



TEXAS A&M
UNIVERSITY
CENTRAL TEXAS

Texas A&M University – Central Texas
MFT 5380-110 Addictions in MFT
Fall 2018
Tuesdays 6:00-9:00pm
Founder’s Hall 203

Instructor: Hao-Min Chen, Ph.D.

Office: Warrior Hall 318 J

Email: hmchen@tamuct.edu

Office Hours: Please email to make an appointment.

Method of Instruction and Course Access:

This course is a hybrid course, and will use using the A&M-Central Texas Canvas Learning Management System [<https://tamuct.instructure.com>]

Student-Instructor Interaction:

I will be available to meet to discuss and resolve class-related issues during my office hours. Please email in advance to make an appointment during my office hours. If you cannot come during my office hour, please email me to schedule another day/time to meet. I will also check and reply to emails during all office hours. Remember that there is only 1 of me and many of you, so allow at least 24 hours for a response.

Class Decorum:

It is intended that the class environment will be conducive to increasing your knowledge about the topic and promoting self-discovery and personal growth. In order for that to occur, it is expected that every student finish all class readings and be respectful of the thoughts, emotions, and behaviors of others in this course.

911 Cellular:

Emergency Warning System for Texas A&M University-Central Texas

911Cellular is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in 911Cellular through their myCT email account.

Connect at 911Cellular [<https://portal.publicsafetycloud.net/Texas-AM-Central/alert-management>] to change where you receive your alerts or to opt out. By staying enrolled in 911Cellular, university officials can quickly pass on safety-related information, regardless of your location.

COURSE INFORMATION

1.0 Course Overview

This course will provide students with an overview of substance use abuse, dependence, and addiction using a biochemical, systemic, and contextual framework. The impact of substance abuse to the individual, couple, the family will be discussed. The course will also examine various therapy models uses to assist individuals, couple, and families experiencing substance abuse.

2.0 Intended Student Outcomes

Course Learning Outcomes – this course targets two of the MFT program’s **Student Learning Outcomes**:

(SLO-3)- Assess how contextual issues affect individual lives and relational dynamics

(SLO-4)- Formulate treatment plans based on individual issues, relational dynamics, and contextual issues.

(SLO-6)- Develop relationship with other mental health professionals/agencies and the local community.

It targets these SLO’s through the following **Course Learning Outcomes**:

- 2.1 Students will understand the behavioral health care delivery system, its impact on the services provided, and the barriers and disparities in the system. (SLO-6)
- 2.2 Students will understand the major behavioral health disorders, including epidemiology, etiology, phenomenology, effective treatment, course, and prognosis. (SLO-6)
- 2.3 Students will learn how to assist clients in obtaining needed care while navigating complex systems of care. (SLO 3 & 4)
- 2.4 Students understand the clinical needs and implications of persons with comorbid disorders (e.g., substance abuse and mental health) (SLO 3 & 4)
- 2.5 Students will understand the current models for assessment and diagnosis of mental health disorders, substance use disorders, and relational functioning. (SLO 4)
- 2.6 Students will screen and develop adequate safety plans for substance abuse. (SLO4)
- 2.7 Students will understand the effects that psychotropic and other medications have on clients and the treatment process. (SLO 4 &6)

3.0 Ethics

Students are expected to conduct themselves in a professional and ethical manner at all times. Follow AAMFT codes of ethics.

4.0 Required Reading

- 4.1 Reither, M. D. (2015). Substance abuse and the family. NY: Taylor & Francis ISBN 9781138795075
- 4.2 Articles/book chapters will be available through library or Canvas.

COURSE REQUIREMENTS

1.0 Course Requirements

All writing submitted to the professor should be a final draft, free of spelling, grammatical, stylistic, and typographical errors. Students are encouraged to allow ample time for writing, keeping in mind the frequency of computer glitches. It is also expected that students will finish the required readings and be prepared to discuss them in class.

Assignments:

- 1.1 **Class Participation (10 points):** Students should attend classes and engage in multiple discussions and role-plays throughout the semester to practice using key concepts, theories, and techniques.
- 1.2 **Attend 1 Meeting (5 points)-** Students are required to attend 1 open recovery/support meeting and share their observations and reflections in class. Students should submit information regarding their attendance of the group, such as the date, time, location, and name of the group they participate. Please also follow the confidentiality rules of the support group, if there is any. (Assesses Course Learning Outcomes 2.1, 2.2, 2.3, & 2.4)
- 1.3 **Research Project (25 points)-** Each group will create and submit one research project relating to addiction and family therapy. More details will be announced in class. (Assesses Course Learning Outcomes 2.1, 2.2, 2.3, 2.4, 2.5 2.6, & 2.7)
- 1.4 **Topic Presentation (15 points)-** Students are required to create a PowerPoint presentation concerning a substance and a specific population. Each group will sign up for one substance and present the nature and the effects of the substance chosen. (refer to Dangerous Drugs). Along with the presentation students are required to create a 1-3 page summary of the presentation with a reference list. Each group will sign up for one presentation date/topic on the first day of class. The presentation should consist of a structured lecture (15 minutes) and a discussion/Q&A section (5 minutes). Presentation slides should be uploaded to Canvas. Must follow APA format (Assesses Course Learning Outcomes 2.1, 2.2, 2.3, 2.4, 2.5 2.6, & 2.7)

Helpful resources:

Brooks R. & McHenry B. (2015). *A contemporary approach to substance use disorders and addiction counseling*. 2nd Ed.. Alexandria,VA: American

Falkowski, C. (2003). *Dangerous Drugs: An easy to use reference for parents and professionals*. 2nd Edition. Minnesota: Hazelden.

Counseling Association.

Substance Abuse and Mental Health Services Administration

<https://www.samhsa.gov/data/>

Scoring Rubric for Topic Presentation:	Satisfactory	Partially satisfactory	Unsatisfactory
1. Clarity: Delivers presentation in a clear/student-friendly manner; includes a PowerPoint presentation and uploads the slides.	4	3-2	1-0
2. Precise Content: Provides an effective summary of the arguments (described in the article) and provides a fair critique of the articles themselves.	4	3-2	1-0
3. Engagement: Engages with classmates during the presentation (e.g. leading the discussion, responding to questions, etc.).	4	3-2	1-0
4. Professionalism: Has good control of time, behaves professionally, employs APA style correctly, etc.	3	2-1	0

1.5 Case presentation (10 points)- Students are required to present a case scenario and analysis concerning a substance and a specific population. Each group will sign up for one presentation date/topic on the first day of class. The presentation should include case presentation, discussion/analysis, treatment plan, and Q&A. Presentation slides should be uploaded to Canvas. Must follow APA format (Assesses Course Learning Outcomes 2.1, 2.2, 2.3, 2.4, 2.5 2.6, & 2.7)

Scoring Rubric for Case Presentation:	Satisfactory	Partially satisfactory	Unsatisfactory
1. Clarity: Delivers presentation in a clear/student-friendly manner; includes a PowerPoint presentation and uploads the slides.	2	1	0
2. Precise Content: Provides an effective summary of the arguments (described in the article) and provides a fair critique of the articles themselves.	3	2-1	0
3. Engagement: Engages with classmates during the presentation (e.g. leading the discussion, responding to questions, etc.).	3	2-1	0
4. Professionalism: Has good control of time, behaves professionally, employs APA style correctly, etc.	2	1	0

1.6 On-line Discussion (10 points): Each student will post 1 question/comment/observation on designated online classes. Please see class calendar for the dates to post. Every post has to relate to class materials or

professional concepts and reference(s)/citation(s) should be included. This is due by the end of the class time that day. Late post will receive *zero* point.

- 1.7 Final Exam (25 points)**- Details will be announced in class. (Assesses Course Learning Outcomes 2.1, 2.2, 2.3, 2.4, 2.5)

5.0 Grading Criteria Rubric and Conversion

Overview of Grading:

Class Participation	10 points
Attend 1 Meeting	5 points
Research Project	25 points
Topic Presentation	15 points
Case Presentation	10 points
Online Discussion	10 points
Final Exam	25 points
Total Points	100 points

Grade breakdown:

A	90-100
B	80-89
C	70-79
D	60-69
F	68 and below

If students have any concerns or difficulties completing the class tasks/assignments, please talk with the Professor at least *two weeks* before each deadline so that she can provide individualized assistance or discuss alternative assignments.

6.0 Posting of Grades

All student grades will be posted on the Gradebook. Students should monitor their grade status.

TECHNOLOGY

7.0 Technology Requirements and Support

This course will use the A&M-Central Texas Instructure Canvas learning management system. Logon to A&M-Central Texas Canvas [<https://tamuct.instructure.com/>].

Username: Your MyCT username (xx123 or everything before the "@" in your MyCT e-mail address) Password: Your MyCT password

Canvas Support

Use the Canvas Help link, located at the bottom of the left-hand menu, for issues with Canvas. You can select "Chat with Canvas Support," submit a support request through "Report a Problem," or call the Canvas support line: 1-844-757-0953.

For issues related to course content and requirements, contact your instructor.

Other Technology Support

For log-in problems, students should contact Help Desk Central.

24 hours a day, 7 days a week:

Email: helpdesk@tamu.edu

Phone: (254) 519-5466

[Web Chat](http://hdc.tamu.edu): [http://hdc.tamu.edu]

Please let the support technician know you are an A&M-Central Texas student. For issues related to course content and requirements, contact your instructor.

Technology issues are not an excuse for missing a course requirement – make sure your computer is configured correctly and address issues well in advance of deadlines.

8.0 Tentative Course Calendar

Please see attached.

COURSE AND UNIVERSITY RESOURCES, PROCEDURES, AND POLICIES

Drop Policy.

If you discover that you need to drop this class, you must complete a [Drop Request Form](https://www.tamuct.edu/registrar/docs/Drop_Request_Form.pdf) [https://www.tamuct.edu/registrar/docs/Drop_Request_Form.pdf].

Professors cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the Academic Calendar for which the form must be completed, signed and returned. Once you return the signed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

Academic Integrity.

Texas A&M University -Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Academic integrity is defined as a commitment to honesty, trust, fairness, respect, and responsibility. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. Academic misconduct is any act that improperly affects a true and honest evaluation of a student's academic performance and includes, but is not limited to, cheating on an examination or other academic work, plagiarism and improper citation of sources, using another student's work, collusion, and the abuse of resource materials. All academic misconduct concerns will be reported to the university's Office of Student Conduct. Ignorance of the

university's standards and expectations is never an excuse to act with a lack of integrity. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

Academic Accommodations.

At Texas A&M University-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier-free education. The Office of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the university's programs, services and activities. If you believe you have a disability requiring reasonable accommodations please contact the Office of Access and Inclusion at (254) 501-5831. Any information you provide is private and confidential and will be treated as such.

For more information please visit our [Access & Inclusion](https://www.tamuct.edu/student-affairs/access-inclusion.html) web page [https://www.tamuct.edu/student-affairs/access-inclusion.html].

Important information for Pregnant and/or Parenting Students.

Texas A&M University-Central Texas supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and related guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. Students should seek out assistance as early in the pregnancy as possible. For more information, please visit the [Student Affairs](https://www.tamuct.edu/student-affairs/index.html) web page [https://www.tamuct.edu/student-affairs/index.html]. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these [requirements and guidelines online](http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf), please visit the website [http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf].

Title IX of the Education Amendments Act of 1972 prohibits discrimination on the basis of sex and gender—including pregnancy, parenting, and all related conditions. A&M-Central Texas is able to provide flexible and individualized reasonable accommodation to pregnant and parenting students. All pregnant and parenting students should contact the Associate Dean in the Division of Student Affairs at (254) 501-5909 to seek out assistance. Students may also contact the University's Title IX Coordinator.

Tutoring.

Tutoring is available to all A&M-Central Texas students, both on-campus and online. Subjects tutored on campus include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Tutors are available at the Tutoring Center in Warrior Hall, Suite 111.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, or have any other question, contact Academic Support Programs at (254) 519-5796, or by emailing Dr. DeEadra Albert-Green at deeadra.albertgreen@tamuct.edu.

Chat live with a tutor 24/7 for almost any subject from on your computer! Tutor.com is an online

tutoring platform that enables A&M-Central Texas students to log in and receive FREE online tutoring and writing support. This tool provides tutoring in over 40 subject areas. Access Tutor.com through Canvas.

University Writing Center.

Located in Warrior Hall 416, the University Writing Center (UWC) at Texas A&M University–Central Texas (TAMUCT) is a free workspace open to all TAMUCT students from 10:00 a.m.-5:00 p.m. Monday thru Thursday with satellite hours in the University Library Monday thru Thursday from 6:00-9:00 p.m. This semester, the UWC is also offering online only hours from 12:00-3:00 p.m. on Saturdays.

Students may arrange a one-on-one session with a trained and experienced writing tutor by visiting the UWC during normal operating hours (both half-hour and hour sessions are available) or by making an appointment via [WCOOnline](https://tamuct.mywconline.com/) at [https://tamuct.mywconline.com/]. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu for any assistance needed with scheduling.

Tutors are prepared to help writers of all levels and abilities at any stage of the writing process. While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the UWC is here to help!

If you have any questions about the UWC, please do not hesitate to contact Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu.

University Library.

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 250,000 eBooks and 82,000 journals, in addition to the 85,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available 24 hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place on Skype or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our [Library website](http://tamuct.libguides.com/index) [http://tamuct.libguides.com/index].

9.0 Instructor Policies

Absence and late assignment submission will result in grade deduction or zero credit assigned to that assignment. Please see assignment descriptions above.

Copyright Notice.

Students should assume that all course material is copyrighted by the respective author(s). Reproduction of course material is prohibited without consent by the author and/or course instructor. Violation of copyright is against the law and Texas A&M University-Central Texas' Code of Academic Honesty. All alleged violations will be reported to the Office of Student Conduct.

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