

Texas A&M University - Central Texas
COUN 5311.110 - Multicultural Counseling - Summer 2022/
PSYC 5311.110 - Culture, Minority, and Gender Issues - Summer 2022

Instructor: Levi McClendon, PhD, LPC, NCC, NCSC, Registered Play Therapy

Class Meetings: Asynchronous

Email: lmccclendon@tamuct.edu

Office hours: Virtual Hours - Monday 11:00 am to 1:00 pm, 3:00pm-5:00pm & Wednesday 12:00 pm to 4:00 pm; other days / times by appointment only. Please email me to set up a virtual appointment.

This is a 100% online course, and uses the A&M-Central Texas Canvas Learning Management System [<https://tamuct.instructure.com/>].

Student-instructor interaction:

Instructor will check email Monday through Friday between 8 a.m. and 5 p.m. and reply to student emails within 48 hours. Emails received Saturday and Sunday will be addressed on Monday.

Course Overview

Study the interaction of social/cultural groups in America, problems of minorities and ethnic groups, problems related to gender and age, problems within family systems and contemporary sources of positive change also covers related ethical concerns. Development of counseling skills and strategies based upon the special needs and characteristics of culturally and ethnically diverse clients.

Course Objectives

1. Develop an understanding of cultural factors relevant to counseling.
2. Develop skills necessary for delivery of culturally competent counseling to a diverse group of clients
3. Increase awareness of how one's own cultural characteristics influence the counseling process.
4. Increase awareness of how a client's own cultural characteristics influence the counseling process.

Student Learning Outcomes

1. *Students will identify multicultural and pluralistic trends; characteristics, attitudes, beliefs, and experiences of (and among) diverse groups.*
2. *Students will write about cultural self-awareness and an understanding of the historical, political, and institutional influences on the oppression of diverse populations*
3. *Students will locate community resources and identify public policies that affect the quality and accessibility of mental health services and enable effective advocacy for and treatment of diverse populations.*
4. *Students will learn about diverse populations and how counseling can best be suited to address the needs of said diverse population.*
5. *Students will examine the counselors' roles in eliminating biases, prejudices, and processes of intentional and unintentional oppression and discrimination toward diverse people.*

In accordance with CACREP best practice standards, the following areas will be promoted in this course (Section II.G.2) Studies that provide an understanding of the cultural context of relationships, issues, and trends in a multicultural society, including all of the following:

Content that will be addressed	CACREP Standard
The multiple professional roles and functions of counselors across specialty areas, and their relationships with human service and integrated behavioral health care systems, including interagency and inter-organizational collaboration and consultation	II.F.1.b
Advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients	II.F.1.e
Ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling.	II.F.1.i

Multicultural and pluralistic characteristics within and among diverse groups nationally and internationally	II.F.2.a
Theories and models of multicultural counseling, cultural identity development, and social justice and advocacy	II.F.2.b
Multicultural counseling competencies	II.F.2.c
The impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's views of others.	II.F.2.d
Help-seeking behaviors of diverse clients	II.F.2.f
The impact of spiritual beliefs on clients' and counselors' worldviews	II.F.2.g
Strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination	II.F.2.h
A general framework for understanding differing abilities and strategies for differentiated interventions	II.F.3.h
Strategies for advocating for diverse clients' career and educational development and employment opportunities in a global economy	II.F.4.g
Ethical and culturally relevant strategies for addressing career development	II.F.4.j
A systems approach to conceptualizing clients	II.F.5.b
Ethical and culturally relevant strategies for establishing and maintaining in-person and technology-assisted relationships	II.F.5.d
Counselor characteristics and behaviors that influence the counseling process	II.F.5.f
Ethical and culturally relevant strategies for designing and facilitating groups	II.F.6.g
Ethical and culturally relevant strategies for selecting, administering, and interpreting assessment and test results	II.F.7.m
The importance of research in advancing the counseling profession, including how to critique research to inform counseling practice	II.F.8.a
Ethical and culturally relevant strategies for conducting, interpreting, and reporting the results of research and/or program evaluation	II.F.8.j
Standards for Clinical Mental Health Counseling (CMHC) track	
Etiology, nomenclature, treatment, referral, and prevention of mental and emotional disorders	CMCH: V.C.2.b
Legislation and government policy relevant to clinical mental health counseling	CMCH: V.C.2.i
Cultural factors relevant to clinical mental health counseling	CMCH: V.C.2.j

Participation/Attendance

See the section below regarding Professionalism.

Required Text:

- Hays, P.A. (2016). *Addressing cultural complexities in practice: Assessment, Diagnosis, and Therapy*. (3rd. ed.). Washington, D.C.
- American Psychological Association. *Publication Manual of the American Psychological Association (7th ed.)*, APA, 2020.



•Various articles will also be assigned for reading throughout the course as determined by the instructor

•Articles assigned for reading can be accessed using PsychInfo (accessed via library website

<http://tamuct.libguides.com/c.php?g=117099>)

•**A student of this institution is not under any obligation to purchase a textbook from a university-affiliated bookstore.** The schedule for reading assignments is on the last page of this syllabus.

What you will be graded on:

Weekly Interactive Video Lectures: (7 pts total): Each week the instructor will post a lecture that has questions built into it. You will be required to answer the questions during the lecture video for credit.

Cultural Immersion Activity Project Description: Purpose: To have the student empathically experience newness in the form of a different and non-dominant culture so that they might relativize cultural norms and learn about a specific group. Emphasis on emotional responses and self-reflections. This activity is grounded in the multicultural and social justice counseling competencies. The activity utilizes each of the Developmental Domains identified in the Multicultural Counseling and Social Justice Competencies. In total, you will need 18 artifacts. This assignment will be throughout the course. I will meet with each student individually to discuss their CIA Action Plan Proposal.

!!!! Important Point: Read the following very carefully. Failure to follow instructions will result in you being required to complete the assignments. For example, selecting all bullet points under one section (e.g., Attitudes and Beliefs) will result in a failing grade for the assignment or requirement to complete the assignment again.

1. Cultural Immersion Activity: Action Plan Proposal (13 points)

- i. **Review Multicultural and Social Justice Counseling Competencies. Next, create an excel document outlining each of the Developmental Domains:**
 1. Counselor Self-Awareness
 2. Client Worldview
 3. Counseling Relationship
 4. Counseling and Advocacy Interventions
- ii. **For Developmental Domains 1-3, include an Attitude and Belief, Knowledge, Skills, and Action standard (these are listed as bullet points under each section of the competencies. You will copy and paste these.**
 1. **Note:** Each standard bullet point corresponds to the bullet point in the next section. For example, if I select Counselor Self-Awareness Domain and the Attitude and Belief second bullet: *Acknowledge their privileged and marginalized status in society*, I will select the second bullet under Knowledge, Skills, and Action in the same domain.
- iii. **Developmental Domain 4: For Counseling and Advocacy Interventions, you must select one item from each of the six standards (Intrapersonal, Interpersonal, Institutional, Community, Public Policy, International and Global Affairs).** Follow the same process as above. If you select the first bullet under Intrapersonal, then you will select the first bullet on the rest of the categories.
- iv. **Submit an artifact showing that you have completed an activity for each standard under each domain.**
 1. **Note:** Multiple options will be provided to you as examples.
 2. **Note:** Several activities will likely require you to participate in an event. Plan accordingly.

2. Cultural Immersion Activity: Counselor Self-Awareness (20 points). You will be required to submit an artifact for **EACH** of your identified standards under Attitudes and Beliefs, Knowledge, Skills, Action. You will submit **four artifacts** showing competency in the bullet points selected.

3. Cultural Immersion Activity: Client Worldview (20 points). You will be required to submit an artifact for **EACH** of your identified standards under Attitudes and Beliefs, Knowledge, Skills, Action. You will submit **four artifacts** showing competency in the bullet points selected.

4. Cultural Immersion Activity: Counseling Relationship (20 points). You will be required to submit an artifact for **EACH** of your identified standards under Attitudes and Beliefs, Knowledge, Skills, Action. You will submit **four artifacts** showing competency in the bullet points selected.

5. Counseling and Advocacy Interventions (20 points). You will be required to submit an artifact for your identified standard under Intrapersonal, Intervention, Interpersonal Intervention, Institutional Intervention, Community Intervention, Public Policy Intervention, International and Global Affairs Intervention. You will submit **six artifacts** showing competency in the bullet points selected.

COURSE REQUIREMENTS/METHODS OF EVALUATION

Activity	Points
Weekly Interactive Video Lectures	7
CIA: Action Plan Proposal	13
CIA: Counselor Self-Awareness	20
CIA: Client Worldview	20
CIA: Counseling Relationship	20
CIA: Counseling and Advocacy Interventions	20
Total	100 points

Grade Equivalent:

90 - 100 = A, 80 - 89 = B, 70 - 79 = C, 60 - 69 = D, 59 - Below = F

I will strive to give you feedback on assignments within one week of the due date; if you haven't seen feedback after two weeks be sure to check in with me.

***Posting of Grades:** Grades will be posted on the Canvas Gradebook. Grades are generally posted within two weeks of assignment submission. Please check Canvas for grades and feedback on assignments.

****Late work policy:** COVID-19 tested our limits on what we can reasonably accomplish. Many things can get in the way of turning an assignment in on-time. I do not have time limits on when you can turn-in assignments. However, if you are frequently turning in assignments late, I will likely reach out to you to work on a plan to help you turn things in on time. Like many of you, I have a lot to do. If students turn in assignments late, my job becomes much harder. **Thus, if you turn in an assignment late, you will receive a grade, but will not be given assignment feedback.**

Turning in late assignments: Please turn in all assignments on Canvas. If you email an assignment to me, I may miss it.

Incomplete Policy: Students whose life situations stop them from completing the course may be given an incomplete provided that 70% of all course assignments are completed one week before July 24, 2022 (last regular class week). Students not meeting this requirement will not have the option for an incomplete and will need to retake the course.

Some Thoughts About This Course: **One of the primary foci of this course is an increase in self-awareness.** As you probably already know, the process of examining one's own beliefs and cognitive/behavioral tendencies can be emotionally taxing. However, as you also likely well know, it can also be incredibly rewarding. Let me be clear, it is not my agenda to make sure the students in the class adopt one prescribed view of diversity (or my view)...but it is my explicit agenda to challenge each of you to evaluate your own views and to think critically about how these views (and the views of others) influence our interactions with clients.

COURSE CALENDAR

WEEK	READING	CONTENT	ASYNCHRONOUS: WATCH VIDEOS BEFORE NEXT CLASS	TURN IN BY SUNDAY 11:59PM
WEEK 1 June 6 – June 10, 2022	Hays Ch. 1-3	Course overview; <i>Becoming a Culturally Responsive Therapist</i>	Weekly Interactive Video Lecture	
WEEK 2 June 13 – June 19, 2022	Hays Ch. 4 Competencies	<i>Making Meaningful Connections: Let's Talk</i>	Weekly Interactive Video Lecture	
WEEK 3 June 20 – June 26, 2022	Hays Ch. 5-6	<i>Making Meaningful Connections: Identities/Context, Therapeutic Alliance</i>	Weekly Interactive Video Lecture	CIA: Action Plan Proposal
WEEK 4 June 27 – July 3, 2022	Hays Ch. 7-8	<i>Sorting Things Out: Culturally Responsive Assessment, Standardized Tests</i>	Weekly Interactive Video Lecture	CIA: Counselor Self-Awareness
WEEK5 July 4 – July 10, 2022	Hays Ch. 9-10	<i>Sorting Things Out: Culturally Responsive Diagnosis,</i> <i>Beyond Treatment Manuals: Culturally Responsive Therapy</i>	Weekly Interactive Video Lecture	CIA: Client Worldview
WEEK 6 July 11 – July 17, 2022	Hays Ch. 11-12	<i>Beyond Treatment Manuals: Indigenous Traditional, and Other Diverse Interventions, Pulling it all together</i>	Weekly Interactive Video Lecture	CIA: Counseling Relationship
WEEK 7 July 18 – July 24, 2022	Hays Ch. 13	<i>Conclusion</i>	Weekly Interactive Video Lecture	
WEEK 8 July 25 – July 29, 2022				CIA: Counseling and Advocacy Interventions

#Professor reserves the right to amend the syllabus at any time#

Important University Dates

<https://www.tamuct.edu/registrar/academic-calendar.html>

Emergency Warning System for Texas A&M University-Central Texas

SAFEZONE.

SafeZone provides a public safety application that gives you the ability to call for help with the push of a button. It also provides Texas A&M University-Central Texas the ability to communicate emergency information quickly via push notifications, email, and text messages. All students automatically receive email and text messages via their myCT accounts.

Downloading SafeZone allows access to push notifications and enables you to connect directly for help through the app.

You can download SafeZone from the app store and use your myCT credentials to log in. If you would like more information, you can visit the [SafeZone](http://www.safezoneapp.com) website [www.safezoneapp.com].

To register SafeZone on your phone, please follow these 3 easy steps:

1. Download the SafeZone App from your phone store using the link below:
 - [iPhone/iPad](https://apps.apple.com/app/safezone/id533054756): [https://apps.apple.com/app/safezone/id533054756]

- [Android Phone / Tablet](https://play.google.com/store/apps/details?id=com.criticalarc.safezoneapp) [https://play.google.com/store/apps/details?id=com.criticalarc.safezoneapp]
2. Launch the app and enter your myCT email address (e.g. {name}@tamuct.edu)
 3. Complete your profile and accept the terms of service

TECHNOLOGY REQUIREMENTS AND SUPPORT

Technology Requirements

This course will use the A&M-Central Texas Instructure Canvas learning management system. **We strongly recommend the latest versions of Chrome or Firefox browsers. Canvas no longer supports any version of Internet Explorer.**

Logon to A&M-Central Texas Canvas [https://tamuct.instructure.com/] or access Canvas through the TAMUCT Online link in myCT [https://tamuct.onecampus.com/]. You will log in through our Microsoft portal.

Username: Your MyCT email address. Password: Your MyCT password

Canvas Support

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select “Chat with Canvas Support,” submit a support request through “Report a Problem,” or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

Online Proctored Testing

A&M-Central Texas uses Proctorio for online identity verification and proctored testing. This service is provided at no direct cost to students. If the course requires identity verification or proctored testing, the technology requirements are: Any computer meeting the minimum computing requirements, plus web camera, speaker, and microphone (or headset). Proctorio also requires the Chrome web browser with their custom plug in.

Other Technology Support

For log-in problems, students should contact Help Desk Central, 24 hours a day, 7 days a week

Email: helpdesk@tamu.edu

Phone: (254) 519-5466

[Web Chat](http://hdc.tamu.edu): [http://hdc.tamu.edu]

Please let the support technician know you are an A&M-Central Texas student.

UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

Drop Policy

If you discover that you need to drop this class, you must complete the [Drop Request](#) Dynamic Form through Warrior Web.

[https://federation.ngwebsolutions.com/sp/startSSO.ping?PartnerIdpId=https://eis-prod.ec.tamuct.edu:443/samlssso&SpSessionAuthnAdapterId=tamuctDF&TargetResource=https%3a%2f%2fdynamicforms.ngwebsolutions.com%2fSubmit%2fStart%2f53b8369e-0502-4f36-be43-f02a4202f612].

Faculty cannot drop students; this is always the responsibility of the student. The Registrar’s Office will provide a deadline on the Academic Calendar for which the form must be completed. Once you submit the completed form to the Registrar’s Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar’s Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

Academic Integrity

Texas A&M University-Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. All academic misconduct concerns will be referred to the Office of Student Conduct. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more [information regarding the Student Conduct process](https://www.tamuct.edu/student-affairs/student-conduct.html), [https://www.tamuct.edu/student-affairs/student-conduct.html].

If you know of potential honor violations by other students, you may [submit a report](https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0),

[https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0].

Academic Accommodations

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Warrior Center for Student Success, Equity and Inclusion is responsible for ensuring that students with a disability receive equal access to the university’s programs, services and activities. If you believe you have a disability requiring reasonable accommodations, please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information, please visit our [Access & Inclusion](#) Canvas page (log-in required) [<https://tamuct.instructure.com/courses/717>]

Important information for Pregnant and/or Parenting Students

Texas A&M University–Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education’s Office of Civil Rights, the Dean of Student Affairs’ Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit [Student Affairs](#) [<https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html>]. Students may also contact the institution’s Title IX Coordinator. If you would like to read more about these [requirements and guidelines](#) online, please visit the website [<http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf>].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender—including pregnancy, parenting, and all related conditions. A&M–Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University’s Title IX Coordinator.

Tutoring

Tutoring is available to all A&M–Central Texas students, both virtually and in-person. Student success coaching is available online upon request.

If you have a question, are interested in becoming a tutor, or in need of success coaching contact the Warrior Center for Student Success, Equity and Inclusion at (254) 501-5836, visit the Warrior Center at 212 Warrior Hall, or by emailing WarriorCenter@tamuct.edu.

To schedule tutoring sessions and view tutor availability, please visit [Tutor Matching Services](#) [<https://tutormatchingservice.com/TAMUCT>] or visit the Tutoring Center in 111 Warrior Hall.

Chat live with a remote tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M–Central Texas students to log in and receive online tutoring support at no additional cost. This tool provides tutoring in over 40 subject areas except writing support. Access Tutor.com through Canvas.

University Writing Center

Located in Warrior Hall 416, the University Writing Center (UWC) at Texas A&M University–Central Texas (A&M–Central Texas) is a free service open to all A&M–Central Texas students. For the Summer 2022 semester, the hours of operation are from 10:00 a.m.-4:00 p.m. Monday thru Thursday in Warrior Hall 416 (with online tutoring available every hour as well) with satellite hours available online only Monday thru Thursday from 6:00-9:00 p.m. and most Saturdays from 12:00-3:00 p.m.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students’ ideas and writing, our tutors highlight the ways in which they read and interpret students’ texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via [WCOnline](#) at [<https://tamuct.mywconline.com/>]. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment with your favorite tutor.

University Library

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 400,000 eBooks and 82,000 journals, in addition to the 96,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M–Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place virtually through WebEx, Microsoft Teams or in-person at the library. [Schedule an appointment here](#) [<https://tamuct.libcal.com/appointments/?g=6956>]. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M–Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our [Library website](#) [<http://tamuct.libguides.com/index>].

OPTIONAL POLICY STATEMENTS

A Note about Sexual Violence at A&M-Central Texas

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Wellness and Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the [Title IX webpage](https://www.tamuct.edu/compliance/titleix.html) [https://www.tamuct.edu/compliance/titleix.html].

Behavioral Intervention

Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a concern, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the [referral](https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=2) online [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=2].

Anonymous referrals are accepted. Please see the [Behavioral Intervention Team](https://www.tamuct.edu/bit) website for more information [https://www.tamuct.edu/bit]. If a person's behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5805.

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