



AS – Kinesiology to BS – Exercise Physiology and Human Performance 2022-2023 Transfer Pathway



AS Degree Requirements							
BLINN College							
BLINN	TAMUCT	Course Name	SCH	BLINN	TAMUCT	Course Name	SCH
ENGL 1301	CORE 010	English Composition I	3	PHIL 2306	CORE 040	Introduction to Ethics	3
MATH 1324	CORE 020	Math for Business & Social Sciences	3	GOVT 2305	CORE 070	Federal Government	3
BIOL 2401	CORE 030	Anatomy and Physiology I	4	PSYC 2301	CORE 080	Introduction to Psychology	3
CORE 060	CORE 060	American History Core Selection	3	KINE 1306	PHED 1306	First Aid	3
KINE 1304	PHED 1304	Personal/Community Health	3	KINE 1164	PHED 1164	Physical Fitness & Wellness	1
ENGL 1302	CORE 010	English Composition II	3	CORE 050	CORE 050	Creative Arts Core Selection	3
BIOL 2402	CORE 030	Anatomy and Physiology II	4	Elective	Elective	Elective	3
CORE 060	CORE 060	American History Core Selection	3	Elective	Elective	Elective	3
KINE 1301	CORE 090	Foundations of Kinesiology	3	GOVT 2306	CORE 070	State Government	3
SPCH 1315	CORE 090	Public Speaking	3	KINE 1346	PHED 1346	Drug Use and Abuse	3
Subtotal							60

Additional Lower-Level or Upper-Level Degree Requirements			
BLINN College or Texas A&M University – Central Texas			
BLINN College	Texas A&M University - Central Texas	Course Name	SCH
CHEM 14111	Degree Requirement	General Chemistry	4
Subtotal			4

Upper-Level Degree Requirements					
Texas A&M University - Central Texas					
Texas A&M University - Central Texas	Course Name	SCH	Texas A&M University - Central Texas	Course Name	SCH
EPHP 3301	Exercise Physiology I	3	EPHP 4304	Principles of Strength and Muscular Hypertrophy	3
EPHP 3302	Exercise Physiology II	3	EPHP 3303	Anatomical Kinesiology	3
EPHP 3307	Principles of Personal Training	3	EPHP 3306	Exercise Testing and Prescription	3
EPHP 3304	Exercise Biochemistry	3	EPHP 4102	Advanced Cardiovascular Training	1
EPHP 4302	Sports Nutrition	3	EPHP 4395	Exercise Physiology and Human Performance Capstone	3
EPHP 4301	Leadership in Exercise and Sport	3	EPHP 4684	Exercise Physiology and Human Performance Internship	6
EPHP 4305	Research Methods	3	Upper-Level Elective – Faculty Approved	Upper-Level Elective – Faculty Approved	15
EPHP 3305	Principles and Techniques of Strength Training and Conditioning	3			
Subtotal					58
Total					122

Notes/Comments

Texas A&M-Central Texas is an upper-level institution offering 3xxx-5xxx level courses. All 1xxx-2xxx level courses must be completed at a different institution.

For help with pathway planning, student should speak with an [academic advisor](#). This guide is intended for planning and visualization purposes only.

- Not all bachelor's degree requirement courses are completed with the AS. Students will need to complete these remaining lower-level courses at the community college. Please consult a TAMUCT financial aid counselor regarding the consortium agreement process.