PSYCH 3307-110 Human Lifespan

Fall 2021

Texas A&M University-Central Texas

COURSE DATES: Fall 2021, August 23-December 10

MODALITY: This course meets face-to-face (Monday and Wednesday 12:30-1:45 pm in Warrior Hall rm 305), with supplemental materials made available online through the A&M-Central Texas Canvas Learning Management System [https://tamuct.instructure.com/].

LOCATION: 1001 Leadership Place Killeen Texas, Warrior Hall rm 305

INSTRUCTOR AND CONTACT INFORMATION

Instructor Sandra Blackwell, MS Ed

Office: Virtual WebEx Phone: contact by email

Email: s.blackwell@tamuct.edu If you use any other TAMUCT email I will not get

your message
Office Hours

Office hours are by appointment only please email me to set up a day and time to meet. Appointments are virtual until further notice

Student-instructor interaction

As the instructor, I will check emails several times per week. Students can expect a reply to an email within 48 business hours and, if needed, can set up appointments or meetings through Canvas. I do not always respond to emails on Sundays. I am also glad to answer questions after class if needed.

WARRIOR SHIELD

Emergency Warning System for Texas A&M University-Central Texas

Warrior Shield is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in Warrior Shield through their myCT email account.

Connect to Warrior Shield by <u>911Cellular</u> [https://www.tamuct.edu/police/911cellular.html] to change where you receive your alerts or to opt out. By staying enrolled in Warrior Shield, university officials can quickly pass on safety-related information, regardless of your location.

*Important Information Fall 2021 Return to Campus Plan. For the most recent campus information regarding COVID-19 see the Texas A&M University-Central Texas Fall 2021 Return to Campus Plan [https://www.tamuct.edu/covid19/] v

COURSE INFORMATION

Course Overview and description

Explore development from conception through adulthood with emphasis on social adaptation of individuals and roles in families, groups, and communities. Study cognitive, social, personal, and biological factors of the stages of development.

Course Objective or Goal Student Learning Outcomes:

Upon satisfactory completion of this course, students will have.

- CO 1. demonstrated content-specific knowledge of the field of human development across the lifespan.
- CO 2. employed, in several assignments, the developmental framework, including theories, for understanding human lives and developmental changes.
- CO 3. apply the three different areas of developmental -- physical, cognitive, and social -- interaction to form the developing person.
- CO 4. and understanding how human development has affected their lives and others' lives in their family and their community.

Required Reading and Textbook(s)

Berk, L. E. (2018). *Development through the lifespan* (7th Ed.). Boston: Pearson. ISBN-10: 0134419693 (Mandatory reading)

American Psychological Association. (2019). *Publication manual of the American psychological association* (7th ed.). Washington, DC: Author. (ISBN: 978-1- 4338-0561- 5) **(not mandatory for this course)**

COURSE REQUIREMENTS

Projected Lifespan goals (5 pts)

This project is a list of goals that we will make in class. The goals are over college, family, and career goals. After introductions, we are going to write out our goals for 2, 5 and 10 year projections.

Syllabus Quiz (100 pts)

By doing this assignment, the student will be prepared for class by knowing where vital information is in the syllabus which helps prepare the student for the assignments and due dates.

Reflection Application Exercise (300 pts)

The Reflection Application Exercises allow students to select and integrate course content in meaningful ways from their own experiences or observed in others. The point of the assignment is to apply concepts and terms learned from the different stages of

life. Students are required to submit three Reflection Application Exercises adolescence transition to adulthood (13-18 yrs.), early adulthood (19-30 yrs.), and middle adulthood (35-50). The reflections can be about oneself, others, or characters from TV. I want you to share meaningful information that you have gleaned from the course related to oneself or someone else, be creative with this project. Please refer to Canvas for complete directions for each reflection (see Course Calendar for due dates). No credit will be awarded for plagiarized content. All content should be written in the student's own words according to their personal experiences or experiences observed in others for that age frame. Refer to Rubric for complete grading instructions located in Canvas. Please follow APA guidelines 7th edition when using information from the Berk book. However, if you are applying what you have learned instead of defining the concept, APA guidelines do not apply.

Human Observation Form (200 points)

There are two Human Observation Worksheets to complete, one for *early childhood* and *middle childhood*. This is considered a technical writing assignment. Instead of the student writing a traditional paper, the student will fill out an observation worksheet. The student will use critical observation to add detailed descriptions for the questions asked to avoid subjective interpretation or opinions. A detailed example is available under the assignment tab in the module where the assignment is made available. Please check the course calendar for due dates

Assignments (300 points)

There will be three-course assignments, each worth 100 points. The lesson could integrate content associated with cognitive or developmental stages of life or go over content associate with a chapter. They may be done in class or as a Canvas assignments. If done in Canvas, I will include instructions for each lesson.

Lecture Quizzes (200 points)

The chapter quizzes will be given at the end of class and will cover information gone over in the lecture. If you miss class, you miss the quiz.

Grading Criteria Rubric and Conversion

Grade Components				
Component	Possible Points			
Syllabus Quiz 1@ 100 points	100 points			
Projected Goals in Class Assignment @ 5 points	5 points			
Assignments 3 @ 100 points each	300 points			
Human Observation Form 2 @ 100 points each	200 points			
Lecture Quizzes 19 @5 points each	95 points			

Reflection Application Exercises 3@ 100 points each	300 points		
Student Remarks Discussion board (Optional Extra Credit @10 points)	10 points		
Course Evaluation (Optional Extra Credit @ 10 points)	10 points		
Total	1000 points (1020 points with extra credit)		

Course Grade Calculation						
Grade	Α	В	С	D	F	
Points	900-1000	800-899	700-799	600-699	0-599	

Posting of Grades.

All grades will be posted in the canvas grade book, where students can monitor their grades. All grades should be posted no later than a week after the turn-in date.

Grading Policies.

All grades are final unless the student finds a mistake on the professor's part, i.e., a question marked wrong when correct. I am human and can make mistakes, and I am glad to correct them.

COURSE OUTLINE AND CALENDAR

August 23rd – December 10th, Monday and Wednesday Face-to-Face Modality

First, go over the syllabus, next take the syllabus quiz located in Canvas in the Module *Getting Started*. We will go over the syllabus the first day of class and answer any student's questions about the course content, so come prepared to ask questions.

Since the course is **Face-to-Face** (which means it has a specific day and time for class), be sure to know which building and classroom your course is located in.

The book *Development through the Lifespan* by Laura Berk 7th edition is broken down into 10 parts. Each part or section has from one to three chapters. I will go over key points in the class lectures. The student is expected to complete, Self-Reflection Application Exercises and Observation worksheets that cover life's different developmental stages by the due dates listed in the course calendar. If a student struggles with completing an assignment, please send me an email. After lectures, be prepared to take a quiz.

Course Outline and Expected Due Dates

The suggested time frames are subject to change. Canvas assists those who cannot come to class or is canceled due to Covid-19. All assignments will be turned in through Canvas, but the chapter quizzes will be taken in class. Unless otherwise posted. I have pre-recorded lectures available in Canvas if a class is canceled. Therefore, I will not make up the messing material I would have gone over in a face-to-face modality.

<u>Week 1 August 23 – 29</u>

Monday, August 23

- review syllabus and course assignments in class.
- Do projected goals assignment in class.
- Syllabus quiz opens after class review

Wednesday, August 25 History, Ch.1 Theories, and Research Strategy

- Lecture Quiz over chapter 1 in class
- Read chapter 1 to be prepared for the class participation assignment on Monday

Week 2 August 30-4

Monday, August 30 Ch. 2 Genetic/ Environmental Foundations

- Class lecture
- 1st Class assignment over the theories and research strategies

Wednesday, September 1 Ch. 2 continued

• Lecture quiz over chapter two in class

Week 3-September 6 -12

Monday, September 6

 video and 2nd in-class assignment how to interpret and write a summery over a peerreviewed article

Tuesday, September 8 Ch. 3 Prenatal Development

Week 4 September 11-19

Monday 11 Ch. 3 continued

Lecture quiz over chapter 3

Wednesday 13 Ch. 4 Physical Development in Infancy/Toddlerhood

Lecture quiz over Chapter 4

Week 5 September 20-26

*Make sure to sign up for Sona research credits. Do not lose one letter grade for not uploading the article review to Canvas or the survey completion to the Sona research lab before the end of the semester.

Monday, September 20 Ch. 5 Cognitive Development in Infancy/ Childhood

Physical Development in Infancy/Toddlerhood

Wednesday, September 22 Ch 5 Continued

Lecture Quiz over chapter 5 in class

Week 6 September 27-October 3

Monday, September 27 Chapter 6 Emotional and Social Development in Infancy/Toddlerhood

Wednesday, September 29 Chapter 6 Continued

Lecture Quiz over Ch 6 in class

Week 7 October 4-10

Monday, October 4 Chapter 7 Physical and Cognitive Development in Early Childhood

Wednesday, October 6 Ch 7 continued

- 3rd class assignment
- Lecture quiz over Chapter 7

Week 8 October 11-17

Monday, October 11 Chapter 8 Emotional and Social Development in Early Childhood

Wednesday, October 13 Ch. 8 Continued

• Lecture Quiz over Chapter 8 in class

Week 9. October 18-24

Monday, October 18 Chapter 9 Physical and Cognitive Development in Early Childhood

Wednesday, October 20 Ch. 9 continued

• Lecture guiz over Chapter 9 in class

10/24 First Observation Worksheet Due at 11:59pm*

Week 10, October 25-31

Monday, October 25 Chapter 10 Middle Childhood: Six to Eleven

• Lecture quiz over Chapter 10

Wednesday, October 20 Chapter 11 Physical and Cognitive Development in Adolescence

Lecture Quiz in class over Chapter 11

10/31 Second Observation Worksheet Due at 11:59pm*

Week 11, November 1-7

Monday, November 1 Chapter 12 Emotional and Social Development in Adolescence

• Lecture Quiz over Chapter 12 in class

Wednesday, November 3 Ch. 13 Physical and Cognitive Development in Early Adulthood

Lecture quiz over Chapter 13 in class

11/07 First Self-Reflection over Adolescence (13-17 yrs.) Paper Due at 11:59pm*

Week 12 November 8-14

Monday, November 8 Ch. 14 Emotional and Social Development in Early Adulthood

• Lecture quiz over Chapter 14 in class

11/14 <u>Second Self-Reflection over Early Adulthood (18-30 yrs.) Paper Due at 11:59pm*</u>

Wednesday, November 10 Ch. 15 Physical and Cognitive Development in Middle Adulthood

• Lecture Quiz over Chapter 15 in class

Thursday, November 11, Veterans Day CAMPUS CLOSED Thank you very much for your service. I appreciate all the sacrifices you guys have made for me and my country.

Week 13 November 15 - 21

Monday, November 15 Ch. 16 Emotional and Social Development in Middle Adulthood

Wednesday, November 17, chapter 16 continued

Lecture Quiz over Chapter 16 in class

Week 14-November 22-28

Monday, November 22 Ch. 17 Physical and Cognitive Development Middle Adulthood Wednesday, November 24 Ch 17 continued

• Lecture quiz over Chapter 17 in class

11/28 Third Self-Reflection Middle Adulthood (35-50 yrs.) Paper Due at 11:59pm*

Week 15-November 29-December 5

Monday, November 29 Chapter 18 Emotional and Social Development in Late Adulthood

Wednesday, December 1, Chapter 18 continued

Lecture quiz over Chapter 18 in class

Week 16 December 5-10 Last week of school

Monday, December 6 Chapter 19 The End of Life: Death, Dying, and Bereavement Wednesday, December 8, Ch. 19, continued

Lecture quiz over Chapter 19

12/10 ALL SONA RESEARCH CREDITS TURNED IN

*Fill out a course evaluation for 10 bonus points toward your final grade; send me a link for proof; thanks for taking my class.

IMPORTANT Ensure all of Sona's research credits are completed three credits total. If not, one could expect to lose one letter grade. These credits must be completed before 12/10/2021.

Please refer to Course Requirements for an explanation of the assignments. If you have further questions, just send an email to s.blackwell@tamuct.edu or canvas email (All of the due dates are listed in this section and in Canvas).

IMPORTANT

Research Experience Requirement: Students in selected psychology courses (PSYC 3307, PSYC 3409, PSYC 3312, PSYC 3430, PSYC 4320) are required to engage in research experience activities as part of the course. The research experience activity involves writing summaries of peer reviewed research articles that are related to the course content. Faculty will identify which articles can be reviewed for their course, and article reviews can be submitted directly to the faculty for evaluation.

If students choose not to write article summaries, they can complete an alternative research experience by participating in research studies directly related to psychology to gain this experience.

Sign Up for Alternative Research Experience: To receive credit for this alternate research experience

activity, students must create an account in SONA. The <u>university SONA account</u> is where students will sign up to participate in research projects (https://tamuct.sona-systems.com). Students should view the introductory <u>tutorial video</u> before using SONA (<u>https://www.youtube.com/watch?v=_1OnT2ZU6QQ</u>) and be sure to use their <u>university email</u> when signing up. Students who have problems signing up for SONA or have questions should contact the professor of the course.

Credits: Students are required to complete 3 research experience credits in this course. Credit is allotted as follows:

- 1 credit for each summary of a peer-reviewed, research article OR
 1 credit for each hour (60 minutes) of research participation (in-person or online)
- 1/2 credit for each 1/2 hour (30 minutes) of research participation (in-person or online) Students can use a combination of article summaries and alternative research assignments to earn their credits. There is no guarantee that there will be sufficient research participation opportunities for students to earn 100% of their credits from this alternative research experience.

Students who drop a class after having earned research experience credit cannot apply any accumulated credit from that class towards future semesters without the documented approval of the department chair; however, credits in SONA can be transferred from one course to another in the same semester. Credits from previous semesters are not permitted to be transferred for current semester use.

Penalties: Any student who has not earned all required research credits prior to the end of the semester will be penalized 1 letter grade on the final course grade.

For 16-week courses the deadline is 12pm (noon) on 12-10-21.

Important University Dates Calendar link

http://catalog.tamuct.edu/undergraduate_catalog/general-information/academic20calendars20and20final20exam20schedule/

TECHNOLOGY REQUIREMENTS AND SUPPORTTechnology Requirements

This course will use the A&M-Central Texas Instructure Canvas learning management system. We strongly recommend the latest versions of Chrome or Firefox browsers. Canvas no longer supports any version of Internet Explorer.

Log on to A&M-Central Texas Canvas [https://tamuct.instructure.com/] or access Canvas through the TAMUCT Online link in myCT [https://tamuct.onecampus.com/]. You will log in through our Microsoft portal.

Username: Your MyCT email address. Password: Your MyCT password

Canvas Support

Use the Canvas Help link, located at the bottom of the left-hand menu for issues with Canvas. You can select "Chat with Canvas Support," submit a support request through "Report a Problem," or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

Online Proctored Testing (not pertinent for this course)

A&M-Central Texas uses Proctorio for online identity verification and proctored testing. This service is provided at no direct cost to students. If the course requires identity verification or proctored testing, the technology requirements are: Any computer meets the minimum computing requirements, plus web camera, speaker, and microphone (or headset). Proctorio also requires the Chrome web browser with their custom plug-in.

Other Technology Support

For log-in problems, students should contact Help Desk Central

24 hours a day, 7 days a week

Email: helpdesk@tamu.edu Phone: (254) 519-5466

Web Chat: [http://hdc.tamu.edu]

Please let the support technician know you are an A&M-Central Texas student.

UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

Drop Policy

If you discover that you need to drop this class, you must complete the <u>Drop Request</u> Dynamic Form through Warrior Web.

[https://dynamicforms.ngwebsolutions.com/casAuthentication.ashx?InstID=eaed95b9-f2be-45f3-a37d-

46928168 bc 10 & target Url = https % 3A% 2F% 2F dynamic forms. ngwebsolutions. com% 2F Submit% 2F Form% 2F Start% 2F 53b8 369e-0502-4f 36-be 43-f 02a 4202f 612].

Faculty cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the Academic Calendar for which the form must be completed. Once you submit the completed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid a penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

Academic Integrity

Texas A&M University-Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. All academic misconduct concerns will be referred to the Office of Student Conduct. When in doubt on collaboration, citation, or any issue, please contact your instructor

before taking a course of action.

For more <u>information regarding the Student Conduct process</u>, [https://www.tamuct.edu/student-affairs/student-conduct.html].

If you know of potential honor violations by other students, you may <u>submit a report</u> [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0].

Academic Accommodations

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Office of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the university's programs, services and activities. If you believe you have a disability requiring reasonable accommodations, please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information, please visit our <u>Access & Inclusion</u> Canvas page (log-in required) [https://tamuct.instructure.com/courses/717]

Important information for Pregnant and/or Parenting Students

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit Student Affairs [https://www.tamuct.edu/student-affairs/pregnant-and-parenting-students.html]. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these requirements and guidelines online, please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender—including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

Tutoring

Tutoring is available to all A&M-Central Texas students, on a remote online basis. Visit the Academic Support Community in Canvas to view schedules and contact information. Subjects tutored on campus include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Student success coaching is available online upon request.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, success coaching, or have any other question, contact Academic

Support Programs at (254) 501-5836, visit the Office of Student Success at 212F Warrior Hall, or by emailing studentsuccess@tamuct.edu.

Chat live with a tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive online tutoring support at no additional cost. This tool provides tutoring in over 40 subject areas except writing support. Access Tutor.com through Canvas.

University Writing Center

University Writing Center: Located in Warrior Hall 416, the University Writing Center (UWC) at Texas A&M University—Central Texas (A&M—Central Texas) is a free service open to all A&M—Central Texas students. For the Fall 2021 semester, the hours of operation are from 10:00 a.m.-5:00 p.m. Monday thru Thursday in Warrior Hall 416 (with online tutoring available every hour as well) with satellite hours available online only Monday thru Thursday from 6:00-9:00 p.m. and Saturday 12:00-3:00 p.m.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via WCOnline at https://tamuct.mywconline.com/. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment with your favorite tutor by making an appointment via WCOnline at https://tamuct.mywconline.com/. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC, need any assistance with scheduling, or would like to schedule a recurring appointment with your favorite tutor.

University Library

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 400,000 eBooks and 82,000 journals, in addition to the 96,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones,

webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place virtually through WebEx, Microsoft Teams or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our <u>Library website</u> [http://tamuct.libguides.com/index].

OPTIONAL POLICY STATEMENTS

A Note about Sexual Violence at A&M-Central Texas

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Wellness and Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the <u>Title IX webpage</u> [https://www.tamuct.edu/compliance/titleix.html].

Behavioral Intervention

Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a concern, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the referral online [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout id=2].

Anonymous referrals are accepted. Please see the <u>Behavioral Intervention Team</u> website for more information [https://www.tamuct.edu/bit]. If a person's behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5800.

OTHER POLICIES

All material downloaded from the internet must be cited and transcription must be included with the videos. Furthermore, when supplying videos, make sure they are open source.

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