Instructor: Melissa R. Rich, Ph. D.
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UNILERT:
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COURSE INFORMATION

Course Overview and Description - This course will explore the unique characteristics and symptoms of grief, PTSD, and combat related trauma. Additionally, this course will discuss systemic treatment options in order to help clients meet their treatment goals.

Course Learning Outcomes – this course targets three of the MFT program’s Student Learning Outcomes:

(SLO-3) - Assess how contextual issues affect individual lives and relational dynamics.
(SLO-4) - Formulate treatment plans based on individual issues, relational dynamics, and contextual issues.
(SLO-6) - Develop collaborative relationships with other mental health professionals and agencies within the local community.

It targets these SLO’s through the following Course Learning Outcomes:

1. Identify components and dynamics of grief and loss (SLO-3)
2. Explain the impact that grief and loss has on military families. (SLO-4)
3. Navigate additional resources and services available to military families for grief and loss (SLO-6)
4. Identify symptoms of PTSD (SLO-3)
5. Identify effective treatment strategies for PTSD (SLO-4)
6. Discuss key principles for working systemically in treating individual issues. (SLO-4)

Required Reading - Textbooks

1 – Techniques of Grief Therapy – Assessment and Intervention – Edited by Robert A. Neimeyer
2 – Trauma- and Stressor- Related Disorders – A Handbook for Clinicians – Edited by Patricia R. Casey, M.D., F.R.C.Psych. and James J. Strain, M.D.

Academic honesty statement:
Texas A&M University - Central Texas expects all students to maintain high standards of honor in personal and scholarly conduct. Any deviation from this expectation may result in a minimum of a failing grade for the assignment and potentially a failing grade for the course. All academic dishonesty concerns will be reported to the university's Office of Student Conduct. Academic
dishonesty includes, but is not limited to, cheating on an examination or other academic work, plagiarism and improper citation of sources, using another student’s work, collusion, and the abuse of resource materials. When in doubt on collaboration, citation, or any issue, please contact me before taking a course of action. More information can be found at http://www.tamuct.edu/departments/studentconduct/academicintegrity.php

**COURSE REQUIREMENTS**

Class attendance & participation  
2 in-class presentations from Neimeyer book – 20% each  
6 out of class assignments – 5% each  
Final paper

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**COURSE AND UNIVERSITY PROCEDURES AND POLICIES**

**Disability Support Services**

If you have or believe you have a disability and wish to self-identify, you can do so by providing documentation to the Disability Support Coordinator. Students are encouraged to seek information about accommodations to help assure success in their courses. Please call (254) 501-5831 or visit Founder’s Hall 114, Suite 114. Additional information can be found at http://www.tamuct.edu/departments/disabilitysupport/index.php

**Tutoring**

Tutoring is available to all TAMUCT students, both on-campus and online. Subjects tutored include Accounting, Finance, Statistics, Mathematics, and Writing. Tutors are available at the Tutoring Center in Warrior Hall, Room 111. Visit www.ct.tamus.edu/AcademicSupport and click “Tutoring Support” for tutor schedules and contact info. If you have questions, need to schedule a tutoring session, or if you’re interested in becoming a tutor, contact Academic Support Programs at 254-501-5830 or by emailing tutoring@ct.tamus.edu.

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