

**AS – General Academics to
BS – Exercise Physiology and Human Performance
2024-2025 Transfer Pathway**

AS Degree Requirements							
McLennan Community College (MCC)							
MCC	TAMUCT	Course Name	SCH	MCC	TAMUCT	Course Name	SCH
ENGL 1301 or ENGL 2311	CORE 010	Composition I or Technical & Business Writing	3	GOVT 2306	CORE 070	Texas Government	3
Speech	CORE 010	Speech	3	CORE 080	CORE 080	Social/Behavioral Science Core	3
CORE 020	CORE 020	Mathematics Core	3	CHEM 1411	CORE 090	General Chemistry I (Lecture + Lab)	4
BIOL 2401	CORE 030	Anatomy and Physiology I	4	CORE 020 or CORE 030	CORE 020 or CORE 030	Mathematics Core or Life & Physical Science Core	3
BIOL 2402	CORE 030	Anatomy and Physiology II	4	CORE 020 or CORE 030	CORE 020 or CORE 030	Mathematics Core or Life & Physical Science Core	3
CORE 040	CORE 040	Language, Philosophy, & Culture Core	3	CORE 020 or CORE 030	CORE 020 or CORE 030	Mathematics Core or Life & Physical Science Core	3
CORE 050	CORE 050	Creative Arts Core	3	CORE 020 or CORE 030	CORE 020 or CORE 030	Mathematics Core or Life & Physical Science Core	3
HIST 1301	CORE 060	United States History I	3	CORE 020 or CORE 030	CORE 020 or CORE 030	Mathematics Core or Life & Physical Science Core	3
HIST 1302	CORE 060	United States History II	3	Elective	Elective	Elective	3
GOVT 2305	CORE 070	Federal Government	3				
Subtotal							60
Additional Lower-Level Degree Requirements							
McLennan Community College (MCC) or Texas A&M University – Central Texas (TAMUCT)							
MCC	TAMUCT	Course Name	SCH				
PHED Activity Elective ¹	PHED Activity Elective	PHED Activity Elective	2				
Any Level Elective ^{1,2}	Any Level Elective	Any Level Elective	3				
Subtotal							5
Upper-Level Degree Requirements							
Texas A&M University - Central Texas (TAMUCT)							
TAMUCT	Course Name	SCH	TAMUCT	Course Name	SCH		
EPHP 3301	Exercise Physiology I	3	EPHP 4304	Principles of Strength and Muscular Hypertrophy	3		
EPHP 3302	Exercise Physiology II	3	EPHP 3303	Anatomical Kinesiology	3		
EPHP 3307	Principles of Personal Training	3	EPHP 3306	Exercise Testing and Prescription	3		
EPHP 3304	Exercise Biochemistry	3	EPHP 4102	Advanced Cardiovascular Training	1		
EPHP 4302	Sports Nutrition	3	EPHP 4395	Exercise Physiology and Human Performance Capstone	3		
EPHP 4301	Leadership in Exercise and Sport	3	EPHP 4684	Exercise Physiology and Human Performance Internship	6		
EPHP 4305	Research Methods	3	Upper-Level Elective	Upper-Level Elective - Faculty Approved	12		
EPHP 3305	Principles and Techniques of Strength Training and Conditioning	3					
Subtotal							55
Total							120
Notes/Comments							

TAMUCT offers upper-level courses (3xxx-5xxx labeled courses), all lower-level courses (1xxx-2xxx labeled courses) will need to be completed at MCC. A minimum of 120 semester credit hours is required for all baccalaureate degrees. Pathways may exceed 120 semester credit hours as some courses necessary for the associate degree are transferable but not applicable to the baccalaureate degree. For help with pathway planning, students should speak with an [academic advisor](#) or [enrollment specialist](#). *This pathway is intended for planning and visualization purposes only.*

- The AS does not meet all the course requirements for the bachelor's degree. Students will need to complete the remaining lower-level courses at MCC. It is recommended to seek guidance from a [financial aid advisor](#) regarding the consortium agreement process.
- Lower-Level Electives, Any Level Electives, Component Area Options, or Degree Requirements (DEG REQ) may consist of the proposed FOS courses: BIOL 2401, BIOL 2402, CHEM 1412, PHYS 1401, PSYC 2301, PHED 1301, PHED 1338, PHED 1306 or PHED 2356, 3 credit hour Teaching Team Sports, 3 credit hour Teaching Individual/Dual Sports.