

NURS 4405, Family & Individual

Spring 2018 rev. 12.08.2017

Texas A&M University-Central Texas

INSTRUCTOR AND CONTACT INFORMATION

Instructor: Catherine Pena

Office: WH, 420 B

Phone: 254-519-5718

Email: Canvas for course related concerns

Office Hours:

Monday-Thursday 9:00 – 2:00 p.m., Friday appointment only.

Mode of instruction and course access:

This course is a web-based course taught online using the A&M-Central Texas Canvas Learning Management System [<https://tamuct.instructure.com>].

Student-instructor interaction:

Emails and messages within Canvas; students may expect a response within 24 to 48 hours Monday-Thursday. Students are expected to check emails daily for announcements, assignment updates, or any other messages corresponding to the course. Office hours may also include synchronous online student's learning and serving as a resource person to guide the student in the learning process. Scheduled Canvas Collaborate and telephone by appointments only.

911 Cellular:

Emergency Warning System for Texas A&M University – Central Texas

911Cellular is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in 911 Cellular through their myCT email account.

Connect at [911Cellular](#) to change where you receive your alerts or to opt out. By staying enrolled in 911Cellular, university officials can quickly pass on safety-related information, regardless of your location.

COURSE INFORMATION

This course emphasizes the importance of the professional nurse's engagement in ethical and evidence-based practice. Students examine nursing case management concepts as they apply critical thinking skills to integrate the concepts of pathophysiology, pharmacology, psychosocial behavior, and cultural competence to coordinate quality and safe care in a variety of settings. Students experience the nurse educator role as they employ teaching and learning principles and nursing informatics to initiate interventions with individuals and families that highlight health promotion activities. Practicum experiences are individualized

Course Objective:

By the end of this course the student will be able to develop health teaching for an identified health need of a family unit, using the basics of case management, and patient education techniques.

Student Learning Outcomes:

- Apply critical thinking skills in the analysis of the multiple physiological, psychological, and cultural variables that affect the health status of individuals across the life span and the family unit.
- Demonstrate the integration of pathophysiology, pharmacology, psychosocial behavior, and cultural competency concepts and theories in coordinating quality and safe care in a variety of settings.
- Engage in interprofessional collaboration to effectively coordinate the care of individuals and family units with complex health needs in a variety of settings.
- Apply evidence-based professional nursing practice interventions to empower individuals and families to manage and coordinate self-care.
- Integrate knowledge from the liberal arts, the sciences, and nursing to deliver comprehensive care, including health promotion and disease prevention activities to individuals and family units.
- Employ teaching and learning principles through the use of information technology to initiate interventions with individuals and families that highlight health promotion activities.
- Analyze the role of a case manager in collaborative care of individuals and families across the life span. Explore multi-professional collaboration methods to coordinate the nursing care of individuals/families effectively in a variety of settings.

Competency Goals Statements (certification or standards):

- Essential VI: Interprofessional Communication and Collaboration for Improving Patient Health Outcomes.
- Essential VII: Clinical Prevention and Population Health
- Essential IX: Baccalaureate Generalist Nursing Practice.

TAMUCT Service-Learning Course Outcomes:

1. Analysis of knowledge: Students will connect and extend knowledge (facts, theories, etc.) from one's own academic study/field/discipline to civic engagement and to one's own participation in civic life, politics, and government.
2. Diversity of communities and cultures: Students will reflect on how own attitudes and beliefs are different from those of other cultures and communities. Students will exhibit curiosity about what can be learned from diversity of communities and cultures.
3. Civic action and reflection: Students will demonstrate independent experience and show initiative in team leadership of complex or multiple civic engagement activities, accompanied by reflective insights or analysis about the aims and accomplishments of one's actions.
4. Civic contexts/structures: Students will demonstrate ability and commitment to collaboratively work across and within community contexts and structures to achieve a civic aim.

Required Reading and Textbook(s):

American Psychological Association. (2010). *Publication of the American Psychological Association* (6th ed.). Washington D.C: American Psychological Association. ISBN – 1557987912

Bastable, S. B. (2013). *Nurse as educator: Principles of teaching and learning for nursing practice* (4rd ed.). Sudbury, MA: Jones and Bartlett Learning. ISBN – 9781449697501

Powell, S. K., & Tahan, H. A. (2010). *Case Management, a Practical Guide for Education and Practice* (3rd Ed.). Philadelphia; Lippincott, Williams, and Wilkens. ISBN-9780781790383

COURSE REQUIREMENTS

Discussion Post 1, Meet & Greet (10 points)

Discussion Post 2, Chapter 1 & 2 (10 points)

Essential Case Management Job Responsibilities and Skills

Engage in interprofessional collaboration to effectively coordinate the care of individuals and family units with complex health needs in a variety of settings.

Discussion Post 3, Chap. 8 (10 points)

Ethical/Legal Cases

Engage in interprofessional collaboration to effectively coordinate the care of individuals and family units with complex health needs in a variety of settings

Assignment 1: Disclosure, Family Assessment Form, (20 points)

If no disclosure is submitted by deadline, assessment form will not be accepted and late assignment guidelines will apply

Apply critical thinking skills in the analysis of the multiple physiological, psychological, and cultural variables that affect the health status of individuals across the life span and the family unit

Assignment 2: Ecomap, Genomap, Culture History & Research, Modules, (20 points)

Demonstrate the integration of pathophysiology, pharmacology, psychosocial behavior, and cultural competency concepts and theories in coordinating quality and safe care in a variety of settings.

Assignment 3: Objectives for Teaching Plan, Bloom's Taxonomy, (20 points)

Integrate knowledge from the liberal arts, the sciences, and nursing to deliver comprehensive care, including health promotion and disease prevention activities to individuals and family units.

Assignment 4: Learning Aids (20 points)

Apply critical thinking skills in the analysis of the multiple physiological, psychological, and cultural variables that affect the health status of individuals across the life span and the family unit

Assignment 5: Case Management Overview, Chapter 1 & 2 Powell & Tahan (20 points)

Engage in interprofessional collaboration to effectively coordinate the care of individuals and family units with complex health needs in a variety of settings.

Assignment 6: Reimbursement Concepts Paper, Chap. 3 Powell & Tahan (20 points)

Analyze the role of a case manager in collaborative care of individuals and families across the life span.

Assignment 7: Transitional Planning, Chap. 4-6 Powell & Tahan (20 points)

Explore multi-professional collaboration methods to coordinate the nursing care of individuals/families effectively in a variety of settings

Assignment 8: Quality Management Outline, Chap. 7 Powell & Tahan (20 points)

Analyze the role of a case manager in collaborative care of individuals and families across the life span. Explore multi-professional collaboration methods to coordinate the nursing care of individuals/families effectively in a variety of settings

Assignment 9: Legal Issues in Case Management, Chap. 8 Powell & Tahan (20 points)

Explore multi-professional collaboration methods to coordinate the nursing care of individuals/families effectively in a variety of settings

Assignment 10: Scenarios Power Point Presentation, Chap. 9 Powell & Tahan (20 points)

Analyze the role of a case manager in collaborative care of individuals and families across the life span

Assignment 11: CMSA Pamphlet (20 points)

Analyze the role of a case manager in collaborative care of individuals and families across the life span. Explore multi-professional collaboration methods to coordinate the nursing care of individuals/families effectively in a variety of settings.

Power Point Presentation: Family Teaching Plan, (25 points)

Employ teaching and learning principles through the use of information technology to initiate interventions with individuals and families that highlight health promotion activities.

Service Learning Journals x 3 (10 points each)

Service Learning Project (30 points)

Grading Criteria Rubric and Conversion

Discussion Questions X 4	40 Points	15%
Assignments X 12	240 Points	50%
Family Presentation	25 Points	10%
Service Learning	60 Points	25%
Total:	240 Points	100%

Percent	A=90-100
	B=80-89
	C=70-79
	D=60-69
	F=59 or below

Posting of Grades

All student grades will be posted on the Canvas Grade book. Students should monitor their grading status often and report to the instructor any discrepancies. Quiz and exam grades taken through Canvas are posted upon successful submission. Faculty graded assignments and discussion posts will be posted within 72 hours after the due date and time. Friday assignment grades will be posted within 72 hours of the following Monday.

COURSE OUTLINE AND CALENDAR

Complete Course Calendar

*** Please note that schedule may change due to unforeseen circumstances advance notice will be given as time allows*

Date	Topic	Assignments	Due	Readings
		Family Teaching Plan Project		
Week 1 January 17	Meet & Greet, Family Teaching Plan	<ul style="list-style-type: none"> • DQ 1 : Meet and Greet • Find Family, Obtain consent, begin Assessment 	January 20	Ch. 4 & 5 Bastable
Week 2 January 24	Family Teaching Plan	Assignment: Complete Family Assessment	January 27	Ch. 4 & 5 Bastable
Week 3 January 31	Family Teaching Plan	Assignment: Ecomap, Genogram, Culture History Research	February 3	Chap 8 Bastable Module III
Week 4 February 7	Family Teaching Plan	Assignment: Objectives for Teaching Plan Assignment: Learning Aids	February 10	Blooms Taxonomy resource Ch. 10 Bastable
Week 5 February 14	Family Teaching Plan	Power Point Presentation: Family Teaching Plan	February 17	Ch. 12 Bastable
Week 6 February 21	Service Learning	Journaling, Service Learning Assignment	February 24	
Week 7 February 28	Service Learning	Journaling, Service Learning Assignment	March 3	
		Unit I		
Week 8 March 7	Service Learning Project-Group/Individual	Service Learning Final Project Due	March 10	
Week 9 March 14		Spring Break		
Week 10 March 21		Assignment: Case Management Overview Outline	March 24	Chap. 1-2 Powell & Tahan
		Unit II		
Week 11 March 28		DQ 2 - Case Management Assignment: Reimbursement Paper	March 31	Chap. 3 Powell & Tahan
		Unit III		
Week 12 April 4		Assignment: Transitional Planning Power Point	April 7	Chap. 4-6 Powell & Tahan
Week 13 April 11		Assignment: Quality Management Outline	April 14	Chap. 7 Powell & Tahan

Week 14 April 18		DQ 3- Ethical/Legal Cases Assignment: Legal Issues in Case Management	April 21	Chap. 8 Powell & Tahan
Unit IV				
Week 15 April 25		Assignment: Scenario Power Point Presentation	April 28	Chap. 9 Powell & Tahan
Week 16 May 2		Assignment: CMSA Pamphlet	May 5	Chap. 10 Powell & Tahan CMSA website

Import University Dates:

January 2018

- January 2, (Tuesday) Winter Break Ends
- January 2, (Tuesday) Priority Deadline for Admissions applications
- January 5, (Friday) VA Certification Request Priority Deadline
- January 11, (Thursday) Convocation
- January 12, (Friday) Tuition and Fee payment deadline (16 week & 1st 8 week)
- January 15, (Monday) Martin L. King Jr. Day
- January 16, (Tuesday) ADD/DROP/LATE REGISTRATION BEGINS (\$25 fee assessed for late registrants) (16 week & 1st 8 week)
- January 16, (Tuesday) Classes Begins
- January 18, (Thursday) ADD/DROP/LATE REGISTRATION ENDS (16 week & 1st 8 week)
- January 23, (Tuesday) Last day to drop 1st 8-week classes with no record
- January 31, (Wednesday) Last day to drop 16 week classes with no record

February 2018

- February 2, (Friday) Priority Deadline to Submit Graduation Application
- February 9, (Friday) Last day to drop a 1st 8-week class with a Q or withdraw with a W
- February 15, (Thursday) Last day to apply for Clinical Teaching
- February 23, (Friday) Student End of Course Survey Opens (1st 8-Week Classes)

March 2018

- March 1, (Thursday) Deadline to submit application to Teacher Education Program
- March 2, (Thursday) Deadline to Submit Graduation Application for Ceremony Participation
- March 9, (Friday) 1st 8 week classes end
- March 9, (Friday) Deadline for Admissions applications
- March 11, (Sunday) Student End of Course Survey Closes (1st 8-Week Classes)
- March 12, (Monday) Spring Break Begins
- March 12, (Monday) 1st 8-week grades from faculty due by 3pm
- March 15, (Thursday) Tuition and Fee Payment Deadline (2nd 8-week classes)
- March 16, (Friday) Spring Break Ends
- March 19, (Monday) 2nd 8 week begins
- March 19, (Monday) Summer Advising Starts

March 19, (Monday) Class Schedule Published

March 19, (Monday) ADD/DROP/LATE REGISTRATION BEGINS (\$25 fee assessed for late registrants) (2nd 8-week classes)

March 21, (Wednesday) ADD/DROP/LATE REGISTRATION ENDS (2nd 8-week classes)

March 27, (Tuesday) Last day to drop 2nd 8-week classes with no record

March 30, (Friday) Last day to drop a 16-week course with a Q or withdraw with a W

April 2018

April 1, (Sunday) GRE/GMAT scores due to Office of Graduate Studies

April 2, (Monday) Scholarship Deadline

April 2, (Monday) Registration begins

April 5, (Thursday) Priority Deadline for International Student Admission Applications

April 13, (Friday) Last day to drop a 2nd 8-week class with a Q or withdraw with a W*

April 13, (Friday) Deadline for submission of final committee-edited theses with committee approval signatures to Office of Graduate Studies

April 27, (Friday) Student End of Course Survey Opens (16 Week and 2nd 8-Week Classes)

May 2018

May 7-11, Finals Week

May 11, (Friday) Last day to file for Degree Conferral (Registrar's Office)(\$20 Late Application Fee applies)

May 11, (Friday) Spring Term Ends

May 11, (Friday) Last day to withdraw from the university (16 week and 2nd 8 week classes)

May 11, (Friday) Last day to apply for \$1000 Tuition Rebate for Spring graduation (5pm)

May 12, (Saturday) Commencement Ceremony Bell County Expo Center 7:00 p.m.

May 13, (Sunday) Student End of Course Survey Closes (16 Week and 2nd 8-Week Classes)

May 14, (Monday) Minimester begins

May 15, (Tuesday) Last Day to clear Thesis Office

May 5, (Tuesday) Final grades due from faculty by 3pm (16 week & 2nd 8 week)

May 21, (Monday) Priority Deadline for Admissions applications

May 25, (Friday) VA Certification Request Priority Deadline

May 28, (Monday) Memorial Day

TECHNOLOGY REQUIREMENTS AND SUPPORT

Technology Requirements.

This course will use the A&M-Central Texas Instructure Canvas learning management system. Logon to A&M-Central Texas Canvas [<https://tamuct.instructure.com>].

Username: Your MyCT username (xx123 or everything before the "@" in your MyCT e-mail address)

Password: Your MyCT password

Canvas Support

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select "Chat with Canvas Support," submit a support request through "Report a Problem," or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

Other Technology Support

For log-in problems, students should contact Help Desk Central.

24 hours a day, 7 days a week:

Email: helpdesk@tamu.edu

Phone: (254) 519-5466

[Web Chat: \[http://hdc.tamu.edu\]](http://hdc.tamu.edu)

Please let the support technician know you are an A&M-Central Texas student.

UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

Drop Policy.

If you discover that you need to drop this class, you must complete a [Drop Request Form \[https://www.tamuct.edu/registrar/docs/Drop_Request_Form.pdf\]](https://www.tamuct.edu/registrar/docs/Drop_Request_Form.pdf).

Professors cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the University Calendar for which the form must be completed, signed and returned. Once you return the signed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

Academic Integrity.

Texas A&M University -Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Academic integrity is defined as a commitment to honesty, trust, fairness, respect, and responsibility. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. Academic misconduct is any act that improperly affects a true and honest evaluation of a student's academic performance and includes, but is not limited to, cheating on an examination or other academic work, plagiarism and improper citation of sources, using another student's work, collusion, and the abuse of resource materials. All academic misconduct concerns will be reported to the university's Office of Student Conduct. Ignorance of the university's standards and expectations is never an excuse to act with a lack of integrity. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

Academic Accommodations.

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier free education. The Department of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the University's programs, services and activities. If you believe you have a disability requiring reasonable accommodations please contact the Department of Access and Inclusion at (254) 501-5831. Any information you provide is private and confidential and will be treated as such.

For more information please visit our [Access & Inclusion](https://www.tamuct.edu/student-affairs/access-inclusion.html) webpage [https://www.tamuct.edu/student-affairs/access-inclusion.html].

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. For more information, please visit <https://www.tamuct.departments/index.php>. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these [requirements and guidelines online](#), please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender – including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Division of Student Affairs at 254-501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

Tutoring.

Tutoring is available to all A&M-Central Texas students, both on-campus and online. On-campus subjects tutored include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Tutors are available at the Tutoring Center in Warrior Hall, Suite 111.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, or any other question, contact Academic Support Programs at 254-519-5796, or by emailing Dr. DeEadra Albert-Green at deeadra.albertgreen@tamuct.edu.

Chat live with a tutor 24/7 for almost any subject on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log-in and receive FREE online tutoring and writing support. This tool provides tutoring in over forty subject areas. Access Tutor.com through Canvas.

The University Writing Center.

Located in 416 Warrior Hall, the University Writing Center (UWC) at Texas A&M University-Central Texas is a free workspace open to all TAMUCT students from 10am-5pm Monday-Thursday with satellite hours in the University Library on Mondays from 6:00-9:00pm. Students may arrange a one-on-one session with a trained and experienced writing tutor by visiting the UWC during normal operating hours (both half-hour and hour sessions are available) or by making an appointment via [WCOonline](https://tamuct.mywconline.com/) [https://tamuct.mywconline.com/]. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu to schedule an online tutoring session. Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant

style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the University Writing Center is here to help!

If you have any questions about the University Writing Center, please do not hesitate to contact Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu.

University Library.

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 250,000 eBooks and 82,000 journals, in addition to the 72,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On-campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available twenty-four hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place on Skype or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our [Library website](https://tamuct.libguides.com/) [https://tamuct.libguides.com/].

A Note about Sexual Violence at A&M-Central Texas

Sexual violence is a serious safety, social justice, and public health issue. The university offers support for anyone struggling with these issues. University faculty are mandated reporters, so if someone discloses that they were sexually assaulted (or a victim of Domestic/Dating Violence or Stalking) while a student at TAMUCT, faculty members are required to inform the Title IX Office. If you want to discuss any of these issues confidentially, you can do so through Student Counseling (254-501-5955) located on the second floor of Warrior Hall (207L).

Sexual violence can occur on our campus because predators often feel emboldened, and victims often feel silenced or shamed. It is incumbent on ALL of us to find ways to actively create environments that tell predators we don't agree with their behaviors and tell survivors we will support them. Your actions matter. Don't be a bystander; be an agent of change. For additional information on campus policy and resources visit the [Title IX webpage](https://www.tamuct.edu/departments/compliance/titleix.php) [https://www.tamuct.edu/departments/compliance/titleix.php].

INSTRUCTOR POLICIES.

Late Assignments

One late assignment will be granted with a 10% late deduction per day. After the first late assignment, there will be up to 50% off earned grade for any late submission. All complete

assignments must be submitted prior to the due date, no editing will be considered after the due date.

A missed presentation without prior notice, will automatically have a 25% deduction. Rescheduling will be at the convenience of instructor. Notice must be provided at least 24 hours prior to presentation time. No exceptions.

Collaborate Presentations

Live presentations are required in this course. Schedule times/dates for presenting will be available early in the semester. Time for presenting are limited to the schedule provided. Changes less than 24-hour notice, will automatically consist of 20% grade deduction.

Use of other resources may be required

Several assignments will require additional web search for supportive material through the use of outside resources. Students are required to follow APA citing/referencing and copyright guidelines.

Copyright Notice.

Students should assume that all course material is copyrighted by the respective author(s). Reproduction of course material is prohibited without consent by the author and/or course instructor. Violation of copyright is against the law and Texas A&M University-Central Texas' Code of Academic Honesty. All alleged violations will be reported to the Office of Student Conduct.

Copyright Notice.

Students should assume that all course material is copyrighted by the respective author(s). Reproduction of course material is prohibited without consent by the author and/or course instructor. Violation of copyright is against the law and Texas A&M University-Central Texas' Code of Academic Honesty. All alleged violations will be reported to the Office of Student Conduct.

Copyright. 2018 by Catherine Pena at Texas A&M University-Central Texas, College of Arts & Science; 1001 Leadership Place, Killeen, TX 76549; 254-5195718; Fax 254-519-8017; c.pena@tamuct.edu