

## PSYC 3100-110: Psychology Major Seminar

Fall 2023

Texas A&M University-Central Texas

### COURSE DATES, MODALITY, AND LOCATION

**Thursdays 11:30am -12:30pm, Microsoft Teams**

August 28 – December 15, 2023

Online Synchronous - Students and faculty meet at designated time, in a virtual environment. We will meet weekly on Microsoft Teams, with supplemental materials made available online through the A&M-Central Texas Canvas Learning Management System [<https://tamuct.instructure.com/>].

### INSTRUCTOR AND CONTACT INFORMATION

**Instructor:** Madelynn Shell, Ph.D.

**Office:** Warrior Hall 318H

**Email:** [mshell@tamuct.edu](mailto:mshell@tamuct.edu)

**Phone:** 254-501-5879

**Office Hours:** I am generally available for student meetings Monday through Friday 9-3. Meetings will be held online via Microsoft Teams, unless arranged otherwise. You can sign up for a time that works for you [via bookings](#) or by following the QR code. Once you sign up, you will be emailed a link to the meeting. Please feel free to contact me via email if we need to arrange an alternate form of communication.



**Peer Mentor:** Amanda McHugh

**Email:** [am197@my.tamuct.edu](mailto:am197@my.tamuct.edu)

**Office Hours:** Thursday 12:30-1:30. You can sign up for a time via bookings:

<https://outlook.office365.com/owa/calendar/MadelynnShellBooking@tamuct.onmicrosoft.com/bookings/s/wOq9RxYkeUS-9keOQGYemQ2>

### Student-instructor interaction

The goal of this course is to help prepare you for your time as a psychology major at Texas A&M – Central Texas. Thus, the course content, experiences, and activities will be focused on what students need. One of the first components of support is open lines of communication among students and between students and the instructor. You are always encouraged to ask questions in class or may also contact me via email at [mshell@tamuct.edu](mailto:mshell@tamuct.edu). I will check for messages daily M-F. I will do my best to respond to you within 48 hours. There is also a Study Hall discussion board for you to pose general class questions to your colleagues. This is often a good place for students to help each other find the answers to course-relevant questions. Please remember to maintain appropriate decorum in these interactions.

### Technology requirements

Integrating technology into academic training is important to help prepare you for the increasing demands in the educated workforce for individuals with technological proficiency. Because this

is an online course, you will need to ensure you have access to the apps and programs listed below.

1. **CANVAS:** This course is conducted through the College's Learning Management System (LMS), called Canvas. To access the site, go to <https://tamuct.instructure.com/>.
2. **EMAIL:** You are *always* encouraged to contact me via e-mail with any questions or concerns that you may have. Monday through Friday, I will respond to emails within 48 hours. However, I do not respond on weekends, so please be sure to contact me with enough time to get a response before your assignment is due. In order to help me respond effectively and efficiently to your emails, I ask that you follow a few guidelines: (1) Please send email and reply to my e-mails from your TAMUCT account. Email from other accounts often go to my junk folder. (2) Check the syllabus and Canvas first to see if your question can be answered by resources already provided. (3) Please use appropriate etiquette when you email and I will do the same in return: (a) begin with a greeting; (b) state who you are and which class/section you are in; (c) end with an appropriate signature. <https://tamuct.onecampus.com/task/all/student-email>
3. **MICROSOFT TEAMS:** We will use Teams for our live meetings, and also for individual meetings. I recommend that you download the program or app and ensure it is working on your device before classes start. <https://tamuct.onecampus.com/task/all/teams-microsoft>. Links to specific class meetings can be found on Canvas.
4. **MICROSOFT OFFICE 365:** We will be doing a lot of writing in this class, and you will need to submit papers in .doc or .docx formats to ensure that your formatting is correct and you are able to receive feedback. TAMUCT provides students with free access to Microsoft Office 365 here: <https://tamuct.onecampus.com/task/all/office365-software>

### **Participation and Attendance**

As stated above, interaction with the instructor and your peers is critical for learning and your academic success. Attendance will be taken at every class meeting. However, if you must miss class it is your responsibility to review the materials posted in the online classroom and find out what you missed by communicating with your classmates. Attendance and participation in discussions are a portion of the points towards your final grade (see below).

### **Emergency Warning System for Texas A&M University-Central Texas**

**SAFEZONE.** SafeZone provides a public safety application that gives you the ability to call for help with the push of a button. It also provides Texas A&M University-Central Texas the ability to communicate emergency information quickly via push notifications, email, and text messages. All students automatically receive email and text messages via their myCT accounts.

Downloading SafeZone allows access to push notifications and enables you to connect directly for help through the app.

You can download SafeZone from the app store and use your myCT credentials to log in. If you would like more information, you can visit the [SafeZone](http://www.safezoneapp.com) website [www.safezoneapp.com].

To register SafeZone on your phone, please follow these 3 easy steps:

1. Download the SafeZone App from your phone store using the link below:
  - o [iPhone/iPad:](https://apps.apple.com/app/safezone/id533054756) [https://apps.apple.com/app/safezone/id533054756]
  - o [Android Phone / Tablet](https://play.google.com/store/apps/details?id=com.criticalarc.safezoneapp)  
[https://play.google.com/store/apps/details?id=com.criticalarc.safezoneapp]

2. Launch the app and enter your myCT email address (e.g. {name}@tamuct.edu)
3. Complete your profile and accept the terms of service

**For updates on COVID information**, please monitor the University [website](https://www.tamuct.edu/covid19/)  
[https://www.tamuct.edu/covid19/]

## **COURSE INFORMATION**

### **Course Overview and Description**

Learn skills to prepare for success in the psychology major. Students will develop strategies to promote academic success, utilize available resources at TAMUCT, and get acquainted with peers, instructors, and the psychology major.

Prerequisite(s): None

### **Course Learning Outcomes**

1. Read about, interpret, and discuss core academic skills (e.g., note-taking, study skills, information literacy, APA ethical guidelines) and soft skills (e.g., social norms, time management, and use of university resources) needed to complete a psychology degree.
2. Demonstrate basic skills for writing in psychology by engaging with classmates and the instructor through discussions and utilizing professional written and verbal communication.
3. Apply core academic skills (e.g., note-taking, study skills, information literacy, APA ethical guidelines) and soft skills (e.g., social norms, time management, and use of university resources) to students' academic experiences.

### **Required Reading and Textbook(s)**

College Success (2015), University of Minnesota Library Publishing. This open access textbook will be available via Canvas.

## **COURSE REQUIREMENTS**

### **Assignments and Evaluations**

**(a) Class participation (14 weeks x 3 points each = 42 points).** Participating in classes is an important social dimension of university life, and will be expected in this course and your other classes as well. Class participation will come in two forms for this course: (1) Completing assignments prior to class which will be used in class, and (2) Participating in small and large group discussions during class time. Each of the out of class participation assignments are worth 1 of the 3 participation points per week and will **be due on Wednesday at 11:59 pm**. The remaining points will be assigned based on in-class participation. If there are no out of class participation assignments, all points will be based on in-class activities and participation.

Students who are unable to attend class may contact Dr. Shell **within 24 hours of the scheduled class** to ask for an alternative assignment to avoid participation grade penalties. The email must include (1) the course name, (2) why you are unable to attend, and (3) how you plan to avoid the problem in the future. These opportunities will be granted at the professor's discretion and **are limited to three per semester**. Students who miss the 24-hour window or have unexcused absences may earn partial points by submitting class participation assignments on time if they are available.

We will establish some class expectations and guidelines to facilitate our class sessions during the first week of classes. In general, you are expected to come to class on time and prepared, having reviewed the material by Wednesday night. You should attend class meetings (on Teams) from an environment in which you can give the class your undivided attention and fully engage with me and your classmates. I recommend a computer, rather than a phone, to ensure that you are able to access all technology and resources you will need during class. You are strongly encouraged to keep your camera on and speak during class, particularly when engaging with your classmates. However, engagement via chat will also contribute to participation scores. As we are still negotiating the class norms, if you think something is not working or is causing you trouble, please email me and we can make changes.

**(b) Weekly RSVP assignments (12 assignments x 5 points each = 60 points).** Each week, we will have readings, videos, and/or assignments that you are expected to look at and reflect on prior to coming to class. In order to encourage this, each week you will turn in an assignment in which you briefly answer the following:

**Respond:** What was your reaction to the information presented? Did anything surprise or interest you? Was something hard to understand? How is this information relevant to your academic success? (3-4 sentences)

**Summarize:** In 2-3 sentences, summarize IN YOUR OWN WORDS one concept presented in the material.

**Vocabulary:** Write out and define one word or concept that is new to you, or that you think might be new to others.

**Pose a (new) Question:** Write one question – this can be a question you have that needs further clarification or a follow-up to what you learned or want to know more about.

I will review your RSVP assignments and respond to your questions weekly. **RSVP assignments will be due on Wednesdays at 11:59 pm** and submitted on Canvas. Rubrics and further instructions for the RSVP assignments will be posted on Canvas.

**(c) Personal essays (2 essays x 24 points each = 48 points).** The personal essays provide students with opportunities to explore at least two focus topics related to the course material, specifically one or more dimensions of college life. Additional information and instructions for each personal essay are available on Canvas and will be reviewed in class. The first essay will be due approximately halfway through the semester, and the second will be due at the end of the semester.

**Table 1 Assignments and Point Values**

Assignment	Number Due	Points Each	Points Total	Percentage
Class participation	14	3	42	28
RSVP assignments	12	5	60	40
Personal essays	2	24	48	32
			150	100%

**Posting of Grades**

All students' grades will be posted in the Canvas Grade Center after the assignment due date has passed. On the writing assignments, the professor will begin reading, grading, and recording

grades after they are due and will have all grades posted within approximately one week. Students should regularly monitor their grades in the Canvas Grade Center, and *students should not hesitate to ask the professor about any grade or concern.*

### **Grading Scale**

Grades are not ‘given’ in this course; they are earned. Students earn grades by actively utilizing course content to learn the material and by demonstrating their grasp of subject-matter content on written assignments and the comprehensive final exam. Grades are determined based on the percentage of points earned on each assignment and the assignment’s weight toward the overall course grade.

<b>Grade</b>	<b>University Definition</b>	<b>Percentage</b>
A	Excellent	90-100
B	Good	80-89
C	Fair	70-79
D	Passing	60-69
F	Failing	59 or below

### **Grading Policies**

Students are responsible for meeting the course requirements as scheduled for each module in the course calendar. Assignments will generally be due Wednesday evenings at 11:59pm, unless noted otherwise. If you turn in an assignment after the due date, you will receive a grade reduction of 10% for each day it is late (with a maximum reduction of 30%). However, no late work will be accepted for assignments turned in more than 7 days past its due date. **This policy may be waived with my permission if you have a personal emergency and contact me within 24 hours of the due date.** In order to request an extension, please email me at [mshell@tamuct.edu](mailto:mshell@tamuct.edu) with the following information: 1. Course name and number, 2. Assignment name and due date, 3. What prevented you from completing the assignment on time, 4. When the assignment will be completed (date and time), and 5. How you will avoid the problem in the future.

The goal of this class is for you to learn information and skills to help you succeed in college. Thus, the writing, analytical, and critical thinking activities we do are designed help you learn the material, and therefore all writing assignments should be prepared by you. Developing strong competencies in this area will prepare you to succeed in college and in a competitive workplace. Therefore, **AI-generated submissions are not permitted unless specified and will be treated as plagiarism.** Likewise, no credit will be awarded for quoted or plagiarized material on any assignment. **Quoting or paraphrasing that closely mirrors the source (textbook or other reference material) will receive no credit even if properly cited.** Students must write original sentences conveying the information they have learned to the reader (i.e., paraphrasing) and properly cite the source of the information to receive credit for writing.

All assignments should be written in proper APA style. Students must follow the APA style guidelines provided in the Publication Manual and use online style resources provided by the American Psychological Association at [www.apastyle.org](http://www.apastyle.org).

## COURSE OUTLINE AND CALENDAR

Week	Reading and Course Content (Monday – Wednesday)	Assignments ( <i>due Wednesdays at 11:59pm unless otherwise noted</i> )
Week 1 <i>August 28 – September 3</i> <b>Welcome and Overview</b>	-START HERE: Welcome to Psychology Major Seminar -Review the syllabus on Canvas -Video: Accessing TAMUCT Email, Canvas, Microsoft Teams -Glossary of Academic Terminology -The Covert Curriculum - The Lifelong Learning Skills You Can Learn in College	-Syllabus Quiz (due Sunday) -Student Success Survey (due Sunday) -Meeting with Dr. Shell (Week 1, 2, or 4)
Week 2 <i>September 4 – September 10</i> <b>Navigating the University – TAMUCT Student Resources</b>	Read Chapter 1, Section 1.5, “Let’s Talk about Success” (pp. 40 – 45) Video: What are Office Hours? How to Email Your Instructor Rubric Video: Dr. Andria Schwegler -Welcome to Psychology Department TAMUCT Academic Support Websites Video: Stephanie Legree-Roberts - Director of the Warrior Center for Student Success	-RSVP Assignment #1 -Campus Resources Activity (if not completed in class due Sunday) -Meeting with Dr. Shell (Week 1, 2, or 4)
Week 3 <i>September 11 – September 17</i> <b>Psychology Program Resources</b>	Review TAMUCT Psychology Program Resources	
Week 4 <i>September 18 – September 24</i> <b>Academic Skills: Note-Taking, Time Management</b>	Read Chapter 2, Sections 2.2 and 2.3 (pp. 67 – 93) and Chapter 6, Section 6.3 “Taking Tests” (pp. 212 – 216) Successful Note-taking Powerpoint Cornell Method of Note-taking Time Management Videos and Planning Tools	-RSVP Assignment #2 -Meeting with Dr. Shell (Week 1, 2, or 4 – due Sunday)
Week 5 <i>September 25 – October 1</i> <b>Academic Skills: What Psychologists Know about Learning</b>	Read Putnam et al. (2016). Optimizing Learning in College Video: Dr. Daniel Clark - Study Tips Study Tips for Online Classes How to Succeed in Online Classes	-Weekly Motivator Worksheet -RSVP Assignment #3
Week 6 <i>October 2 – October 8</i>	<a href="#">Video: Carol Dweck – The Power of Believing You Can Improve</a> Fixed vs. Growth Mindset <a href="#">Video: Angela Lee Duckworth – Grit</a>	-SWOT Self-assessment -RSVP Assignment #4

<b>Motivation and Learning</b>	Extrinsic and Intrinsic Motivation Motivation and Goal Setting: What is Goal Setting and How to do it Well	
Week 7 <i>October 9 – October 15</i> <b>Social Skills, Networking, Relationship Building</b>	Read Chapter 9, Sections 9.1 and 9.3 (pp. 304 – 318; 331- 336) Read “ <a href="#">Make New Social Connections on Campus: Expand Your World</a> ” Read “ <a href="#">Good Friends Protect Shy College Freshmen from Loneliness and Depression</a> ” Review TAMUCT Student and Civic Engagement Review TAMUCT Campus Recreation	-Partner Activity -RSVP Assignment #5 -Start Week 8 Sleep Diary by Thursday 10/12
Week 8 <i>October 16 –October 22</i> <b>Mental Health and Well-being</b>	Read Chapter 10 (all sections) Review Student Wellness and Counseling Center Information	-Sleep Diary -RSVP Assignment #6 -Extra Credit: Visit the student wellness center (due Sunday) -Mentor Meeting (Week 8, 9, or 10)
Week 9 <i>October 23 – October 29</i> <b>Advising and Course Planning</b>	Read Chapter 12, Sections 12.2 and 12.3 (pp. 454 – 462) Video: Psychology Advisor Review Psychology Program Learning Outcomes, Program Alignment Infographic TAMUCT Course Planning and Registration Resources DegreeWorks Instructions	-Review Personal Essay 1, sign up for campus experience -RSVP Assignment #7 -Mentor Meeting (Week 8, 9, or 10)
Week 10 <i>October 30 – November 5</i> <b>Writing Resources and Guidelines</b>	Read Chapter 8 (all sections) TAMUCT University Writing Center Website Introduction to TAMUCT Library Resources TAMUCT Library Website	-Library Survey -Review Personal Essay 1, sign up for campus resource -RSVP Assignment #8 -Mentor Meeting (Week 8, 9, or 10 – due Friday)
Week 11 <i>November 6 – November 12</i> <b>Information Literacy: Reading and Analyzing Psychology Literature</b>	Read Clark Murphy 21 Classroom Game APA Video: Finding Research Articles at TAMUCT Purdue OWL APA Formatting and Style Guide TAMUCT Student Conduct and Academic Integrity Policy	-Plagiarism tutorial (optional) -Personal Essay 1



	Did I Plagiarize?	
Week 12 <i>November 13 – November 19</i> <b>Careers in Psychology</b>	You can get a job with that major What can I do with a psychology major? Careers in Psychology Website TAMUCT Career Services Links and Information Video: Andria Schwegler – Applied Psychology Video: Samantha Airhart-Larraga - Clinical Mental Health Video: Felicia Hollifield - Marriage and Family Therapy Video: Coady LaPierre - School Psychology Undergraduate Internship Course at TAMUCT	-Graduate School Pre-writing exercise (optional) -RSVP Assignment #9
Week 13 <i>November 20 – November 26</i> <i>*Thanksgiving Nov 23-24 – no class*</i> <b>Civic Engagement and Good Citizenship</b>	Mini-lecture: Civic Engagement Read “Benefits of Community Service” (PDF) Review TAMUCT Student and Civic Engagement Civic Engagement Values Rubric	-Post to Discussion Forum (instead of class, due Sunday) -RSVP Assignment #10
Week 14 <i>November 27 – December 3</i> <b>Diversity and Cultural Awareness</b>	Read Chapter 9, Section 9.2, “Living with Diversity” (pp. 319 – 330) Review TAMUCT Center for Diversity, Equity, and Inclusion	-Implicit Association Test Reflection -RSVP Assignment #11
Week 15 <i>December 4 – December 10</i> <b>Ethics and Academic Professionalism in Psychology</b>	Read Chapter 7, Section 7.3, Communicating with Instructors,” (pp. 249 – 259) Video: Bryan Hutchison - Professionalism Video: Sarri Gilman - <a href="#">Good Boundaries Free You</a> Student Conduct Canvas Page TAMUCT Honor Code of Academic Integrity APA Ethical Principles of Psychologists	-Review instructions for Personal Essay 2 -RSVP Assignment #12
Week 16 <i>December 11 – December 15</i> <b>Where do you go from here?</b>	Read Chapter 3, Section 3.4, “Problem Solving and Decision Making,” (pp. 122 – 125) and Chapter 11, Section 11.1, “Financial Goals and Realities,” (pp. 409 – 411)	-Personal Essay 2



## TECHNOLOGY REQUIREMENTS AND SUPPORT

### Technology Requirements

See pages 1-2 of this document for more details on specific technology tools needed.

This course will use the A&M-Central Texas Instructure Canvas learning management system. **We strongly recommend the latest versions of Chrome or Firefox browsers. Canvas no longer supports any version of Internet Explorer.**

Logon to A&M-Central Texas Canvas [<https://tamuct.instructure.com/>] or access Canvas through the TAMUCT Online link in myCT [<https://tamuct.onecampus.com/>]. You will log in through our Microsoft portal.

Username: Your MyCT email address. Password: Your MyCT password

### Canvas Support

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select “Chat with Canvas Support,” submit a support request through “Report a Problem,” or call the Canvas support line: 1-844-757-0953.

### Other Technology Support

For log-in problems, students should contact Help Desk Central, 24 hours a day, 7 days a week

Email: [helpdesk@tamu.edu](mailto:helpdesk@tamu.edu)

Phone: (254) 519-5466

[Web Chat](http://hdc.tamu.edu): [<http://hdc.tamu.edu>]

*Please let the support technician know you are an A&M-Central Texas student.*

## UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

### Warrior Center for Student Success

The Warrior Center for Student Success is a comprehensive academic support department at A&M-Central Texas, dedicated to fostering an environment of excellence and empowerment among its student body. The center offers a wide range of programs and services to ensure every student reaches their full potential, and is a haven for students seeking guidance, resources, and a strong support network to excel in their educational journey.

**ADA Access and Accommodations:** Texas A&M University-Central Texas ensures that students with disabilities have equal access to educational opportunities by providing appropriate accommodations and support services. If you believe you have a physical, learning or socio-emotional disability requiring reasonable accommodations, please visit [Access and Inclusion](https://www.tamuct.edu/student-affairs/access-inclusion.html) [<https://www.tamuct.edu/student-affairs/access-inclusion.html>] for more details or contact the Office of Access and Inclusion, WH-212; (254) 501-5836. Any information you provide is private and confidential.

**Success Coaching and Peer Mentoring:** Our experienced Success Coaches work one-on-one with students to develop personalized action plans, set academic goals, and build effective study strategies, time management skills, and resilience. Our Peer Mentors provide a valuable support

system, offering guidance, encouragement, and a relatable perspective to help students navigate their academic and personal challenges. For more details call 254-501-5836 or 254-501-5928 or visit [Academic Support](https://www.tamuct.edu/student-affairs/academic-support.html) [https://www.tamuct.edu/student-affairs/academic-support.html]. Click the link to schedule a session (virtual or in-person) with a success coach [bit.ly/3q7uB50](https://bit.ly/3q7uB50) or visit WH, 111.

**Testing Services:** We offer a secure and comfortable environment for students and members of the community to take courses and distance learning exams, as well as placement tests and professional certification exams. Our Testing Service also offers resources and support referrals for testing related challenges (test anxiety, learning disabilities, etc.) and supports all approved ADA accommodations. Call (254) 519-5830 or visit the [Testing Center](https://www.tamuct.edu/testing-center/) [https://www.tamuct.edu/testing-center/].

**Tutoring and Supplemental Instruction Services:** Our team of qualified Tutors and Supplemental Instructors assist students in various non-writing subjects, promoting academic comprehension and enhancing learning outcomes. Click the link to schedule a tutoring session with a TAMUCT tutor (virtual or in-person) or view tutor availability [bit.ly/43Q6wNz](https://bit.ly/43Q6wNz). You may also chat live with a remote tutor 24/7 for a variety of subjects through our partnership with Tutor.com, an online tutoring platform that is free to all TAMUCT students. To learn more please visit [Tutoring Services](https://www.tamuct.edu/student-affairs/academic-support.html#tutoring) [https://www.tamuct.edu/student-affairs/academic-support.html#tutoring] or call (254) 501-5836 or visit the Tutoring Hub in Warrior Hall, 111.

### **Academic Integrity**

Texas A&M University-Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. All academic misconduct concerns will be referred to the Student Conduct Office. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more information regarding the [student conduct process](https://www.tamuct.edu/student-affairs/student-conduct.html), [https://www.tamuct.edu/student-affairs/student-conduct.html].

If you know of potential honor violations by other students, you may [submit a referral](https://cm.maxient.com/reporting.php?TAMUCentralTexas), [https://cm.maxient.com/reporting.php?TAMUCentralTexas].

### **Drop Policy**

If you discover that you need to drop this class, you must complete the [Drop Request](#) Dynamic Form through Warrior Web.

[https://federation.ngwebsolutions.com/sp/startSSO.ping?PartnerIdpId=https://eis-prod.ec.tamuct.edu:443/samlSso&SpSessionAuthnAdapterId=tamuctDF&TargetResource=https%3a%2f%2fdynamicforms.ngwebsolutions.com%2fSubmit%2fStart%2f53b8369e-0502-4f36-be43-f02a4202f612].

Faculty cannot drop students; this is always the responsibility of the student. The Records and Admissions Office will provide a deadline on the Academic Calendar for which the form must be completed. Once you submit the completed form to the Records and Admissions Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Records and Admissions Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

### **Pregnant and/or Parenting Students Rights and Accommodations**

Texas A&M University-Central Texas supports students who are pregnant, experiencing pregnancy-related conditions, and/or parenting. In accordance with requirements of [Title IX and related guidance from US Department of Education's Office of Civil Rights](#), the Associate Dean in the Division of Student Affairs, (254) 501-5909, can assist students who are pregnant, experiencing pregnancy-related conditions, and/or parenting by provide flexible and individualized reasonable accommodations. Students should seek out assistance as early in the pregnancy as possible through the [Pregnancy & Parenting webpage](#) [<https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html>]. For more information, please visit [Student Affairs](#) [<https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html>]. If you would like to read more about these [requirements and guidelines](#) online, please visit the website [<http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf>].

[Title IX of the Education Amendments Act of 1972](#) specifically prohibits discrimination against a student based on pregnancy, childbirth, false pregnancy, termination of pregnancy, or recovery from any of these conditions [<https://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.html>].

Students experiencing any form of discrimination due to any of these conditions are encouraged to reach out to the Title IX Coordinator, 254.519.5716, [titleix@tamuct.edu](mailto:titleix@tamuct.edu), Founders Hall 317B, or the Associate Dean of Student Affairs, 254.501.5909, Warrior Hall 105.

### **Title IX Rights and Reporting Responsibilities**

Texas A&M University-Central Texas is committed to creating a safe and open learning environment for all students. If you or another student has experienced any form of gender discrimination or sexual misconduct, including sexual harassment, sexual assault, dating/domestic violence, and/or sex-based stalking, help and support are available. Our university strongly encourages all members of our campus community to report incidents and seek support for gender discrimination and sexual misconduct through the Title IX Office. You may contact the Title IX Office at 254.519.5716, [titleix@tamuct.edu](mailto:titleix@tamuct.edu), Founders Hall 317B, or learn more by visiting the [Title IX webpage](#) [<https://www.tamuct.edu/compliance/titleix.html>].

Please be aware that that under [Title IX, Texas Senate Bill 212](#), and [System Regulation 08.01.01](#), [<https://policies.tamus.edu/08-01-01.pdf>] all university employees are mandated reporters and are required to disclose information about suspected or alleged violations as listed above and defined in System Regulation 08.01.01. If the Title IX Office receives information about an incident, they will reach out to offer information about resources, rights, and procedural options as a member of the campus community. Although I have an obligation to report, you will, in most cases, control how your case will be handled. When working with the Title IX Office you

will have access to resources and accommodations but also have the opportunity to express if you wish to move forward with an investigation. Our goal is to make sure you are aware of the options available to you as a student. Community members are not required to respond to this outreach.

If you or another student wishes to speak to a confidential employee who does not have this reporting responsibility, you can contact the [Student Wellness & Counseling Center](https://www.tamuct.edu/student-affairs/student-counseling.html), [https://www.tamuct.edu/student-affairs/student-counseling.html], 254.501.5955, or [swacc@tamuct.edu](mailto:swacc@tamuct.edu), located in Warrior Hall Room 207L or the Student Support Advocate, 254.501.5978 or [ssa@tamuct.edu](mailto:ssa@tamuct.edu), located in founder Hall Room 317D.

### **University Library & Archives**

The University Library & Archives provides many services in support of research across campus and at a distance. We offer over 350 electronic databases containing approximately 1,203,947 eBooks and 134,750 journals, in addition to the 96,879 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place virtually through WebEx, Microsoft Teams or in-person at the library. [Schedule an appointment here](https://tamuct.libcal.com/appointments)

[https://tamuct.libcal.com/appointments]. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group workspaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our [Library website](https://tamuct.libguides.com/index)

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### **University Writing Center**

Located in Warrior Hall 416 and online, the University Writing Center (UWC) at Texas A&M University–Central Texas (A&M–Central Texas) is a free service open to all A&M–Central Texas students. The face-to-face hours of operation are from 10:00 a.m.-5:00 p.m. Monday and Thursday in Warrior Hall 416. Online tutoring is available Monday thru Thursday from 10:00 a.m.-5:00 p.m. and from 6:00-9:00 p.m. and on Saturdays from 12:00-3:00 p.m.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work

independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via [WCOOnline](https://tamuct.mywconline.com/) [https://tamuct.mywconline.com/]. In addition, you can email Dr. Bruce Bowles Jr. at [bruce.bowles@tamuct.edu](mailto:bruce.bowles@tamuct.edu) if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment with your favorite tutor.

## **OTHER POLICY STATEMENTS**

### **A Note about Sexual Violence at A&M-Central Texas**

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Wellness and Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the [Title IX webpage](https://www.tamuct.edu/compliance/titleix.html) [https://www.tamuct.edu/compliance/titleix.html].

### **Behavioral Intervention**

Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a concern, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the [referral](#) online

[https://cm.maxient.com/reporting.php?TAMUCentralTexas].

Anonymous referrals are accepted. Please see the [Behavioral Intervention Team](https://www.tamuct.edu/bit) website for more information [https://www.tamuct.edu/bit]. If a person's behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5805