# Texas A&M University Central Texas COUN 5386–110 Clinical Mental Health Internship CRN: 80937 Spring 2022

#### INSTRUCTOR AND CONTACT INFORMATION

**Instructor**: Kate Walker Ph.D. LPC/LMFT Supervisor **Class Time**: 4:30 – 6:30 Wednesday (Synchronous Online)

Room #:

Virtual: Synchronous Online (WebEx)

Note: All class meetings will be fully virtual

**Office location:** Home office, Lampasas, Texas

Virtual office hours: By appointment and TBD according to class

**Phone:** (936) 697-2822

E-mail address: kate.walker@tamuct.edu> and k8dwalker@gmail.com

This course is Synchronous Online meetings and uses the A&M-Central Texas Canvas Learning Management System [https://tamuct.instructure.com/].

#### **Student-instructor interaction:**

I work as a marriage and family therapist Monday and Tuesday so I may not respond to email until Wednesday between 8 a.m. and 5 p.m. It usually takes me about 48 hours to respond to most email. I don't check email on weekends. If you would like a virtual one-on-one just let me know and I can schedule you on a Wednesday, Thursday, or Friday before 5:00 PM.

#### **Emergency Warning System for Texas A&M University-Central Texas**

**SAFEZONE.** SafeZone provides a public safety application that gives you the ability to call for help with the push of a button. It also provides Texas A&M University-Central Texas the ability to communicate emergency information quickly via push notifications, email, and text messages. All students automatically receive email and text messages via their myCT accounts.

Downloading SafeZone allows access to push notifications and enables you to connect directly for help through the app.

You can download SafeZone from the app store and use your myCT credentials to log in. If you would like more information, you can visit the <u>SafeZone</u> website [www.safezoneapp.com].

To register SafeZone on your phone, please follow these 3 easy steps:

- 1. Download the SafeZone App from your phone store using the link below:
  - o <u>iPhone/iPad</u>: [https://apps.apple.com/app/safezone/id533054756]
  - o <u>Android Phone / Tablet</u> [https://play.google.com/store/apps/details?id=com.criticalarc.safezoneapp]
- 2. Launch the app and enter your myCT email address (e.g. {name}@tamuct.edu)
- 3. Complete your profile and accept the terms of service

#### **COURSE INFORMATION**

Course overview and description: The purpose of COUN 5386 is to help students implement counseling skills into counseling practice. Major emphasis is placed on the student's involvement in successful practices at the educational level of interest. Students have met all academic and professional standards of practice before placement. Over the course of their Internship experiences students are required to complete 600 clock hours, of which at least 240 are direct client contact. For this semester you will be required to earn a minimum of 200 clock hours. Weekly supervision is provided by the on-site supervisor and the faculty supervisor.

#### STUDENT LEARNING OUTCOMES:

- 1. Students will demonstrate appropriate primary counseling skills. This will be assessed via observation of live and recorded client interactions using Part I of the CCS-R and via items listed on CACREP standards matrix below.
- 2. Students will demonstrate appropriate professional and ethical behavior in their interactions with clients, colleagues, and supervisors. This will be assessed using Part II of the CCS-R and via items listed on CACREP standards matrix below.
- 3. \*\*Students are typically held to a higher standard regarding what constitutes appropriate skills/behaviors when enrolled in Internship than they were when enrolled in Practicum\*\*

#### **CACREP Standards**

CACREP standards can be viewed at <a href="http://www.cacrep.org/wp-content/uploads/2012/10/2016-CACREP-Standards.pdf">http://www.cacrep.org/wp-content/uploads/2012/10/2016-CACREP-Standards.pdf</a>. CACREP stipulates that certain standards must be met for accreditation and this course addresses several of those standards. CACREP stresses the importance of professional ethics and values, as well as skills and knowledge in the use of technology, and a commitment to multicultural competence and awareness

#### PRACTICUM/INTERNSHIP REQUIREMENTS (CACREP, 2016, Section III, A-E)

- Students must provide documentation of individual professional counseling liability insurance policies when enrolled in practicum and internship (III.A).
- Supervision of practicum and internship students will include program-appropriate audio/video recordings and/or live supervision of students' interactions with clients (III.B).
- Formative and summative evaluations of the student's counseling performance and ability to integrate and apply knowledge will be conducted as part of the student's practicum and internship (III.C).
- Students will have the opportunity to become familiar with a variety of professional activities and resources, including technological resources, during their practicum and internship (III.D).
- In addition to the development of individual counseling skills, during either the practicum or internship, students must lead or co-lead a counseling or psycho-educational group (III.E).

#### **INTERNSHP REQUIREMENTS (CACREP, 2016, Section III, J-M)**

- After successful completion of the practicum, students must complete <u>600 clock hours</u> of supervised counseling internship in roles and settings with clients relevant to their specialty area (III.J) over the course of a minimum of two semesters. Students may enroll in a third semester of Internship if needed to complete their hours.
- Internship students must complete a total of <u>240 clock hours</u> of direct service (III.K) over the course of a minimum of two semesters. A minimum of 90 direct services hours are required to earn a passing grade in Internship during long semesters (Fall/Spring), and a minimum of 60 direct service hours are required of students enrolled in Internship during the summer.
- Internship students will have weekly interaction with supervisors that averages <u>one hour per week</u> of individual and/or triadic supervision throughout the internship, provided by (1) the site supervisor or (2) counselor education program faculty (III.L). Site supervisors typically provide this individual/triadic supervision, but faculty may be called upon to provide up to 50% of this supervision for students who work at sites that alternate between individual and group supervision.
- Internship students will participate in an average of  $\frac{1}{2}$  hours per week of group supervision on a

regular schedule throughout the internship. Group supervision must be provided by a counselor education program faculty member.

### SUPERVISOR QUALIFICATIONS AND SUPPORT FOR PRACTICUM/INTERNSHIP (CACREP, 2016, Section III, N-R)

- 1. Program faculty members serving as individual/triadic or group practicum/internship supervisors must have the following qualifications (III.N):
  - Relevant experience,
  - Professional credentials,
  - Counseling supervision training and experience.
- 2. Site supervisors must have the following qualifications (III.P):
  - A minimum of a master's degree in counseling or a related profession,
  - Relevant certifications and/or licenses,
  - Minimum Professional experience:
    - CMHC: A minimum of two years of pertinent professional experience in the specialty area in which the student is enrolled
    - Knowledge of the program's expectations, requirements, and evaluation procedures for students, and
    - Relevant training in counseling supervision.
- 2. Orientation, consultation, and professional development opportunities are provided by counseling program faculty to site supervisors (III.Q).
- 3. Written supervision agreements define the roles and responsibilities of the faculty supervisor, site supervisor, and student during practicum and internship. When individual/triadic practicum supervision is conducted by a site supervisor in consultation with counselor education program faculty, the supervision agreement must detail the format and frequency of consultation to monitor student learning (III.R).

## Relation to 2016 CACREP Curricular Standards (Section II.F) and CMHC Standards (Section V.C): In accordance with CACREP best practices standards for all counselors-in-training development, the following areas will be promoted in this course:

Common Core for all students. Students will have knowledge of	Standard	Activity	SL Os:
Ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling.	II.F.1. i	Group supervision	2
Strategies for personal and professional self-evaluation and implications for practice	II.F.1. k	Final Reflection	2
Self-care strategies appropriate to the counselor role	II.F.1. 1	Wellness Class Discussion	2
The role of counseling supervision in the profession	II.F.1. m	COUN 5386 Internship Syllabus	2
Multicultural and pluralistic characteristics within and among diverse groups nationally and internationally	II.F.2.	Group supervision	1

Theories and models of multicultural counseling, cultural identity development, and social justice and advocacy	II.F.2. b	Cultural Autobiography Supervisee Questionnaire/Disc ussion	1
Multicultural and pluralistic characteristics within and among diverse groups nationally and internationally	II.F.2.	Group supervision	1
Help-seeking behaviors of diverse clients	II.F.2.	Group supervision	1
Strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination	II.F.2. h	Group supervision	1
Ethical and culturally relevant strategies for establishing and maintaining in-person and technology-assisted relationships	II.F.5.	CCS-R	1, 2
Counselor characteristics and behaviors that influence the counseling process	II.F.5.	CCS-R	1
Essential interviewing, counseling, and case conceptualization skills	II.F.5.	Full Case Conceptualization	1
Developmentally relevant counseling treatment or intervention plans	II.F.5.	Full Case Conceptualization	1
Development of measurable outcomes for clients	II.F.5.	Group supervision	1
Strategies to promote client understanding of and access to a variety of community-based resources	II.F.5.	Full Case Conceptualization	1
Processes for aiding students in developing a personal model of counseling	II.F.5.	Supervision Contract	2
Dynamics associated with group process and development	II.F.6. b	Group supervision	2
Therapeutic factors and how the contribute to group effectiveness	II.F.6.	Group supervision	2
Identification of evidence-based practices	II.F.8.	Full Case Conceptualization	2

Additional standards for students in a CMHC specialty area.	Standar d	Activity	SL Os :
Theories and models related to clinical mental health counseling	V.C .1.b	Recordings	1
Principles, models, and documentation formats of biopsychosocial case conceptualization and treatment planning	V.C .1.c	Full Case Conceptualiz ation	1

Cultural factors relevant to clinical mental health counseling	V.C .2.j	Recordings	1
Legal and ethical considerations specific to clinical mental health counseling.	V.C .2.1	CCS-R	2
Current intake interview, mental status evaluation, biopsychosocial history, mental health history, & psychological assmt. for treatment planning and caseload mgmt.	V.C .3.a	Case Conceptualiz ation	1
Techniques & interventions for prevention & trtmt. of a broad range of mental health issues	V.C .3.b	CCS-R	1
Strategies for interfacing with the legal system regarding court-referred clients	V.C .3.c	CCS-R	1

#### **Mode of Instruction & Course Access**

This course utilizes didactic teaching, group discussions, group supervision, taped sessions, and case conceptualizations. Students are evaluated through taped sessions, and site supervisor's evaluations of students.

#### **Participation & Attendance: Virtual**

Your active participation in supervision sessions is necessary for you to meet the course objectives. Active participation requires prior preparation on your part (e.g., reading of assigned materials and preparing for supervision). You will be allowed one excused absence which you are allowed to use for self-care. You must obtain 24 hours of group supervision for the semester. Plan to attend all classes. If you miss more than once, you will have to make up that time by asking permission to attend the Practicum or Internship group supervision, which held virtually at various times with other faculty. You may not miss on a night you are scheduled to discuss a case conceptualization. In order to attend and safely participate in Internship group supervision through Web Ex, you need to have a private space where you will not be interrupted, and where you will have reliable internet. Your visual presence through Web Ex is required for this course. Additionally, please be sure any technology that is voice activated is turned off in the room where you participate (i.e. Alexas or, other technology that is voice activated).

#### WebEx Visual Presence

To attend class all students will have their camera on for the entire duration of supervision and provide a background beyond their face that includes a stable and private location. Group supervision is a professional activity part of clinical work so you are expected to sit up and that you should not participate from your bed or be seen moving in an out of buildings/rooms/vehicles at your location. You should not be traveling/driving while participating in supervision. Group Supervision hours will not count if you are driving and trying to attend class at the same time. Additionally, there should not be any other persons present in the room where you are participating since your participation includes your own specific feedback to what is being discussed and may involve client information or personal peer experiences. Being mindful of these behaviors will allow for you to be appropriately transparent to elicit the trust of your peers and your supervisor since sensitive client information and sensitive content from about personal experiences is discussed throughout group supervision. If you are not able to carry out the following behaviors listed above you will respectfully leave the supervision session by logging off of Web Ex. You are still responsible for attending the minimal required supervision hours for the semester and should make plans to eliminate disruptions to meet the listed criteria for attendance prior to the start of the group meeting time. Leaving your screen for a brief restroom breaks is okay during the meeting, but moving your computer through rooms of your home might lead to security breaches of peers, and your location, so you are allowed to turn off your screen if you briefly leave to use the restroom or to mitigate an additional disruption, but for those purposes only. Your peers see your screen for the duration of class even when a student's screen share is activated. Any behaviors that would diminish confidence of privacy will impact the trust within the virtual supervision session and consequently may adversely affect the group learning experience. Each student is independently responsible for

their role in contributing to the safety of this virtual supervisory space.

#### **Tardiness**

You are expected to be in class on-time. It is strongly recommended students plan to virtually arrive to the group Web Ex meeting 10-15 minutes prior to the start of class to make sure their technology is working and their internet connection is sufficient. Continual tardiness will result in a Fitness to Practice evaluation between the student and faculty to address tardiness. Supervision requires a specific number of hours. Therefore, you must make up even miniscule time missed. If you are late, you will not be able to count that time a part of supervision you received. All students must have a total of 24 hours of group supervision to pass the class.

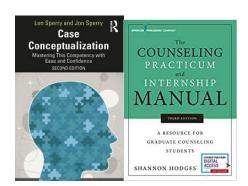
#### **Assignment Submission**

All work will be submit to Canvas by students. Students will be responsible for getting all logs and evaluations signed and turned in by their respective due date and should make arrangements with supervisors to have items prepared and uploaded into Canvas by their assigned due date. This includes portfolio items. All items are due to the supervisor, including final and cumulative logs at the time of the individual "close out" meeting between the student and faculty supervisor during the last week of the semester.

#### **Call-In Supervision**

If you know you will be running late, you may call into the supervision session so that your time does not need to be made up. *You may only do this one time during the semester.* If you run late in the future, you will need to make up the time with another faculty member.

**Required Reading and Textbook(s):** Sperry, L., & Sperry, J. (2020). *Case conceptualization: Mastering this competence with ease and confidence* (2nd ed.). Routledge.



Sperry, J., & Sperry. L. (2020). Case conceptualization: Key to highly effective counseling. *Counseling Today*. American Counseling Association. <a href="https://ct.counseling.org/2020/12/case-conceptualization-key-to-highly-effective-counseling/">https://ct.counseling.org/2020/12/case-conceptualization-key-to-highly-effective-counseling/</a>

Hodges, S. (2021). The Counseling practicum and internship manual: A resource for graduate counseling students (3<sup>rd</sup> ed.). Springer.

#### **Grading**

Part I: 30 % Appropriate counseling skills/competencies						
Assignment	Percentage	Points	Scoring	Scorer	Due Date	
Clinical Experiences	N/A	N/A	Complete/Incomplete	Faculty	N/A	
Counseling Video Recording and Critique	60%	18	Rubric	Faculty	TBD	

CCS-R Midterm Evaluation	20%	)	6			Part I: CCS		Site Supervisor	
CCS-R Final Evaluation	20%		6			Part I: CCS		Site Supervisor	
Total: _out of 30 points									
Part II: 30% Profess	sional	Disposit	ions	and Beh	avio	ors			
Assignment		Percent	age	Points	Sco	oring	Sc	orer	Due Date
Group Supervision		N/A		N/A	Co	mplete/Incomplete	Fa	culty	Weekly
Individual Supervisio	n	N/A		N/A	Co	mplete/Incomplete	Sit	te Supervisor	Weekly
Ethical/Professional Conduct		N/A		N/A	Co	mplete/Incomplete	Fa	culty	As needed
CCS-R Midterm Evaluation		40%		12	Par	t II: CCS	Sit	te Supervisor	
CCS-R Final Evaluati	on	40%		12	Par	t II: CCS	Sit	te Supervisor	
Evaluation of Site/Supervisor		20%		6	Co	mplete/Incomplete	Fa	culty	
Total: _out of 30 poin	nts								
Part III: 40% Admin	Part III: 40% Administrative Paperwork, Case Conceptualization and Treatment Plan								
Assignment		Percent	age	Points	Sco	oring	Sc	orer	Due Date
Signed Hours Logs: 1 site (Weekly/Summar		N/A		N/A	Co	mplete/Incomplete	Fa	culty	Weekly
BHEC Log (Summary									Summative (Closeout)
									BHEC log (Closeout)
(6) Three paragraph reflections		15%		6	Co	mplete/Incomplete	Fa	culty	Various
Brief Case Conceptualization		5%		2					Various
Full Case Conceptualization		55%		22	Ru	bric	Fa	culty	Various
Final Reflection		25%		10	Ru	bric	Fa	culty	
Total: _out of 40 poin	nts								

Grading	Points	Grand
		Total
Part I: Skills/Competencies	30 points	
Part II: Professional	30 points	
Dispositions		/100 points
Part III: Administrative	40 points	
Paperwork, Case	_	
Conceptualization and		
Treatment Plan		

#### Part I: Appropriate counseling skills/competencies: Nongraded Requirements

#### **Clinical Experiences**

Students seeing clients in the TAMUCT CCFTC become familiar with a variety of professional activities and resources, including technological resources (e.g., recording equipment, Simple Practice). Clinical experiences include individual adult and child counseling (children ages 7-17), couples counseling, family counseling, and group counseling. Note: Students who do not get an opportunity to lead or co-lead a group during Practicum will need to seek out this experience during Internship. (CACREP, 2016, III.D&E)

#### Part I: Appropriate counseling skills/competencies: Graded Requirements

#### **Counseling Video Recording and Critique (with signed consent form)**

You will record a counseling video session. Upload the session into Canvas Studio then submit the studio link for the video. The purpose of the recording is to demonstrate your use of primary counseling skills and your awareness of essential counseling processes. Identify the skills utilized on the critique, one to two examples of each skill used in session. Identify two to three additional skills you could have used in session, when you could have used the skills (exact video time in recording), and what specifically you would have said if you used the skill. Do not record the first counseling session. This will not count and you will be required to resubmit the entire assignment.

\*If your site does not allow video recording, you may have your site supervisor or a *clinician from your specific site, who is not a student in this class, and is not a friend/relative* role-play as the client. You will be required to resubmit the assignment if you record a classmate. This is an ethical issue. Relational dynamics seep into the session when role-playing with someone that is a friend or family member. Include the consent for the recording and upload the signed consent with your recording.

#### **CCR-S Evaluations Part I**

Students will be provided with two (CMHC/SC) formative evaluations at midterm and summative evaluations at the end of the semester (CACREP, 2016, III.C). Originals should be given to your faculty supervisor; you are advised to keep your own copies. Receiving a score of "1—Harmful" in any category on the CCS-R for your end-of-semester evaluation from a supervisor may result in an additional grade reduction if the supervisor believes you are not ready to advance to Internship.

At the end of the semester each student will provide evaluations of their supervisors and of their external sites.

#### Part II: Professional Dispositions and Behaviors: Non-graded Requirements

#### **Faculty Group Supervision**

24 hours of group supervision is required to pass the course. You are required to attend supervision each week. The class is both supervision and a university class with similar attendance expectations. You may miss up one class without penalty. The class missed may not be the same as your scheduled Case Conceptualization Review and Treatment Plan.

#### **Individual Supervision**

1 hour per week of individual supervision is required per site.

#### **Ethical/Professional Conduct**

Practicum/Internship students must behave in accordance with the ACA Ethical Standards and other standards of accepted professional conduct, including attire appropriate to professional counseling. Special attention is called to standards of confidentiality. Breaches of Ethical/Professional Conduct will trigger a Fitness to Practice Evaluation.

#### **Evaluation of Site Supervisor**

Students will turn in an evaluation of their site supervisor along with the final CCS-R.

#### Part II: Professional Dispositions and Behaviors: Graded Requirements

#### (6) three - paragraph reflections

You will be required to turn in a reflection covering three different topics below. Try not to cover the same topic twice, but at least one yellow highlighted topic must be covered in each reflection. Reflections are a processing exercise and you only need to share what you feel comfortable sharing. Proper grammar is expected and paragraphs are three sentences minimum.

- 1. How is the overall experience for you?
- 2. Give examples of how this internship experience facilitates: a) your capacity to think, b) your capacity to problem-solve, and, c) your capacity to make better decisions as a counselor.
- 3. Give examples of how this internship experience facilitates: a) your development of CMHC skills, b) attainment of CMHC competence, and, c) your development of points of view needed by CMHCs.
- 4. How has your training prepared you/not prepared you for the experience?
- 5. How do you care for yourself in this process?
- 6. What cases/situations do you react positively toward? Negatively?
- 7. What is most difficult about your internship?
- 8. How does this experience tie in with you overall career goals?
- 9. What do you like about your supervision? What do you not like? What do you need from your supervisor or me?
- 10. Based on your experience, what should be different about the counseling program at TAMUCT?
- 11. In light of this experience, how do you plan to develop and change to make yourself a better counselor? Personal therapy, continuing education, etc.?
- 12. What is most rewarding about your work? Is it what you thought it would be?

#### **CCS-R Evaluations Part II**

At the end of the semester each student will provide evaluations of their supervisors and of their external sites (if applicable). Students will be provided with two (CMHC/SC) formative evaluations at midterm and summative evaluations at the end of the semester (CACREP, 2016, III.C). Originals should be given to your faculty supervisor; you are advised to keep your own copies. Receiving a score of "1—Harmful" in any category on the CCS-R for your end-of-semester evaluation from a supervisor may result in an additional grade reduction if the supervisor believes you are not ready to advance to Internship.

#### Part III: Administrative Paperwork, Case Conceptualizations and Treatment Plan

#### Insurance

All students must have professional liability insurance coverage before they will be permitted to see clients. Students are covered by TAMUCT insurance (CACREP, 2016, III.A) and are not required to purchase external professional liability insurance.

#### Weekly Hour Logs, Summative Hour Logs, BHEC log

The purpose of the log is to provide a record of all time spent in practicum/internship activities. The log serves as evidence that the student has met the content and time requirements of the internship. The log is to be signed by the appropriate supervisor and by the student. Logs should be submitted for review/signature on a weekly basis. *You must submit one log per site per week even if you did not gain hours at the site.* At the end of the semester, students will complete a summary log of all hours earned (*one summary log per site*) during the semester. Originals should be given to your faculty supervisor; you are advised to keep your own copies.

#### Upload your logs each week and save them using the format below:

First Initial. Last Initial Week # Location

Example: L.M. Week 3 CCFTC

\*Save as a PDF. Ensure your log is on one page.

\*\*If you miss a week, you are required to upload the log that goes with the assigned week. <u>Do not</u> upload multiple logs to one week (e.g., uploading Week 3 and 4 together under Week 4)

The Behavioral Health Executive Committee Practicum Log verifies to the State of Texas that you have completed Practicum/Internship hours needed for licensure as an LPC-Associate. You can think of the BHEC log as a summary log for the state. You need one for each site per semester you are in Practicum/Internship.

#### **BONUS: Brief Case Conceptualization**

The purpose of the Brief Case Conceptualization is to prepare you for the Full Case Conceptualization, as well as illustrate the importance of preparing for supervision. Students be provided with a brief case conceptualization outline. Thoughtful consideration is required before presenting client concerns to your class, site supervisor, and university supervisor. In preparation for your case conceptualization review, you will complete a brief case conceptualization sheet and provide a copy to your classmates. Sharing your screen for this is not sufficient as the class will discuss feedback in randomly assigned breakout groups. You will spend 7 – 10 minutes discussing your client as it pertains to the case conceptualization sheet. After, you will request feedback specific to your conceptualization, treatment strategy, or interventions. The brief and full case conceptualizations do not have to be the same client.

#### **Full Case Conceptualization**

You will provide the class with a full case conceptualization completed outline. Your supervisor will provide a form to guide your completion of this assignment. All students will silently review the outline in class before the Full Case Conceptualization discussion. Next, you will discuss your formal case conceptualization (includes treatment plan) using de-identified client information (10-15 minutes) followed by audience questions (5-10 minutes). Next you will play your video recording (5-7 mins), and your classmates will discuss feedback in pairs for up to 10 minutes. After, they will provide feedback. Please record an individual. *Do not use couples or groups*. Rubric will be provided in Canvas. Make sure you practice before leading the review. You will be cut off if your time limit exceed the requirements for each section.

#### **Final Reflection**

Final Reflection Instructions: **A 5-minute video** summarizing the field practicum experiences will be submitted before the last class meeting. Answer <u>any five of the following questions</u> in your video.

- What were your expectations at the beginning of your Internship?
- •What were your goals at the beginning of your Internship?
- •In what ways did your site meet and not meet your expectations?

- •What progress did you make towards reaching your goals?
  •In what ways did your goals change?
  •What were the most important things you learned in practicum this semester?
  •What are some areas where you still want to grow?
- •How have you changed as a counselor and as a person as a result of your practicum experience?

Week	Topic of Discussion	Assignments Due Sunday at 11:59 p.m. unless specified below.
Week 1 Class Day: January 19 3 Hours Group  CACREP Standard II.F.l.m	Overview of class Supervision Contract Site-Supervisor Agreements Discuss Site Work Comprehensive Exams Discussion 2 indirect -Group Supervision  *No direct/indirect hours for Spring	Logs Due You will log Week 1 hours tomorrow – January 23 Turn in your week 1 logs Sunday January 23 at 11:59.  Read: Sperry & Sperry Peggy Papp Setting the terms for therapy
W. 1.0	22 term may be collected before Wednesday January 19	
Week 2 Class Day: January 26 1.5 Hours Group	Discuss article	Turn in your week 1 logs Sunday January 23 at 11:59. Supervision Contract Due
CACREP Standard II.F.5.d II.F.5.d II.F.5.f/n		Chapter 1-3: Sperry & Sperry
Week 3 Class Day: February 2 1.5 Hours Group  CACREP Standard 11.F.5.f/n 11.F.5.d 11F.1.i	Case Conceptualization/Treatment Planning	Turn in your week 2 logs Sunday January 30  Chapter 4-5: Sperry & Sperry
Week 4 Class Day: February 9 1.5 Hours Group	Brief Case Conceptualization Example: Dr. McClendon will model Brief Case Conceptualization	Turn in your week 3 logs Sunday February 6 Assigned Reading
CACREP Standard 11.F.5.g/i	Suicide/crisis Intervention Documentation, Ethics	Assigned Brief Case Conceptualization
Week 5 Class Day: February 16 1.5 Hours Group  CACREP Standard II.F.2.a/b/c/f/h II.F.5.d/f	Diversity & Multicultural Counseling Competencies Brief Case Conceptualization: Brief Case Conceptualization:	Turn in your week 4 logs Sunday February 13  Sperry & Sperry Theory Chapter (one from 6-10)  Selective Theory Sorter

Week 6 No Class		Turn in your week 5 logs Sunday February 20
Week 7 Class Day: March 2 3 Hours Group	Counseling and Social Justice Issues Cultural Autobiography Supervisee Questionnaire/Discussion	Turn in your week 6 logs Sunday February 27  Mid-Semester Evaluations due Sunday February 27 11:59
CACREP Standard II.F.2.b/d/e		

Week 8 No Class		Turn in your week 7 logs Sunday March 6
Week 9 No Class	Spring Break	Turn in your week 8 logs Sunday March 13
Week 10 Class Day: March 23 3 Hours Group	Professional counseling associations CaseConceptualization/Treatment/Plan/Video Recording/Critique: Case Conceptualization/Treatment Plan/Video Recording/Critique:	Turn in your week 9 logs Sunday March 20
Week 11 Class Day: March 30 2 Hours Group	CaseConceptualization/TreatmentPlan/Video Recording/Critique: Case Conceptualization/Treatment Plan/Video Recording/Critique:	Turn in your week 10 logs Sunday March 27
Week 12 Class Day: April 6 2 Hours Group	CaseConceptualization/TreatmentPlan/Video Recording/Critique: Case Conceptualization/Treatment Plan/Video Recording/Critique:	Turn in your week 11 logs Sunday April 3
Week 13 Class Day: April 13 2 Hours Group	CaseConceptualization/TreatmentPlan/Video Recording/Critique: Case Conceptualization/Treatment Plan/Video Recording/Critique:	Turn in your week 12 logs Sunday April 10
Week 14 Class Day: April 20 2 Hours Group	CaseConceptualization/TreatmentPlan/Video Recording/Critique: Case Conceptualization/Treatment Plan/Video Recording/Critique:	Turn in your week 13 logs Sunday April 17  *Last class opportunity for case
Week 15 Class Day: April 27 2 Hours Group		conceptualizations Turn in your week 14 logs Sunday April 24 Final Reflection Video Due Final Evaluations Due
Week 16: Class Day: May 4 Individual Closeout .5 faculty indirect - individual supervision	Individual Meetings to "Close Out" for semester occur throughout this week (Mon- Thurs).	Turn in your week 15 logs Sunday May 1 Turn in your week 16 logs Wednesday May 4  Summary Hours Log Due BHEC log(s) Due All hours paperwork is due by 11:59PM on Friday, May 6

#### **Hours Matrices**

#### Minimum

Total Direct	University	Site Supervision	Minimum Weekly
Hours	Supervision		Hours (Direct)
90	24	1 hour per week	5.625
		(average) when	
		seeing clients	

#### Recommended

Total Hours	Total Direct Hours (40%)	Total Indirect (60%)
300	120	180

#### Weekly Recommended

Direct Hours (Weekly) 40%	Indirect (Weekly) 60%	Grand Total
7.5 hours	11.25 hours (includes supervision)	300

#### **Important University Dates**

https://www.tamuct.edu/registrar/academic-calendar.html

September 6, 2021Labor Day (University open and classes will be held)

October 18, 2021 Class Schedule Published for Spring Semester

December 10, 2021 Fall Semester Ends

December 10, 2021 Deadline for Applications for Tuition Rebate for Fall Graduation (5pm)

December 10, 2021 Deadline for Fall Degree Conferral Applications to the Registrar's Office \$20 Late Application

December 10, 2021 Fall Commencement Ceremony Bell County Expo 7 pm

#### **Technology Requirements and Support**

This course uses the learning management software: Canvas and WebEx. You will need a reliable internet connection for Synchronous Online class meetings. Wired internet is best for fast processing speed. I need to see you in class as well. Please have a functioning computer camera to use for class.

#### **Technology Requirements**

This course will use the A&M-Central Texas Instructure Canvas learning management system. We strongly recommend the latest versions of Chrome or Firefox browsers. Canvas no longer supports any version of Internet Explorer.

Logon to A&M-Central Texas Canvas [https://tamuct.instructure.com/] or access Canvas through the TAMUCT Online link in myCT [https://tamuct.onecampus.com/]. You will log in through our Microsoft portal.

Username: Your MyCT email address. Password: Your MyCT password

#### **Canvas Support**

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select "Chat with Canvas Support," submit a support request through "Report a Problem," or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

#### **Online Proctored Testing**

A&M-Central Texas uses Proctorio for online identity verification and proctored testing. This service is provided at no direct cost to students. If the course requires identity verification or proctored testing, the technology requirements are: Any computer meeting the minimum computing requirements, plus web camera, speaker, and microphone (or headset). Proctorio also requires the Chrome web browser with their custom plug in.

#### **Other Technology Support**

For log-in problems, students should contact Help Desk Central

24 hours a day, 7 days a week

Email: <a href="mailto:helpdesk@tamu.edu">helpdesk@tamu.edu</a>

Phone: (254) 519-5466

Web Chat: [http://hdc.tamu.edu]

Please let the support technician know you are an A&M-Central Texas student.

#### UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

#### **Drop Policy**

If you discover that you need to drop this class, you must complete the <u>Drop Request</u> Dynamic Form through Warrior Web.

[https://dynamicforms.ngwebsolutions.com/casAuthentication.ashx?InstID=eaed95b9-f2be-45f3-a37d-46928168bc10&targetUrl=https%3A%2F%2Fdynamicforms.ngwebsolutions.com%2FSubmit%2FForm%2FStart%2F53b8369e-0502-4f36-be43-f02a4202f612].

Faculty cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the Academic Calendar for which the form must be completed. Once you submit the completed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

#### **Academic Integrity**

Texas A&M University-Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. All academic misconduct concerns will be referred to the Office of Student Conduct. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more <u>information regarding the Student Conduct process</u>, [https://www.tamuct.edu/student-affairs/student-conduct.html].

If you know of potential honor violations by other students, you may submit a report,

[https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout\_id=0].

#### **Academic Accommodations**

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Office of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the university's programs, services and activities. If you believe you have a disability requiring reasonable accommodations, please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information, please visit our <u>Access & Inclusion</u> Canvas page (log-in required) [https://tamuct.instructure.com/courses/717]

#### Important information for Pregnant and/or Parenting Students

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit <a href="Student Affairs">Student Affairs</a> [https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html]. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these <a href="requirements and guidelines">requirements and guidelines</a> online, please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender—including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

#### **Tutoring**

Tutoring is available to all A&M-Central Texas students, on a remote online basis. Visit the Academic Support Community in Canvas to view schedules and contact information. Subjects tutored on campus include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Student success coaching is available online upon request.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, success coaching, or have any other question, contact Academic Support Programs at (254) 501-5836, visit the Office of Student Success at 212F Warrior Hall, or by emailing studentsuccess@tamuct.edu.

Chat live with a tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive online tutoring support at no additional cost. This tool provides tutoring in over 40 subject areas except writing support. Access Tutor.com through Canvas.

#### **University Writing Center**

University Writing Center: Located in Warrior Hall 416, the University Writing Center (UWC) at Texas A&M University—Central Texas (A&M—Central Texas) is a free service open to all A&M—Central Texas students. For the Fall 2021 semester, the hours of operation are from 10:00 a.m.-5:00 p.m. Monday thru Thursday in Warrior Hall 416 (with online tutoring available every hour as well) with satellite hours available online only Monday thru Thursday from 6:00-9:00 p.m. and Saturday 12:00-3:00 p.m.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides.

Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via WCOnline at https://tamuct.mywconline.com/. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment with your favorite tutor by making an appointment via WCOnline at https://tamuct.mywconline.com/. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment with your favorite tutor.

#### **University Library**

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 400,000 eBooks and 82,000 journals, in addition to the 96,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place virtually through WebEx, Microsoft Teams or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our <u>Library website</u>

[http://tamuct.libguides.com/index].

#### **OPTIONAL POLICY STATEMENTS**

#### A Note about Sexual Violence at A&M-Central Texas

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Wellness and Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the <a href="Title IX webpage">Title IX webpage</a> [https://www.tamuct.edu/compliance/titleix.html].

#### **Behavioral Intervention**

Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a concern, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the <u>referral</u> online [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout\_id=2].

Anonymous referrals are accepted. Please see the <u>Behavioral Intervention Team</u> website for more information [https://www.tamuct.edu/bit]. If a person's behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5800.

#### **OTHER POLICIES**

If you have concerns about copyright protection of your syllabus or course materials, consider adding the following notice

#### **Copyright Notice**

Students should assume that all course material is copyrighted by the respective author(s). Reproduction of course material is prohibited without consent by the author and/or course instructor. Violation of copyright is against the law and Texas A&M University-Central Texas' Code of Academic Honesty. All alleged violations will be reported to the Office of Student Conduct.