



AS – Kinesiology to BS – Exercise Physiology & Human Performance 2023-2024 Transfer Pathway



AS Degree Requirements							
BLINN College							
BLINN	TAMUCT	Course Name	SCH	BLINN	TAMUCT	Course Name	SCH
ENGL 1301	CORE 010	English Composition I	3	PHIL 2306	CORE 040	Introduction to Ethics	3
MATH 1324	CORE 020	Math for Business & Social Sciences	3	GOVT 2305	CORE 070	Federal Government	3
BIOL 2401	CORE 030	Anatomy and Physiology I	4	PSYC 2301	CORE 080	Introduction to Psychology	3
HIST 1301	CORE 060	United States History I	3	KINE 1306	KINE 1306	First Aid	3
KINE 1304	KINE 1304	Personal/Community Health	3	KINE 1164	KINE 1164	Physical Fitness & Wellness	1
ENGL 1302	CORE 010	English Composition II	3	CORE 050	CORE 050	Creative Arts Core	3
BIOL 2402	CORE 030	Anatomy and Physiology II	4	CHEM 1411	CHEM 1411	General Chemistry I	4
HIST 1302	CORE 060	United States History II	3	Elective	Elective	Elective	3
KINE 1301	CORE 090	Foundations of Kinesiology	3	GOVT 2306	CORE 070	State Government	3
SPCH 1315	CORE 090	Public Speaking	3	KINE 1346	KINE 1346	Drug Use and Abuse	3
Subtotal							61

Additional Lower-Level or Upper-Level Degree Requirements			
BLINN College or Texas A&M University – Central Texas			
BLINN College	Texas A&M University - Central Texas	Course Name	SCH
PHED Elective ¹	PHED Elective	PHED Elective	1
Subtotal			1

Upper-Level Degree Requirements					
Texas A&M University - Central Texas (TAMUCT)					
TAMUCT	Course Name	SCH	TAMUCT	Course Name	SCH
EPHP 3301	Exercise Physiology I	3	EPHP 4304	Principles of Strength and Muscular Hypertrophy	3
EPHP 3302	Exercise Physiology II	3	EPHP 3303	Anatomical Kinesiology	3
EPHP 3307	Principles of Personal Training	3	EPHP 3306	Exercise Testing and Prescription	3
EPHP 3304	Exercise Biochemistry	3	EPHP 4102	Advanced Cardiovascular Training	1
EPHP 4302	Sports Nutrition	3	EPHP 4395	Exercise Physiology and Human Performance Capstone	3
EPHP 4301	Leadership in Exercise and Sport	3	EPHP 4684	Exercise Physiology and Human Performance Internship	6
EPHP 4305	Research Methods	3	EPHP 4306	Exercise Biomechanics	3
EPHP 3305	Principles and Techniques of Strength Training and Conditioning	3	Upper-Level Elective - Faculty Approved	Upper-Level Elective - Faculty Approved	12
Subtotal					58
Total					120

Notes/Comments

Texas A&M University - Central Texas only offers upper-level courses (3xxx-5xxx labeled courses), all lower-level courses (1xxx-2xxx labeled courses) will need to be completed at Blinn College.
 For help with pathway planning, students should speak with an [academic advisor](#). *This pathway is intended for planning and visualization purposes only.*

- Not all Degree Requirement courses are completed with the AS. Students will need to complete these remaining lower-level courses at Blinn College. Please discuss the consortium agreement procedure with a TAMUCT [financial aid advisor](#).