

MFT 5352-135, Gender and Sexuality

Summer 2021

Texas A&M University-Central Texas

COURSE DATES, MODALITY, AND LOCATION

June 08, 2021 to July 30, 2021

This is a 100% online course and uses the A&M-Central Texas Canvas Learning Management System [<https://tamuct.instructure.com/>]. This course will be at least 25% synchronous, which means we will have at least 4 live virtual classes on Tuesdays from 6:00pm to 9:00pm

INSTRUCTOR AND CONTACT INFORMATION

Instructor: Dr. Lia Amuna, LPC

Office: N/A

Phone: 254.501.5938

Email: Please use in course Canvas Inbox for all email correspondence

Office Hours:

By appointment only on Tuesdays from 5:00pm to 6:00pm

Student-instructor interaction

I will be available to meet to discuss and resolve class-related issues during my office hours. Communication via email, phone, voicemail, etc. will be replied to within 72 hours starting the next business day.

Class Decorum:

It is intended that the class environment will be conducive to increasing your knowledge about the topic and promoting self-discovery and personal growth. In order for that to occur, it is expected that every student be respectful of the thoughts, emotions, and behavior of others in this course.

WARRIOR SHIELD

Emergency Warning System for Texas A&M University-Central Texas

Warrior Shield is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in Warrior Shield through their myCT email account.

Connect to Warrior Shield by [911Cellular](https://www.tamuct.edu/police/911cellular.html) [<https://www.tamuct.edu/police/911cellular.html>] to change where you receive your alerts or to opt out. By staying enrolled in Warrior Shield, university officials can quickly pass on safety-related information, regardless of your location.

COURSE INFORMATION

Course Overview and description

This course is divided into three learning modules. The first will focus on special issues to take

into account in the practice of sex therapy, including cultural diversity, age, disability and illness, non-normal sexual behavior, sexual abuse, and rape. The last two modules will cover female and male sexual disorders and their treatment.

Course Objective or Goal and Student Learning Outcomes

This course targets three of the MFT program's **Student Learning Outcomes**:

- (SLO-2) - Demonstrate basic and systemic therapeutic techniques
- (SLO-3) - Assess how contextual issues affect individual lives and relational dynamics
- (SLO-5) – Assess the influence of their social location and personal experiences on the conceptualization and intervention

These SLO's are targeted through the following **Course Learning Outcomes**:

- Students will demonstrate competency in sexual therapy/counseling methods (SLO-2)
- Students will monitor attitudes, personal well-being, personal issues, and personal problems to ensure they do not impact the therapy process adversely or create vulnerability for misconduct (SLO-5)
- Students will critically evaluate self-help approaches to sexual problems in light of recent research (SLO-3)

Required Reading and Textbook(s)

- A Clinician's Guide to Systemic Sex Therapy-Weeks, Cambescia, and Hertlein, 2021
- Tell Me What you Want: *The science of sexual desire and how it can help you improve your sex life*, Lehmilller, J.2018

COURSE REQUIREMENTS

Assignments

- **Discussion Boards**-8 Discussion boards posts. Initial posts must be at least 250 words as a response to the discussion question. You cannot have more than (15) words worth of quoted material. You must reply to (2) classmates, with your reply being at least 100 words.
- **Sexual Genogram**- Students will complete a sexual genogram. This paper is intended to help you become cognizant of how you learned about sexuality, sex, and gender. Also, this paper is intended to help you explore your own values and biases concerning sexuality, sex and gender. Please answer each question fully. The paper should be between 4-6 pages double-spaced. The information you present in this paper is sacred and will be treated with confidentiality. Instructions and Grading Rubric will be posted on Canvas.
- **Paper**-Students will complete a paper between 4-6 pages double-spaced which focuses on:
 - o *Detailing and communicating an aspect of human sexuality and sexual dysfunctions*
 - o *Diagnosing an issue and creating a treatment plan*
- **Final Exam**-Students will complete a comprehensive online final exam.
- **Community Outreach Experience**- Instructions and Grading Rubric will be posted on Canvas

Grading Criteria Rubric and Conversion

- Discussion Board (8) at 5 points each 40 points
- *Sexual Genogram* 50 points
- *Paper* 50 points
- *Final Exam* 100 points
- *Community Outreach* 60 points

Total: 300 points

Posting of Grades

All grades will be posted on the Canvas Grade book where students can monitor their status. Every attempt will be made to provide a graded for completed work with 7 business days.

Grading Policies

Late work will receive an automatic grade of zero

COURSE OUTLINE AND CALENDAR

<i>Date</i>	<i>Topic</i>	<i>Assigned Readings</i>	<i>Assignment Due</i>
<i>Week 1: Tuesday-6/8</i>	<i>6/8-Introduction to course</i>	<i>-Syllabus</i>	
Week 1: Thursday-6/10	6/10- Intersystem Approach	-Clinician's Guide (CG) – Chap 1	Discussion # 1
<i>Week 2: Tuesday-6/15</i>	<i>6/15-Diagnosis of Sexual Disorders</i>	<i>CG-Chap 2 & 3, Lehmiller-Chap 1</i>	
Week 2: Thursday-6/17	6/17-Sexual Genogram in Assessment	CG-Chap 4 & 5, Lehmiller-Chap 2	Discussion # 2
<i>Week 3: Tuesday-6/22</i>	<i>6/22-Treatment Principles</i>	<i>CG-Chap 6 & 7, Lehmiller-Chap 3</i>	
Week 3: Thursday-6/24	6/24-General Principles of Sex Therapy at Home Assignments	CG-Chap 8, Lehmiller-Chap 4	Discussion # 3
<i>Week 4: Tuesday-6/29</i>	<i>6/29-Psychoeducation in Sex</i>	<i>CG-Chap 9, Lehmiller-Chap 5</i>	
Week 4: Thursday-7/1	7/1-Sensate Focus & Mindfulness	CG-Chap 10, Lehmiller-Chap 6	Discussion # 4
<i>Week 5: Tuesday-7/6</i>	<i>7/6-Sexual Complications</i>	<i>CG-Chap 11, Lehmiller-Chap 7</i>	7/6 Sexual Genogram Due
Week 5: Thursday-7/8	7/8-Medical Issues in Sex Therapy	CG-Chap 12, Lehmiller-Chap 8	Discussion # 5
<i>Week 6: Tuesday-7/13</i>	<i>7/13-Diversity in Sexual Expression</i>	<i>CG-Chap 13</i>	7/13 Paper Due
Week 6: Thursday-7/15	7/15-Fantasy, Fear, & Freud	Lehmiller-Preface & Intro	Discussion # 6
<i>Week 7: Tuesday-7/20</i>	<i>7/20-Conducting Clinical Interviews</i>	<i>In class role playing</i>	7/20 Outreach Due
Week 7: Thursday-7/22	Case Formulation	See Canvas via uploads	Discussion #7
<i>Week 8: Tuesday-7/27</i>	<i>Final Exam Review</i>	<i>See Canvas via uploads</i>	7/27 Discussion #8
Week 8: Thursday-7/29	Final Exam Due	Final Exam Due	Final Exam

Important University Dates

<https://www.tamuct.edu/registrar/academic-calendar.html>

TECHNOLOGY REQUIREMENTS AND SUPPORT

Technology Requirements

This course will use the A&M-Central Texas Instructure Canvas learning management system. **We strongly recommend the latest versions of Chrome or Firefox browsers. Canvas no longer supports any version of Internet Explorer.**

Logon to A&M-Central Texas Canvas [<https://tamuct.instructure.com/>] or access Canvas through the TAMUCT Online link in myCT [<https://tamuct.onecampus.com/>]. You will log in through our Microsoft portal.

Username: Your MyCT email address. Password: Your MyCT password

Canvas Support

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select “Chat with Canvas Support,” submit a support request through “Report a Problem,” or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

Online Proctored Testing

A&M-Central Texas uses Proctorio for online identity verification and proctored testing. This service is provided at no direct cost to students. If the course requires identity verification or proctored testing, the technology requirements are: Any computer meeting the minimum computing requirements, plus web camera, speaker, and microphone (or headset). Proctorio also requires the Chrome web browser with their custom plug in.

Other Technology Support

For log-in problems, students should contact Help Desk Central

24 hours a day, 7 days a week

Email: helpdesk@tamu.edu

Phone: (254) 519-5466

[Web Chat](http://hdc.tamu.edu): [<http://hdc.tamu.edu>]

Please let the support technician know you are an A&M-Central Texas student.

UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

Drop Policy

If you discover that you need to drop this class, you must complete the [Drop Request](#) Dynamic Form through Warrior Web.

[<https://dynamicforms.ngwebsolutions.com/casAuthentication.ashx?InstID=eaed95b9-f2be-45f3-a37d-46928168bc10&targetUrl=https%3A%2F%2Fdynamicforms.ngwebsolutions.com%2Fsubmit%2FForm%2Fstart%2F53b8369e-0502-4f36-be43-f02a4202f612>].

Faculty cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the Academic Calendar for which the form must be completed. Once you submit the completed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

Academic Integrity

Texas A&M University-Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. All academic misconduct concerns will be referred to the Office of Student Conduct. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more [information regarding the Student Conduct process](https://www.tamuct.edu/student-affairs/student-conduct.html),
[<https://www.tamuct.edu/student-affairs/student-conduct.html>].

If you know of potential honor violations by other students, you may [submit a report](https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0),
[https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0].

Academic Accommodations

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Office of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the university's programs, services and activities. If you believe you have a disability requiring reasonable accommodations, please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information, please visit our [Access & Inclusion](https://tamuct.instructure.com/courses/717) Canvas page (log-in required)
[<https://tamuct.instructure.com/courses/717>]

Important information for Pregnant and/or Parenting Students

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting.

Students should seek out assistance as early in the pregnancy as possible. For more information, please visit [Student Affairs](https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html) [https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html]. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these [requirements and guidelines](http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf) online, please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender—including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

Tutoring

Tutoring is available to all A&M-Central Texas students, on a remote online basis. Visit the Academic Support Community in Canvas to view schedules and contact information. Subjects tutored on campus include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Student success coaching is available online upon request.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, success coaching, or have any other question, contact Academic Support Programs at (254) 501-5836, visit the Office of Student Success at 212F Warrior Hall, or by emailing studentsuccess@tamuct.edu.

Chat live with a tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive online tutoring support at no additional cost. This tool provides tutoring in over 40 subject areas except writing support. Access Tutor.com through Canvas.

University Writing Center

University Writing Center: The University Writing Center (UWC) at Texas A&M University—Central Texas (TAMUCT) is a free service open to all TAMUCT students. For the Summer 2021 semester, all services will be online as a result of the COVID-19 pandemic. The hours of operation are from 10:00 a.m.-4:00 p.m. Monday thru Thursday with satellite hours Monday thru Thursday from 6:00-9:00 p.m. The UWC is also offering hours from 12:00-3:00 p.m. on Saturdays.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via [WConline](https://tamuct.mywconline.com/) [https://tamuct.mywconline.com/]. In addition, you can

email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC and/or need any assistance with scheduling.

University Library

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 400,000 eBooks and 82,000 journals, in addition to the 96,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place virtually through WebEx, Microsoft Teams or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our [Library website](http://tamuct.libguides.com/index) [http://tamuct.libguides.com/index].

OPTIONAL POLICY STATEMENTS

A Note about Sexual Violence at A&M-Central Texas

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Wellness and Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the [Title IX webpage](https://www.tamuct.edu/compliance/titleix.html) [https://www.tamuct.edu/compliance/titleix.html].

Behavioral Intervention

Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a

concern, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the [referral](#) online [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=2].

Anonymous referrals are accepted. Please see the [Behavioral Intervention Team](#) website for more information [https://www.tamuct.edu/student-affairs/bat.html]. If a person's behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5800.

Copyright Notice

Students should assume that all course material is copyrighted by the respective author(s). Reproduction of course material is prohibited without consent by the author and/or course instructor. Violation of copyright is against the law and Texas A&M University-Central Texas' Code of Academic Honesty. All alleged violations will be reported to the Office of Student Conduct.

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