



TEXAS A&M  
UNIVERSITY  
CENTRAL TEXAS

Texas A&M University – Central Texas  
MFTK 5381-Adolescents in Family Therapy  
Spring 2018  
Thursdays 2:00- 4:45pm  
Warrior Hall 313

**Instructor: DeAnna Harris-McKoy, PhD**  
**Office: Warrior Hall 318k**  
**Email: d.harris-mckoy@tamuct.edu**  
**Office Hours: Tuesdays 2-6pm & Thursdays 10am-2pm**

**Method of Instruction and Course Access:**

*This is a blended course which meets 87.5 % face to face and 12.5% online .This course uses the A&M-Central Texas Canvas Learning Management System [<https://tamuct.instructure.com>].*

This course will be conducted primarily as a seminar and will include experiential components. For this process to be successful, students are expected to participate fully by reading assigned materials, attending class, and participating in class exercises and discussions in face-to-face class meetings, as well as within the Bb environment

**Student-Instructor Interaction:**

I will be available to meet to discuss and resolve class-related issues during my office hours. If you cannot come to my office hours, send an email so we can schedule an appointment time. I will also check and reply to emails during all office hours. Remember that there is only 1 of me and many of you, so allow at least 24 hours for a response

**911 Cellular:**

Emergency Warning System for Texas A&M University – Central Texas  
911Cellular is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in 911 Cellular through their myCT email account.

Connect at [911Cellular](https://portal.publicsafetycloud.net/Texas-AM-Central/alert-management) [<https://portal.publicsafetycloud.net/Texas-AM-Central/alert-management>] to change where you receive your alerts or to opt out. By staying enrolled in 911Cellular, university officials can quickly pass on safety-related information, regardless of your location.

**COURSE INFORMATION**

**1.0 Course Overview**

This course will explore MFT theories in relation to treatment of various disorders and presenting concerning in adolescence. Relational, systemic, and contextual factors are considered in the treatment of adolescents. This course will also explore other health services systems that treat adolescents.

Prerequisites: PSY 504

**2.0 Intended Student Outcomes**

**Course Learning Outcomes** – this course targets two of the MFT program’s Student Learning Outcomes

(SLO-3) Assess how contextual issues affect individual lives and relational dynamics.

(SLO-6) Develop collaborative relationships with other mental health professionals and agencies within the local community.

It targets these SLO’s through the following Course Learning Outcomes

- 2.1 Students will recognize contextual and systemic dynamics (e.g. gender, age, socioeconomic status, culture/race/ethnicity, sexual orientation, spirituality, religion, larger systems, social context) SLO-3
- 2.2 Students will understand the clinical needs and implication of persons with comorbid disorders SLO- 6
- 2.3 Students will understand the legal requirements and limitations for working with vulnerable populations. SLO-6

### 3.0 Required Reading

Micucci, J. A. (2009). *The adolescent in family therapy: Harnessing the power of relationships* (2<sup>nd</sup> ed.). NY: The Guilford Press

Arnett, J. J. (2006). G. Stanley Hall's adolescence: Brilliance and nonsense. *History of Psychology*, 9, 186-197.

Jenson, L. A. & Arnett, J. J. (2012). Going global: New pathways for adolescents and emerging adults in a changing world. *Journal of Social Issues*, 68, 473-392.

Sori, C. F. & Hecker, L. L. (2015). Ethical and legal considerations when counselling children and families. *Australian and New Zealand Journal of Family Therapy*, 36, 450-464.

#### In Canvas

APA Developing Adolescents

HHS-A picture of adolescent Health

HHS- A day in the life

HHS- The changing face of America's adolescent

WHO Recommendations on Adolescent Health

## COURSE REQUIREMENTS

### 4.0 Course Requirements

All writing submitted to the professor should be a final draft, free of spelling, grammatical, stylistic, and typographical errors. Students are encouraged to allow ample time for writing, keeping in mind the frequency of computer glitches.

#### Assignments:

- 4.1 **Adolescent Interview-** Student will write a 10-15 page paper concerning adolescents in family therapy. The paper should be written in APA format and include at least 10 references. (Addresses Student Outcome 2.1)
- 4.2 **Service Learning Project-** Student will create a service learning project for Children's Mental Health Awareness Day. Student will create psychoeducational presentation along with activities related to adolescent mental health. Students will be graded on the proposal, presentation, and participation in the event. (Addresses Student Outcome 2.1 & 2.2)

**4.3 Clinical Role Play-** Students will engage in role plays throughout the semester to practice using key concepts, theories, and techniques related to adolescents in therapy. (Addresses Student Outcomes 2.1 & 2.2)

**4.4 Webinars:** Students are required to attend 3 webinars listed in Canvas and upload the certificate when finished. (Addresses. Student Outcomes 2.1, 2.2, & 2.3)

### 5.0 Grading Criteria Rubric and Conversion

Adolescent Interview	25 points	A 162-180 points
Service Learning Project	100 points	B 144-161 points
Clinical Role Plays	25 points	C 126-143 points
Webinars (10 pts each)	30 points	D 108-125 points
		F < 124 points
<b>Total</b>	<b>180 points</b>	

### 6.0 Posting of Grades

All student grades will be posted on Canvas Gradebook. Students should monitor their grade status through this tool.

## TECHNOLOGY

### 7.0 Technology Requirements and Support

This course will use the A&M-Central Texas Instructure Canvas learning management system. Logon to A&M-Central Texas Canvas [<https://tamuct.instructure.com>].

Username: Your MyCT username (xx123 or everything before the "@" in your MyCT e-mail address)

Password: Your MyCT password

#### Technology Support.

For log-in problems, students should contact Help Desk Central.

24 hours a day, 7 days a week:

Email: [helpdesk@tamu.edu](mailto:helpdesk@tamu.edu)

Phone: (254) 519-5466

### 8.0 Tentative Course Calendar

**COURSE AND UNIVERSITY PROCEDURES AND POLICIE**

<b>Date</b>	<b>Topic</b>	<b>Assigned Readings</b>	<b>Assignment Due</b>
Week 1: Thursday Jan 18 <sup>th</sup>	Introduction to Course		
Week 2: Thursday Jan 25 <sup>th</sup> (online line)	History of Adolescence	Arnett, 2006	
Week 3: Thursday Feb 1 <sup>st</sup>	Adolescent Development	Minucci Ch. 2 APA Developing Adolescents (In Canvas)	
Week 4: Thursday Feb 8 <sup>th</sup>	Adolescents & Systemic Thinking	Micuccii Ch. 1 & 3	
Week 5: Thursday Feb 15 <sup>th</sup> (online)	Ethics	Sori & Hecker, 2015 Texas Health Steps: Teen Consent & Confidentiality	
Week 6: Thursday Feb 22 <sup>nd</sup>	Cultural Considerations: National	HHS-A picture of adolescent Health HHS- A day in the life HHS- The changing face of America's adolescent All on Canvas	<b>Adolescent Interview Due</b>
Week 7: Thursday March 1 <sup>st</sup>	Cultural Considerations: Global	WHO Recommendations on Adolescent Health Jenson & Arnett, 2012	
Week 8: Thursday March 8 <sup>th</sup>	Mental Health Disorders:	Micuccii Ch 6& 7	<b>Proposal Due</b>
Week 9: Thursday March 15 <sup>th</sup>	*****Spring Break***** Spring Break***** Spring Break *****		
Week 10: Thursday March 22 <sup>nd</sup>	Mental Health Disorders	Texas Health Steps Course ADHD Diagnosis and Management Micuccii Ch. 10	
Week 11: Thursday March 29 <sup>th</sup>	Mental Health Disorders	Micuccii Ch. 5 & 9	
Week 12: Thursday April 5 <sup>th</sup>	Assessment & Treatment	Micucci Ch. 4	<b>Role Play</b>
Week 13: Thursday April 12 <sup>th</sup>	Assessment & Treatment	Texas Health Steps Course: Promoting Adolescent Health	<b>Role Play</b>
Week 14: Thursday April 19 <sup>th</sup>	Youth Mental Health First Aid		<b>Role Play</b>
Week 15: Thursday April 26 <sup>th</sup>	Youth Mental Health First Aid		<b>Role Play</b>
Week 16: Thursday May 3 <sup>rd</sup>	Youth Mental Health First Aid		<b>Role Play</b>
Week 17: Thursday May 10 <sup>th</sup>	Final		<b>Service Project Texas Health Certificates Due</b>

**9.0 Drop Policy**

If you discover that you need to drop this class, you must complete a [Drop Request Form](https://www.tamuct.edu/registrar/docs/Drop_Request_Form.pdf) [https://www.tamuct.edu/registrar/docs/Drop\_Request\_Form.pdf].

Professors cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the University Calendar for which the form must be completed, signed and returned. Once you return the signed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

**10.0 Academic Integrity**

Texas A&M University -Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Academic integrity is defined as a commitment to honesty, trust, fairness, respect, and responsibility. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. Academic misconduct is any act that improperly affects a true and honest evaluation of a student's academic performance and includes, but is not limited to, cheating on an examination or other academic work, plagiarism and improper citation of sources, using another student's work, collusion, and the abuse of resource materials. All academic misconduct concerns will be reported to the university's Office of Student Conduct. Ignorance of the university's standards and expectations is never an excuse to act with a lack of integrity. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

**11.0 Disability Support Services**

If you have or believe you have a disability and wish to self-identify, you can do so by providing documentation to the Disability Support Coordinator. Students are encouraged to seek information about accommodations to help assure success in their courses. Please call (254) 501-5831 or visit Founder's Hall 114, Suite 114. Additional information can be found at <http://www.tamuct.edu/departments/disabilitysupport/index.php>

**12.0 Tutoring**

Tutoring is available to all A&M-Central Texas students, both on-campus and online. On-campus subjects tutored include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Tutors are available at the Tutoring Center in Warrior Hall, Suite 111.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, or any other question, contact Academic Support Programs at 254-519-5796, or by emailing Larry Davis at [lldavis@tamuct.edu](mailto:lldavis@tamuct.edu).

Chat live with a tutor 24/7 for almost any subject on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log-in and receive FREE online tutoring and writing support. This tool provides tutoring in over forty subject areas. Access Tutor.com through Canvas.

**13.0 The University Writing Center**

Located in 416 Warrior Hall, the University Writing Center (UWC) at Texas A&M University-Central Texas is a free workspace open to all TAMUCT students from 10am-5pm Monday-Thursday with satellite hours in the University Library on Mondays from 6:00-9:00pm. Students may arrange a one-on-one session with a trained and experienced writing tutor by visiting the UWC during normal operating hours (both half-hour and hour sessions are available) or by making an appointment via [WConline](https://tamuct.mywconline.com/) [https://tamuct.mywconline.com/]. In addition, you can email Dr. Bruce Bowles Jr. at [bruce.bowles@tamuct.edu](mailto:bruce.bowles@tamuct.edu) to schedule an online tutoring session. Tutors are prepared to help writers of all levels and abilities at any stage of the writing process.

While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the University Writing Center is here to help!

If you have any questions about the University Writing Center, please do not hesitate to contact Dr. Bruce Bowles Jr. at [bruce.bowles@tamuct.edu](mailto:bruce.bowles@tamuct.edu).

#### **14.0 Library Services**

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 250,000 eBooks and 82,000 journals, in addition to the 72,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On-campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available twenty-four hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place on Skype or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our [Library website](https://tamuct.libguides.com/) [https://tamuct.libguides.com/].

#### **15.0 Absences and Grading**

An initial 5 points will be deducted for all assignments submitted after the deadline. An additional 5 points will be deducted for every additional day an assignment is late.

#### **16.0 Instructor's Personal Statement**

This class is intended to be experiential through applied knowledge. The service learning conducted in this class will only be as impactful as the energy and time students take to learn and critically think about the material.

#### **17.0 A Note about Sexual Violence at A&M-Central Texas**

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the [Title IX webpage](https://www.tamuct.edu/departments/compliance/titleix.php) [https://www.tamuct.edu/departments/compliance/titleix.php].