

MFT 5380-110 CRN 80184 Addiction in Marriage and Family Therapy

Fall 2022

Texas A&M University-Central Texas

COURSE DATES: Aug 22, 2022 - Dec 09, 2022

MODALITY and LOCATION: *This course meets face-to-face (Wednesday 2:00-4:45pm) Warrior Hall 314. Supplemental materials will be made available online through the A&M-Central Texas Canvas Learning Management System [https://tamuct.instructure.com/].*

INSTRUCTOR AND CONTACT INFORMATION**Instructor:** James Kelly Barnett, Ph.D. (adjunct faculty, no office)**Phone:** (512) 948-9898**Email:** JKBarnett@tamuct.edu

Student-instructor interaction *Instructor will reply to emails and/or texts within 48 hours during business days, exceptions include holidays, school closures, etc.*

WARRIOR SHIELD**Emergency Warning System for Texas A&M University-Central Texas**

Warrior Shield is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in Warrior Shield through their myCT email account.

Connect to Warrior Shield by 911Cellular [<https://portal.publicsafetycloud.net/Account/Login>] to change where you receive your alerts or to opt out. By staying enrolled in Warrior Shield, university officials can quickly pass on safety-related information, regardless of your location.

Course Overview and description:

Study systemic framework for understanding addictions and how they impact the family system. This course, Addiction in Marriage and Family Therapy, will provide students with an overview of substance abuse, dependence, and addiction using a biochemical, systemic, and contextual framework including the impact of substance abuse on the individual, couple, and the family. The course will examine various therapy models used to assist individuals, couples, and families experiencing addiction issues. Prerequisite(s): MFT 5301 and MFT 5302.

Course Objectives or Goals

Student Learning Outcomes: this course will target the following Student Learning Outcomes within the MFT program:

(SLO-3)- Assess how contextual issues affect individual lives and relational dynamics

(SLO-4)- Formulate treatment plans based on individual issues, relational dynamics, and contextual issues.

(SLO-6)- Develop relationships with other mental health professionals/agencies and the local community.

Competency Goals

Students will understand the behavioral health care delivery system, its impact on the services provided, and the barriers and disparities in the system. (SLO-6) 2.2

Students will understand the major behavioral health disorders, including epidemiology, etiology, phenomenology, effective treatment, course, and prognosis. (SLO-6) 2.3

Students will learn how to assist clients in obtaining needed care while navigating complex systems of care. (SLO 3 & 4) 2.4

Students understand the clinical needs and implications of persons with co-morbid disorders (e.g., substance abuse and mental health) (SLO 3 & 4) 2.5

Students will understand the current models for assessment and diagnosis of mental health disorders, substance use disorders, and relational functioning. (SLO 4) 2.6

Students will screen and develop adequate safety plans for substance abuse. (SLO 4) 2.7

Students will understand the influence of medications on clients and the treatment process. (SLO 4 &6)

Ethics

Students are always expected to conduct themselves in a professional and ethical manner. You will be expected to follow AAMFT codes of ethics.

Required Reading and Textbook(s)

Reiter, M.D. (2019). Substance Abuse and the Family: Assessment and Treatment. Second Edition. NY: Taylor and Francis. ISBN 9781138625976

Helpful Resources:

Brand, Russell (2017). Recovery: Freedom from Our Addictions

Brooks, R. and McHenry, B. (2015). A Contemporary Approach to Substance Use disorders and *Addiction Counseling. Second Edition. Alexandria, VA: American

Falkowski, C. (2003). Dangerous Drugs: An Easy to Use Reference for Parents and Professionals. Second Edition. Minnesota: Hazelden

Substance Abuse and Mental Health Services Administration – <https://www.samhsa.gov/data/>

COURSE REQUIREMENTS

Class Participation (20 points): Students will attend classes and actively engage in discussions throughout the semester including practice using key concepts, theories, and techniques learned during the semester. In addition to lecture and discussion, we will invite professionals from the community for presentations and discussions (in person and virtual).

Attend a recovery or support meeting (10 points) Attend a meeting of your choice and write a brief report of your experience. Your observations will be helpful to discussions especially when we consider treatment. DUE by Week 4 class meeting.

Book Summary (20 points) Students will select and read a book on the topic of Addiction/Substance abuse from the field of Family Therapy and write a 3-5 page summary of the book to include student's assessment. DUE by Week 13 (before Thanksgiving)

Treatment Plan (20 points) Students will develop a treatment plan based on individual issues, relational dynamics, and contextual issues using the treatment model used in the Book Summary Assignment. (SLO-4) DUE on the day of Final Exam.

Final Exam (30 points) Final exam on last day of class will cover reading and presentations for the entire semester.

Grade assignment

A- 90-100

B- 80-89

C- 79-79

F- 60-below

If you have any concerns or difficulties completing the class tasks or assignments, please reach out to me as soon as possible so we can create a path for you to succeed. I expect that you are in the Master's Program in MFT because you have made a commitment to becoming the best psychotherapist possible. I also understand that "life happens" and one's life can become derailed all too quickly. I want you to gain knowledge and grow as a learner in this field.

Posting of Grades

All learner's grades will be posted in the Gradebook. I encourage you to monitor your grades on a regular basis and, again, get in contact with me if you have questions or challenges.

COURSE OUTLINE AND CALENDAR Aug 24 - Dec 9

Week 1 Introduction

Week 2 Ethics in Addiction Treatment Ch 11

Week 3 Defining Addiction DSM-V-TR Ch 1

Week 4 The Brain and Addiction Ch 2

Due: attend recovery or support group

Week 5 Genetics and Addiction Ch 3

Week 6 The Family and Addiction Ch 4-5

Week 7 Family and Addiction cont. Ch 6-7

Week 8 Family violence and Addiction Ch 8

Week 9 Behavioral Addiction Ch 9

Week 10 Addiction Treatment (online) Ch 10

Week 11 Systemic Treatment Plans Ch 12

Week 12 Family Therapy I Ch 13

Week 13 Family Therapy II Ch 14

Due Book Summary

Week 14 Thanksgiving

Week 15 Self of Therapist (online) Ch 15

Week 16 Final exam (online)

Due Treatment plan assignment

Important University Dates

See link for current University Calendar <https://www.tamuct.edu/registrar/academic-calendar.html>]

TECHNOLOGY REQUIREMENTS AND SUPPORT

Technology Requirements

This course will use the A&M-Central Texas Canvas learning management system. We strongly recommend the latest versions of Chrome or Firefox browsers. Canvas no longer supports any version of Internet Explorer.

Logon to A&M-Central Texas Canvas [<https://tamuct.instructure.com/>] or access Canvas through the TAMUCT Online link in myCT [<https://tamuct.onecampus.com/>]. You will log in through our Microsoft portal.

Username: Your MyCT email address. Password: Your MyCT password

Canvas Support Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select “Chat with Canvas Support,” submit a support request through “Report a Problem,” or call the Canvas support line: 1-844-757-0953. For issues related to course content and requirements, contact your instructor.

Online Proctored Testing and Other Technology Support

For log-in problems, students should contact Help Desk Central 24 hours a day, 7 days a week

Email: helpdesk@tamu.edu

Phone: (254) 519-5466

Web Chat: [<http://hdc.tamu.edu>]

Please let the support technician know you are an A&M-Central Texas student.

UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

Drop Policy If you discover that you need to drop this class, you must complete the Drop Request Dynamic Form through Warrior Web.

A&M-Central Texas uses Proctorio for online identity verification and proctored testing. This service is provided at no direct cost to students. If the course requires identity verification or proctored testing, the technology requirements are: Any computer meeting the minimum computing requirements, plus web camera, speaker, and microphone (or headset). Proctorio also requires the Chrome web browser with their custom plug in. [<https://dynamicforms.ngwebsolutions.com/casAuthentication.ashx?InstID=eaed95b9-f2be-45f3-a37d-46928168bc10&targetUrl=https%3A%2F%2Fdynamicforms.ngwebsolutions.com%2FSubmit%2FForm%2FStart%2F53b8369e-0502-4f36-be43-f02a4202f612>].

Faculty cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the Academic Calendar for which the form must be completed. Once you submit the completed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

Academic Integrity

Texas A&M University -Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Academic integrity is defined as a commitment to honesty, trust, fairness, respect, and responsibility. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. Academic misconduct is any act that improperly affects a true and honest evaluation of a student's academic performance and includes, but is not limited to, working with others in an unauthorized manner, cheating on an examination or other academic work, plagiarism and improper citation of sources, using another student's work, collusion, and the abuse of resource materials. All academic misconduct concerns will be referred to the university's Office of Student Conduct. Ignorance of the university's standards and expectations is never an excuse to act with a lack of integrity. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more information regarding the Student Conduct process, [<https://www.tamuct.edu/student-affairs/student-conduct.html>].

If you know of potential honor violations by other students, you may submit a report, [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0].

Academic Accommodations

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Office of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the university's programs, services and activities. If you believe you have a disability requiring reasonable accommodations please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information please visit our Access & Inclusion Canvas page (log-in required) [<https://tamuct.instructure.com/courses/717>]

Important information for Pregnant and/or Parenting Students

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit Student Affairs

[<https://www.tamuct.edu/student-affairs/index.html>]. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these requirements and guidelines online, please visit the website [<http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf>].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender—including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

Tutoring

Tutoring is available to all A&M-Central Texas students, on a remote online basis. Visit the Academic Support Community in Canvas to view schedules and contact information. Subjects tutored on campus include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Student success coaching is available online upon request.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, success coaching, or have any other question, contact Academic Support Programs at (254) 501-5836, visit the Office of Student Success at 212F Warrior Hall, or by emailing studentsuccess@tamuct.edu.

Chat live with a tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive online tutoring support at no additional cost. This tool provides tutoring in over 40 subject areas except writing support. Access Tutor.com through Canvas.

University Writing Center

The University Writing Center (UWC) at Texas A&M University–Central Texas (TAMUCT) is a free service open to all TAMUCT students. For the Spring 2021 semester, all services will be online as a result of the COVID-19 pandemic. The hours of operation are from 10:00 a.m.-5:00 p.m. Monday thru Thursday with satellite hours Monday thru Thursday from 6:00-9:00 p.m. The UWC is also offering hours from 12:00-3:00 p.m. on Saturdays.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via WOnline [<https://tamuct.mywconline.com/>]. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC and/or need any assistance with scheduling.

University Library

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 250,000 eBooks and 82,000 journals, in addition to the 85,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place on Skype or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our Library website [<http://tamuct.libguides.com/index>].

OPTIONAL POLICY STATEMENTS

A Note about Sexual Violence at A&M-Central Texas

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the Title IX webpage [<https://www.tamuct.edu/compliance/titleix.html>].

Behavioral Intervention

Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a concern, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the referral online [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=2].

Anonymous referrals are accepted. Please see the Behavioral Intervention Team website for more information [<https://www.tamuct.edu/student-affairs/bat.html>]. If a person's behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5800.

OTHER POLICIES

Copyright Notice

Students should assume that all course material is copyrighted by the respective author(s). Reproduction of course material is prohibited without consent by the author and/or course instructor. Violation of copyright is against the law and Texas A&M University-Central Texas' Code of Academic Honesty. All alleged violations will be reported to the Office of Student Conduct.

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