



TEXAS A&M
UNIVERSITY
CENTRAL TEXAS

Texas A&M University – Central Texas
MFTK 5383- Pre-Practicum
Fall 2017
Tuesdays & Thursdays 5:30-8:15pm
Founders Hall 211

Instructor: Hao-Min Chen, Ph.D.

Office: Warrior Hall 318 N

Email: hmchen@tamuct.edu

Office Hours: By appointment

Method of Instruction and Course Access:

This course is a hybrid course, and will use using the A&M-Central Texas Canvas Learning Management System [<https://tamuct.instructure.com>]

This course will be conducted primarily as a seminar and will include experiential components. For this process to be successful, students are expected to participate fully by reading assigned materials, attending class, and participating in class exercises and discussions in face-to-face class meetings, as well as within the Canvas environment

Student-Instructor Interaction:

I will be available to meet to discuss and resolve class-related issues during my office hours. If you cannot come to my office hours, send an email so we can schedule an appointment time. I will also check and reply to emails during all office hours. Remember that there is only 1 of me and many of you, so allow at least 24 hours for a response.

Class Decorum:

It is intended that the class environment will be conducive to increasing your knowledge about the topic and promoting self-discovery and personal growth. In order for that to occur, it is expected that every student be respectful of the thoughts, emotions, and behaviors of others in this course.

911 Cellular:

Emergency Warning System for Texas A&M University – Central Texas

911Cellular is an emergency notification service that gives Texas A&M University-Central Texas the ability to communicate health and safety emergency information quickly via email, text message, and social media. All students are automatically enrolled in 911 Cellular through their myCT email account.

Connect at 911Cellular [<https://portal.publicsafetycloud.net/Texas-AM-Central/alert-management>] to change where you receive your alerts or to opt out. By staying enrolled in 911Cellular, university officials can quickly pass on safety-related information, regardless of your location.

COURSE INFORMATION

1.0 Course Overview

This course is oriented towards those students who are preparing for field placement. It is designed to provide interviewing and training skills in the Marriage and Family Therapy program. MFT's in training are expected to gain an understanding of the role of the therapist, how clients change, and basic therapeutic strategies. Students will be exposed to basic skills and tools necessary to become competent clinicians. Role-playing, videotapes, and use of the video camera will be utilized as part of the learning process. Also, a review of the on-campus clinic policies will be addressed.

Prerequisites: MFT 501

2.0 Intended Student Outcomes

Course Learning Outcomes – this course targets three of the MFT program's Student Learning Outcomes:

- (SLO-1)- Demonstrate knowledge and appropriate application of classical and postmodern MFT theories.
- (SLO-2)- Demonstrate basic and systemic therapeutic techniques.
- (SLO-3)- Assess how contextual issues affect individual lives and relational dynamics.
- (SLO-4)- Formulate treatment plans based on individual issues, relational dynamics, and contextual issues

It targets these SLO's through the following Course Learning Outcomes:

- 2.1 Students will gain knowledge of and practice conceptual skills including: (a) assessment, (b) case planning, and (c) therapeutic relationship, (d) treatment planning, through a systemic lens. (SLO-1, SLO-2, SLO-3, & SLO-4)
- 2.2 Students will become familiar with policies and procedures of TAMUCT's Couple and Family Therapy Center and other mental health agencies/ organizations in the local area. (SLO-4)
- 2.3 Students will learn and practice principles of professional dress, conduct, and ethics of marriage and family therapy. (SLO-4)

3.0 Ethics

Students are expected to conduct themselves in a professional and ethical manner at all times.

4.0 Required Reading

Students are required to read 8 articles. Reading requirements are listed below and in the course calendar. It is expected that students will have read and critically thought about the articles before class.

- Deng, L., Lin, X., Lan, J., Fang, X., (2013). Family therapy in China. *Contemporary Family Therapy*, 35, 420-436.
- Moloney, B. (2013). Reflections on family therapy in Australia. *Contemporary Family Therapy*, 35, 400- 419.

- Nwoye, A. (2001). History of family therapy: The African perspective. *Journal of Family Psychotherapy*, 12, 61-77
- Johnson, L.N. & Wright, D. W. (2002). Revisiting Bordin's theory on the therapeutic alliance: Implications for family therapy. *Contemporary Family Therapy*, 24, 257-269.
- Marriage and Family Therapy Core Competencies
- Sperry, L. (2005). Case conceptualization: A strategy for incorporating individual, couple, and family dynamics in the treatment process. *The American Journal of Family Therapy*, 33, 189-194.
- Harris, S.M., Brown, A., Dakin, J.B., Lucas, B. Riley, L., Bulham, R. (2009). Are clinical records really that important? The Dearth of Research and Practice Guidelines in MFT Literature. *The American Journal of Family Therapy*, 37, 373-387.
- Negash, S. & Sahin, S. (2011). Compassion fatigue in marriage and family therapy: Implications for therapist and clients. *Journal of Marital & Family Therapy*, 37, 1-13.

Recommended textbooks:

- American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders* (5th ed., text revision). Washington, DC: Author.
- Gehart, D. R., & Tuttle, A. R. (2003). *Theory-based treatment planning for marriage and family therapists: Integrating theory and practice*. Pacific Grove, CA: Brooks/Cole-Thomson Learning.
- McGoldrick, M., & Hardy, K. V. (Eds). (2008). *Re-visioning family therapy: Race, culture, and gender in clinical practice* (2nd ed.). New York, NY: Guilford.

COURSE REQUIREMENTS

5.0 Course Requirements

All writing submitted to the professor should be a final draft, free of spelling, grammatical, stylistic, and typographical errors. Students are encouraged to allow ample time for writing, keeping in mind the frequency of computer glitches. It is also expected that students will have read the required readings and be prepared to discuss them in class.

4.1 Class Participation (40 points): Students will engage in multiple role-plays throughout the semester to practice using key concepts, theories, and techniques.

4.2 Self Care Management (20 points): Students will complete a self-care assessment and then complete a self-care maintenance plan.

4.3 Role Play (20 points): Each student will sign up for one role play date on the first day of class.

4.4 On-line discussion (20 points): Each student will post two questions and two response posts (to other's questions) EVERY online class. This is due by the class time.

4.5 Required Reading Presentation (20 points): Each student will sign up for two presentation dates/topics on the first day of class. The presentation should consist of a structured lecture (15 minutes) and a discussion/Q&A section (5 minutes). Please cite reference(s) in APA style and upload the presentation slides

or handout the day of the presentation. Both the class and the Professor will evaluate the presentation.

Scoring Rubric for Article Presentation:	Satisfactory	Partially satisfactory	Unsatisfactory
1. Clarity: Delivers presentation in a clear/student-friendly manner; includes a PowerPoint presentation and a concise 1-page handout (for each of your classmates).	6	5-2	1-0
2. Precise Content: Provides an effective summary of the arguments (described in the article) and provides a fair critique of the articles themselves.	6	5-2	1-0
3. Engagement: Engages with classmates during the presentation (e.g. leading the discussion, responding to questions, etc.).	5	4-2	1-0
4. Professionalism: Has good control of time, behaves professionally, employs APA style correctly, etc.	3	2-1	0

5.0 Grading Criteria Rubric and Conversion

Overview of Grading:

Class Participation	20 points
On-line discussion	20 points
Self-Care Management	20 points
Article Presentation	20 points
Role Play	20 points
Total Points	100 points

Grade breakdown:

A	90-100
B	80-89
C	70-79
D	60-69
F	68 and below

If students have any concerns or difficulties completing the class tasks/assignments, please talk with the Professor at least *two weeks* before each deadline so that she can provide individualized assistance or discuss alternative assignments.

6.0 Posting of Grades

All student grades will be posted on the Gradebook. Students should monitor their grade status.

TECHNOLOGY

7.0 Technology Requirements and Support

Requirements

This course will use the TAMUCT Instructure Canvas learning management system.

Logon to TAMUCT Canvas [<https://tamuct.instructure.com>]

Username: Your MyCT username

(xx123 or everything before the "@" in your MyCT e-mail address)

Password: Your MyCT password

Technology Support.

For technology issues, students should contact Help Desk Central.

24 hours a day, 7 days a week:

Email: helpdesk@tamu.edu

Phone: (254) 519-5466

[Web Chat](http://hdc.tamu.edu): <http://hdc.tamu.edu>

When calling for support please let your support technician know you are a TAMUCT student.

For issues related to course content and requirements, contact your instructor.

Technology issues are not an excuse for missing a course requirement – make sure your computer is configured correctly and address issues well in advance of deadlines.

8.0 Tentative Course Calendar

Please see attached.

COURSE AND UNIVERSITY RESOURCES, PROCEDURES, AND POLICIES

Drop Policy.

If you discover that you need to drop this class, you must complete a Drop Request Form, found through the [Registrar's web page](#):

<https://www.tamuct.edu/departments/business-office/droppolicy.php>

Professors cannot drop students; this is always the responsibility of the student. The Registrar's Office will provide a deadline on the University Calendar for which the form must be completed, signed and returned. Once you return the signed form to the Registrar's Office, you must go into Warrior Web and confirm that you are no longer enrolled. If you still show as enrolled, FOLLOW-UP with the Registrar's Office immediately. You are to attend class until the procedure is complete to avoid penalty for absence. Should you miss the drop deadline or fail to follow the procedure, you will receive an F in the course, which may affect your financial aid and/or VA educational benefits.

Academic Integrity.

Texas A&M University -Central Texas values the integrity of the academic enterprise and strives for the highest standards of academic conduct. A&M-Central Texas expects its students, faculty, and staff to support the adherence to high standards of personal and scholarly conduct to

preserve the honor and integrity of the creative community. Academic integrity is defined as a commitment to honesty, trust, fairness, respect, and responsibility. Any deviation by students from this expectation may result in a failing grade for the assignment and potentially a failing grade for the course. Academic misconduct is any act that improperly affects a true and honest evaluation of a student's academic performance and includes, but is not limited to, cheating on an examination or other academic work, plagiarism and improper citation of sources, using another student's work, collusion, and the abuse of resource materials. All academic misconduct concerns will be reported to the university's Office of Student Conduct. Ignorance of the university's standards and expectations is never an excuse to act with a lack of integrity. When in doubt on collaboration, citation, or any issue, please contact your instructor before taking a course of action.

Academic Accommodations.

At Texas A&M-Central Texas, we value an inclusive learning environment where every student has an equal chance to succeed and has the right to a barrier free education. The Department of Access and Inclusion is responsible for ensuring that students with a disability receive equal access to the University's programs, services and activities. If you believe you have a disability requiring reasonable accommodations please contact the Department of Access and Inclusion at (254) 501-5831. Any information you provide is private and confidential and will be treated as such.

For more information please visit our [Access & Inclusion webpage](https://www.tamuct.edu/departments/access-inclusion):
<https://www.tamuct.edu/departments/access-inclusion>.

TAMUCT supports students who are pregnant and/or parenting. In accordance with requirements of Title IX and guidance from US Department of Education's Office of Civil Rights, the Dean of Student Affairs' Office can assist students who are pregnant and/or parenting in seeking accommodations related to pregnancy and/or parenting. For more information, please visit <https://www.tamuct.departments/index.php>. Students may also contact the institution's Title IX Coordinator. If you would like to read more about these [requirements and guidelines](#), please visit: <http://www2.ed.gov/about/offices/list/ocr/docs/pregnancy.pdf>.

Tutoring.

Tutoring is available to all TAMUCT students, both on-campus and online. On-campus subjects tutored include Accounting, Advanced Math, Biology, Finance, Statistics, Mathematics, and Study Skills. Tutors are available at the Tutoring Center in Warrior Hall, Suite 111.

If you have a question regarding tutor schedules, need to schedule a tutoring session, are interested in becoming a tutor, or any other question, contact Academic Support Programs at 254-519-5796, or by emailing Kim Wood at k.wood@tamuct.edu.

Chat live with a tutor 24/7 for almost any subject on your computer! Tutor.com is an online tutoring platform that enables TAMUCT students to log-in and receive FREE online tutoring and writing support. This tool provides tutoring in over forty subject areas. Access Tutor.com through Canvas.

The University Writing Center.

Located in 416 Warrior Hall, the University Writing Center (UWC) at Texas A&M University – Central Texas is a free workspace open to all TAMUCT students from 10am-4pm Monday-Thursday during the Summer semester (June 5, 2017 to July 27, 2017). Students may arrange a one-on-one session with a trained and experienced writing tutor by visiting the UWC during normal operating hours (both half-hour and hour sessions are available). Tutors are prepared to help writers of all levels and abilities at any stage of the writing process.

While tutors will not write, edit, or grade papers, they will assist students in developing more effective composing practices. By providing a practice audience for students' ideas and writing, our tutors highlight the ways in which they read and interpret students' texts, offering guidance and support throughout the various stages of the writing process. In addition, students may work independently in the UWC by checking out a laptop that runs the Microsoft Office suite and connects to WIFI, or by consulting our resources on writing, including all of the relevant style guides. Whether you need help brainstorming ideas, organizing an essay, proofreading, understanding proper citation practices, or just want a quiet place to work, the University Writing Center is here to help!

If you have any questions about the University Writing Center, please do not hesitate to contact Dr. Bruce Bowles Jr. at bruce.bowles@tamuct.edu.

University Library.

The University Library provides many services in support of research across campus and at a distance. We offer over 200 electronic databases containing approximately 250,000 eBooks and 82,000 journals, in addition to the 72,000 items in our print collection, which can be mailed to students who live more than 50 miles from campus. Research guides for each subject taught at TAMUCT are available through our website to help students navigate these resources. On-campus, the library offers technology including cameras, laptops, microphones, webcams, and digital sound recorders.

Research assistance from a librarian is also available twenty-four hours a day through our online chat service, and at the reference desk when the library is open. Research sessions can be scheduled for more comprehensive assistance, and may take place on Skype or in-person at the library. Assistance may cover many topics, including how to find articles in peer-reviewed journals, how to cite resources, and how to piece together research for written assignments.

Our 27,000-square-foot facility on the TAMUCT main campus includes student lounges, private study rooms, group work spaces, computer labs, family areas suitable for all ages, and many other features. Services such as interlibrary loan, TexShare, binding, and laminating are available. The library frequently offers workshops, tours, readings, and other events. For more information, please visit our [homepage](https://tamuct.libguides.com/): <https://tamuct.libguides.com/>

9.0 Absences and Grading

Absences will result in grade deduction.

