

COUN 5350-110 Foundations of Counseling

Spring 2023 rev. 1.16.2023 Texas A&M University-Central Texas

Instructor: *Dr. Jeremy Berry*Office: *WH318- Appointment Only*Email: <u>jeremy.berry@tamuct.edu</u>

Office Hours: Monday 1-3; Tuesday 2-6; Wednesday 1-3

Will meet with students individually through Web Ex or in person as requested by students

Class Time & Location: Mondays 6:00pm - 8:30pm WH314 In-Person on Campus

Mode of instruction and course access:

This course will make use of in-person approaches that include lecture, seminar, and simulated lab role play. There will be occasions when the course may meet online. If an in person meeting is moved to the online format via Microsoft Teams students will be notified via their Warrior Student Email 24 hours in advance. I reserve the right to decide if the student's effort and insight will receive full credit.

Student-instructor interaction: Email is checked <u>sporadically</u> during the week (Monday-Friday). An email sent on Friday will be read and replied to the following Monday at the earliest. <u>Please provide at least a one week request for an appointment.</u>

Emergency Warning System for Texas A&M University-Central Texas

SAFEZONE. SafeZone provides a public safety application that gives you the ability to call for help with the push of a button. It also provides Texas A&M University-Central Texas the ability to communicate emergency information quickly via push notifications, email, and text messages. All students automatically receive email and text messages via their myCT accounts.

Downloading SafeZone allows access to push notifications and enables you to connect directly for help through the app.

You can download SafeZone from the app store and use your myCT credentials to log in. If you would like more information, you can visit the <u>SafeZone</u> website [www.safezoneapp.com].

To register SafeZone on your phone, please follow these 3 easy steps:

- 1. Download the SafeZone App from your phone store using the link below:
- o iPhone/iPad: [https://apps.apple.com/app/safezone/id533054756]
- Android Phone / Tablet [https://play.google.com/store/apps/details?id=com.criticalarc.safezoneapp]
- 2. Launch the app and enter your myCT email address (e.g. {name}@tamuct.edu)
- 3. Complete your profile and accept the terms of service

For updates on COVID information, please monitor the University website [https://www.tamuct.edu/covid19/]

COURSE INFORMATION

Course Overview and description:

This course in an introduction to the field of counseling. It includes an examination of the basic skills of counseling and therapy, the origins and applications of various therapeutic approaches, the professional roles and ethical issues that affect the practice of counseling and psychology. This course provides opportunities to explore various issues in counseling such as; career counseling and development, multiculturalism, school counseling, grief, suicide, child abuse, substance abuse, and other contemporary issues. This course is part of the Core Requirements for the Master of Science degree in Clinical Mental Health Counseling.

This course uses lecture, discussion, videotapes, role-play, assigned readings, examinations, case

studies, research/reflection papers, and experiential exercises to explore the counseling profession. Students are encouraged to reflect on their own family and relationship experiences as they may impact their training and practice as professional counselors.

Textbooks

Required:

American Psychological Association. (2019). Publication manual of the American Psychological

Association (7th ed.). Washington, D.C.: American Psychological Association. Gladding, S. (2018). Counseling: A comprehensive profession (8th ed.). Upper Saddle River: Pearson/Merrill.

STUDENT LEARNING OUTCOMES:

- 1. Students will demonstrate understanding of the role of a professional counselor as well as personal attitudes, values, and behaviors that often impact a person becoming a helping professional.
- 2. Students will demonstrate understanding of the various elements to professional organization in counseling, current issues in counseling, affiliation/membership requirements, advocacy for client, and various other counseling related topics.
- 3. Students will demonstrate basic understanding of the roles and functions of clinical mental health counselors in various practice settings and the importance of relationships between counselors and other professionals, including interdisciplinary treatment teams.
- **4.** Students shows basic knowledge of strategies and multicultural competencies to work with diverse populations individually, in groups, with families, and with the community.
- **5.** Students will demonstrate an understanding of advocacy processes and how to identify the most recent research related to the counseling profession.
- **6.** Students will gain a working knowledge of many aspects of the counseling profession the many roles counselors have in this profession.



In accordance with CACREP best practices standards for all counselors-intraining development, the following areas will be promoted in this course:

CACREP Standard

Activity SLOs

Common Core for all students:	1	
1. History and philosophy of the counseling profession (IIF1a);	Counseling Interview	SLO 3
The multiple professional roles and functions of counselors across specialty areas and their relationships with human service and integrated	Counseling Interview	SLO 3
behavioral health care systems, including including interagency and inter-organizational collaboration and consultation (IIF1b);		
3. Counselors' role and responsibilities as members of an interdisciplinary community outreach and emergency management response teams (IIF1c);	Counseling Interview	SLO 3
4. Self-care strategies appropriate to the counselor role (IIF11);	Self Reflection Paper	SLO 1

5. Role of counseling supervision in the profession (IIF1m);	Counseling Interview	SLO 3
6. Professional organizations, including membership benefits, activities, services to members, and current issues (IIF1f);	Professional Affiliation	SLO 2
7. Professional credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues (IIF1g);	Counseling Interview	SLO 3
8. The role and process of the professional counselor advocating on behalf of the profession (IIF1d);	Advocacy Project and Presentation	SLO 5
9. Advocacy processes needed to address institution and social barriers that impede access, equity, and success for clients (IIF1e); and	Advocacy Project and Presentation	SLO 5
10. Ethical standards of professional organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling (IIF1i);	Counseling Interview	SLO 3
11. multicultural and pluralistic trends, including characteristics and concerns within and among diverse groups nationally and internationally (IIF2a);	Counseling Interview	SLO 3
12. the impact of heritage, attitudes, belies, understandings, and acculturative experiences on an individual's view of others. (IIF2d);	Diversity Interview	SLO 4
13. multicultural counseling competencies (IIF2c);	Diversity Interview	SLO 4
13. ethical and culturally relevant strategies for establishing and maintaining in-person and technology-assisted relationships and the impact of technology on the counseling process (IIF5d; IIF5e);	Diversity Interview	SLO 4
14. Crisis intervention and suicide prevention models, including the use of psychological first aid strategies (IIF5m).	Counseling Interview	SLO 3

15. theories and models of career development, counseling, and decision making. (IIF4a).	References and	SLO 5
	Literature Review	
16. approaches for conceptualizing the interrelationships among and between work, mental well-being, relationships, and other life roles and factors. (IIF4b)	Self Reflection Paper	SLO 1
17. theoretical foundations of group counseling and group work (IIF6a)	Online Work	SLO 6
18. Dynamics associated with group process and development (IIF6b).	Online Work	SLO 6
19. approaches to group formation, including recruiting, screening, and selecting members (IIF6e).	Online Work	SLO 6
20. Historical perspectives concerning the nature and meaning of assessments and testing in counseling (IIF7a)	Online Work	SLO 6
21. Procedures for assessing risk of aggression or danger to others, self-inflicted harm, or suicide and procedures for identifying trauma and abuse and for reporting abuse (IIF 7c & d).	Online Work	SLO 6
22. the importance of research in advancing the counseling profession, including how to critique research to inform counseling practice and the identification of evidence-based counseling practices (IIF8a & b)	Advocacy Project & Presentation	SLO 5
Standards for Clinical Mental Health Counseling (CMHC) track		
1. Roles and setting of clinical mental health counseling (CMHC:VC1a);	Counseling Interview	SLO 3
2. Knows the roles and setting of clinical mental health counselors (CMHC: VC2a)	Counseling Interview	SLO 3
3. Mental health service delivery modalities within the continuum of care, such as inpatient, outpatient, partial treatment and aftercare, and the mental health counseling services networks. (CMHC:VC2c);	Counseling Interview	SLO 3

4.	Knows the professional organizations, preparation standards, and credentials relevant to the practice of clinical mental health counseling (CMHC:VC2k);	Professional Affiliation	SLO 2
5.	Is aware of legal and ethical considerations specific to clinical mental health counseling (CMHC:VC2l);	Online Work	SLO 6
6.	Understands the record keeping, third party reimbursement, and other practice and management issues in clinical mental health counseling (CMHC:VC2m);	Counseling Interview	SLO 3
7.	Understands the impact of crises and trauma on individuals with mental health diagnosis (CMHC:VC2f);	Online Work	SLO 6
8.	cultural factors relevant to clinical mental health counseling (CMHC:VC2j);	Diversity Interview	SLO 4
8.	Applies knowledge of legislation and government policy relevant to clinical mental health counseling (CMHC:VC2i);	Online Work	SLO 6
9.	Understands effective strategies for interfacing with integrated behavioral health care professionals (CMHC:VC3d)	Counseling Interview	SLO 3
9.	Strategies to advocate for persons with mental health issues (CMHC:VC3e)	Counseling Interview	SLO 3

COURSE REQUIREMENTS

ALL ASSIGNMENTS MUST BE IN STANDARD APA FORMATTING. If you do not submit your assignments in this style, your grade will be lowered. Rubrics and guidelines for each of the assignments for this course will be provided prior to the due date of the assignment.

Self-Reflection Paper (10 %)

The purpose of this paper is for you to identify and explore personal attitudes, values, and behaviors that often impact a person becoming a helping professional. It is expected that your self-reflection or personal exploration will be an in-depth rather than a superficial analysis. Length is 3-5 pages. Possible items to consider could be (but definitely not limited to):

- What is your motivation for studying counseling or for becoming a helping professional?
- What experiences have you had that might influence your becoming a helping professional?
- How would these experiences positively or negatively influence your effectiveness as a helper?
- What is your value orientation? What do you value? Where do these values come from? How will they affect your work?
- What biases or predispositions (positive or negative) do you hold regarding working with certain types of people, issues, etc.?
- What are your strengths? What areas do you need to improve?
- What would you want from a counseling session/counselor?

Diversity Interview Paper and Presentation (30%)

You are to interview another person with a background substantially different from your own and submit a reaction paper. Examples of different backgrounds include race, religion, age, sexual orientation, gender, and disability. You must consult with the instructor for approval prior to conducting your interview. The paper should be at least two (2) pages and no more than 5 pages and include a description of yourself and the various groups with which you identify, a description of the interview and the person (no names) to whom you spoke, and a reaction to this process. Reactions can include what you learned about yourself and the other person, what you have learned about different cultures, and what you would still like to learn. Grading will be on grammatical structure as well as your ability to challenge yourself to step outside your comfort zone, as this will help you truly learn more about yourself and others. You will be asked to complete a formal presentation not to exceed 10 minutes about your experience.

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Counseling Professional Interview (20%)

Students will choose someone already working in the helping profession (Students must choose someone who is a professional counselor and preferably someone who is a member of a professional organization) and interview them in regard to the nature of the counselor's work, types of clients seen and presenting issues, supervision experiences, and any other pertinent information about their daily routine. Students will present a written report and an informal oral report to the class. You must consult with the instructor for approval of the proposed person.

Professional Affiliation (5%)

An essential part of developing a helping identity is being a part of a professional organization. This allows you to keep current on issues that are affecting the profession as well as help you network and meet other students and counselors. There are several organizations that are available depending on your professional goals and aspirations. Please see the instructor for appropriate associations. Proof of membership is due no later than the last day of class. Failure to do so will result in a reduction of one letter grade on your final grade.

HIPAA Training (5%)

An ethical counselor understands the need for confidentiality. To accomplish this, you will be required to attend an online training for HIPAA. The link will be provided on Canvas. You will earn a completion certificate, which you can submit online as proof of your training.

Advocacy Project & Presentaiton (30%)

Students will be asked to research an underserved population who may receive counseling services. Students are to consider, "what are the advocacy needs of this population"? Using a brochure, newsletter, or other information dissemination outlet, students are to advocate for this client population by identifying the following information:

- Presence of this underserved population in the local community;
- Relevant statistics about this client population;
- Institutional or social barriers that may impede access and equity of services for the client population;
- Local agencies or organizations that may have outreach for this client population; and
- Other important information that helping professionals may not have previously known, or places/sites/sources that they can use to receive additional information.

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Grading Criteria Rubric and Conversion

Grade Distribution

Self Reflection:	10 %
Diversity Interview and Presentation:	30 %
Professional Interview:	20 %
Professional Affiliations:	05 %
HIPAA Training:	05 %
Advocacy Project & Presentation:	30 %
Total:	100%

Student-instructor interaction:

In the event that you need to contact me via e-mail, please include "COUN 5350" and the title of the e-mail (e.g., homework question, attendance) in the subject line. For example, the subject line may read "COUN 5350 - Attendance." I check my email twice a day and as such, I will respond to e-mail requests within 48 hours during the work week (excluding holidays).

Additionally, my Friday office hours will virtual. I will be available using the Canvas inbox and chat systems. Finally, if you are unable to meet during my office hours, you can email me to request an appointment by following the above format. Please allow me up to 48 hours during the work week (Monday-Friday) to respond to your scheduled request. This means you should request for a Monday you will need to request no later than the preceding Friday.

Attendance:

Your attendance and participation in the classroom is extremely important to your learning. As such attendance you will be given one free absence. Each subsequent absence will result in the loss of a letter grade every time you are absent from class.

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Office Hours:

Students are always welcome to come and express concerns and needs with me. My office hours are listed above and the best way to connect with me and ensure that you will have a time slot, students are encouraged to make an appointment.

911 Cellular:

Emergency Warning System for Texas A&M University-Central Texas 911Cellular is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in 911Cellular through their myCT email account.

Connect at <u>911Cellular</u> [https://portal.publicsafetycloud.net/Texas-AM-Central/alert-management] to change where you receive your alerts or to opt out. By staying enrolled in 911Cellular, university officials can quickly pass on safety-related information, regardless of your location.

TECHNOLOGY REQUIREMENTS AND SUPPORT

Technology Requirements

This course will use the A&M-Central Texas Instructure Canvas learning management system. Logon to A&M-Central Texas Canvas [https://tamuct.instructure.com].

Username: Your MyCT username (xx123 or everything before the "@" in your MyCT email address) Password: Your MyCT password

Canvas Support

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select "Chat with Canvas Support," submit a support request through "Report a Problem," or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

Other Technology Support

For log-in problems, students should contact Help Desk Central.

24 hours a day, 7 days a week:

Email: helpdesk@tamu.edu Phone: (254) 519-5466

Web Chat: [http://hdc.tamu.edu]

Please let the support technician know you are an A&M-Central Texas student.

UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

Drop Policy.

If you discover that you need to drop this class, you must complete a <u>Drop Request Form</u> [https://www.tamuct.edu/registrar/docs/Drop_Request_Form.pdf].

Professors cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the Academic Calendar for which the form must be completed, signed and returned. Once you return the signed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the

procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

Academic Integrity.

Texas A&M University -Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Academic integrity is defined as a commitment to honesty, trust, fairness, respect, and responsibility. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. Academic misconduct is any act that improperly affects a true and honest

evaluation of a student's academic performance and includes, but is not limited to, cheating on an examination or other academic work, plagiarism and improper citation of sources, using another student's work, collusion, and the abuse of resource materials. All academic misconduct concerns will be reported to the university's Office of Student Conduct. Ignorance of the university's standards and expectations is never an excuse to act with a lack of integrity. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more information regarding the Student Conduct process, [https://tamuct.campuslabs.com/engage/organization/tamuct-student-conduct-panel]. If you know of potential honor violations by other students, you may submit a report, [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout id=0].

Academic Accommodations.

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Office of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the university's programs, services and activities. If you believe you have a disability requiring reasonable accommodations please contact the Office of Access and Inclusion at (254) 501-5831. Any information you provide is private and confidential and will be treated as such.

For more information please visit our <u>Access & Inclusion</u> web page [https://www.tamuct.edu/student-affairs/access-inclusion.html].

Important information for Pregnant and/or Parenting Students.

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit the Student Affairs web page [https://www.tamuct.edu/student-affairs/index.html]. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these requirements and guidelines online, please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender-including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

Tutoring.

Tutoring is available to all A&M-Central Texas students, both on-campus and online. Subjects tutored on campus include Accounting, Advanced Math, Biology, Finance, Statistics,



Mathematics, and Study Skills. Tutors are available at the Tutoring Center in Warrior Hall, Suite 111.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, or have any other question, contact Academic Support Programs at (254) 519-5796, or by emailing Dr. DeEadra Albert-Green at deeadra.albertgreen@tamuct.edu.

Chat live with a tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive FREE online tutoring and writing support. This tool provides tutoring in over 40 subject areas. Access Tutor.com through Canvas.

University Writing Center.

Located in Warrior Hall 416, the University Writing Center (UWC) at Texas A&M University-Central Texas (TAMUCT) is a free workspace open to all TAMUCT students from 10:00 a.m.-5:00 p.m. Monday thru Thursday with satellite hours in the University Library Monday thru Thursday from 6:00-9:00 p.m. This semester, the UWC is also offering online only hours from 12:00-3:00 p.m. on Saturdays.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-on-one session with a trained and experienced writing tutor by visiting the UWC during normal operating hours (both half-hour and hour sessions are available) or by making an appointment via WCOnline at [https://tamuct.mywconline.com/]. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu for any assistance needed with scheduling.

University Library.

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 250,000 eBooks and 82,000 journals, in addition to the 85,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place on Skype or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our <u>Library website</u> [http://tamuct.libguides.com/index].

A Note about Sexual Violence at A&M-Central Texas

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the Title IX webpage [https://www.tamuct.edu/departments/compliance/titleix.php].

INSTRUCTOR POLICIES.

Late Assignments and Make-up Work

Late work will be evaluated on a case-by-case basis. In the event that a student is allowed to submit an assignment late, the assignment will lose one letter grade each day it is late. Make up work may be assigned at the instructor's discretion.

Grade Disputes

Conversations regarding grades and assignments are welcomed. It is **strongly recommended** that grade disputes follow the 24/7 rule. This means that students are **highly encouraged** to wait 24 hours from the time of receiving a graded assignment to schedule an appointment. This also means that students are **highly encouraged to** schedule an appointment within 7 calendar days of receiving the grade on an assignment.

COURSE OUTLINE AND CALENDAR

Assignments are due at the end of the week Sunday 11:59pm.

Week of	Topics covered	Chapters covered	Assignments
Week 1 Jan. 17th	Syllabus and Orientation to Program		Orientation Acknowledgement
Week 2	Chapters 1 & 2	Chapter 1& 2	
Jan. 24 Week 3	Chapters 3 & 4	Chapter 3	HIPPA training
Feb. 7 Week 4 Feb. 14	Chapter 5	Chapters 5-6	Self-Reflection
Week 5 Feb. 21	Chapter 6	Chapter 4	
Week 6 Feb. 28	Chapter 7	Chapter 7	
Week 7 March 7	Chapter 8 & 9	Chapter 8	
Week 8 March 14	Chapter 10	Chapter 9-	
Week 9 March 21	Chapter 11	Chapter 11	
Week 10 March 28	Chapter 12	Chapter 12	Professional Counselor Interview
Week 11 April 4	Chapter 13	Chapter 13- 14	
Week 12 April 11	Chapter 14	Chap. 15	
Week 13 April 18	Chapter 15		
Week 14 April 25	Chapter 16	Chapter 16- 17	Diversity Interview Diversity Presentation
Week 15 May 2	Chapter 17	Chapter 18	Advocacy Project & Presentation
Week 16 May 9			Professional Affiliations
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^{*} This syllabus is eligible for review and can be changed with prior notice.

Appendix A: Interview Rubric (SLO 3)

Date: Warrior n	umber:	ber:			
	Exemplary	Proficient	Below standard	Did not demonstrate Total points	
Interview questions (Will need to be submitted for prior approval)	Student shows a good balance of prepared questions with potential follow-up. Questions promote in-depth interview. Effective balance of open-ended and close-ended questions evident. Questions focus on gathering the respondent's story.	Student shows some balance of prepared questions with follow-up questions, but interview lacks depth. More emphasis needed with open-ended questions. Questions could be more precise to gather respondent's story.	Student depended on prepared questions and showed little or no ability to ask follow- up questions. Lack of balance with open-ended and close-ended questions.	Student did not submit questions for prior approval.	
Conducting the interview (Will need to submit a recording of interview)	Student planned, set up and conducted interview before deadline. Opening question asks name, title and spelling of interviewee. Last question asks for additional information. Self- evaluation reflects good listening skills.	Student planned, set up and conducted interview before deadline. Student asks opening question but failed to get either title or spelling of name. Final question may or may not allow for final comments. Self-evaluation reflects good listening occurred.	Student missed deadline for planning and conducting interview or missed appointment. Student did not get name or title of source interviewed. Final question did not allow for additional comment. Self-evaluation shows need for better listening skills.	Student did not conduct interview.	
Respondent selection (Will need to submit for prior approval)	Student selected a respondent who was representative of the spirit of the assignment. (For Professional Counselor Interview, student chose a Licensed Professional Counselor from the state of Texas.	Student selected a respondent who was representative of the assignment. (For Professional Counselor Interview, student chose a Licensed Professional but the respondent holds a license other than an LPC-S or may be	Student selected a respondent who was representative of the assignment. (For Professional Counselor Interview, student chose a licensed professional but the respondent may not be able to practice independently licensed	Student did not submit chosen respondent for prior approval. d from a state other than Texas	

Reflection	Student should deep and meaningful reflection. Student discussed in a clear and comprehensive manner the insight gained from the assignment.	Student included a reflection that discussed what was learned but lacked deeper introspection. Student discussed in a somewhat clear manner the insight gained.	Student included a trivial and shallow reflection. Although present, the reflection lacked introspection and meaning.	Student did not complete reflection.	
APA formatting	Has limited to no significant errors in grammar or spelling that distract the reader from the content. The paper has limited to no significant errors in capitalization or punctuation, so document is exceptionally easy to read. All sentences are well-constructed with varied structure. Paper has no significant errors in APA formatting.	Has less than 4 but more than 2 errors in grammar or spelling that distract the reader from the content. Student makes 2-4 errors in capitalization or punctuation, but document is still easy to read. Most sentences are well constructed and there is some varied sentence structure in the essay. Paper has some errors in APA formatting	Has more than 4 errors in grammar or spelling that distract the reader from the content. Paper has several errors in capitalization and/or punctuation that catch the reader's attention and interrupt the flow. Most sentences are not well constructed or varied. Paper has several errors in APA formatting	The paper was not in proper APA format or lacked a significant portion of proper citations.	
Total points					/ points

Appendix B: Self-Reflection/Counseling Experience (SLO 1)

Date	Warrior Number:			
Criteria	Unsatisfactory- Beginning	Developing	Accomplished	Exemplary
Content				
Reflection	Reflection lacks critical thinking. Superficial connections are made with key course concepts and course materials, activities, and/or assignments	Reflection demonstrates limited critical thinking in applying, analyzing, and/or evaluating key course concepts and theories from readings, lectures, media, discussions, activities, and/or assignments Minimal connections made through explanations, inferences, and/or examples.	Reflection demonstrates some degree of critical thinking in applying, analyzing, and/or evaluating key course concepts and theories from readings, lectures, media, discussions activities, and/or assignments. Connections made through explanations, inferences, and/or examples.	Reflection demonstrates a high degree of critical thinking in applying, analyzing, and evaluating key course concepts and theories from readings, lectures, media, discussions activities, and/or assignments. Insightful and relevant connections made through contextual explanations, inferences, and examples.
Personal Growth				
	Conveys inadequate evidence of reflection on own work in response to the self-assessment questions posed. Personal growth and awareness are not evident and/or demonstrates a neutral experience with negligible personal impact. Lacks enough inferences, examples, personal insights and challenges, and/or future implications are overlooked.	Conveys limited evidence of reflection on own work in response to the self-assessment questions posed. Demonstrates less than adequate personal growth and awareness through few or simplistic inferences made, examples, insights, and/or challenges that are not well developed. Minimal thought of the future implications of current experience.	Conveys evidence of reflection on own work with a personal response to the self-assessment questions posed. Demonstrates satisfactory personal growth and awareness through some inferences made, examples, insights, and challenges. Some thought of the future implications of current experience.	Conveys strong evidence of reflection on own work with a personal response to the self-assessment questions posed. Demonstrates significant personal growth and awareness of deeper meaning through inferences made, examples, well developed insights, and substantial depth in perceptions and challenges. Synthesizes current experience into future implications.
Writing Quality	Poor writing style lacking in standard English, clarity, language used, and/or frequent errors in grammar,	Average and/or casual writing style that is sometimes unclear and/or with some errors in	Above average writing style and logically organized using standard English with minor errors in grammar,	Well written and clearly organized using standard English, characterized by elements of a strong writing
	punctuation, usage, and spelling. Needs work.	grammar, punctuation, usage, and spelling.	punctuation, usage, and spelling.	style and basically free from grammar, punctuation, usage, and spelling errors.