



AS – Kinesiology to BS – Exercise Physiology & Human Performance 2024-2025 Transfer Pathway



AS Degree Requirements							
BLINN College							
BLINN	TAMUCT	Course Name	SCH	BLINN	TAMUCT	Course Name	SCH
ENGL 1301	CORE 010	English Composition I	3	PHIL 2306	CORE 040	Introduction to Ethics	3
MATH 1324	CORE 020	Math for Business & Social Sciences	3	GOVT 2305	CORE 070	Federal Government	3
BIOL 2401	CORE 030	Anatomy and Physiology I	4	PSYC 2301	CORE 080	Introduction to Psychology	3
HIST 1301	CORE 060	United States History I	3	KINE 1306	KINE 1306	First Aid	3
KINE 1304	KINE 1304	Personal/Community Health	3	KINE 1164	KINE 1164	Physical Fitness & Wellness	1
ENGL 1302	CORE 010	English Composition II	3	CORE 050	CORE 050	Creative Arts Core	3
BIOL 2402	CORE 030	Anatomy and Physiology II	4	CHEM 1411	CHEM 1411	General Chemistry I	4
HIST 1302	CORE 060	United States History II	3	Elective	Elective	Elective	3
KINE 1301	CORE 090	Foundations of Kinesiology	3	GOVT 2306	CORE 070	State Government	3
SPCH 1315	CORE 090	Public Speaking	3	KINE 1346	KINE 1346	Drug Use and Abuse	3
Subtotal							61

Additional Lower-Level or Upper-Level Degree Requirements			
BLINN College or Texas A&M University – Central Texas			
BLINN College	Texas A&M University - Central Texas	Course Name	SCH
PHED Elective ¹	PHED Elective	PHED Elective	1
Subtotal			1

Upper-Level Degree Requirements						
Texas A&M University - Central Texas (TAMUCT)						
TAMUCT	Course Name	SCH	TAMUCT	Course Name	SCH	
EPHP 3301	Exercise Physiology I	3	EPHP 4304	Principles of Strength and Muscular Hypertrophy	3	
EPHP 3302	Exercise Physiology II	3	EPHP 3303	Anatomical Kinesiology	3	
EPHP 3307	Principles of Personal Training	3	EPHP 3306	Exercise Testing and Prescription	3	
EPHP 3304	Exercise Biochemistry	3	EPHP 4102	Advanced Cardiovascular Training	1	
EPHP 4302	Sports Nutrition	3	EPHP 4395	Exercise Physiology and Human Performance Capstone	3	
EPHP 4301	Leadership in Exercise and Sport	3	EPHP 4684	Exercise Physiology and Human Performance Internship	6	
EPHP 4305	Research Methods	3	Upper-Level Elective - Faculty Approved	Upper-Level Elective - Faculty Approved	15	
EPHP 3305	Principles and Techniques of Strength Training and Conditioning	3				
					Subtotal	58
					Total	120

Notes/Comments	
TAMUCT offers upper-level courses (3xxx-5xxx labeled courses), all lower-level courses (1xxx-2xxx labeled courses) will need to be completed at BLINN. A minimum of 120 semester credit hours is required for all baccalaureate degrees. Pathways may exceed 120 semester credit hours as some courses necessary for the associate degree are transferable but not applicable to the baccalaureate degree.	
For help with pathway planning, please speak with an academic advisor or enrollment specialist . This pathway is intended for planning and visualization purposes and is subject to change.	
1. The AS does not fulfill all the lower-level courses required for the undergraduate degree. Students will need to complete these remaining lower-level courses at BLINN. Please discuss the consortium agreement procedure with a TAMUCT financial aid advisor .	