



**AA – General Academics to
BS – Exercise Physiology and Human Performance
2021-2022 Transfer Pathway**



AA Degree Requirements							
McLennan Community College							
MCLENNAN	TAMUCT	Course Name	SCH	MCLENNAN	TAMUCT	Course Name	SCH
PSYC 1100, 1300 or EDUC 1100, 1300	PSYC 1100, 1300 or EDUC 1100, 1300	Learning Framework	1	CORE 030	BIOL 2402 ²	Anatomy and Physiology II	4
ENGL 1301 or ENGL 2311	CORE 010	Composition I or Technical & Business Writing	3	GOVT 2305	CORE 070	Federal Government	3
HIST 1301	CORE 060	United States History I	3	CORE 040	CORE 040	Language, Philosophy & Culture Core Selection	3
CORE 020	CORE 020	Mathematics Core Selection	3	Elective	PHED 1301 ⁴	Foundations of Kinesiology	3
CORE 050	CORE 050	Creative Art Core Selection	3	GOVT 2306	CORE 070	Texas Government	3
Speech Elective	SPCH 1311, 1315, 1318 or 1321 (CORE 010)	Introduction to Speech Communication, Public Speaking, Interpersonal Communication or Business & Professional Communication	3	Elective	PHED 1338 ²	Concepts of Physical Fitness	3
HIST 1302	CORE 060	United States History II	3	Elective	CHEM 1411 ²	General Chemistry I (Lecture + Lab)	4
CORE 030	BIOL 2401 ²	Anatomy and Physiology I	4	Elective	CORE 090 ²	Component Area Option Core Selection	3
CORE 080	CORE 080	Social & Behavioral Core Selection	3	Elective	Elective ^{2,3}	Elective	3
CORE 090	CORE 090	Component Area Option Core Selection	3	Elective	Elective ^{2,3}	Elective	2
Subtotal							60

Additional Lower-Level or Upper-Level Degree Requirements			
McLennan Community College or Texas A&M University – Central Texas			
McLennan Community College	Texas A&M University - Central Texas	Course Name	SCH
PHED Activity Elective ¹	PHED Activity Elective	PHED Activity Elective	1
PHED Activity Elective ¹	PHED Activity Elective	PHED Activity Elective	1
Subtotal			2

Upper-Level Degree Requirements					
Texas A&M University - Central Texas					
Texas A&M University - Central Texas	Course Name	SCH	Texas A&M University - Central Texas	Course Name	SCH
EPHP 3301	Exercise Physiology I	3	EPHP 3303	Anatomical Kinesiology	3
EPHP 3302	Exercise Physiology II	3	EPHP 3306	Exercise Testing and Prescription	3
EPHP 4301	Leadership in Exercise and Sport	3	EPHP 3305	Principles and Techniques of Strength Training and Conditioning	3
EPHP 4305	Research Methods	3	EPHP 4304	Principles of Strength and Muscular Hypertrophy	3
Upper-Level Elective – Faculty Approved	Upper-Level Elective – Faculty Approved	18	EPHP 4102	Advanced Cardiovascular Training	1
EPHP 3304	Exercise Biochemistry	3	EPHP 4395	Exercise Physiology and Human Performance Capstone	3
EPHP 4302	Sports Nutrition	3	EPHP 4684	Exercise Physiology and Human Performance Internship	6
Subtotal					58
Total					120

Notes/Comments

The following Pathway Plan is suggested for full-time students. Part-time student will need more time to complete this pathway. For assistance with pathway planning, students should schedule an appointment with an academic advisor. This guide is for planning and visualization purposes only.

1. Not all Degree Requirement courses are completed with the AA. Student will need to complete these remaining lower-level courses at the community college. Please consult a TAMUCT financial aid counselor regarding the consortium agreement process.
2. This course is required for the BS Degree but not the AA Degree.
3. Lower-Level Electives, Any Level Electives, Component Area Options, or Degree Requirements (DEG REQ) may consist of the proposed FOS courses: BIOL 2401, BIOL 2402, PSYC 2301, PHED 1301, PHED 1338, PHED 1306 or PHED 2356, 3 credit hour Teaching Team Sports, 3 credit hour Teaching Individual/Dual Sports.