

Texas A&M University Central Texas
PSYC 3310-110 Abnormal Psychology 80956
Fall 2021

COURSE DATES, MODALITY, AND LOCATION

August 23, 2021-December 10, 2021

Mondays & Wednesdays 11:00am-12:15pm Warrior Hall 305

This is a blended course which meets no more than 49% online, see schedule below for specific dates we will meet in person. Online materials will be available through the A&M-Central Texas Canvas Learning Management System [<https://tamuct.instructure.com/>].

INSTRUCTOR AND CONTACT INFORMATION

Instructor: Dr. Stephanie Weigel

Office: Warrior Hall 318 P

Phone: 254.307.0622

Email: sweigel@tamuct.edu

Office Hours: Monday & Wednesday 12:30-2:00pm; Tuesday 11:00am-4:00pm. Please email to schedule an appointment or make arrangements for a phone call/video conference.

Student-instructor interaction

Learning is best supported by interaction. It is important that you feel comfortable asking questions and communicating during class discussions. This will help support your learning and that of your fellow students. Some questions are best saved for outside of the classroom. The best way to contact me for these discussions is via email. We can set up an appointment if needed. I will check my campus email daily on weekdays and do my best to respond within 48 hours.

WARRIOR SHIELD

Emergency Warning System for Texas A&M University-Central Texas

Warrior Shield is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in Warrior Shield through their myCT email account.

Connect to Warrior Shield by [911Cellular](https://portal.publicsafetycloud.net/Account/Login) [<https://portal.publicsafetycloud.net/Account/Login>] to change where you receive your alerts or to opt out. By staying enrolled in Warrior Shield, university officials can quickly pass on safety-related information, regardless of your location.

Fall 2021 Return to Campus Plan. For the most recent campus information regarding COVID-19 see the Texas A&M University-Central Texas Fall 2021 Return to Campus Plan [<https://www.tamuct.edu/covid19/>]

COURSE INFORMATION

Course Overview and description

An overview of the history, causes, and treatments of deviant behavior. Learn psychological, social, and physiological factors as they relate to the development of abnormal behavior and its subsequent treatment. Prerequisite(s): PSYC 2301 and PSYC 3309 or permission of Departmental Chair.

Course Objective: This course is designed to broaden class members’ understanding of human abnormal psychology through the learning processes of careful reading for understanding, critical thinking information research, and critical thinking class meeting discussions. Examination of human abnormal psychology will be from psychological, psychosocial, behavioral, historical, and cultural perspectives.

Student Learning Outcomes (SLOs) & Assessments

SLO	Assessment
1. Students will differentiate between normal and abnormal behavior by applying diagnostic and assessment practices	Class Discussions, Exams, Media Assignments
2. Students will apply critical thinking and evaluate historical and current theories of abnormal behavior	Class Discussions
3. Students will demonstrate familiarity with current theories, treatments, and terminology related to psychopathology	Exams, Class Discussions, Treatment Paper; Treatment Articles
4. Students will relate abnormal behavior theories to real-life scenarios and cultural contexts.	Class Discussions, Media Assignments
5. Students will critically evaluate the claims of researchers about abnormal behavior and treatments	Treatment Paper, Treatment Articles

Required Reading and Textbook(s):

Kring, A., Johnson, S.L., (2018) Abnormal Psychology: The science and treatment of psychological disorders, (15thed.). Hoboken, NJ:Wiley. ISBN-13: 978-1119705475
ISBN-10: 1119705479

COURSE REQUIREMENTS

INCLASS DISCUSSIONS 8 weeks X 15 points each = 120 pts total, (SLO 1, 2, 3, 4)

Students will be provided with a discussion topic to discuss during in class meetings. After the

class discussion students will post a brief written statement of something they found interesting, surprising, or confusing from the in class discussion. The written statement is due by Sunday midnight following the discussion.

ONLINE DISCUSSIONS 6 weeks X 20 points per week=120 pts total, (SLO 1,2,3,4)

The instructor will provide a prompt or discussion topic based upon the week's readings. Students will provide their response to the discussion prompt in the Canvas Discussions area. The student's original response is worth up to 10 points. In addition to the response, students are expected to respond to at least 2 peers as well (up to 10 points). In order to receive full credit, the original post and peer response must show knowledge of the readings as well as application to the student's life, career, experiences or perspective. In other words, the response must go beyond summarizing the textbook. See rubric in Canvas Discussion area.

MEDIA ASSIGNMENTS 7 X 20 pts per assignment = 140 points total (SLO 1, 4)

The instructor will present cases based upon characters portrayed in media (TV, books, movies, etc.). Potential diagnoses will be provided. Students will develop 3 questions that they would ask the person in the case in order to gather assessment information for the purpose of identifying which (or if) diagnosis fits the case. For the post the student will identify what possible diagnosis the person exhibits and explain how the answers to the questions will help clarify whether this is the accurate diagnosis. Detailed rubric provided in the online classroom.

TREATMENT ARTICLES 5 X 20 points each 100 pts (SLO 3, 5)

Students will explore current research regarding effective treatments for mental disorders by locating current empirical research articles, critically evaluating the evidence, and summarizing the findings. The treatment article summaries should include a description of the treatment, how it was evaluated, significant findings, and the student's critical evaluation and applications.

TREATMENT PAPER 5 X 20 points per assignment = 100 pts possible (SLO 3, 5)

Students will select one of the disorders covered in the textbook for an in-depth review. The review should include a description of the disorder (20 points), a description of at least 2 treatments used to treat that disorder (30 points), evidence from current empirical research regarding the effectiveness of the 2 selected treatments for that disorder (30 points), correct use of APA style (10 points). The paper must include at least 5 sources not including the course textbook, websites or popular media. Students will submit their paper topic and initial reference list for approval in advance (10 points). A detailed description of the assignment and grading rubric are posted in Canvas.

EXAMS 2 X 100 pts each = 200 pts (SLO 1, 3)

Students will complete 2 exams. Each exam will have approximately 50 multiple choice questions related to the material from that section of the course. The exams will be completed online within the CANVAS course. Students may use their books and notes to complete the exam, but the exam must be completed individually by the student without the help of other students, tutors, etc.

PROFESSIONALISM

Part of the academic experience is preparation for professional roles. An effective professional and student attends and participates in class with respect for others, completes work on time, communicates appropriately when concerns arise, and meets university conduct expectations (academic integrity, etc). Therefore, a portion of the points for this class (20 points) will be assigned based on these behaviors. A rubric detailing these expectations is provided in the online classroom.

Final Grading Criteria

Weekly Discussions	120 Pts
Online Posts	120 Pts
Media Matching	140 Pts
Treatment Articles	100 Pts
Treatment Paper	100 Pts
Professionalism	20 Pts
Exams (2)	200 Pts
Total points possible	800 Pts

Final grades will be based upon the percentage of total points earned:

A 90%-100% (720 points and above) B 80%-89% (640-719 points) C 70%-79% (639-560 points) D 60%-69% (559-480 points) F 59% or less (479 points and below)

Posting of Grades

All grades for the course will be posted in the Canvas Grade book. Grades for assignments and exams will be posted within 1 week of the due date or sooner. Feedback regarding the score will be provided as well, but I encourage you to ask questions about any grade or feedback for clarification.

Grading/Late Policy

In order to be successful in this course, it is critical for students to actively participate weekly and complete assignments on-time. If you are unable to complete an assignment by the due date contact your instructor immediately. Late assignments will receive an automatic 10% penalty and assignments more than 2 weeks late will not be accepted for credit.

COURSE OUTLINE AND CALENDAR

Complete Course Calendar

Week	Topics & Assigned Readings	Assignments or Activities
Week 1 August 23-29	History & Foundations of Abnormal Psych Read Ch 1,2	In class discussion Concerns/criticism of diagnostic labels/process,

		Online post: etiology
Week 2 August 30-Sept 5	Diagnosis & assessment; Asking questions based on the diagnostic criteria Read Ch 3	In person lecture; Media Assignment 1-diagnosis
Week 3 Sept 6-12	Mood Disorders Read Ch 5- no in person meetings	Video/Online discussion post- etiology of mood disorder; Treatment Article #1
Week 4 Sept 13-19	Mood Disorders continued	In person lecture; Media Assignment 2; Online post
Week 5 Sept 20-26	Anxiety Disorders; Read Ch 6, 7-no in	Discussion -Videos, symptoms, recognizing treatments; Treatment Article #2; Online post
Week 6 Sept 27- Oct 3	OCD & Trauma Disorders- no in person meetings	PTSD, OCD-Media Assignment 3: Online discussion post-
Week 7 Oct 4-10	Personality Disorders Read Ch 15	Discussion Post; Media Assignment 4; Online post
Week 8 Oct 11-17	Review and exam- no in person meetings	Online Review & Exam 1: treatment paper topic due
Week 9 Oct 18-24	Schizophrenia ; Read Ch 8	Online Post;
Week 10 Oct 25-31	Dissociative & Somatic Disorders; Read Ch 9; Online discussion post	Discussion Post; Media Assignment 5; Treatment Article #3; Online discussion post
Week 11 Nov 1-7	Substance Use; Read Ch 10, 11, 12	Online Post;
Week 12 Nov 8-14	Eating Disorders, Sexual Disorders- no in person meetings	Media Assignment 6: online discussion post; Treatment Article #4
Week 13 Nov 15-21	Childhood Disorders; Read Ch 13	Treatment Article #5: Online Post;
Week 14 Nov 22-28 (Thanksgiving)	Childhood Disorders continued; no in person meetings Online discussion post; RAD video	Media Assignment 7, Online discussion post
Week 15 Nov 29-Dec 5	Ethical Issues; Read Ch 16	Treatment Paper; Online Post;
Week 16 Dec 6-8	Review online- no in person meetings	Exam 2; Online discussion post
Wednesday December 8	<i>Wednesday is the last day of class, ALL work must be submitted by midnight.</i>	

Important University Dates:

Check this link for important university dates from the current Academic Calendar such as drop/withdrawal dates <https://www.tamuct.edu/registrar/academic-calendar.html>

TECHNOLOGY REQUIREMENTS AND SUPPORT

Technology Requirements

This course will use the A&M-Central Texas Instructure Canvas learning management system. **We strongly recommend the latest versions of Chrome or Firefox browsers. Canvas no longer supports any version of Internet Explorer.**

Logon to A&M-Central Texas Canvas [<https://tamuct.instructure.com/>] or access Canvas through the TAMUCT Online link in myCT [<https://tamuct.onecampus.com/>]. You will log in through our Microsoft portal.

Username: Your MyCT email address. Password: Your MyCT password

Canvas Support

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select “Chat with Canvas Support,” submit a support request through “Report a Problem,” or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

Other Technology Support

For log-in problems, students should contact Help Desk Central

24 hours a day, 7 days a week

Email: helpdesk@tamu.edu

Phone: (254) 519-5466

[Web Chat](http://hdc.tamu.edu): [<http://hdc.tamu.edu>]

Please let the support technician know you are an A&M-Central Texas student.

UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

Drop Policy

If you discover that you need to drop this class, you must complete the [Drop Request](#) Dynamic Form through Warrior Web.

[<https://dynamicforms.ngwebsolutions.com/casAuthentication.ashx?InstID=eaed95b9-f2be-45f3-a37d-46928168bc10&targetUrl=https%3A%2F%2Fdynamicforms.ngwebsolutions.com%2Fsubmit%2FForm%2Fstart%2F53b8369e-0502-4f36-be43-f02a4202f612>].

Faculty cannot drop students; this is always the responsibility of the student. The Registrar’s Office will provide a deadline on the Academic Calendar for which the form must be completed. Once you submit the completed form to the Registrar’s Office, you must go into Warrior Web

and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

Academic Integrity

Texas A&M University-Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. All academic misconduct concerns will be referred to the Office of Student Conduct. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more [information regarding the Student Conduct process](https://www.tamuct.edu/student-affairs/student-conduct.html), [https://www.tamuct.edu/student-affairs/student-conduct.html].

If you know of potential honor violations by other students, you may [submit a report](https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0), [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0].

Academic Accommodations

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Office of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the university's programs, services and activities. If you believe you have a disability requiring reasonable accommodations, please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information, please visit our [Access & Inclusion](https://tamuct.instructure.com/courses/717) Canvas page (log-in required) [https://tamuct.instructure.com/courses/717]

Important information for Pregnant and/or Parenting Students

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit [Student Affairs](https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html) [https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html]. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these [requirements and guidelines](http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf) online, please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender—including pregnancy, parenting, and all related conditions. A&M-Central Texas is

able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

Tutoring

Tutoring is available to all A&M-Central Texas students, on a remote online basis. Visit the Academic Support Community in Canvas to view schedules and contact information. Subjects tutored on campus include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Student success coaching is available online upon request.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, success coaching, or have any other question, contact Academic Support Programs at (254) 501-5836, visit the Office of Student Success at 212F Warrior Hall, or by emailing studentsuccess@tamuct.edu.

Chat live with a tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive online tutoring support at no additional cost. This tool provides tutoring in over 40 subject areas except writing support. Access Tutor.com through Canvas.

University Writing Center

University Writing Center: Located in Warrior Hall 416, the University Writing Center (UWC) at Texas A&M University–Central Texas (A&M–Central Texas) is a free service open to all A&M–Central Texas students. For the Fall 2021 semester, the hours of operation are from 10:00 a.m.-5:00 p.m. Monday thru Thursday in Warrior Hall 416 (with online tutoring available every hour as well) with satellite hours available online only Monday thru Thursday from 6:00-9:00 p.m. and Saturday 12:00-3:00 p.m.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via WCOOnline at <https://tamuct.mywconline.com/>. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment

with your favorite tutor by making an appointment via WOnline at <https://tamuct.mywconline.com/>. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment with your favorite tutor.

University Library

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 400,000 eBooks and 82,000 journals, in addition to the 96,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place virtually through WebEx, Microsoft Teams or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our [Library website](http://tamuct.libguides.com/index) [<http://tamuct.libguides.com/index>].

UNIVERSITY POLICY STATEMENTS

A Note about Sexual Violence at A&M-Central Texas

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Wellness and Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the [Title IX webpage](#)

[<https://www.tamuct.edu/compliance/titleix.html>].

Behavioral Intervention

Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a concern, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the [referral](#) online [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=2].

Anonymous referrals are accepted. Please see the [Behavioral Intervention Team](#) website for more information [<https://www.tamuct.edu/bit>]. If a person's behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5800.

OTHER POLICIES

This syllabus is subject to change at the instructor's discretion. Assignment due dates and content may be adjusted to improve learning opportunities. Students will be notified of any changes via announcements in the Canvas course and email.

Copyright Notice

Students should assume that all course material is copyrighted by the respective author(s). Reproduction of course material is prohibited without consent by the author and/or course instructor. Violation of copyright is against the law and Texas A&M University-Central Texas' Code of Academic Honesty. All alleged violations will be reported to the Office of Student Conduct.

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