



TEXAS A&M  
UNIVERSITY  
CENTRAL TEXAS

Texas A&M University - Central Texas  
MFT 5353 Medical Family Therapy & Psychopathology  
Spring 2018  
Thursdays  
6pm-9pm  
Warrior Hall 312

**Instructor: Melissa R. Rich, Ph.D.**  
**Email: [m.rich@tamuct.edu](mailto:m.rich@tamuct.edu)**  
**Office Hours: by appointment**

**Mode of instruction and course access:** This is an on-ground course and meets Thursdays from 6-9 pm in Warrior Hall 312.

**Student-instructor interaction:** The best way to reach me is through e-mail. I check it frequently – see address above.

**911 Cellular:**

Emergency Warning System for Texas A&M University – Central Texas  
911Cellular is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in 911 Cellular through their my CT email account.

Connect at [911Cellular](https://portal.publicsafetycloud.net/Texas-AM-Central/alert-management) [https://portal.publicsafetycloud.net/Texas-AM-Central/alert-management] to change where you receive your alerts or to opt out. By staying enrolled in 911Cellular, university officials can quickly pass on safety-related information, regardless of your location.

**COURSE INFORMATION**

**Course Overview and description:**

Examine the role of the marriage and family therapist in larger behavioral health systems. Learn collaborative manner addressing the unique psychosocial problems of individuals, couples, and families with acute and chronic medically related concerns. Study principles of individual diagnosis of mental illness as defined in the DSM and the implications for systematically based treatment.

**Course Learning Outcomes** – this course targets three of the MFT program’s **Student Learning Outcomes**

*(SLO-3) - Assess how contextual issues affect individual lives and relational dynamics.*

*(SLO-4) - Formulate treatment plans based on individual issues, relational dynamics, and contextual issues.*

*(SLO-6) - Develop collaborative relationships with other mental health professionals and agencies within the local community.*

It targets these SLO’s through the following **Course Learning Outcomes:**

1. **Explain the major components of the behavioral health care delivery system, its impact on the services provided, and the barriers and disparities in the system. (SLO-3) (SLO-4)**
2. **Explain the origins of medical family therapy and how medical family therapy engages the larger health care system in helping treat patients with behavioral health and family problems. (SLO-6)**
3. **Understand the major behavioral health disorders, including the epidemiology, etiology, phenomenology, effective treatments, course, and prognosis. (SLO-3) (SLO-4) (SLO-6)**
4. **Understand the clinical needs and implications of persons with comorbid disorders. (SLO-4)**
5. **Understand the liabilities incurred when billing third parties, the DSM diagnoses, and the CPT codes necessary for reimbursement, and how to use them correctly. (SLO-6)**
6. **Understand the effects that psychotropic and other medications have on clients and the treatment process. (SLO-4)(SLO-6)**
7. **Understand recovery-oriented behavioral health services. (SLO-6)**

**Required Reading and Textbook(s):**

McDaniel, S.H., Doherty, W.J., Hepworth, J. (2014). *Medical Family Therapy & Integrated Care*, 2<sup>nd</sup> Edition: APA Books.

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Arlington, VA: American Psychiatric Publishing. We will be looking at: Schizophrenia Spectrum and other psychotic disorders, catatonia, bipolar and related disorders, depressive disorders, anxiety disorders, obsessive-compulsive and related disorders, dissociative disorders, feeding and eating disorders, and personality disorders.

**COURSE REQUIREMENTS**

**Course Requirements: (include point values for each- not just a percentage)**

Assignments – There will be 6 assignments on specific weeks. The details for each task will be given the week before they are due.

Assignment 1 – History of Medical Family Therapy

Assignment 2 - Health-Illness Genogram

Assignment 3 – Holmes & Rahe

Assignment 4 – Couples & Illness

Assignment 5 – Case study - TBA

Assignment 6 – Case study - TBA

There will be readings due each week – see schedule below.

Exams (2) – There will be a midterm and a final. More information will be provided in class. The exam will be offered in class only.

Research Paper – a minimum of 10 journal articles and texts must be included in the paper and in the bibliography. Paper should be between 10-15 pages in length (this is the content part – not including title or bibliography). All

papers must be typed, double-spaced using Arial (12 point) with one inch margins. Consideration should be given to neatness, grammatical correctness, style and readability, and content. Use the APA Manual 6<sup>th</sup> edition for guidance.

**Course Calendar**

- 1/18/18 – On site – McDaniel chapters 1-3
- 1/25/18 – Off site – McDaniel chapters 4-6
- 2/1/18 – On site – McDaniel chapters 7, 9-10
- 2/8/18 – Off site – McDaniel chapters 11-13
- 2/15/18 – On site – Feeding/Eating Disorders – DSM5
- 2/22/18 – Off site – Disruptive, Impulse-Control & Conduct Disorders – DSM5
- 3/1/18 – On site – Depressive Disorders – DSM5
- 3/8/18 – Off site – Somatic Symptom & Related Disorders – DSM5
- 3/15/18 – Sleep-Wake Disorders – DSM5
- 3/22/18 – Bi-Polar Disorders – DSM5
- 3/29/18 – Off site – Substance-Related & Addictive Disorders – DSM5
- 4/5/18 – On site – Schizophrenia – DSM5
- 4/12/18 – Off site – V-Codes – DSM5
- 4/19/18 – On site – Anxiety & OCD – DSM5
- 4/26/18 – Off site – Trauma & Stressor Related Disorders – DSM5
- 5/3/18 – On site – Dissociative Disorders & Personality Disorders – DSM5
- 5/10/18 – On site – Final Exam

**Grading Criteria Rubric and Conversion**

	<u>Number</u>	<u>Pts Each</u>	<u>Total Pts</u>	<u>% of Grade</u>
<b>Assignments</b>	6	100	600	60%
<b>Tests</b>	2	100	200	20%
<b>Paper</b>	1	200	200	20%
<b>Total</b>			1000	100%

**Posting of Grades:**

<u>Grade</u>	<u>University Definition</u>	<u>Percentage</u>
A	Excellent	90-100
B	Good	80-89
C	Fair	70-79
D	Passing	60-69
F	Failing	59 or below

**INSTRUCTOR POLICIES**

**Copyright Notice.**

Students should assume that all course material is copyrighted by the respective author(s). Reproduction of course material is prohibited without consent by the author and/or course instructor. Violation of copyright is against the law and Texas A&M University-Central Texas' Code of Academic Honesty. All alleged violations will be reported to the Office of Student Conduct.

### **TECHNOLOGY REQUIREMENTS AND SUPPORT.**

This course will use the A&M-Central Texas Instructure Canvas learning management system. Logon to A&M-Central Texas Canvas [<https://tamuct.instructure.com>].

Username: Your MyCT username (xx123 or everything before the "@" in your MyCT e-mail address)

Password: Your MyCT password

#### **Technology Support.**

For log-in problems, students should contact Help Desk Central.

24 hours a day, 7 days a week:

Email: [helpdesk@tamu.edu](mailto:helpdesk@tamu.edu)

Phone: (254) 519-5466

[Web Chat](http://hdc.tamu.edu): [<http://hdc.tamu.edu>]

*Please let the support technician know you are an A&M-Central Texas student.*

For issues with **Canvas**, select "chat with Canvas support," submit a support request to Canvas Tier 1, or call the Canvas support line: 1-844-757-0953, links to all are found inside of Canvas using the "Help" link.

For issues related to course content and requirements, contact your instructor.

### **COURSE AND UNIVERSITY PROCEDURES AND POLICIES**

If you discover that you need to drop this class, you must complete a [Drop Request Form](https://www.tamuct.edu/registrar/docs/Drop_Request_Form.pdf) [[https://www.tamuct.edu/registrar/docs/Drop\\_Request\\_Form.pdf](https://www.tamuct.edu/registrar/docs/Drop_Request_Form.pdf)].

Professors cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the University Calendar for which the form must be completed, signed and returned. Once you return the signed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

#### **Academic Integrity.**

Texas A&M University -Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Academic integrity is defined as a commitment to honesty, trust, fairness, respect, and responsibility. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. Academic misconduct is any act that improperly affects a true and honest evaluation of a student's academic performance and includes, but is not limited to, cheating on an examination or other academic work, plagiarism and improper citation of sources, using another student's work, collusion, and the abuse of resource materials. All academic misconduct concerns will be reported to the university's Office of Student Conduct. Ignorance of the university's standards and expectations is never an excuse to act with a lack of integrity. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

#### **Academic Accommodations.**

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier free education. The Department of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the University's programs, services and activities. If you believe you have a disability requiring reasonable accommodations please contact the Department of Access and Inclusion at (254) 501-5831. Any information you provide is private and confidential and will be treated as such.

For more information please visit our [Access & Inclusion](https://www.tamuct.edu/student-affairs/access-inclusion.html) webpage [https://www.tamuct.edu/student-affairs/access-inclusion.html].

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. For more information, please visit <https://www.tamuct.departments/index.php>. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these [requirements and guidelines online](#), please visit the website [<http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf>].

### **Tutoring.**

Tutoring is available to all A&M-Central Texas students, both on-campus and online. On-campus subjects tutored include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Tutors are available at the Tutoring Center in Warrior Hall, Suite 111.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, or any other question, contact Academic Support Programs at 254-519-5796, or by emailing Larry Davis at [lmDavis@tamuct.edu](mailto:lmDavis@tamuct.edu).

Chat live with a tutor 24/7 for almost any subject on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log-in and receive FREE online tutoring and writing support. This tool provides tutoring in over forty subject areas. Access Tutor.com through Canvas.

### **The University Writing Center.**

Located in 416 Warrior Hall, the University Writing Center (UWC) at Texas A&M University-Central Texas is a free workspace open to all TAMUCT students from 10am-5pm Monday-Thursday with satellite hours in the University Library on Mondays from 6:00-9:00pm. Students may arrange a one-on-one session with a trained and experienced writing tutor by visiting the UWC during normal operating hours (both half-hour and hour sessions are available) or by making an appointment via [WCOnline](https://tamuct.mywconline.com/) [https://tamuct.mywconline.com/]. In addition, you can email Dr. Bruce Bowles Jr. at [bruce.bowles@tamuct.edu](mailto:bruce.bowles@tamuct.edu) to schedule an online tutoring session. Tutors are prepared to help writers of all levels and abilities at any stage of the writing process.

While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the University Writing Center is here to help!

If you have any questions about the University Writing Center, please do not hesitate to contact Dr. Bruce Bowles Jr. at [bruce.bowles@tamuct.edu](mailto:bruce.bowles@tamuct.edu).

### **University Library.**

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 250,000 eBooks and 82,000 journals, in addition to the 72,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On-campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available twenty-four hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place on Skype or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our [Library website](https://tamuct.libguides.com/) [https://tamuct.libguides.com/].