2023
Wednesday 4/19/2023 Module 14	Project Work		Participation Points: Work on your project! Submit project topic.
Wednesday 4/26/2023 Module 15	Access: https://www.nasponline.org/professional-development/a-closer-look/five-clues-in-your-data-identifying-children-with-autism-spectrum-disorders	Chapter 13 D&B	Participation Points: On the discussion board for Module 15, describe 2 of the 5 clues for school psychologists in Autism Spectrum Disorders. Case Study 6 Due by 11:59 PM Sunday April 30, 2023
Wednesday 5/3/2023 Module 16	Mandatory Online Class Meeting 6 PM	Chapter 14 D&B	Participation Points: Attend class and turn in final assignments on time! Test 4 Due by Sunday May 7, 2023 at 11:59 PM. Final Project Due by Friday May 12, 2023

			at 11:59 PM.
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Important University Dates

<https://www.tamuct.edu/registrar/academic-calendar.html>

Technology Requirements

This course will use the A&M-Central Texas Instructure Canvas learning management system. We strongly recommend the latest versions of Chrome or Firefox browsers. Canvas no longer supports any version of Internet Explorer.

Logon to A&M-Central Texas Canvas [<https://tamuct.instructure.com/>] or access Canvas through the TAMUCT Online link in myCT [<https://tamuct.onecampus.com/>]. You will log in through our Microsoft portal.

Username: Your MyCT email address. Password: Your MyCT password

Canvas Support

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select "Chat with Canvas Support," submit a support request through "Report a Problem," or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

Online Proctored Testing

A&M-Central Texas uses Proctorio for online identity verification and proctored testing. This service is provided at no direct cost to students. If the course requires identity verification or proctored testing, the technology requirements are: Any computer meeting the minimum computing requirements, plus web camera, speaker, and microphone (or headset). Proctorio also requires the Chrome web browser with their custom plug in.

Other Technology Support

For log-in problems, students should contact Help Desk Central, 24 hours a day, 7 days a week

Email: helpdesk@tam.u.edu

Phone: (254) 519-5466

Web Chat: [<http://hdc.tamu.edu>]

Please let the support technician know you are an A&M-Central Texas student.

UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

Academic Accommodations

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Warrior Center for Student Success, Equity and Inclusion is responsible for ensuring that students with a disability receive equal access to the university's programs, services and activities. If you believe you have a disability requiring reasonable accommodations, please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information, please visit our Access & Inclusion Canvas page (log-in required) [<https://tamuct.instructure.com/courses/717>]

Academic Integrity

Texas A&M University-Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. All academic misconduct concerns will be referred to the Office of Student Conduct. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more information regarding the student conduct process, [<https://www.tamuct.edu/student-affairs/student-conduct.html>].

If you know of potential honor violations by other students, you may submit a referral, [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0].

Drop Policy

If you discover that you need to drop this class, you must complete the Drop Request Dynamic Form through Warrior Web.

[<https://federation.ngwebsolutions.com/sp/startSSO.ping?PartnerIdpld=https://eis-prod.ec.tamuct.edu:443/samlSso&SpSessionAuthnAdapterId=tamuctDF&TargetResource=https%3a%2f%2fdynamicforms.ngwebsolutions.com%2fSubmit%2fStart%2f53b8369e-0502-4f36-be43-f02a4202f612>].

Faculty cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the Academic Calendar for which the form must be completed.

Once you submit the completed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

Important information for Pregnant and/or Parenting Students

Texas A&M University-Central Texas supports students who are pregnant, experiencing pregnancy-related conditions, and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit Student Affairs [<https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html>]. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these requirements and guidelines online, please visit the website [<http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf>].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender—including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

Tutoring

Tutoring is available to all A&M-Central Texas students, both virtually and in-person. Student success coaching is available online upon request.

If you have a question, are interested in becoming a tutor, or in need of success coaching contact the Warrior Center for Student Success, Equity and Inclusion at (254) 501-5836, visit the Warrior Center at 212 Warrior Hall, or by emailing WarriorCenter@tamuct.edu.

To schedule tutoring sessions and view tutor availability, please visit Tutor Matching Services [<https://tutormatchingservice.com/TAMUCT>] or visit the Tutoring Center in 111 Warrior Hall.

Chat live with a remote tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive online tutoring support at no additional cost. This tool provides tutoring in over 40 subject areas except writing support. Access Tutor.com through Canvas.

University Library & Archives

The University Library & Archives provides many services in support of research across campus and at a distance. We offer over 350 electronic databases containing approximately 631,525 eBooks and 75,149 journals, in addition to the 97,443 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place virtually through WebEx, Microsoft Teams or in-person at the library. Schedule an appointment here

[<https://tamuct.libcal.com/appointments>]. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our Library website

[<https://tamuct.libguides.com/index>]

University Writing Center

University Writing Center: Located in Warrior Hall 416, the University Writing Center (UWC) at Texas A&M University–Central Texas (A&M–Central Texas) is a free service open to all A&M–Central Texas students. The hours of operation are from 10:00 a.m.-5:00 p.m. Monday thru Thursday in Warrior Hall 416 (with online tutoring available every hour as well) with satellite hours available online only Monday thru Thursday from 6:00-9:00 p.m. and Saturday 12:00-3:00 p.m.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via WCOOnline [<https://tamuct.mywconline.com/>]. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment with your favorite tutor.

OTHER POLICY STATEMENTS

A Note about Sexual Violence at A&M-Central Texas

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Wellness and Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the Title IX webpage [<https://www.tamuct.edu/compliance/titleix.html>].

Behavioral Intervention

Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a concern, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the referral online

[https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=2].

Anonymous referrals are accepted. Please see the Behavioral Intervention Team website for more information [<https://www.tamuct.edu/bit>]. If a person's behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5805.

Copyright Notice

Students should assume that all course material is copyrighted by the respective author(s). Reproduction of course material is prohibited without consent by the author and/or course

instructor. Violation of copyright is against the law and Texas A&M University-Central Texas' Code of Academic Honesty. All alleged violations will be reported to the Office of Student Conduct.

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