

**NURS 3330-110, CRN 60019, Care of the Older Adult  
Summer 2019  
Texas A&M University-Central Texas**

**COURSE DATES, MODALITY AND LOCATION**

March 16<sup>th</sup> through May 8, 2020

**Mode of Instruction and course access:**

This course is 100% online taught through the A&M-Central Texas Canvas Learning Management System (<https://tamuct.instructure.com>). You will use the Canvas username and password communicated to you separately to logon to this system. Faculty serve as a resource person to guide the student in the learning process. Other teaching strategies include online assignments, online discussion boards, and scholarly papers. The instructor guides the online student's learning and serves as a resource person in the learning process.

You will also use Shadow Health Virtual Patient program (<https://app.shadowhealth.com/>) **the course pin for this semester is: Spring2020-6846-2043-0075-4490**

**INSTRUCTOR AND CONTACT INFORMATION**

**Instructor:** Catherine Pena

**Office:** Heritage Hall 302B

**Phone:** 254-519-5718

**Email:** Canvas message preferred, A&M email: c.pena@tamuct.edu

**Office Hours:**

Monday through Wednesday, 10:00 a.m. to 12:00 p.m., in person, via phone or virtual meeting

**Student-instructor interaction:**

Emails and messages within Canvas; students may expect a response within 24 to 48 hours Monday-Thursday. Students are expected to check emails a minimum of twice weekly for announcements, assignment updates, or any other messages corresponding to the course. You may also update Canvas settings to send announcements and emails to your personal or TAMUCT email account. See the Canvas Guides for instructions.

Office hours may also include synchronous online student's learning and serving as a resource person to guide the student in the learning process.

**Warrior Shield:**

Emergency Warning System for Texas A&M University – Central Texas

Warrior Shield is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in Warrior Shield through their myCT email account.

Connect at [911Cellular](https://portal.publicsafetycloud.net/Texas-AM-Central/alert-management) [<https://portal.publicsafetycloud.net/Texas-AM-Central/alert-management>] to change where you receive your alerts or to opt out. By staying enrolled in

911Cellular, university officials can quickly pass on safety-related information, regardless of your location.

## COURSE INFORMATION

### Course Overview and Description:

In this course, the aging process is examined with a focus on risk reduction, chronic disease management and disease prevention in the older adult. The concept of healthy aging will be explored. The course includes strategies for health promotion, health restoration, health maintenance and life transitions of the older adult. Expected professional nurse competencies in providing and directing culturally sensitive care of the older adult and their families across the wellness/illness continuum will be emphasized.

### Course Objectives:

By the end of this course the student will be able to assess health and wellness needs of the older population, and analyze available resources for the elderly and their care givers.

### Student Learning Outcomes:

1. Examine the underlying causes of physical changes associated with the aging process.
2. Explore the major psychological and sociological theories of aging.
3. Identify risk factors associated with aging that impact health and nursing care.
4. Comprehend the expected competencies of the professional nurse in providing care to the older adult across the wellness/illness continuum.
5. Analyze strategies used in the health assessment, promotion, restoration, and maintenance of the older adult.
6. Analyze the potential impact of health care finance structure on care of the older adult

### Competency Goals Statements from *The Essentials of Baccalaureate Education for Professional Nursing Practice*, American Association of Colleges of Nursing (2008).

- I. Liberal Education for Baccalaureate Generalist Nursing Practice
- II. Basic Organizational and Systems Leadership for Quality Care and Patient Safety
- V. Healthcare Policy, Finance and Regulatory Environments
- VII. Clinical Prevention and Population Health.
- IX. Baccalaureate Generalist Nursing Practice

### Required Reading and Textbooks:

1. American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6<sup>th</sup> ed.). Washington, DC: American Psychological Association.
2. Touhy, T. A., & Jett, K. F. (2018). *Ebersole and Hess' gerontological nursing & healthy aging* (5<sup>th</sup> ed.). St. Louis, MO: Elsevier. ISBN – 978-0-323-40167-8
3. **Shadow Health Digital Clinical Experience (DCE) software.** Purchase from the Bookstore or purchase online.

Students must create their accounts by visiting <http://app.shadowhealth.com>

Helpful sites:

- Shadow Health Website: <http://app.shadowhealth.com/>
- Link to Shadow Health Support: <http://support.shadowhealth.com>

**Course Registration PIN for Students: Spring2020-6846-2043-0075-4490**

Support can be reached via [support.shadowhealth.com](http://support.shadowhealth.com), through email at [support@shadowhealth.com](mailto:support@shadowhealth.com), or by calling (800) 860-3241.

**COURSE REQUIREMENTS****Field Work**

This course will require **15 hours** of field work to meet the learning outcomes. All field work preparation, computer search, assessment, planning, implementation and evaluation time are counted as part of the field work hours. The hours spent on the Shadow Health assignments will count as field work hours. This is a course requirement. You must submit your final field log by the due date assignment to pass the course.

**Posting of Grades**

All student grades will be posted on the Canvas Grade book, by the fourth day after the due date. Some presentation may take up to a week to post. Students should monitor their grading status often and report discrepancies to the instructor. The Shadow Health DCE score is your grade for each Shadow Health assignment. Final shadow health grades will not be submitted until after April 19, 2020.

**Total possible points: 620**

**A grade of "C" or higher is needed to pass the course.**

<b>Discussions</b>	<b>25%</b>
<b>Assignments</b>	<b>45%</b>
<b>Shadow Health Assessments</b>	<b>30%</b>

**Late Assignments:**

All assignments are due on the date and time outlined in the course schedule and syllabus. For written assignments and DCEs 10% deduction will be taken for each day an assignment is past the due date. After three days, a grade of 0 will be entered into the gradebook for that assignment. Exceptions will be granted at faculty discretion and only if arrangements were made prior to the due date.

Shadow Health assessment are due by April 19<sup>th</sup>, no exceptions. Shadow Health assessment will close at midnight on April 19<sup>th</sup>, 2020.

**COURSE OUTLINE AND CALENDAR**

<i>March 22</i>	<i>Meet &amp; Greet</i>	<i>Discussion</i>	<i>10 Points</i>
<i>March 22</i>	<i>Conversational Concept Lab</i>	<i>Shadow Health</i>	<i>Required</i>
<i>March 22</i>	<i>Digital Clinical Experience Orientation</i>	<i>Shadow Health</i>	<i>Required</i>
<i>March 29</i>	<i>Cultural Caring &amp; Aging</i>	<i>Discussion</i>	<i>10 Points</i>
<i>March 29</i>	<i>Theories of Aging</i>	<i>Studio Presentation</i>	<i>20 Points</i>
<i>April 12</i>	<i>The Health Care Insurance Plans in Later Life</i>	<i>Studio Presentation</i>	<i>20 Points</i>
<i>April 12</i>	<i>Medication Regimens in Older Adults</i>	<i>Discussion</i>	<i>10 Points</i>
<i>April 19</i>	<i>Shadow Health Activities #1-5</i>	<i>Shadow Health Assessments</i>	<i>500 Points</i>
<i>April 19</i>	<i>Theoretical Frameworks</i>	<i>Discussion</i>	<i>10 Points</i>
<i>April 26</i>	<i>Substance Abuse</i>	<i>Studio Presentation</i>	<i>20 Points</i>
<i>April 26</i>	<i>Neurocognitive Disorders and Communication</i>	<i>Discussion</i>	<i>20 Points</i>
<i>May 3</i>	<i>End of Life</i>	<i>Discussion</i>	<i>10 Points</i>
			<i>Total 620 points</i>

### TECHNOLOGY REQUIREMENTS AND SUPPORT

This course will use the TAMUCT Canvas Learn learning management system for class communications, content distribution, and grades.

Logon to <https://tamuct.Canvas.com> to access the course.

Username: Your MyCT username (xx123 or everything before the "@" in your MyCT e-mail address)

Initial password: Your MyCT password

For this course, you will need reliable and frequent access to a computer and reliable internet connection.

Shadow Health will be used for practice with the physical assessment skills and testing. Shadow Health works best with **Firefox, or Chrome** if you will be using the "Speech to Text" function. Canvas will also work well in Firefox and Chrome.

#### Canvas Support.

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select "Chat with Canvas Support," submit a support request through "Report a Problem," or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

#### Other Technology Support

For log-in problems, students should contact Help Desk Central.

24 hours a day, 7 days a week:

Email: [helpdesk@tamu.edu](mailto:helpdesk@tamu.edu)

Phone: (254) 519-5466

[Web Chat](http://hdc.tamu.edu): [http://hdc.tamu.edu]

*Please let the support technician know you are an A&M-Central Texas student.*

Shadow Health Help Desk

M-F 9 am to 6 pm ET  
Sat-Sun 12 pm – 9 pm ET  
800-860-3241

[https://support.shadowhealth.com/hc/en-us?flash\\_digest=b29b6f1fa859bd352ea86a1d4ca357341c3d6e33](https://support.shadowhealth.com/hc/en-us?flash_digest=b29b6f1fa859bd352ea86a1d4ca357341c3d6e33)

## **UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES**

### **Drop Policy.**

If you discover that you need to drop this class, you must complete a [Drop Request Form](https://www.tamuct.edu/registrar/docs/Drop_Request_Form.pdf) [https://www.tamuct.edu/registrar/docs/Drop\_Request\_Form.pdf].

Professors cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the Academic Calendar for which the form must be completed, signed and returned. Once you return the signed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

### **Academic Integrity.**

Texas A&M University -Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Academic integrity is defined as a commitment to honesty, trust, fairness, respect, and responsibility. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. Academic misconduct is any act that improperly affects a true and honest evaluation of a student's academic performance and includes, but is not limited to, cheating on an examination or other academic work, plagiarism and improper citation of sources, using another student's work, collusion, and the abuse of resource materials. All academic misconduct concerns will be reported to the university's Office of Student Conduct. Ignorance of the university's standards and expectations is never an excuse to act with a lack of integrity. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

For more [information regarding the Student Conduct process](https://tamuct.campuslabs.com/engage/organization/tamuct-student-conduct-panel),

[https://tamuct.campuslabs.com/engage/organization/tamuct-student-conduct-panel]. If you know of potential honor violations by other students, you may [submit a report](https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout_id=0), [https://cm.maxient.com/reportingform.php?TAMUCentralTexas&layout\_id=0].

### **Academic Accommodations.**

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Office of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the university's programs, services and activities. If you believe you have a

disability requiring reasonable accommodations please contact the Office of Access and Inclusion, WH-212; or call (254) 501-5836. Any information you provide is private and confidential and will be treated as such.

For more information please visit our [Access & Inclusion](https://www.tamuct.edu/student-affairs/access-inclusion.html) web page [https://www.tamuct.edu/student-affairs/access-inclusion.html].

### **Important information for Pregnant and/or Parenting Students.**

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit the [Student Affairs](https://www.tamuct.edu/student-affairs/index.html) web page [https://www.tamuct.edu/student-affairs/index.html]. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these [requirements and guidelines online](http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf), please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender—including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

### **Tutoring.**

Tutoring is available to all A&M-Central Texas students, both on-campus and online. Subjects tutored on campus include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Tutors are available at the Tutoring Center in Warrior Hall, Suite 111.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, or have any other question, contact Academic Support Programs at (254) 519-5796, or by emailing Dr. DeEadra Albert-Green at [deeadra.albertgreen@tamuct.edu](mailto:deeadra.albertgreen@tamuct.edu).

Chat live with a tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive FREE online tutoring and writing support. This tool provides tutoring in over 40 subject areas. Access Tutor.com through Canvas.

### **University Writing Center.**

Located in Warrior Hall 416, the University Writing Center (UWC) at Texas A&M University–Central Texas (TAMUCT) is a free workspace open to all TAMUCT students from 10:00 a.m.-5:00 p.m. Monday thru Thursday with satellite hours in the University Library Monday thru Thursday from 6:00-9:00 p.m. This semester, the UWC is also offering online only hours from 12:00-3:00 p.m. on Saturdays.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

Students may arrange a one-on-one session with a trained and experienced writing tutor by visiting the UWC during normal operating hours (both half-hour and hour sessions are available) or by making an appointment via [WCOOnline](#). In addition, you can email Dr. Bruce Bowles Jr. at [bruce.bowles@tamuct.edu](mailto:bruce.bowles@tamuct.edu) if you have any questions about the UWC and/or need any assistance with scheduling.

### **University Library.**

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 250,000 eBooks and 82,000 journals, in addition to the 85,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place on Skype or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our [Library website](#) [<http://tamuct.libguides.com/index>].

### **A Note about Sexual Violence at A&M-Central Texas**

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the [Title IX webpage](https://www.tamuct.edu/departments/compliance/titleix.php) [<https://www.tamuct.edu/departments/compliance/titleix.php>].

---

## **INSTRUCTOR POLICIES**

### **Group Assignments/Presentations**

Students are required to be present for all presentation, unless otherwise required. All students must fully participate in group presentations/assignments. Final group work must be agreed upon by all members.

### **Additional Research**

Self-guided research and material search will be required throughout the course. Several assignments will require additional research for supportive material through the use of outside resources. Students are required to follow APA citing/referencing and copyright guidelines.

### **Power Point Presentations**

All presentations require audio and will be submitted through the use of Studio, unless otherwise specified/instructed.

### **Copyright Notice.**

Students should assume that all course material is copyrighted by the respective author(s). Reproduction of course material is prohibited without consent by the author and/or course instructor. Violation of copyright is against the law and Texas A&M University-Central Texas' Code of Academic Honesty. All alleged violations will be reported to the Office of Student Conduct.

Copyright. (2020) by Catherine Pena at Texas A&M University-Central Texas, (College of Arts & Sciences); 1001 Leadership Place, Killeen, TX 76549; 210(843-6338); Fax 254-(254-519-8017)ents. For more information, please visit our [Library website](https://tamuct.libguides.com/) [<https://tamuct.libguides.com/>].