Official word copy: syllabus.docx

# Texas A&M University - Central Texas

## COUN 5304 110 CRN 80161 / PSYC 5304 110 CRN 80162

## Human Development

Online Fall 2022 (Aug. 22 – Dec. 9)

#### **Instructor and Contact Information:**

Instructor: Coady Lapierre, Ph.D., LSSP

Office: 318 G Warrior Hall Email: lapierre@tamuct.edu

### Office Hours:

Monday and Wednesday 3 - 6 PM CST/CDT

Online office hours:

Tuesday and Thursday 1 - 3 PM CST/CDT

Email for additional times or appointments

#### **Mode of Instruction and Course Access:**

This is a 100% online course, and uses the A&M-Central Texas Canvas Learning Management System [https://tamuct.instructure.com/].

#### Student-instructor interaction:

Email (lapierre@tamuct.edu) is the preferred communication method. Students can expect a 48 business hour response window under normal circumstances. Students are free to book office appointments through the instructor or the department.

### **Emergency Warning System for Texas A&M University-Central Texas:**

SAFEZONE. SafeZone provides a public safety application that gives you the ability to call for help with the push of a button. It also provides Texas A&M University-Central Texas the ability to communicate emergency information quickly via push notifications, email, and text messages. All students automatically receive email and text messages via their mvCT accounts.

Downloading SafeZone allows access to push notifications and enables you to connect directly for help through the app.

You can download SafeZone from the app store and use your myCT credentials to log in. If you would like more information, you can visit the SafeZone website [www.safezoneapp.com].

To register SafeZone on your phone, please follow these 3 easy steps:

- 1. Download the SafeZone App from your phone store using the link below:
- o iPhone/iPad: [https://apps.apple.com/app/safezone/id533054756]
- o Android Phone / Tablet [https://play.google.com/store/apps/details?id=com.criticalarc.safezoneapp]
  - 2. Launch the app and enter your myCT email address (e.g. {name}@tamuct.edu)
  - 3. Complete your profile and accept the terms of service

For updates on COVID information, please monitor the University website [https://www.tamuct.edu/covid19/]

Course Description: Examines basic theories of human learning, major approaches to behavior management and therapy and principles of applied behavior analysis. Formal treatment planning application and evaluation of programs for management of specific behavioral/psychological problems. Includes case review and practice in individual interventions.

## STUDENT LEARNING OUTCOMES (SLOs):

- 1. Demonstrate comprehension and application of fundamental principles, generalizations, or theories regarding human growth and development. Students will read information regarding theoretical concepts underlying developmental psychology. Students will demonstrate their ability to identify and recognize concepts in the reading reflections and test questions.
- 2. Analyze and critically evaluate ideas, arguments, and points of view. Students will respond to others' writing (including that of peers and experts in the field) on human growth and development topics and substantiate their points of view with theory and research from the field. Students will demonstrate their ability to critically evaluate ideas in the reading reflections, and the Article review.
- 3. Demonstrate skill in expressing oneself in writing. Students will write responses to a variety of assignments including discussions each week with replies, the Article review, and tests.

In accordance with CACREP best practices standards for all counselors-in-training development, the following areas will be promoted in this course:

(IIF3: Human Growth and Development)- Studies that provide an understanding of the nature and needs of persons at all developmental levels and in multicultural contexts, including all of the following:

CACREP Standard Common Core for all students:	Activity	SLOs
Counselors' roles and responsibilities as members of an interdisciplinary community outreach and emergency	Reading reflections,	SLO2
management response teams (IIF1c).	Article review	SLO3
Ethical standards of professional organizations and credentialing bodies, and applications of ethical and legal	ACA Code of Ethics, 2014),	SLO2
considerations in professional counseling (IIF1i);	Reading reflections, Article review	SLO3
multicultural and pluralistic     characteristics within and among diverse	Reading reflections,	SLO1
groups nationally and internationally (IIF2a);	Article review, Test Questions	SLO2
1. the impact of heritage, attitudes, beliefs,		SLO3 SLO1
understandings, and acculturative experiences on an individual's views of	Reading reflections, Article review, Test	SLO2
others (IIF2d);	Questions	SLO3
<ol> <li>theories of multicultural counseling, cultural identity development, and social justice and advocacy (IIF2b);</li> </ol>	Test Questions, Reading reflections	SLO1
	Reading reflections, Article review, Test Questions	SLO1
1. help-seeking behaviors of diverse clients (IIF2f);		SLO2
	Discussion Posts	SLO3
1. strategies for identifying and eliminating barriers, prejudices, and processes of	Reading reflections,	SLO2
intentional and unintentional oppression and discrimination (IIF2h);	Article review, Test Questions Discussion Posts	SLO3
1. Theories of individual and family development and transition across the life span (IIF3a);	Test Questions, Reading reflections	SLO1
1. Effects of crises, disasters, and other	Danding adhesions	SLO2
trauma diverse individuals across the lifespan (IIF3g);	Reading reflections, Article review	SLO3
1. Systemic and environmental factors that affect human development, functioning,	Reading reflections,	SLO2
and behavior (IIF3f);	Article review	SLO3
1. Biological, neurological, and physiological factors that affect human development, functioning, and behavior (IIF3e);	Test Questions, Reading reflections	SLO1
1. Theories of normal and abnormal personality development (IIF3c); theories of learning (IIF3b); and	Test Questions, Reading reflections	SLO1

1. Ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan (IIF3i).	Test Questions, Reading reflections	SLO1 SLO2
a general framework for understanding differing and and strategies for	Reading reflections, Article review, Test Questions Discussion Posts	SLO2
differential interventions. (IIF3h).		SLO3
<ol> <li>approaches for conceptualizing the interrelationships among and between work, mental well-being, relationships, and other life roles and factors. (IIF4b).</li> </ol>	Test Questions, Reading reflections	SLO1
n, the importance of research in advancing the counseling profession, including how to critique research to inform counseling practice. (FII8a).	Reading reflections,	SLO2
		SLO3

## Textbook (Required):

Miller, Patricia H. (2016). Theories of developmental psychology (6<sup>th</sup> ed.). New York: Worth Publishers. ISBN: 978-1429278980

## Additional Reading: ACA Code of Ethics found at:

https://www.counseling.org/docs/default-source/default-document-library/2014-code-of-ethics-finaladdress.pdf?sfvrsn=96b532c\_2

### **Course Grades:**

Article reviews: 20 points (2 x 10 pts.)

Tests: 15 points (3 x 5 pts.)

Study Questions: 40 points (8 x 5 pts.)

Reading Reflections: 20 points (4 x 5 pts.)

Final Exam: 5 points

## Final Grade:

90-100 points: A 80-89 points: B 70-79 points: C 60-69 points: D Below points: F

### Course Calendar:

	Monday	Topic	Miller
Week 1	8/22/2022	Introduction & Overview	Chap.1
Week 2	8/29/2022	Piaget	Chap. 2
Week 3	9/5/2022	Freud	Chap. 3
Week 4	9/12/2022	Erikson	Chap. 3
Week 5	9/19/2022	Test 1	
Week 6	9/26/2022	Vygotsky	Chap. 4
Week 7	10/3/2022	Ethological	Chap. 5
Week 8	10/10/2022	Social Learning	Chap. 6
Week 9	10/17/2022	Test 2	
Week 10	10/24/2022	Article Reviews	

#### 8/24/22. 3:33 PM

Week 11	10/31/2022	Information Processing	Chap. 7
Week 12	11/7/2022	Gibson	Chap. 8
Week 13	11/14/2022	Eclecticism	Chap. 9 and 10
Week 14	11/21/2022	Test 3	

Application

Final Exam

#### **Important University Dates:**

Week 15 11/28/2022

Week 16 12/5/2022

Sept 7 Drop Deadline 16 week classes

Oct 28 Graduation Application Deadline

Nov 4 Deadline to drop with a Q or W

Nov 11 Veteran's Day

Nov 24-25 Thanksgiving

Dec 9 End of Semester

https://www.tamuct.edu/registrar/academic-calendar.html

Article Reviews: (20 points, due by the end of Week 6)

Students will find 2 peer reviewed journal articles published in the last 10 years from a Psychology or Counseling journal with a developmental focus. The developmental focus may simply be focused on one age group (e.g. teens, elderly) but it is encouraged to look for papers that show changes over the lifespan.

The 2 article reviews should be a page or two long each and posted in Canvas in the class discussion thread. The reviews do not need to be in APA format, but simply explain the article's method, findings, and a short discussion about how the findings could impact practice or future research.

This review is to be original work by the student, meaning that the student based their work on their own library research and intellectual work expressly for this class. While you are encouraged to pursue topics that you have an interest and background in, it is not acceptable to recycle work completed for other courses.

This assesses SLO 2 and 3. Rubric: 6 points Informational content, 3 points peer reviewed source, 1 point for clarity.

Study Questions: (40 points, due most weeks 8 x 5 pts.)

Most weeks cover a developmental theory and are associated with a series of Study Questions.

It is critical you are holding the current copy of our textbook as all answers are expected to come from this source, and no other. As this is the assigned source, there is no need to cite it within the study questions. These do not need to be APA style. Do not rely on other source material, there are millions of opinions on the topics we are going to discuss, we need to limit our conversation to the current text. **This is not a cut and paste exercise.** Direct quotes should be avoided, and clearly marked when used. Each answer should be approximately a paragraph long, or roughly a half a page. Some answers will take much more space. This is not a chapter review. Some questions will required you to pull information from separate parts of the chapter to fully address.

This section of the class will consume most of your time. After getting access to additional class materials and instructor feedback, improve the answers to be ready for the class tests. Once that is done, you can cut and paste your improved answers into the tests.

This assesses SLO 1 and 3. Rubric: 4 points Informational content, 1 point for clarity. Expected elements vary by topic.

Tests: (20 points, see calendar for dates)

Examinations, including the Final Exam will cover assigned readings, lecture material, and class discussions. Students are expected to take all examinations as scheduled. It is the student's responsibility to contact the professor to arrange alternative times to take tests. This should be completed in advance of scheduled test times.

This assesses SLO 1, 2, and 3. Rubric: Quality of responses to questions taken from Study Questions, points based on quantity of concepts from readings and quality of details from theories, with emphasis on the incorporation of feedback into responses. 4 points for Informational content, 1 point for clarity.

Reading Reflections: (20 points: 4 required for 5 points each, due by Monday most weeks)

Students will be expected to turn in four reading reflections covering the current weeks reading assignments. These will be two to three paragraphs in length. Reading reflections should be description of how a concept from that week's readings relates to a real world experience of the student. As this will involve the use of "I", these reflections will not be in APA format. Autobiographical content is expected but should not be overly sensitive as confidentiality may not be maintained. Reflections are class work, and so the protecting the identity of 3<sup>rd</sup> parties is important. Do not identify other people involved in the situation used to illustrate the concept being discussed beyond generic "my brother" or "my aunt" descriptions. The reading reflections should **NOT** be a summary of the chapter, but rather a reflection of the information to real life experiences. Students may turn in more than four reading reflections, in which case the four highest grades will be counted. Students may choose the chapters to reflect on. Reading reflections are due by the end of every week that covers a chapter. Late reading reflections will not be accepted.

This assesses SLO1 and 2. Rubric: Points awarded for correctly illustrating concepts from the reading with personal experiences that do not identify 3<sup>rd</sup> parties.

Posting of Grades: All grades will be posted in Canvas. Students can expect to see grades returned within 10 days of submission under normal circumstances.

### **CACREP Key Performance Indicator**

Students will demonstrate an understanding of the importance of research in

Theories of individual and family development and transition across the life span including ways to promote optimal human development.

No Competence	Some Competence	Basic Competence	Above Average Competence	Superior Level Competence	CACREP Standard, SLO
1	2	3	4	5	
Candidate has no ability to demonstrate an understanding of the importance of research in Theories of individual and family development and transition across the life span including ways to promote optimal human development.	Candidate has limited ability to demonstrate an understanding of the importance of research in Theories of individual and family development and transition across the life span including ways to promote optimal human development.	Candidate has basic ability to demonstrate an understanding of the importance of research in Theories of individual and family development and transition across the life span including ways to promote optimal human development.	Candidate has above average ability to demonstrate an understanding of the importance of research in Theories of individual and family development and transition across the life span including ways to promote optimal human development.	Candidate has superior ability to demonstrate an understanding of the importance of research in Theories of individual and family development and transition across the life span including ways to promote optimal human development.	

### **Technology Requirements:**

You need to include information about Technology Requirements and Support. In addition, include a statement on the technology requirements for the successful completion of the course and when applicable, information on how to access these resources (for example, how to obtain a certain software through University site license).

Technology Requirements

This course will use the A&M-Central Texas Instructure Canvas learning management system. We strongly recommend the latest versions of Chrome or Firefox browsers. Canvas no longer supports any version of Internet Explorer.

Logon to A&M-Central Texas Canvas [https://tamuct.instructure.com/] or access Canvas through the TAMUCT Online link in myCT [https://tamuct.onecampus.com/]. You will log in through our Microsoft portal.

Username: Your MyCT email address. Password: Your MyCT password

## Canvas Support:

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select "Chat with Canvas Support," submit a support request through "Report a Problem," or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

#### **Online Proctored Testing:**

A&M-Central Texas uses Proctorio for online identity verification and proctored testing. This service is provided at no direct cost to students. If the course requires identity verification or proctored testing, the technology requirements are: Any computer meeting the minimum computing requirements, plus web camera, speaker, and microphone (or headset). Proctorio also requires the Chrome web browser with their custom plug in.

#### Other Technology Support:

For log-in problems, students should contact Help Desk Central, 24 hours a day, 7 days a week

Email: helpdesk@tamu.edu

Phone: (254) 519-5466

Web Chat: [http://hdc.tamu.edu]

Please let the support technician know you are an A&M-Central Texas student.

#### UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

#### **Academic Accommodations:**

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Warrior Center for Student Success, Equity and Inclusion is responsible for ensuring that students with a disability receive equal access to the university's programs, services and activities. If you believe you have a disability requiring reasonable accommodations, please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information, please visit our Access & Inclusion Canvas page (log-in required) [https://tamuct.instructure.com/courses/717]

#### Academic Integrity:

Texas A&M University-Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. All academic misconduct concerns will be referred to the Office of Student Conduct. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more information regarding the student conduct process, [https://www.tamuct.edu/student-affairs/student-conduct.html].

If you know of potential honor violations by other students, you may submit a referral, [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout\_id=0].

#### **Drop Policy:**

If you discover that you need to drop this class, you must complete the Drop Request Dynamic Form through Warrior Web.

[https://federation.ngwebsolutions.com/sp/starttSSO.ping?PartnerIdpId=https://eis-prod.ec.tamuct.edu:443/samlsso&SpSessionAuthnAdapterId=tamuctDF&TargetResource=https%3a%2f%2fdynamicforms.ngwebsolutions.com%2fSubmit%2fStart%2f53b8369e-0502-4f36-be43-f02a4202f612].

Faculty cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the Academic Calendar for which the form must be completed. Once you submit the completed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

### Important information for Pregnant and/or Parenting Students:

Texas A&M University-Central Texas supports students who are pregnant, experiencing pregnancy-related conditions, and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit Student Affairs [https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html]. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these requirements and guidelines online, please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender—including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

### **Tutoring:**

Tutoring is available to all A&M-Central Texas students, both virtually and in-person. Student success coaching is available online upon request.

If you have a question, are interested in becoming a tutor, or in need of success coaching contact the Warrior Center for Student Success, Equity and Inclusion at (254) 501-5836, visit the Warrior Center at 212 Warrior Hall, or by emailing WarriorCenter@tamuct.edu.

To schedule tutoring sessions and view tutor availability, please visit Tutor Matching Services [https://tutormatchingservice.com/TAMUCT] or visit the Tutoring Center in 111 Warrior Hall.

Chat live with a remote tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive online tutoring support at no additional cost. This tool provides tutoring in over 40 subject areas except writing support. Access Tutor.com through Canvas.

### **University Library & Archives:**

The University Library & Archives provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 400,000 eBooks and 82,000 journals, in addition to the 96,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place virtually through WebEx, Microsoft Teams or in-person at the library. Schedule an appointment here

[https://tamuct.libcal.com/appointments/?g=6956]. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our Library website

[http://tamuct.libguides.com/index]

### **University Writing Center:**

University Writing Center: Located in Warrior Hall 416, the University Writing Center (UWC) at Texas A&M University—Central Texas (A&M—Central Texas) is a free service open to all A&M—Central Texas students. The hours of operation are from 10:00 a.m.-5:00 p.m. Monday thru Thursday in Warrior Hall 416 (with online tutoring available every hour as well) with satellite hours available online only Monday thru Thursday from 6:00-9:00 p.m. and Saturday 12:00-3:00 p.m.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via WCOnline [https://tamuct.mywconline.com/]. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment with your favorite tutor.

#### A Note about Sexual Violence at A&M-Central Texas:

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Wellness and Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the Title IX webpage [https://www.tamuct.edu/compliance/titleix.html].

#### **Behavioral Intervention:**

Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a concern, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the referral online

[https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout\_id=2].

Anonymous referrals are accepted. Please see the Behavioral Intervention Team website for more information [https://www.tamuct.edu/bit]. If a person's behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5805.

While this syllabus represents the direction and scope of this course, it is subject to change.