Texas A&M University - Central Texas

PSYC 5383 110 CRN 11505

Consultation and Supervision

Wednesday 6 – 7 PM Online Spring 2022 (Jan. 18 - May 13)

Instructor and Contact Information

Instructor: Coady Lapierre, Ph.D., LSSP

Office: 318 G Warrior Hall Email: lapierre@tamuct.edu

Office Hours

Tuesday and Wednesday 1 to 5 PM virtual hours

Mode of Instruction and Course Access

This course meets 100% online with a 1 hour weekly synchronous meeting from 6 to 7 PM Wednesday evenings, and the remainder being asynchronous. This is a service learning course and will include working with members of the community. This course uses the A&M-Central Texas Canvas Learning Management System [https://tamuct.instructure.com].

Student-instructor interaction

Email (lapierre@tamuct.edu) is the preferred communication method. Students can expect a 48 business hour response window under normal circumstances. Students are free to book office appointments through the instructor or the department.

Emergency Warning System for Texas A&M University-Central Texas

SAFEZONE. SafeZone provides a public safety application that gives you the ability to call for help with the push of a button. It also provides Texas A&M University-Central Texas the ability to communicate emergency information quickly via push notifications, email, and text messages. All students automatically receive email and text messages via their myCT accounts.

Downloading SafeZone allows access to push notifications and enables you to connect directly for help through the app.

You can download SafeZone from the app store and use your myCT credentials to log in. If you would like more information, you can visit the <u>SafeZone</u> website [www.safezoneapp.com].

To register SafeZone on your phone, please follow these 3 easy steps:

- 1. Download the SafeZone App from your phone store using the link below:
 - o iPhone/iPad: [https://apps.apple.com/app/safezone/id533054756]
 - Android Phone / Tablet [https://play.google.com/store/apps/details?id=com.criticalarc.safezoneapp]
- 2. Launch the app and enter your myCT email address (e.g. {name}@tamuct.edu)
- 3. Complete your profile and accept the terms of service

COURSE INFORMATION

Course Description Study application of psychological principles of consultation and supervision in selected settings. Emphasis is on analysis of client and consultee/supervisor behaviors, individual and group communications, program evaluation and possible intervention options in selected environments. Prerequisite(s): COUN 5393, COUN 5350 and COUN 5353.

Course Objectives

- 1. Students will demonstrate an understanding of counseling supervision theories, skills and techniques, and practices consistent with ethical counseling supervision.
- 2. Students will demonstrate an understanding of counseling consultation theories, skills and techniques, and practices consistent with ethical counseling consultation.

Student Learning Outcomes

- 1. Students will demonstrate understanding of the current models, methods, and principles of clinical supervision as well as the current research related to consultation and supervision.
- 2. Students will demonstrate understanding of counseling issues that are presented in supervision sessions as well as limitations, insights, and needs for referral during the supervision process.
- 3. Students will demonstrate competence in the how the conceptualize consultation and supervision cases in a logical and factual manner to share with fellow students and professionals.
- 4. Students will demonstrate knowledge in effective program evaluation to include needs assessments, interventions and program outcomes.

Required Reading and Textbooks

Bernard, J., & Goodyear, R. (2018) <u>Fundamentals of Clinical Supervision</u> (6th ed.) Pearson. ISBN: 978-0134752518

Brown, D., Pryzwansky, W., & Schulte, A. (2010), <u>Psychological Consultation and Collaboration</u>: Introduction to Theory and Practice (7th. ed.) Pearson. ISBN-13: 978-0137062645

Crothers, L., Hughes, T., Kolbert, J., & Schmitt, A. (2020). <u>Theory and Cases in School-Based Consultation</u>: A Resource for School Psychologists, School Counselors, Special Educators, and <u>Other Mental Health Professionals</u> (2nd ed.) Routhledge. ISBN: 9780367140632

Other required readings will be supplied by the instructor

Course Grades

Supervisor Interview (20 pts.) Due Week 14

Students will locate and interview a Mental Health professional currently supervising other mental health professionals. Points assigned for length, professional tone, informative content (10 pts.) with 2 pages expected and reported responses to specifically assigned questions including applied model of supervision (10 pts.).

Supervisee Interview (20 pts.) Due Week 14

Students will locate and interview a Mental Health professional currently under clinical supervision, with strong preference for practicum and internship students. Points assigned for length, professional tone, informative content (10 pts.) with 2 pages expected and reported responses to specifically assigned questions (10 pts.).

Supervisor Models (25 pts.) Due Week 14

Students will create a report detailing the major Supervision models, and present techniques from each of these perspectives that can be used in the field. Points assigned for breadth of scope (15 pts.), clearly defined techniques (5 pts.), and professionalism (5 pts.).

Case Report (35 pts.) Due Week 15

Student will consult with a practicing mental health or educational professional on a case and present the process and results of those efforts. Points assigned for clear use of systemic approach (10 pts.), detailed critical self-reflection (10 pts.), data based decision making (10 pts.) and demonstration of advanced techniques (5 pts.).

Posting of Grades

All class grades will be posted in Canvas, normally within 2 weeks of submission.

COURSE OUTLINE AND CALENDAR Complete Course Calendar

	Wed.	Topic	Bernard Chap.	Brown Chap.
Week 1	1/19/2021	Introduction & Overview		
Week 2	1/26/2021	Psychotherapy	1 & 2	
Week 3	2/2/2021	Process and 2 nd Generation	3	
Week 4	2/9/2021	Supervisory Relationships	4 & 5	
Week 5	2/16/2021	Multicultural and Organizing	6 & 7	
Week 6	2/23/2021	Individual Supervision	8	
Week 7	3/2/2021	Group Supervision	9	
Week 8	3/9/2021	Evaluation and Ethics	10 & 11	
Week 9	3/16/2021	Spring Break		
Week 10	3/23/2021	Ethics		12
Week 11	3/30/2021	Theoretical Orientations		3 & 4
Week 12	4/6/2021	Organizational Consultation		5
Week 13	4/13/2021	Stages and Processes		6
Week 14	4/20/2021	Interpersonal Skills		7
Week 15	4/27/2021	Consultation with Families		10
Week 16	5/4/2021	Consultation with Schools		9
Final	5/11/2021	Final		

Jan. 18 Spring Semester start

Feb. 2 Deadline to Drop with no record

Mar. 14-18 Spring Break

Mar. 25 Deadline for Spring Graduation Application

April 8 Deadline to drop with a Q or W

May 13 End of Semester

Course Grades:		Final Grade:	
Case Report	35 pts.	90-100 pts.	A
Supervisor interview	20 pts.	80-89 pts.	В
Supervisee interview	20 pts.	70-79 pts.	С
Supervisor Model	25 pts.	60-69 pts.	D
		Below 60 pts.	F

Technology Requirements

This course will use the A&M-Central Texas Instructure Canvas learning management system. We strongly recommend the latest versions of Chrome or Firefox browsers. Canvas no longer supports any version of Internet Explorer.

Logon to A&M-Central Texas Canvas [https://tamuct.instructure.com/] or access Canvas through the TAMUCT Online link in myCT [https://tamuct.onecampus.com/]. You will log in through our Microsoft portal.

Username: Your MyCT email address. Password: Your MyCT password

Canvas Support

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select "Chat with Canvas Support," submit a support request through "Report a Problem," or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

Online Proctored Testing

A&M-Central Texas uses Proctorio for online identity verification and proctored testing. This service is provided at no direct cost to students. If the course requires identity verification or proctored testing, the technology requirements are: Any computer meeting the minimum computing requirements, plus web camera, speaker, and microphone (or headset). Proctorio also requires the Chrome web browser with their custom plug in.

Other Technology Support

For log-in problems, students should contact Help Desk Central, 24 hours a day, 7 days a week

Email: helpdesk@tamu.edu Phone: (254) 519-5466

Web Chat: [http://hdc.tamu.edu]

Please let the support technician know you are an A&M-Central Texas student.

UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

Drop Policy

If you discover that you need to drop this class, you must complete the <u>Drop Request</u> Dynamic Form through Warrior Web.

[https://dynamicforms.ngwebsolutions.com/casAuthentication.ashx?InstID=eaed95b9-f2be-45f3-a37d-46928168bc10&targetUrl=https%3A%2F%2Fdynamicforms.ngwebsolutions.com%2FSubmit%2FForm%2FStart%2F53b8369e-0502-4f36-be43-f02a4202f612].

Faculty cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the Academic Calendar for which the form must be completed. Once you submit the completed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

Academic Integrity

Texas A&M University-Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. All academic misconduct concerns will be referred to the Office of Student Conduct. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more <u>information regarding the Student Conduct process</u>, [https://www.tamuct.edu/student-affairs/student-conduct.html].

If you know of potential honor violations by other students, you may <u>submit a report</u>, [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0].

Academic Accommodations

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Warrior Center for Student Success, Equity and Inclusion is responsible for ensuring that students with a disability receive equal access to the university's programs, services and activities. If you believe you have a disability requiring reasonable accommodations, please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information, please visit our <u>Access & Inclusion</u> Canvas page (log-in required) [https://tamuct.instructure.com/courses/717]

Important information for Pregnant and/or Parenting Students

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit Student Affairs [https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html]. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these requirements and guidelines online, please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender–including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

Tutoring

Tutoring is available to all A&M-Central Texas students, both virtually and in-person. Student success coaching is available online upon request.

If you have a question, are interested in becoming a tutor, or in need of success coaching contact the Warrior Center for Student Success, Equity and Inclusion at (254) 501-5836, visit the Warrior Center at 212 Warrior Hall, or by emailing WarriorCenter@tamuct.edu.

To schedule tutoring sessions and view tutor availability, please visit <u>Tutor Matching Services</u> [https://tutormatchingservice.com/TAMUCT] or visit the Tutoring Center in 111 Warrior Hall.

Chat live with a remote tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive online tutoring support at no additional cost. This tool provides tutoring in over 40 subject areas except writing support. Access Tutor.com through Canvas.

University Writing Center

University Writing Center: Located in Warrior Hall 416, the University Writing Center (UWC) at Texas A&M University—Central Texas (A&M—Central Texas) is a free service open to all A&M—Central Texas students. For the Spring 2022 semester, the hours of operation are from 10:00 a.m.-5:00 p.m. Monday thru Thursday in Warrior Hall 416 (with online tutoring available every hour as well) with satellite hours available online only Monday thru Thursday from 6:00-9:00 p.m. and Saturday 12:00-3:00 p.m.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work

independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via WCOnline [https://tamuct.mywconline.com/]. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment with your favorite tutor by making an appointment via WCOnline [https://tamuct.mywconline.com/]. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment with your favorite tutor.

University Library

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 400,000 eBooks and 82,000 journals, in addition to the 96,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place virtually through WebEx, Microsoft Teams or in-person at the library. Schedule an appointment here [https://tamuct.libcal.com/appointments/?g=6956]. Assistance may cover many topics, including how to find articles in peerreviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our <u>Library website</u> [http://tamuct.libguides.com/index].

A Note about Sexual Violence at A&M-Central Texas

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Wellness and Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the Title IX webpage [https://www.tamuct.edu/compliance/titleix.html].

Behavioral Intervention

Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a concern, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the <u>referral</u> online [https://cm.maxient.com/reporting-form.php?TAMUCentralTexas&layout_id=2].

Anonymous referrals are accepted. Please see the <u>Behavioral Intervention Team</u> website for more information [https://www.tamuct.edu/bit]. If a person's behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5805.

While this syllabus represents the direction and scope of this course, it is subject to change.