

## **NURS 4405, Family & Individual**

FALL 2019 rev. 08.14.2019

Texas A&M University-Central Texas

### **INSTRUCTOR AND CONTACT INFORMATION**

**Instructor: Catherine Pena**

**Office: HH, 302 B**

**Phone: 254-519-5718**

**Email:** Canvas for course related concerns

#### **Office Hours:**

**Monday-Thursday 9:00 – 2:00 p.m., Friday appointment only. Phone appointments upon request.**

#### **Mode of instruction and course access:**

This course is a web-based course taught online using the A&M-Central Texas Canvas Learning Management System [<https://tamuct.instructure.com>].

#### **Student-instructor interaction:**

Emails and messages within Canvas; students may expect a response within 24 to 48 hours Monday-Thursday. Students are expected to check emails daily for announcements, assignment updates, or any other messages corresponding to the course. Office hours may also include synchronous online student's learning and serving as a resource person to guide the student in the learning process. Scheduled Canvas Collaborate and telephone by appointments only.

#### **911 Cellular:**

Emergency Warning System for Texas A&M University – Central Texas

911Cellular is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in 911 Cellular through their myCT email account.

Connect at [911Cellular](https://portal.publicsafetycloud.net/Texas-AM-Central/alert-management) [<https://portal.publicsafetycloud.net/Texas-AM-Central/alert-management>] to change where you receive your alerts or to opt out. By staying enrolled in 911Cellular, university officials can quickly pass on safety-related information, regardless of your location.

## **COURSE INFORMATION**

This course emphasizes the importance of the professional nurse's engagement in ethical and evidence-based practice. Students examine nursing case management concepts as they apply critical thinking skills to integrate the concepts of pathophysiology, pharmacology, psychosocial behavior, and cultural competence to coordinate quality and safe care in a variety of settings. Students experience the nurse educator role as they employ teaching and learning principles and nursing informatics to initiate interventions with individuals and families that highlight health promotion activities. Practicum experiences are individualized

### **Course Objective:**

By the end of this course the student will be able to develop health teaching for an identified health need of a family unit, using the basics of case management, and patient education techniques.

### **Student Learning Outcomes:**

- Apply critical thinking skills in the analysis of the multiple physiological, psychological, and cultural variables that affect the health status of individuals across the life span and the family unit.
- Demonstrate the integration of pathophysiology, pharmacology, psychosocial behavior, and cultural competency concepts and theories in coordinating quality and safe care in a variety of settings.
- Engage in interprofessional collaboration to effectively coordinate the care of individuals and family units with complex health needs in a variety of settings.
- Apply evidence-based professional nursing practice interventions to empower individuals and families to manage and coordinate self-care.
- Integrate knowledge from the liberal arts, the sciences, and nursing to deliver comprehensive care, including health promotion and disease prevention activities to individuals and family units.
- Employ teaching and learning principles through the use of information technology to initiate interventions with individuals and families that highlight health promotion activities.
- Analyze the role of a case manager in collaborative care of individuals and families across the life span. Explore multi-professional collaboration methods to coordinate the nursing care of individuals/families effectively in a variety of settings.

### **Competency Goals Statements (certification or standards):**

- Essential VI: Interprofessional Communication and Collaboration for Improving Patient Health Outcomes.
- Essential VII: Clinical Prevention and Population Health
- Essential IX: Baccalaureate Generalist Nursing Practice.

### **Required Reading and Textbook(s):**

American Psychological Association. (2010). *Publication of the American Psychological Association* (6<sup>th</sup> ed.). Washington D.C: American Psychological Association. ISBN – 1433950618

\*\*Bastable, S. B. (2013). *Nurse as educator: Principles of teaching and learning for nursing practice* (5th ed.). Sudbury, MA: Jones and Bartlett Learning. ISBN – 9781449697501

\*\* Rowe, Joanna Kaakinen, and Deborah Padgett Coehlo. (2018). *Family Health Care Nursing Theory, Practice, and Research* (6<sup>th</sup> edition), F. A. Davis Company. ISBN-9780803661660

\*\*Powell, S. K., & Tahan, H. A. (2010). *Case Management, a Practical Guide for Education and Practice* (4th Ed.). Philadelphia; Lippincott, Williams, and Wilkens. ISBN-1496384253

**\*\* e-Book supplied through course material**

### **COURSE REQUIREMENTS**

Discussion Post, Meet & Greet (0 points/attendance requirement)

Discussion 1, Family Demographics (10 points)

Apply critical thinking skills in the analysis of the multiple physiological, psychological, and cultural variables that affect the health status of individuals across the life span and the family unit.

Discussion 2, Assessment Comparison (10 points)

Apply critical thinking skills in the analysis of the multiple physiological, psychological, and cultural variables that affect the health status of individuals across the life span and the family unit.

Discussion 3, Family Strengths (10 points)

Apply critical thinking skills in the analysis of the multiple physiological, psychological, and

cultural variables that affect the health status of individuals across the life span and the family unit.

Discussion 4, Genomics (10 points)

Apply critical thinking skills in the analysis of the multiple physiological, psychological, and cultural variables that affect the health status of individuals across the life span and the family unit.

Assignment 1: Family Health Care, Outline, (20 points)

Demonstrate the integration of pathophysiology, pharmacology, psychosocial behavior, and cultural competency concepts and theories in coordinating quality and safe care in a variety of settings.

Assignment 2: Family Policy, APA Paper, Chap. 4 Rowe & Coehlo (20 points)

Apply critical thinking skills in the analysis of the multiple physiological, psychological, and cultural variables that affect the health status of individuals across the life span and the family unit.

Assignment 3: Family Assessment, pdf assessment forms (20 points)

Apply critical thinking skills in the analysis of the multiple physiological, psychological, and cultural variables that affect the health status of individuals across the life span and the family unit.

Assignment 4: Health Promotion, Outline, Chap. 6 Rowe & Coehlo (20 points)

Integrate knowledge from the liberal arts, the sciences, and nursing to deliver comprehensive care, including health promotion and disease prevention activities to individuals and family units.

Assignment 5: Ecomap & Genogram, Chap. 2, 5, 8 Rowe & Coehlo (20 points)

Apply critical thinking skills in the analysis of the multiple physiological, psychological, and cultural variables that affect the health status of individuals across the life span and the family unit

Assignment 6: Special Family Considerations PPP, Chapter 7, 9, 10, 16 Rowe & Coehlo (20 points)

Demonstrate the integration of pathophysiology, pharmacology, psychosocial behavior, and cultural competency concepts and theories in coordinating quality and safe care in a variety of settings. Integrate knowledge from the liberal arts, the sciences, and nursing to deliver comprehensive care, including health promotion and disease prevention activities to individuals and family units.

Assignment 7: Objectives for Teaching Plan, Chap. 10 Bastable, Bloom's Taxonomy (20 points)

Employ teaching and learning principles through the use of information technology to initiate interventions with individuals and families that highlight health promotion activities.

Assignment 8: Instructional Materials, Chap. 12 Bastable (9 points)

Employ teaching and learning principles through the use of information technology to initiate interventions with individuals and families that highlight health promotion activities.

Assignment 9: Trauma Informed Care, Arc (20 points)

Integrate knowledge from the liberal arts, the sciences, and nursing to deliver comprehensive care, including health promotion and disease prevention activities to individuals and family units.

Assignment 10: Case Management Overview, PPP, Chap. 1, 2, 4 Powell & Tahan (40 points)

Analyze the role of a case manager in collaborative care of individuals and families across the life span.

Family Consent, Complete/Incomplete

*If no disclosure is submitted by deadline, assessment form will not be accepted, and late assignment guidelines will apply*

Power Point Presentation: Family Teaching Plan, (40 points)

Employ teaching and learning principles through the use of information technology to initiate interventions with individuals and families that highlight health promotion activities.

### Grading Criteria Rubric and Conversion

Discussion Questions X 4	40 Points	10%
Assignments X 10	229 Points	60%
Family Presentation	40 Points	30%
Total:	360 Points	100%

<b>Percent</b>	A=90-100
	B=80-89
	C=70-79
	D=60-69
	F=59 or below

### Posting of Grades

All student grades will be posted on the Canvas Grade book. Students should monitor their grading status often and report to the instructor any discrepancies. Quiz and exam grades taken through Canvas are posted upon successful submission. Faculty graded assignments and discussion posts will be posted within 72 hours after the due date and time. Friday assignment grades will be posted within 72 hours of the following Monday. Final Family Presentation may take up to 5 days to grade.

### COURSE OUTLINE AND CALENDAR

#### Complete Course Calendar

*\*\* Please note that schedule may change due to unforeseen circumstances advance notice will be given as time allows*

Assignments	Due	Readings
<b>Meet &amp; Greet</b>	Sept. 1	
<b>Assignment 1: Family Health Care</b> <b>DQ 1: Family Demographics</b>	Sept. 6	Chapter 1 & 3, Rowe & Coehlo
<b>Assignment 2: Family Policy</b>	Sept. 13	Chapter 4, Rowe & Coehlo
<b>DQ 2: Assessment Comparison</b>	Sept. 20	Chapter 5, Rowe & Coehlo
<b>Assignment 3: Family Assessment</b> *** Family Consent must be submitted	Sept. 27	Chapter 2 & 5, Rowe & Coehlo
<b>Assignment 4: Health Promotion</b> <b>DQ 3: Family Strengths</b>	October 4	Chapter 6, Rowe & Coehlo
<b>Assignment 5: Ecomap &amp; Genogram</b> <b>DQ 4: Geonomics</b>	October 1	Chapter 2, 5, & 8, Rowe & Coehlo
<b>Assignment 6: Special Family Considerations</b>	October 25	Chapter 7, 9, 10, & 16 Rowe & Coehlo
<b>Assignment 7: Teaching Plan Objectives</b>	Nov. 1	Chap.4 & 10 Bastable Bloom's Taxonomy
<b>Assignment 8: Instructional Materials</b>	Nov. 11	Chap. 12 Bastable
<b>Work on Family Teaching Presentation</b>		
<b>Assignment 9: Trauma Informed Care</b>	Nov. 22	Arc/Studio Video
<b>Family Teaching Presentation &amp; Field Log due</b>	Nov. 22	Comprehensive
Thanksgiving		
<b>Assignment 10: Case Management Overview</b>	Dec. 6	Chap. 1, 2, & 4, Powell & Tahan

**Import University Dates:**

<https://www.tamuct.edu/registrar/academic-calendar.html>

**TECHNOLOGY REQUIREMENTS AND SUPPORT****Technology Requirements.**

This course will use the A&M-Central Texas Instructure Canvas learning management system. Logon to A&M-Central Texas Canvas [<https://tamuct.instructure.com>].

Username: Your MyCT username (xx123 or everything before the "@" in your MyCT e-mail address)

Password: Your MyCT password

**Canvas Support.**

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select "Chat with Canvas Support," submit a support request through "Report a Problem," or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

**Other Technology Support**

For log-in problems, students should contact Help Desk Central.

24 hours a day, 7 days a week:

Email: [helpdesk@tamu.edu](mailto:helpdesk@tamu.edu)

Phone: (254) 519-5466

[Web Chat](http://hdc.tamu.edu): [<http://hdc.tamu.edu>]

*Please let the support technician know you are an A&M-Central Texas student.*

**UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES****Drop Policy.**

If you discover that you need to drop this class, you must complete a [Drop Request Form](https://www.tamuct.edu/registrar/docs/Drop_Request_Form.pdf) [[https://www.tamuct.edu/registrar/docs/Drop\\_Request\\_Form.pdf](https://www.tamuct.edu/registrar/docs/Drop_Request_Form.pdf)].

Professors cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the University Calendar for which the form must be completed, signed and returned. Once you return the signed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

**Academic Integrity.**

Texas A&M University -Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to

preserve the honor and integrity of the creative community. Academic integrity is defined as a commitment to honesty, trust, fairness, respect, and responsibility. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. Academic misconduct is any act that improperly affects a true and honest evaluation of a student's academic performance and includes, but is not limited to, cheating on an examination or other academic work, plagiarism and improper citation of sources, using another student's work, collusion, and the abuse of resource materials. All academic misconduct concerns will be reported to the university's Office of Student Conduct. Ignorance of the university's standards and expectations is never an excuse to act with a lack of integrity. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

### **Academic Accommodations.**

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier free education. The Department of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the University's programs, services and activities. If you believe you have a disability requiring reasonable accommodations please contact the Department of Access and Inclusion at (254) 501-5831. Any information you provide is private and confidential and will be treated as such.

For more information please visit our [Access & Inclusion](https://www.tamuct.edu/student-affairs/access-inclusion.html) web page [https://www.tamuct.edu/student-affairs/access-inclusion.html].

### **Important information for Pregnant and/or Parenting Students.**

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit the [Student Affairs](https://www.tamuct.edu/student-affairs/index.html) web page [https://www.tamuct.edu/student-affairs/index.html]. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these [requirements and guidelines online](http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf), please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender—including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

### **Tutoring.**

Tutoring is available to all A&M-Central Texas students, both on-campus and online. Subjects tutored on campus include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Tutors are available at the Tutoring Center in Warrior Hall, Suite

111.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, or have any other question, contact Academic Support Programs at (254) 519-5796, or by emailing Dr. DeEadra Albert-Green at [deeadra.albertgreen@tamuct.edu](mailto:deeadra.albertgreen@tamuct.edu).

Chat live with a tutor 24/7 for almost any subject from on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log in and receive FREE online tutoring and writing support. This tool provides tutoring in over 40 subject areas. Access Tutor.com through Canvas.

### **The University Writing Center.**

Located in Warrior Hall 416, the University Writing Center (UWC) at Texas A&M University–Central Texas (TAMUCT) is a free workspace open to all TAMUCT students from 10:00 a.m.-5:00 p.m. Monday thru Thursday with satellite hours in the University Library Monday thru Thursday from 6:00-9:00 p.m. This semester, the UWC is also offering online only hours from 12:00-3:00 p.m. on Saturdays.

Students may arrange a one-on-one session with a trained and experienced writing tutor by visiting the UWC during normal operating hours (both half-hour and hour sessions are available) or by making an appointment via [WOnline](https://tamuct.mywconline.com/) at [https://tamuct.mywconline.com/]. In addition, you can email Dr. Bruce Bowles Jr. at [bruce.bowles@tamuct.edu](mailto:bruce.bowles@tamuct.edu) for any assistance needed with scheduling.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

If you have any questions about the UWC, please do not hesitate to contact Dr. Bruce Bowles Jr. at [bruce.bowles@tamuct.edu](mailto:bruce.bowles@tamuct.edu).

### **University Library.**

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 250,000 eBooks and 82,000 journals, in addition to the 72,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at

A&M-Central Texas are available through our website to help students navigate these resources. On-campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available twenty-four hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place on Skype or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our [Library website](http://tamuct.libguides.com/index) [http://tamuct.libguides.com/index].

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### **A Note about Sexual Violence at A&M-Central Texas**

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at A&M-Central Texas, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Counseling Services (254-501-5956) located on the second floor of Warrior Hall.

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the [Title IX webpage](https://www.tamuct.edu/departments/compliance/titleix.php) [https://www.tamuct.edu/departments/compliance/titleix.php].

### **INSTRUCTOR POLICIES.**

#### **Use of other resources may be required**

Several assignments will require additional web search for supportive material through the use of outside resources. Students are required to follow APA citing/referencing and copyright guidelines.

#### **Late Assignments:**

Assignments are due on the date and time outlined in the course schedule and syllabus. A 10% deduction will be taken for each day an assignment is past the due date. After three days, a grade of 0 will be entered into the gradebook for that assignment. This includes all quizzes, discussion boards, and any other written work in the course. Exceptions will be granted at faculty discretion and only if arrangements were made prior to the due date.

**Group Assignments/Presentations**

Students are required to be present for all presentation, unless otherwise required. All students must fully participate in group presentations/assignments. Final group work must be agreed upon by all members.

**Additional Research**

Self-guided research and material search will be required throughout the course. Several assignments will require additional research for supportive material through the use of outside resources. Students are required to follow APA citing/referencing and copyright guidelines.

**Power Point Presentations**

All presentations require audio, unless otherwise specified/instructed.

**Copyright Notice.**

Students should assume that all course material is copyrighted by the respective author(s). Reproduction of course material is prohibited without consent by the author and/or course instructor. Violation of copyright is against the law and Texas A&M University-Central Texas' Code of Academic Honesty. All alleged violations will be reported to the Office of Student Conduct.

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