PSYC 3310-110, CRN 10831, Abnormal Psychology
Spring 2021

Texas A&M University-Central Texas

COURSE DATES, MODALITY, AND LOCATION
January 19, 2021 through May 14, 2021

This is a hybrid course which meets 49% online, we will be meeting on Wednesdays 6-7:30 (This is Central Standard time) each week with other online components. I will be logging on at 5:30 each Wednesday for anyone who has questions.

INSTRUCTOR AND CONTACT INFORMATION
Instructor: Janine Bunke
Office: I do not have a specific office.
Phone: 254-217-0230
Email: bunke@tamuct.edu or a message through Canvas

Office Hours
I will be logging in 30 minutes prior to class each week. If this time does not work for you, please give me a call and we can schedule another day and time.

Student-instructor interaction
I will be checking my email on a daily basis. I can also be contacted by telephone, email, or text. If you send an email, and do not get a response as quickly as needed please send me a text message to ensure that I have received your email.

WARRIOR SHIELD
Emergency Warning System for Texas A&M University-Central Texas
Warrior Shield is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in Warrior Shield through their myCT email account.

Connect to Warrior Shield by 911Cellular [https://portal.publicsafetycloud.net/Account/Login] to change where you receive your alerts or to opt out. By staying enrolled in Warrior Shield, university officials can quickly pass on safety-related information, regardless of your location.

COVID-19 SAFETY MEASURES
To promote public safety and protect students, faculty, and staff during the coronavirus pandemic, Texas A&M University-Central Texas has adopted policies and practices to minimize
virus transmission. All members of the university community are expected to adhere to these measures to ensure their own safety and the safety of others. Students must observe the following practices while participating in face-to-face courses, course-related activities (office hours, help sessions, transitioning to and between classes, study spaces, academic services, etc.) and co-curricular programs:

- **Self-monitoring**—Students should follow CDC recommendations for self-monitoring. Students who have a fever or exhibit symptoms of COVID-19 should participate in class remotely and should not participate in face-to-face instruction. Students required to quarantine must participate in courses and course-related activities remotely and must not attend face-to-face course activities. Students should notify their instructors of the quarantine requirement. Students under quarantine are expected to participate in courses and complete graded work unless they have symptoms that are too severe to participate in course activities.

- **Face Coverings**—Face coverings must be worn inside of buildings and within 50 feet of building entrances on the A&M-Central Texas Campus. This includes lobbies, restrooms, hallways, elevators, classrooms, laboratories, conference rooms, break rooms, non-private office spaces, and other shared spaces. Face coverings are also required in outdoor spaces where physical distancing is not maintained. The university will evaluate exceptions to this requirement on a case by case basis. Students can request an exception through the Office of Access and Inclusion in Student Affairs.
  
  o If a student refuses to wear a face covering, the instructor should ask the student to leave and join the class remotely. If the student does not leave the class, the faculty member should report that student to the Office of Student Conduct. Additionally, the faculty member may choose to teach that day’s class remotely for all students.

- **Physical Distancing**—Physical distancing must be maintained between students, instructors, and others in the course and course-related activities.

- **Classroom Ingress/Egress**—Students must follow marked pathways for entering and exiting classrooms and other teaching spaces. Leave classrooms promptly after course activities have concluded. Do not congregate in hallways and maintain 6-foot physical distancing when waiting to enter classrooms and other instructional spaces.

- The university will notify students in the event that the COVID-19 situation necessitates changes to the course schedule or modality.

**COURSE INFORMATION**

**Course Overview and description**

Abnormal Psychology: An overview of the history, causes, and treatments of deviant behavior. Psychological, social, and physiological factors as they relate to the development of abnormal behavior and its subsequent treatment. Prerequisites: Junior classification and PSY 101, 102, or approval of department head.
Course Objective or Goal

To provide students with an introduction to psychopathology, to specify clinical symptoms of mental illness and/or disorders, and to provide a basic knowledge of the etiology of mental illness and/or disorders. This course will provide the student with an opportunity to learn a great deal, but students must be active participants in their own education. Course content will be covered through assigned text readings, discussions, and individual activities/demonstrations. Students will be responsible for all modalities of learning as part of the material on examinations.

Student Learning Outcomes

- History of Abnormal Behavior
- Psychopathology an integrative approach
- Clinical assessment & diagnosis
- Anxiety disorders
- Somatoform & dissociative disorders
- Mood disorders & suicide
- Physical disorders & health psychology
- Eating & sleep disorders
- Sexual & gender identity disorders
- Substance-related & impulse-control disorders
- Personality disorders
- Schizophrenia & other psychotic disorders
- Developmental & cognitive disorders
- Mental health services: legal & ethical issues

Competency Goals Statements (certification or standards)

This course will be an introduction to abnormal psychology. There is a great deal of information to be learned, yet the deeper learning takes place in graduate programs.

Required Reading and Textbook(s)


COURSE REQUIREMENTS

Course Requirements: (include point values for each- not just a percentage)

- Online discussion 1; 1 Response posts (5 points/5 points)—16 online discussions/responses (160 points total). This will allow students to think
outside of their way of looking at the various topics.

- **Web-X Class Participation (10 points per week) = 160 points**

- **Casebook studies (10 points each)—4 due in total (40 points total).**
  Reading four individual cases studies of your choosing from the Casebook (found in the required readings section) and answering the discussion questions at the end of each case study. This assignment is to be 1-2 pages in length for each case study and will allow room for the students to add their personal experiences. This assignment enhances knowledge of the various disorders discussed.

- **Power point / Outline (100 points)**
  The purpose of this assignment is to familiarize students with the research surrounding their selected topic and to give them the opportunity to present their findings in a power point presentation (to their fellow students). Each student will choose a relevant mental health disorder (from the text) and will be required to gather appropriate information concerning the disorder. This assignment is to have a minimum of 5 Peer-reviewed journal articles. The power point presentation is to be a minimum of 10-12 slides with at least 5 references. **Topics must be approved by the instructor prior to beginning the process.** This is to help students from becoming frustrated for choosing a topic that is too broad, and to help them to narrow it down to something more reasonable. Resources are required to be empirical, peer-reviewed journal articles. This project should include an insightful overview of the history/etiology, symptoms, diagnosis and treatment, and cultural impact of the illness. Outline due date will be posted in the module as well as the course calendar.

- **Exams**
  - **Test 1 (100 points)**
    This multiple choice/true false test will cover chapters 1, 2, 3, & 4 of the course textbook.
  - **Test 2 (100 points)**
    This multiple choice/true false test will cover chapters 5, 6, 7 & 8 of the course textbook.
  - **Test 3 (100 points)**
    This multiple choice/true false test will cover chapters 9, 10, & 11 of the course textbook.
  - **Test 4 (100 points)**
    This multiple choice/true false test will cover Chapters 12, 13,
& 14 of the course textbook.

Online discussion 1; Response Post (1 per week) (160 points) 18.6% 90-100%=A
Weekly Web-X Participation (160 points) 18.6% 80-89%=B
Casebook Study Exercises (40 points) 4.8% 70-79%=C
Power point Presentation (100 points) 11.6% 60-69%=D
Below 60 %=F

Test 1 (100 points) 11.6%
Test 2 (100 points) 11.6%
Test 3 (100 points) 11.6%
Test 4 (100 points) 11.6%
Total ( 860 points) 100%

Grading Criteria Rubric and Conversion

Posting of Grades

Grades will be updated on a regular basis. They will be posted at a minimum of weekly, yet I will post grades as assignments are submitted. This includes all of the required assignments.

Grading Policies

Late work is not accepted unless prior arrangements have been made with instructor.

COURSE OUTLINE AND CALENDAR

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Online Assignments Due</th>
<th>Please Read in Text</th>
<th>Notes</th>
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<tbody>
<tr>
<td>Week 1</td>
<td>Beginning January 19, 2021</td>
<td>Discussion 1 due 01/21/21. Response post due 01/22/21.</td>
<td>Ch. 1</td>
<td>Discussion tab on Canvas.</td>
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<tr>
<td>Week 2</td>
<td>January 24, 2021</td>
<td>Discussion 2 due 01/28/21. Response post due 01/29/21.</td>
<td>Ch. 2</td>
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<td>Week 3</td>
<td>February 1, 2021</td>
<td>Discussion 3 due 02/04/21. Response posts due 02/05/21.</td>
<td>Ch. 3</td>
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<td>Week 4</td>
<td>Discussion 4 due 02/11/21. Response due 02/12/21.</td>
<td>Ch. 4</td>
<td>Exam 1 (Chapters 1-4) due by Sunday, February 14, 2021 by 11:59 PM.</td>
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<td>February 8, 2021</td>
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<td>Week 5</td>
<td>Discussion 5 due 02/18/21. Response post due 02/19/21.</td>
<td>Ch. 5</td>
<td>Article Summary 1 due Sunday, February 21, 2021 by 11:59 PM.</td>
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<td>February 15, 2021</td>
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<td>Week 6</td>
<td>Discussion 6 due 02/25/21. Response due 02/26/21.</td>
<td>Ch. 6</td>
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<td>February 22, 2021</td>
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<td>Week 7</td>
<td>Discussion 7 due 03/04/21. Response post due 03/05/21.</td>
<td>Ch.7</td>
<td>Article Summary 2 due Sunday, March 07, 2021 by 11:59 PM.</td>
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<td>March 1, 2021</td>
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<td>Week 8</td>
<td>Discussion 8 due 03/11/21. Response due 03/12/21.</td>
<td>Ch. 8</td>
<td>Exam 2 (Chapters 5-8) due Sunday, March 14, 2021 by 11:59 PM.</td>
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<td>March 8, 2021</td>
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<td>SPRING BREAK</td>
<td>March 15-March 19, 2021</td>
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<td>March 22, 2021</td>
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<td>Week 10</td>
<td>Discussion 10 due 04/01/21. Response due 04/02/21.</td>
<td>Ch. 10</td>
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<td>March 29, 2021</td>
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<td>April 5, 2021</td>
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<td>Week 12</td>
<td>Discussion 12 due 04/15/21. Response due 04/16/21.</td>
<td>Ch. 12</td>
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<td>April 19, 2021</td>
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<td>April 26, 2021</td>
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<th>Week 15</th>
<th>Discussion 15 due 05/06/21. Response post due 05/07/21.</th>
<th>Ch. 15</th>
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<td>May 3, 2021</td>
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<tr>
<th>Week 16</th>
<th>Discussion 16 due 05/12/21. Response due 05/13/21.</th>
<th>Ch. 16</th>
<th>Exam 4 due Thursday, May 13, 2021 by 11:59 pm.</th>
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<td>May 10, 2021</td>
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**Important University Dates**
[https://www.tamuct.edu/registrar/docs/2020-2021-academic-calendars-and-final-exam-schedule.pdf](https://www.tamuct.edu/registrar/docs/2020-2021-academic-calendars-and-final-exam-schedule.pdf)

**TECHNOLOGY REQUIREMENTS AND SUPPORT**

**Technology Requirements**
This course will use the A&M-Central Texas Instructure Canvas learning management system. We strongly recommend the latest versions of Chrome or Firefox browsers. Canvas no longer supports any version of Internet Explorer.
Logon to A&M-Central Texas Canvas [https://tamuct.instructure.com/] or access Canvas through the TAMUCT Online link in myCT [https://tamuct.onecampus.com/]. You will log in through our Microsoft portal.

Username: Your MyCT email address. Password: Your MyCT password

Canvas Support

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select “Chat with Canvas Support,” submit a support request through “Report a Problem,” or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

Online Proctored Testing

A&M-Central Texas uses Proctorio for online identity verification and proctored testing. This service is provided at no direct cost to students. If the course requires identity verification or proctored testing, the technology requirements are: Any computer meeting the minimum computing requirements, plus web camera, speaker, and microphone (or headset). Proctorio also requires the Chrome web browser with their custom plug in.

Other Technology Support

For log-in problems, students should contact Help Desk Central

24 hours a day, 7 days a week

Email: helpdesk@tamu.edu
Phone: (254) 519-5466
Web Chat: [http://hdc.tamu.edu]

Please let the support technician know you are an A&M-Central Texas student.

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UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

Drop Policy

If you discover that you need to drop this class, you must complete the Drop Request Dynamic Form through Warrior Web.

[https://dynamicforms.ngwebsolutions.com/casAuthentication.ashx?InstID=eaed95b9-f2be-45f3-a37d-46928168bc10&targetUrl=https%3A%2F%2Fdynamicforms.ngwebsolutions.com%2FSendSubmit%2FForm%2FStart%2F53b8369e-0502-4f36-be43-f02a4202f612].

Faculty cannot drop students; this is always the responsibility of the student. The Registrar’s Office will provide a deadline on the Academic Calendar for which the form must be completed. Once you submit the completed form to the Registrar’s Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar’s Office immediately. You are to attend class until the procedure is complete to avoid
penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

**Academic Integrity**

Texas A&M University -Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Academic integrity is defined as a commitment to honesty, trust, fairness, respect, and responsibility. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. Academic misconduct is any act that improperly affects a true and honest evaluation of a student’s academic performance and includes, but is not limited to, working with others in an unauthorized manner, cheating on an examination or other academic work, plagiarism and improper citation of sources, using another student’s work, collusion, and the abuse of resource materials. All academic misconduct concerns will be referred to the university’s Office of Student Conduct. Ignorance of the university’s standards and expectations is never an excuse to act with a lack of integrity. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more information regarding the Student Conduct process, [https://www.tamuct.edu/student-affairs/student-conduct.html](https://www.tamuct.edu/student-affairs/student-conduct.html). If you know of potential honor violations by other students, you may submit a report, [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0](https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0).

**Academic Accommodations**

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Office of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the university’s programs, services and activities. If you believe you have a disability requiring reasonable accommodations please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information please visit our [Access & Inclusion Canvas page (log-in required)](https://tamuct.instructure.com/courses/717).

**Important information for Pregnant and/or Parenting Students**

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education’s Office of Civil Rights, the Dean of Student Affairs’ Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more
information, please visit Student Affairs[https://www.tamuct.edu/student-affairs/index.html]. Students may also contact the institution’s Title IX Coordinator. If you would like to read more about these requirements and guidelines online, please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender—including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University’s Title IX Coordinator.

**Tutoring**

Tutoring is available to all A&M-Central Texas students, on a remote online basis. Visit the Academic Support Community in Canvas to view schedules and contact information. Subjects tutored on campus include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Tutors will return at the Tutoring Center in Warrior Hall, Suite 111 in the Fall 2020. Student success coaching is available online upon request.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, success coaching, or have any other question, contact Academic Support Programs at (254) 501-5836, visit the Office of Student Success at 212F Warrior Hall, or by emailing studentsuccess@tamuct.edu.

Chat live with a tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive online tutoring support at no additional cost. This tool provides tutoring in over 40 subject areas except writing support. Access Tutor.com through Canvas.

**University Writing Center**

The University Writing Center (UWC) at Texas A&M University–Central Texas (TAMUCT) is a free service open to all TAMUCT students. For the Fall 2020 semester, all services will be online as a result of the COVID-19 pandemic. The hours of operation are from 10:00 a.m.-5:00 p.m. Monday thru Thursday with satellite hours online Monday thru Thursday from 6:00-9:00 p.m. The UWC is also offering hours from 12:00-3:00 p.m. on Saturdays.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. By providing a practice audience for students’ ideas and writing, our tutors highlight the ways in which they read and interpret students’ texts, offering guidance and support throughout the various stages of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation
practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via [WCOnline](https://tamuct.mywconline.com/). In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC and/or need any assistance with scheduling.

**University Library**

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 250,000 eBooks and 82,000 journals, in addition to the 85,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place on Skype or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our [Library website](http://tamuct.libguides.com/index).

For Fall 2020, all reference service will be conducted virtually. Please go to our [Library website](http://tamuct.libguides.com/index) to access our virtual reference help and our current hours.

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**OPTIONAL POLICY STATEMENTS**

**A Note about Sexual Violence at A&M-Central Texas**

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).
Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don’t agree with their behaviors and tell survivors we will support them. Your actions matter. Don’t be a bystander; be an agent of change. For additional information on campus policy and resources visit the Title IX webpage [https://www.tamuct.edu/compliance/titleix.html].

**Behavioral Intervention**

Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a concern, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the referral online [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=2].

Anonymous referrals are accepted. Please see the Behavioral Intervention Team website for more information [https://www.tamuct.edu/student-affairs/bat.html]. If a person’s behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5800.

**Instructor’s Personal Statement**

There is a lot of information to be covered over the next 16 weeks. Students need to stay caught up with their reading and to remember that most classes have a similar breakdown of the semester (Exams and such). I love teaching this course as I have experience in working with many of the populations that we will be studying, and I feel that I can give real life examples of the various disorders to help with understanding. I believe that with this type of course it is important for students to login to class on a regular basis and read all of the discussion posts written by other students. This will enhance the class discussion and all for students to get a deeper understanding of abnormal psychology as a whole. Remember to be respectful in your comments/responses to other students. We all have opinions they are like smiles, so remember that as you are responding. We do not have to agree with what others are saying: yet give the respect that is deserved. I love educating others and I look forward to working with you this semester. Remember that communication is key to success with me, so if you have a problem or concern please do not hesitate to contact me.

**OTHER POLICIES**

**Copyright Notice**

Students should assume that all course material is copyrighted by the respective author(s). Reproduction of course material is prohibited without consent by the author and/or course
instructor. Violation of copyright is against the law and Texas A&M University-Central Texas’ Code of Academic Honesty. All alleged violations will be reported to the Office of Student Conduct.