

Texas A&M University Central Texas
Online PSYK 4389.115 - Psychology of Aging
Fall 2017 8-Week 100% Online Course
Aug. 28 to Oct. 20, 2017

INSTRUCTOR AND CONTACT INFORMATION

Instructor: Jana I. Tiefenwerth, M.S.

Office: I do not maintain an office on campus. Please message me within the Course Room, using the **Inbox** tool to the left of your screen, with any concerns or questions after reading the syllabus in full.

Phone: Contact the psychology department [254.501.5879](tel:254.501.5879) should you need to telephone with an important message; otherwise, use the **Inbox** tool within the course room, or e-mail outside the course room. I usually respond within a short amount of time.

E-mail: jtiefenwerth@tamuct.edu

Best way to contact me: Use the **Inbox** tool to the left of your screen within the course room to send messages. Should you need to reach me outside the course room, use my university e-mail address and CC the message to my personal e-mail address: janatie@aol.com Doing so will allow for the most immediate reply through e-mail.

Virtual Office Hours: 10 a.m. to 9 p.m., Mon. through Fri. by Appt.; Available anytime through the Inbox tool, or by e-mail. If you wish to speak by telephone or live chat, please contact me through e-mail for an appointment.

Mode of Instruction and Course Access:

This course will use the *uses the TAMUCT Canvas Learning Management System:*
[<https://tamuct.instructure.com>]

Note: *This is a 100% online course.*

Exams will not be proctored. They are taken online within the online course room.

Student-Instructor Interaction:

First send a message using the **Inbox** communications tool within the course room, to the left of your screen. If you do not hear from me soon, then e-mail me. I check e-mail correspondence several times each day and usually reply within a short time. Be sure to CC any correspondence to my personal e-mail address: Janatie@aol.com Additionally, state the class you are referring to: PSYC 4389 TAMU-CT

COURSE INFORMATION

Course Description: An examination of the psychological aspects of the aging process including physiology, health, memory, intellectual functioning, personality, social relationships, emotional health, and late life transitions.

Course Objective: This course is designed to broaden understanding and appreciation of the aging population by examining aging from a psychological, psychosocial, behavioral, historical, and cultural perspective.

Student Learning Outcomes: By the end of this course, students should be able to address the following using a psychological perspective:

1. Identify characteristics and the implications of an aging population.
2. Critically evaluate theory, research methodology, and social policy related to aging adults.
3. Identify aging stereotypes and the effects of ageism on the aging individual.
4. Identify changes and challenges as one ages, especially related to physical health, mental health, memory, personality, social relationships, and transitions in the later years.
5. Explain what it means to age successfully.

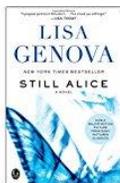
2 Required Books:

- 1) **Textbook: Adult Development and Aging** by John C. Cavanaugh and Fredda Blanchard-Fields, 7th Edition. [MindTap, the supplemental web site, **is optional— it is not required**. It gives a digital copy of the textbook along with study materials related to the textbook content.]



Author: Cavanaugh
Edition: 7th
ISBN-13: 978-1285444918

- 2) **Supplemental Required Reading: Still Alice** by Lisa Genova **Author:** Genova
ISBN: 9781439102817



There is also a major motion picture based on this book; however, the questions on the book quiz were taken from the book, not the movie. Watching the movie may help students to recall major parts of the book, but the instructor recommends that students first read the book. Students tell me this book is their favorite learning experience of the course!

911 Cellular:

Emergency Warning System for Texas A&M University – Central Texas

911Cellular is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in 911 Cellular through their myCT email account.

Connect at [911Cellular](https://portal.publicsafetycloud.net/Texas-AM-Central/alert-management) [https://portal.publicsafetycloud.net/Texas-AM-Central/alert-management] to change where you receive your alerts or to opt out. By staying enrolled in 911Cellular, university officials can quickly pass on safety-related information, regardless of your location.

Course Requirements:

4 Major Exams (150 points each; Combined Exams Are Worth 60% of final course grade) [Total 600 points]

Exam 1. (150 points)

This multiple choice, essay, and True/False exam will cover chapters 1 through 4 of the course textbook and any materials posted by the instructor. Exams are timed.

Exam 2. (150 points)

This multiple choice, essay, and True/False exam will cover chapters 5 through 8 of the course textbook and any materials posted by the instructor. Exams are timed.

Exam 3. (150 points)

This multiple choice, essay, and True/False exam will cover chapters 9 through 12 of the course textbook and any materials posted by the instructor. Exams are timed.

Final Comprehensive Exam 4. (150 points) The exam will be open two days only.

Thursday Oct. 19th and Friday Oct. 20th. **Due by Friday, October 20th. No exceptions.**

This multiple choice, essay, and True/False exam will cover chapters 1 through 14 of the course textbook and any materials posted by the instructor. Exams are timed.

1 Book Quiz (100 points; 10% of final course grade) This timed quiz will be over the book: Still Alice. There is also a major motion picture about this book, but the quiz questions were taken from the book. This quiz can be taken early, as long as it is completed by the due date.

6 Discussions (50 points each; All discussions combined are worth 30% of final course grade) [Total 300 points] These 6 Discussion board topics (50 points each) will cover topics associated with the assigned chapters for that week.

Total Possible Points for Entire Course: 1000 points

Note: The TOTAL column in your list of grades is your current grade. This grade changes as each new assignment is graded to reflect your current grade.

<u>Grade</u>	<u>University Definition</u>	<u>Percentage</u>	<u>Points</u>
A	Excellent	90-100	900 to 1000
B	Good	80-89	800 to 899
C	Fair	70-79	700 to 799
D	Passing	60-69	600 to 699
F	Failing	59 or below	Below 600

Posting of Grades

Student grades will be submitted within the Canvas course room. Students can usually expect discussion board grades and exam grades to be posted within 72 hours after submission. Students will not be able to review the exam/quiz questions until after the due date has passed.

The discussion board is meant to be a place to demonstrate what you have learned from your reading assignments as you address the weekly topic. You should submit your Original Discussion first, which addresses the weekly topic. Other students' work will not be visible until your Original Discussion has been posted. Follow the guidelines in the middle column of rubric to have the best opportunity to earn full points. Use APA formatting, which includes in-text citations (include page numbers) and a reference list. **Students must participate on the board at least two days each week.** This counts as attendance. If the student only participates one day, there will be a 15-point deduction. **Any two days will work in this class, but students are encouraged to post their Original Discussion that addresses the weekly topic early in the week to give other students time to reply. You may post one of your two replies right after you post your original discussion, but you must return a second day to post a second reply to a different student or you will lose major points. It is also fine to post your Original Discussion one day, then return a second day to post both of your required replies. So you will be required to post a total of 3 contributions on the board, one original and two replies. Students are encouraged to participate even further if they like by posting more than two replies, but this is not required.** Review the information on APA formatting under Course Information.

Due Dates:

All assignments are due by Sunday, 11:59 p.m., just before midnight. The only exception is the Comprehensive Final Exam which is due by Friday, October 20th. Please plan your schedules accordingly in order to submit assignments by the due dates.

Late Assignments are NOT accepted due to the brevity of this course.

Discussion Board Grading Rubric

Criteria:	Description:	Points:
Content	Level of insight demonstrated. Thoroughness of covering the topic (400 or more words). Answered all question parts.	0 to 15 points
Textbook Reference Support with Page Numbers	Thoroughness of supporting assertions with ample textbook material . Includes page numbers within parentheses.	0 to 5 points
Presentation	Used correct spelling/punctuation. Used correct APA formatting which includes in-text citations and a reference list . Included word count at the bottom of the post (not counting the reference list or the question if included in the post).	0 to 5 points
Replies	Two substantive replies (100 or more words) to other students that demonstrates careful consideration of the other students' work.	0 to 10 points
Two Days Attendance	Yes, or No? Participated on the board any two days per week.	0 <u>or</u> 15 points
	Total Points Possible:	50 points

Students, I grade by this discussion board grading rubric. Please follow it closely as you compose your three required posts each week (One Original Discussion and Two Required Replies to other students' posts). You must post your Original Discussion first. You must post on the board two different days.

Course Schedule

Week:	Module Topics:	Assigned Readings In Textbook and Posted Resources:	Assignments Due: All assignments are due by Sunday, except the Final Exam which is due on Friday, Oct. 20th, 2017. ←
1 Aug. 28 th to Sept. 3 rd	Module 1: Studying Aging; Neuroscience as a Basis for Aging	Read Chapters 1 & 2. Read all resources posted by the Instructor.	<ul style="list-style-type: none"> Meet and Greet on the Discussion Board (no grade) *See Note above about due dates in this course.
2 Sept. 4 th to Sept. 10 th	Module 2: Physical Changes; Longevity, Health & Functioning	Read Chapters 3 & 4. Read all resources posted by the Instructor.	<ul style="list-style-type: none"> Week 2 Discussion Exam #1 over Chapters 1-4 and any posted Resources.
3 Sept. 11 th to Sept. 17 th	Module 3: Where People Live; Attention & Memory	Read Chapters 5 & 6. Read all resources posted by the Instructor.	<ul style="list-style-type: none"> Week 3 Discussion
4 Sept. 18 th to Sept. 24 th	Module 4: Intelligence, Reasoning, Creativity, and Wisdom; Social Cognition	Read Chapters 7 & 8. Read all resources posted by the Instructor. Note: The last day to drop this course with a Q or W is Sept. 22nd.	<ul style="list-style-type: none"> Week 4 Discussion Exam #2 over Chapters 5-8 and any posted Resources.
5 Sept. 25 th to Oct. 1 st	Module 5: Personality; Clinical Assessment, Mental Health, and Mental Disorders	Read Chapters 9 & 10. Read all resources posted by the Instructor.	<ul style="list-style-type: none"> Week 5 Discussion
6 Oct. 2 nd to Oct. 8 th	Module 6: Relationships; Work, Leisure, and Retirement	Read Chapters 11 & 12. Read all resources posted by the Instructor.	<ul style="list-style-type: none"> Week 6 Discussion Exam #3 over Chapters 9-12 and any posted Resources.
7 Oct. 9 th to Oct. 15 th	Module 7: Dying and Bereavement; Successful Aging	Read Chapters 13 & 14. Read all resources posted by the Instructor.	<ul style="list-style-type: none"> Week 7 Discussion Still Alice Book Quiz Due
8 Oct. 16 th to Oct. 20 th .	Module 8: Review all Module Topics	Review All Chapters and resources posted by the Instructor <u>in all Modules.</u>	<p>Open two days only, Oct. 19th and 20th.</p> <ul style="list-style-type: none"> Comprehensive Final Exam: DUE BY FRIDAY- Oct. 20th. No exceptions. Do not ask.
Oct. 20th	Course Ends at 11:59 p.m., Fri., Oct. 20 th .	Last day to drop this course with a Q or W is Sept. 22nd.	Grades will be turned in to the registrar shortly after the course ends.

Technology Requirements.

This course will use the TAMUCT Instructure Canvas learning management system.

Logon to TAMUCT Canvas [<https://tamuct.instructure.com>]

Username: Your MyCT username

(xx123 or everything before the "@" in your MyCT e-mail address)

Password: Your MyCT password

Technology Support.

For log-in problems, students should contact Help Desk Central.

24 hours a day, 7 days a week:

Email: helpdesk@tamu.edu

Phone: (254) 519-5466

[Web Chat](http://hdc.tamu.edu): [<http://hdc.tamu.edu>]

Please let the support technician know you are an A&M-Central Texas student.

For issues with **Canvas**, select "chat with Canvas support," submit a support request to Canvas Tier 1, or call the Canvas support line: 1-844-757-0953, links to all are found inside of Canvas using the "Help" link.

For issues related to course content and requirements, contact your instructor.

COURSE AND UNIVERSITY RESOURCES, PROCEDURES, AND POLICIES

Drop Policy.

If you discover that you need to drop this class, you must complete a [Drop Request Form](https://www.tamuct.edu/registrar/docs/Drop_Request_Form.pdf) [https://www.tamuct.edu/registrar/docs/Drop_Request_Form.pdf].

Professors cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the University Calendar for which the form must be completed, signed and returned. Once you return the signed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

Academic Integrity.

Texas A&M University -Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to preserve the honor and integrity of the creative community. Academic integrity is defined as a commitment to honesty, trust, fairness, respect, and responsibility. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. Academic misconduct is any act that improperly affects a true and honest evaluation of a student's academic performance and includes, but is not limited to, cheating on an examination or other academic work, plagiarism and improper citation of sources, using another student's work, collusion, and the abuse of resource materials. All academic misconduct concerns will be reported to the university's Office of Student Conduct. Ignorance of the university's standards and expectations is never an excuse to act with a lack of integrity. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

Academic Accommodations.

At Texas A&M-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier free education. The Department of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the University's programs, services and activities. If you believe you have a disability requiring reasonable accommodations, please contact the Department of Access and Inclusion at (254) 501-5831. Any information you provide is private and confidential and will be treated as such.

For more information, please visit our Access & Inclusion webpage: <https://www.tamuct.edu/student-affairs/access-inclusion.html>

TAMUCT supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. For more information, please visit <https://www.tamuct.departments/index.php>. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these [requirements and guidelines](#), please visit: <http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf>

Tutoring.

Tutoring is available to all A&M-Central Texas students, both on-campus and online. On-campus subjects tutored include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Tutors are available at the Tutoring Center in Warrior Hall, Suite 111.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, or any other question, contact Academic Support Programs at 254-519-5796, or by emailing Larry Davis at lmDavis@tamuct.edu.

Chat live with a tutor 24/7 for almost any subject on your computer! Tutor.com is an online tutoring platform that enables A&M-Central Texas students to log-in and receive FREE online tutoring and writing support. This tool provides tutoring in over forty subject areas. Access Tutor.com through Canvas.

The University Writing Center.

Located in 416 Warrior Hall, the University Writing Center (UWC) at Texas A&M University-Central Texas is a free workspace open to all TAMUCT students from 10am-5pm Monday-Thursday with satellite hours in the University Library on Mondays from 6:00-9:00pm. Students may arrange a one-on-one session with a trained and experienced writing tutor by visiting the UWC during normal operating hours (both half-hour and hour sessions are available) or by making an appointment via [WOnline](#) [<https://tamuct.mywconline.com/>]. In addition, you can email Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu to schedule an online tutoring session. Tutors are prepared to help writers of all levels and abilities at any stage of the writing process.

While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help

brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the University Writing Center is here to help!

If you have any questions about the University Writing Center, please do not hesitate to contact Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu.

University Library.

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 250,000 eBooks and 82,000 journals, in addition to the 72,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at A&M-Central Texas are available through our website to help students navigate these resources. On-campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available twenty-four hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place on Skype or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the A&M-Central Texas main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our [Library website](https://tamuct.libguides.com/) [https://tamuct.libguides.com/].

Important University Dates for Fall 2017 Semester:

August 28, Add/Drop/Late Registration begins

August 30, Add/Drop/Late Registration ends, 16-week and 1st 8-week classes

September 1, Priority Deadline to Submit Graduation Application

September 4, Labor Day, CAMPUS CLOSED

September 5, Last day to drop 1st 8-week classes with no record

September 13, Last day to drop 16-week classes with no record

September 22, Last day to drop a 1st 8-week class with a Q or withdraw with a W

October 6, Deadline to submit graduation

October 20, Last day to withdraw from the University (1st 8-week classes WF)

October 23, Add/Drop/Late Registration begins, 2nd 8-week classes

October 26, Add/Drop/Late Registration ends, 2nd 8-week classes

October 30, Last day to drop 2nd 8-week classes with no record

November 10, Veteran's Day

November 10, Last day to drop with a Q or withdraw with a W (16-week classes)

November 17, Last day to drop a 2nd 8-week class with a Q or withdraw with a W

November 23-24, Thanksgiving, CAMPUS CLOSED

December 15, Last day to withdraw from the University (16-week and 2nd 8-week classes)

December 15, Last day to file for Degree Conferral (Registrar's Office)

December 15, Commencement

December 25-January 1, WINTER BREAK

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Violation of copyright is against the law and Texas A&M University-Central Texas' Code of Academic
Honesty. All alleged violations will be reported to the Office of Student Conduct.

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Education, [Department of Counseling & Psychology](#); 1001 Leadership Place, Killeen, TX 76549;
[254.501.5879](#)

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prior to implementation of changes.