



Alamo College District							
AS Degree Requirements							
Alamo	Course Name	SCH	TAMUCT	Alamo	Course Name	SCH	TAMUCT
EDUC 1300	Learning Framework	3	EDUC 1300	CHEM 1411	General Chemistry I	4	CHEM 1411
ENGL 1301	Composition I	3	CORE 010	CORE 060	American History Core	3	CORE 060
MATH 1314	College Algebra	3	CORE 020	Elective <sup>1</sup>	Elective	3	Elective
BIOL 2401	Human Anatomy and Physiology	4	CORE 030	GOVT 2306	Texas Government	3	CORE 070
ENGL 1302 or ENGL 2311	Composition II or Technical Writing	3	CORE 010	CORE 040	Language, Philosophy, and Culture Core	3	CORE 090
BIOL 2402	Human Anatomy and Physiology II	4	CORE 030	CORE 040	Language, Philosophy, and Culture Core	3	CORE 040
CORE 050	Creative Arts Core	3	CORE 050	Elective <sup>1</sup>	Elective	3	Elective
CORE 080	Social and Behavioral Sciences Core	3	CORE 080	KINE X1XX	Kinesiology Course	1	KINE X1XX
CORE 010	Communication Core	3	CORE 090	KINE X1XX	Kinesiology Course	1	KINE X1XX
CORE 060	American History Core	3	CORE 060	Elective <sup>1</sup>	Elective	3	Elective
GOVT 2305	Federal Government	3	CORE 070				
							<b>Subtotal 62</b>

Alamo College District or Texas A&M University – Central Texas			
Additional Lower-Level or Upper-Level Degree Requirements			
Alamo	TAMUCT	Course Name	SCH
			<b>Subtotal 0</b>

Texas A&M University - Central Texas					
BS Degree Requirements					
TAMUCT	Course Name	SCH	TAMUCT	Course Name	SCH
EPHP 3301	Exercise Physiology I	3	EPHP 4304	Principles of Strength and Muscular Hypertrophy	3
EPHP 3302	Exercise Physiology II	3	EPHP 3303	Anatomical Kinesiology	3
EPHP 3307	Principles of Personal Training	3	EPHP 3306	Exercise Testing and Prescription	3
EPHP 3304	Exercise Biochemistry	3	EPHP 4102	Advanced Cardiovascular Training	1
EPHP 4302	Sports Nutrition	3	EPHP 4395	Exercise Physiology and Human Performance Capstone	3
EPHP 4301	Leadership in Exercise and Sport	3	EPHP 4684	Exercise Physiology and Human Performance Internship	6
EPHP 4305	Research Methods	3	UL Elective	Upper-Level Elective - Faculty Approved	15
EPHP 3305	Principles and Techniques of Strength Training and Conditioning	3			
					<b>Subtotal 58</b>
					<b>Total 120</b>

**Notes/Comments**

TAMUCT offers upper-level courses (those labeled 3XXX-5XXX), while all lower-level courses (those labeled 1XXX-2XXX) should be completed at Alamo. A minimum of 120 semester credit hours is required for all baccalaureate degrees. Pathways may exceed 120 semester credit hours, as certain courses required for the associate degree are transferable but not applicable to the baccalaureate degree. For help with pathway planning, please speak with an [academic advisor](#) or [enrollment specialist](#). *This pathway is intended for planning and visualization purposes and is subject to change.*

- Lower-Level Electives, Any Level Electives, Component Area Options, or Degree Requirements (DEG REQ) may consist of the proposed FOS courses: BIOL 2401, BIOL 2402, CHEM 1412, PHYS 1401, PSYC 2301, PHED 1301, PHED 1338, PHED 1306 or PHED 2356, 3 credit hour Teaching Team Sports, 3 credit hour Teaching Individual/Dual Sports.