



2021 - 2022 Transfer Pathway
Associate of Science - Kinesiology
 to
Bachelor of Science -
Exercise Physiology and Human Performance



TEXAS A&M
UNIVERSITY
CENTRAL TEXAS™

AS Degree Requirements			
(Taken at Central Texas College)			
CTC	TAMUCT	Name	SCH
ENGL 1301 (010)	ENGL 1301 (010)	Composition I (010)	3
SPCH 1315, 1318, or 1321 (010)	SPCH 1315, 1318, or 1321 (010)	Speech Selection (010)	3
MATH 1314 (020)	MATH 1314 (020)	College Algebra (020)	3
BIOL 2401 (030)	BIOL 2401 (030)	Human Anatomy and Physiology I (030)	4
BIOL 2402 (030)	BIOL 2402 (030)	Human Anatomy and Physiology II (030)	4
CORE REQ (040)	CORE REQ (040)	Language, Philosophy, and Culture Selection (040)	3
CORE REQ (050)	CORE REQ (050)	Creative Arts Selection (050)	3
HIST 1301 (060)	HIST 1301 (060)	U.S. History I (060)	3
HIST 1302 (060)	HIST 1302 (060)	U.S. History II (060)	3
GOVT 2305 (070)	GOVT 2305 (070)	Federal Government (070)	3
GOVT 2306 (070)	GOVT 2306 (070)	Texas Government (070)	3
CORE REQ (080)	CORE REQ (080)	Social and Behavioral Science Selection (080)	3
CORE REQ (090)	CHEM 1411 (090)	Component Area Option Selection (090)	4
KINE 1301	PHED 1301	Intro. to Physical Fitness and Sport	3
KINE 1306	PHED 1306	First Aid	3
KINE 1304	PHED 1304 - Any Level Elective	Personal/Comm. Health I	3
KINE 1321	PHED 1321 - Any Level Elective	Coaching/Sports/Athletics I	3
KINE 1338	PHED 1338	Concepts of Physical Fitness	3
KINE Elective(s)	PHED Activity Electives	Physical Activity Course Selection(s)	3
Subtotal			60

Additional Lower-Level Degree Requirements			
(Taken at Central Texas College or Texas A&M University - Central Texas)			
CTC	TAMUCT	Name	SCH
Any Level Elective ¹	Any Level Elective ¹	Any Level Elective ¹	2
Subtotal			2

Upper-Level Degree Requirements			
(Taken at Texas A&M University - Central Texas)			
CTC	TAMUCT	Name	SCH
	EPHP 3301	Exercise Physiology I	3
	EPHP 3302	Exercise Physiology II	3
	EPHP 4301	Leadership in Exercise and Sport	3
	EPHP 4305	Research Methods	3
	EPHP 3304	Exercise Biochemistry	3
	EPHP 4302	Sports Nutrition	3
	EPHP 3303	Anatomical Kinesiology	3
	EPHP 3306	Exercise Testing and Prescription	3
	EPHP 3305	Principles and Techniques of Strength Training and Conditioning	3
	EPHP 4304	Principles of Strength and Muscular Hypertrophy	3
	EPHP 4102	Advanced Cardiovascular Training	1
	EPHP 4395	Exercise Physiology and Human Performance Capstone	3
	EPHP 4684	Exercise Physiology and Human Performance Internship	6
	Upper-Level Elective - Faculty Approved	Upper-Level Elective - Faculty Approved	18
Subtotal			58
Total:			120

Notes

-This guide is for planning and visualization purposes only. Please contact your academic advisor to establish a course schedule.

¹Any-level electives may be taken at either at Texas A&M University-Central Texas or another institution. Please consult an academic advisor prior to selecting any-level electives.