MFT 5301-410, Introduction to Marriage and Family Therapy  
Summer 2020  
Texas A&M University-Central Texas  

COURSE DATES, MODALITY, AND LOCATION  
July 06, 2020 to August 07, 2020  
Mondays, Tuesdays, Wednesday, & Thursdays  
6:00pm to 9:00pm  
This is a blended course which meets 60% face to face (via synchronous learning online-Go To Meeting platform) and 40% fully online (via asynchronous learning) and uses the A&M-Central Texas Canvas Learning Management System [https://tamuct.instructure.com/].

INSTRUCTOR AND CONTACT INFORMATION  
Instructor: Dr. Lia Amuna, LPC, CSDD, BC-TMH  
Phone: 254.501.5938  
Email: carmelia.amuna@tamuct.edu (be sure to email through your CANVAS inbox)

Office Hours  
Office hours will be available from 5:00pm to 6:00pm on Tuesday’s by appointment only. Please email me through your Canvas Inbox to schedule an appointment.

Student-instructor interaction  
I will be available to discuss and resolve class-related issues upon notification by email. I check emails on a fairly regular basis, and should get to most emails within 48 hours on business days.

WARRIOR SHIELD  
Emergency Warning System for Texas A&M University-Central Texas  
Warrior Shield is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in Warrior Shield through their myCT email account.

Connect to Warrior Shield by 911Cellular [https://portal.publicsafetycloud.net/Account/Login] to change where you receive your alerts or to opt out. By staying enrolled in Warrior Shield, university officials can quickly pass on safety-related information, regardless of your location.
COURSE INFORMATION

Course Overview and description
This is to an introduction to the historical development of as well as the theoretical and empirical foundations of systems theory. It includes a survey of the major models of marriage and family therapy. Learners will demonstrate knowledge of the different theories and how they are applied to individuals, couples, and family systems, as well as practice theoretical concepts and interventions in role-play scenarios.

Course Learning Outcomes – this course targets one of the MFT program’s Student Learning Outcomes (SLO-1) - Demonstrate knowledge and appropriate application of classical and postmodern MFT theories.
1. Describe systems theory and its contribution to the development of marriage and family therapy. (SLO-1)
2. Identify and differentiate foundational theories of marriage and family therapy. (SLO-1)
3. Apply foundational MFT approaches to clinical problems presented in the practice of marriage and family therapy. (SLO-1)

Required Reading and Textbook(s)

Books


Journal Articles – these can be accessed through the TAMUCT library at the following site
https://tamuct.libguides.com/er.php?course_id=49960


COURSE REQUIREMENTS

A. **Critical Analysis Paper** - Students will develop an 8-10-page paper critiquing one of the theories discussed in this course. Choose one of the family therapy theories. Provide a thorough summary of the theory. Critique the theory (assumptions of the theory, philosophy, role of the therapist, interventions, goals of treatment, etc.) for use with underserved clients (e.g. racial ethnic minorities, LGBT population, low-income families, etc.). The critique of the theory should include your opinion, along with information from scholarly articles. Also, create a summary sheet of the key components of the theory in an outline format. Upload both documents to Canvas by the due date. Instructions and Grading will be posted on Canvas.

B. **Discussion Boards – 5 DB Forums.** Your initial post should be at least 250 words. You are required to respond to at least two other initial posts. The responses should be at least 100 words each. The initial posts are due by 12:00 noon on the designated date and responses are due by 11:59pm on the due date. Late post and responses will earn an automatic grade of zero.

   a. **Discussion Board Rules:** This is a space for us to share our idea, engage in dialogues, and learn from each other. Below are criteria for the discussion post, criteria for content of the discussion board, and rules about etiquette. Criteria for discussion post.

      i. The initial post should be at least 250 words. You are required to respond to at least two other initial posts. The responses should be at least 100 words each. The initial posts are due by 8:00am on the designated date. Points will be deducted for late post. The content of the discussion board should be your own ideas supported by information from the text, assigned readings, PowerPoints, or other scholarly references you find. You post should not entirely consist of quotes from an outside source, regurgitation of someone else’s ideas, or personal stories.

      ii. For example: Big Bird (2012) stated that sexual violence was not an issue in developed countries. I disagree with that statement. I intern at a domestic violence shelter for my practicum and hear about the violence that occurs in this area. Even though Elmo (2013) stated that violence against women is lower in countries that have more liberties for women, violence against women in developed countries is still an epidemic. Since most victims of sexual violence know their perpetrator (Kermit, 2007) and most perpetrator are male (Dora 2013), I believe that we should develop preventative programs in middle and high school about sexual violence.
b. **Discussion Board Etiquette**
   i. Refrain from inappropriate language and personal attacks.
   ii. Review your comments before you post for spelling and grammatical errors and to make sure it’s what you really want to say.
   iii. Do not make sexist, racist, homophobic, or victim-blaming comments at all.
   iv. Disagree with ideas, but do not make personal attacks.
   v. Be open to be challenged or confronted on your ideas or prejudices.
   vi. Challenge others with the intent of facilitating growth. Do not demean or embarrass others.
   vii. A majority of your reply should not be quotes from the initial post.

C. **Quizzes**- Students will have four (4) quizzes that consist of 10 multiple-choice questions covering material relative to the current week’s material. They are worth a total of 5 points each.

D. **Final Exam**- The final exam consists of **50 multiple-choice** questions covering material from the entire semester.

**Grading Criteria Rubric and Conversion**

<table>
<thead>
<tr>
<th>Course</th>
<th>Points</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Critical Analysis Paper</td>
<td>100</td>
<td>A 250-270 points</td>
</tr>
<tr>
<td>Discussion Board</td>
<td>50</td>
<td>B 229-249 points</td>
</tr>
<tr>
<td>Quizzes</td>
<td>20</td>
<td>C 208-228 points</td>
</tr>
<tr>
<td>Final Exam</td>
<td>100</td>
<td>D 187-207 points</td>
</tr>
</tbody>
</table>

**Total 270 points**
Grades will not be rounded up and extra credit options are not available in this course

**Grading Policies**
*Due to the accelerated nature of this summer course, all late work will earn an automatic grade of zero*

**Posting of Grades:**
All student grades will be posted on Canvas Gradebook. Students should monitor their grade status through this tool.
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Assigned Reading</th>
<th>Assignment Due &amp; Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1: Monday 7/6/2020 (F2F via GoToMtg) 6:00pm to 9:00pm</td>
<td>Introduction to Course</td>
<td>Review Syllabus</td>
<td></td>
</tr>
<tr>
<td>Week 1: Tuesday 7/7/2020 (F2F via GoToMtg) 6:00pm to 9:00pm</td>
<td>Systemic Thinking</td>
<td>SSA Ch. 1, 2, &amp; 3</td>
<td>Discussion Board #1 Initial Post due by 12 noon</td>
</tr>
<tr>
<td>Week 1: Wednesday 7/8/2020 (F2F via GoToMtg) 6:00pm to 9:00pm</td>
<td>Systemic Thinking</td>
<td>SSA Ch. 4 &amp; 5</td>
<td>Quiz #1 due by 11:59 pm</td>
</tr>
<tr>
<td>Week 1: Thursday 7/9/2020 (fully online)</td>
<td>Systemic Thinking</td>
<td>SSA Ch. 6 &amp; 7</td>
<td>Discussion Board #1 Response to 2 classmates due by 11:59 pm</td>
</tr>
<tr>
<td>Week 2: Monday 7/13/2020 (F2F via GoToMtg) 6:00pm to 9:00pm</td>
<td>Psychoanalytic Theory</td>
<td>Nielsen, 2017</td>
<td>Critical Analysis Paper -Topic due by 6:00 pm</td>
</tr>
<tr>
<td>Week 2: Tuesday 7/14/2020 (F2F via GoToMtg) 6:00pm to 9:00pm</td>
<td>Psychoanalytic Theory</td>
<td>Gehart p. 239-252</td>
<td>Discussion Board #2 Initial Post due by 12 noon</td>
</tr>
<tr>
<td>Week 2: Wednesday 7/15/2020 (F2F via GoToMtg) 6:00pm to 9:00pm</td>
<td>Object Relations Theory</td>
<td>Gehart p. 239-252</td>
<td>Quiz #2 due by 11:59 pm</td>
</tr>
<tr>
<td>Week 2: Thursday 7/16/2020 (fully online)</td>
<td>Object Relations Theory</td>
<td>Finkelstein (1987)</td>
<td>Discussion Board #2 Response to 2 classmates due by 11:59 pm</td>
</tr>
<tr>
<td>Week 3: Monday 7/20/2020 (F2F via GoToMtg) 6:00pm to 9:00pm</td>
<td>Bowen Theory</td>
<td>Gerhart p. 229-238</td>
<td>Critical Analysis Paper -Outline due by 6:00pm</td>
</tr>
<tr>
<td>Week 3: Tuesday 7/21/2020 (F2F via GoToMtg) 6:00pm to 9:00pm</td>
<td>Bowen Theory</td>
<td>Miller, Anderson, &amp; Keala (2004)</td>
<td>Discussion Board #3 Initial Post due by 12 noon</td>
</tr>
<tr>
<td>Week 3: Wednesday</td>
<td>Contextual Theory</td>
<td>Gerhart p. 229-238</td>
<td>Quiz # 3 due by 11:59 pm</td>
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</tbody>
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| 7/22/2020  
(F2F via GoToMtg)  
6:00pm to 9:00pm  |                   |                   |                        |
| Week 3: Thursday | Contextual Theory | Fowers & Wenger, 1997 | Discussion Board # 3  
Response to 2 classmates due by 11:59 pm |
| 7/23/2020  
(fully online)  |                   |                   |                        |
| Week 4: Monday  | Structural Therapy | Gerhart Ch. 5     | Critical Analysis Paper  
-Final Paper due by 11:59 pm |
| 7/27/2020  
(fully online)  |                   |                   |                        |
| Week 4: Tuesday | Structural Therapy | Soto-Fulp, & DelCampo, 1994 | Discussion Board # 4  
Initial Post due by 12 noon |
| 7/29/2020  
(F2F via GoToMtg)  
6:00pm to 9:00pm  |                   |                   |                        |
| Week 4: Wednesday | Strategic Therapy | Gerhart Ch. 4 Wilner, Breit, & Im ,1988 | Quiz # 4 due by 11:59 pm |
| 7/30/2020  
(fully online)  |                   |                   |                        |
| Week 5: Monday  | Experiential      | Gerhart Ch. 6 w/o IFS | Discussion Board # 5  
Initial Post due by 12 noon |
| 8/03/2020  
(F2F via GoToMtg)  
6:00pm to 9:00pm  |                   |                   |                        |
| Week 5: Tuesday | Experiential      | Napier,1987 Woods & Martin, 2007 | Discussion Board # 5  
Response to 2 classmates due by 11:59 pm |
| 8/04/2020  
(F2F via GoToMtg)  
6:00pm to 9:00pm  |                   |                   |                        |
| Week 5: Wednesday | Integrating MFT Theories |             | Quiz # 5 due by 11:59 pm |
| 8/05/2020  
(F2F via GoToMtg)  
6:00pm to 9:00pm  |                   |                   |                        |
| Week 5: Thursday |                   |                   | Final Exam opens at 5:00 AM  
Final Exam closes at 5:00 PM |
| 8/06/2020  
(fully online)  |                   |                   |                        |

**Important University Dates**

[http://catalog.tamuct.edu/graduate_and_professional_catalog/general-information/university-calendars-final-examination-schedules/](http://catalog.tamuct.edu/graduate_and_professional_catalog/general-information/university-calendars-final-examination-schedules/)
TECHNOLOGY REQUIREMENTS AND SUPPORT

Technology Requirements:
This course will use the A&M-Central Texas Instructure Canvas learning management system. Logon to A&M-Central Texas Canvas [https://tamuct.instructure.com].
Username: Your MyCT username (xx123 or everything before the "@" in your MyCT e-mail address)
Password: Your MyCT password

Canvas Support
Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select “Chat with Canvas Support,” submit a support request through “Report a Problem,” or call the Canvas support line: 1-844-757-0953.
For issues related to course content and requirements, contact your instructor.

Online Proctored Testing
A&M-Central Texas uses Proctorio for online identity verification and proctored testing. This service is provided at no direct cost to students. If the course requires identity verification or proctored testing, the technology requirements are: Any computer meeting the minimum computing requirements, plus web camera, speaker, and microphone (or headset). Proctorio also requires the Chrome web browser with their custom plug in.

Other Technology Support
For log-in problems, students should contact Help Desk Central
24 hours a day, 7 days a week
   Email: helpdesk@tamu.edu
   Phone: (254) 519-5466
   Web Chat: [http://hdc.tamu.edu]

Please let the support technician know you are an A&M-Central Texas student.

UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

Drop Policy
If you discover that you need to drop this class, you must complete the Drop Request Dynamic Form through Warrior Web.
[https://dynamicforms.ngwebsolutions.com/casAuthentication.ashx?InstID=eaed95b9-f2be-45f3-a37d-46928168bc10&targetUrl=https%3A%2F%2Fdynamicforms.ngwebsolutions.com%2FSubmit%2FForm%2FStart%2F53b8369e-0502-4f36-be43-f02a4202f612].

Faculty cannot drop students; this is always the responsibility of the student. The Registrar’s Office will provide a deadline on the Academic Calendar for which the form must be completed.
Once you submit the completed form to the Registrar’s Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar’s Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

**Academic Integrity**

Texas A&M University -Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Academic integrity is defined as a commitment to honesty, trust, fairness, respect, and responsibility. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. Academic misconduct is any act that improperly affects a true and honest evaluation of a student’s academic performance and includes, but is not limited to, working with others in an unauthorized manner, cheating on an examination or other academic work, plagiarism and improper citation of sources, using another student’s work, collusion, and the abuse of resource materials. All academic misconduct concerns will be referred to the university’s Office of Student Conduct. Ignorance of the university’s standards and expectations is never an excuse to act with a lack of integrity. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more information regarding the Student Conduct process, [https://www.tamuct.edu/student-affairs/student-conduct.html](https://www.tamuct.edu/student-affairs/student-conduct.html).

If you know of potential honor violations by other students, you may submit a report, [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0](https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0).

**Academic Accommodations**

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Office of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the university’s programs, services and activities. If you believe you have a disability requiring reasonable accommodations please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information please visit our Access & Inclusion Canvas page (log-in required) [https://tamuct.instructure.com/courses/717](https://tamuct.instructure.com/courses/717)

**Important information for Pregnant and/or Parenting Students**

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education’s Office of Civil Rights, the Dean of Student Affairs’ Office can assist students who are
pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit Student Affairs [https://www.tamuct.edu/student-affairs/index.html]. Students may also contact the institution’s Title IX Coordinator. If you would like to read more about these requirements and guidelines online, please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender—including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University’s Title IX Coordinator.

**Tutoring**
Tutoring is available to all A&M-Central Texas students, on a remote online basis. Visit the Academic Support Community in Canvas to view schedules and contact information. Subjects tutored on campus include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Tutors will return at the Tutoring Center in Warrior Hall, Suite 111 in the Fall 2020. Student success coaching is available online upon request.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, success coaching, or have any other question, contact Academic Support Programs at (254) 501-5836, visit the Office of Student Success at 212F Warrior Hall, or by emailing studentsuccess@tamuct.edu.

Chat live with a tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive online tutoring support at no additional cost. This tool provides tutoring in over 40 subject areas except writing support. Access Tutor.com through Canvas.

**University Writing Center**
The University Writing Center (UWC) at Texas A&M University–Central Texas (TAMUCT) is a free service open to all TAMUCT students. For the Summer 2020 semester, all services will be online as a result of the COVID-19 pandemic. The hours of operation are from 10:00 a.m.-4:00 p.m. Monday thru Thursday with satellite hours online Monday thru Thursday from 6:00-9:00 p.m. This summer, the UWC is also offering hours from 12:00-3:00 p.m. on Saturdays starting June 27th and ending July 18th.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students’ ideas and writing, our tutors highlight the ways in which they read and interpret students’ texts, offering guidance
and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-to-one session with a trained and experienced writing tutor by making an appointment via WCOnline [https://tamuct.mywconline.com/]. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu if you have any questions about the UWC and/or need any assistance with scheduling.

**University Library**

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 250,000 eBooks and 82,000 journals, in addition to the 85,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place on Skype or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our Library website [http://tamuct.libguides.com/index].

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**OPTIONAL POLICY STATEMENTS**

**A Note about Sexual Violence at A&M-Central Texas**

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).
Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don’t agree with their behaviors and tell survivors we will support them. Your actions matter. Don’t be a bystander; be an agent of change. For additional information on campus policy and resources visit the Title IX webpage [https://www.tamuct.edu/compliance/titleix.html].

**Behavioral Intervention**
Texas A&M University-Central Texas cares about the safety, health, and well-being of its students, faculty, staff, and community. If you are aware of individuals for whom you have a concern, who are exhibiting concerning behaviors, or individuals causing a significant disruption to our community, please make a referral to the Behavioral Intervention Team. Referring your concern shows you care. You can complete the referral online [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=2].

Anonymous referrals are accepted. Please see the Behavioral Intervention Team website for more information [https://www.tamuct.edu/student-affairs/bat.html]. If a person’s behavior poses an imminent threat to you or another, contact 911 or A&M-Central Texas University Police at 254-501-5800.

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**OTHER POLICIES**

**Copyright Notice**
Students should assume that all course material is copyrighted by the respective author(s). Reproduction of course material is prohibited without consent by the author and/or course instructor. Violation of copyright is against the law and Texas A&M University-Central Texas’ Code of Academic Honesty. All alleged violations will be reported to the Office of Student Conduct.

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