

# Bachelor of Science Exercise Physiology & Human Performance 2023-2024 Transfer Guide

Core Requirements (Transfer Credits)			
Transferring Institution	Texas A&M University - Central Texas	Course Name	SCH
CORE 010 <sup>1</sup>	CORE 010	Communications Core Selection	3
CORE 010 <sup>1</sup>	CORE 010	Communications Core Selection	3
CORE 020 <sup>1</sup>	CORE 020	Mathematics Core Selection	3
BIOL 2401	CORE 030	Anatomy and Physiology I	4
BIOL 2402	CORE 030	Anatomy and Physiology II	4
CORE 040 <sup>1</sup>	CORE 040	Language, Philosophy, and Culture Core Selection	3
CORE 050 <sup>1</sup>	CORE 050	Creative Arts Core Selection	3
CORE 060 <sup>1</sup>	CORE 060	American History Core Selection	3
CORE 060 <sup>1</sup>	CORE 060	American History Core Selection	3
CORE 070 <sup>1</sup>	CORE 070	Government/Political Science Core Selection	3
CORE 070 <sup>1</sup>	CORE 070	Government/Political Science Core Selection	3
CORE 080 <sup>1</sup>	CORE 080	Social and Behavioral Sciences Core Selection	3
CHEM 1411	CORE 090	General Chemistry I (Lecture + Lab)	4
CORE 090 <sup>1</sup>	CORE 090	Component Area Option Core Selection	3
<b>Subtotal</b>			<b>45</b>

Additional Lower-Level Degree Requirements (Transfer Credits)			
Transferring Institution	Texas A&M University - Central Texas	Course Name	SCH
Any Level Elective <sup>2,3</sup>	Degree Requirement	Any Level Elective	15
PHED Activity Elective	Degree Requirement	PHED Activity Elective	2
<b>Subtotal</b>			<b>17</b>

Upper-Level Degree Requirements Texas A&M University - Central Texas			
Texas A&M University - Central Texas	Course Name		SCH
EPHP 3301	Exercise Physiology I		3
EPHP 3302	Exercise Physiology II		3
EPHP 3307	Principles of Personal Training		3
EPHP 3304	Exercise Biochemistry		3
EPHP 4302	Sports Nutrition		3
EPHP 4301	Leadership in Exercise and Sport		3
EPHP 4305	Research Methods		3
EPHP 3305	Principles and Techniques of Strength Training and Conditioning		3
EPHP 4304	Principles of Strength and Muscular Hypertrophy		3
EPHP 3303	Anatomical Kinesiology		3
EPHP 3306	Exercise Testing and Prescription		3
EPHP 4102	Advanced Cardiovascular Training		1
EPHP 4395	Exercise Physiology and Human Performance Capstone		3
EPHP 4684	Exercise Physiology and Human Performance Internship		6
EPHP 4306	Exercise Biomechanics		3
Upper-Level Elective - Faculty Approved	Upper-Level Elective - Faculty Approved		12
<b>Subtotal</b>			<b>58</b>
<b>Total</b>			<b>120</b>

## Notes/Comments

Texas A&M University - Central Texas only offers upper-level courses (3xxx-5xxx labeled courses), all lower-level courses (1xxx-2xxx labeled courses) will need to be completed at the transferring institution. For help with pathway planning, student should speak with an [academic advisor](#). *This pathway is intended for planning and visualization purposes only.*

- Refer to the General Education Core Requirements [page](#) for more information on the CORE Requirement coursework.
- Any-level electives may be taken at either at Texas A&M University-Central Texas or another institution. Please consult an academic advisor prior to selecting any-level electives.
- Lower-Level Electives, Any Level Electives, Component Area Options, or Degree Requirements (DEG REQ) may consist of the proposed FOS courses: BIOL 2401, BIOL 2402, CHEM 1412, PHYS 1401, PSYC 2301, PHED 1301, PHED 1338, PHED 1306 or PHED 2356, 3 credit hour Teaching Team Sports, 3 credit hour Teaching Individual/Dual Sports.

