



UNIVERSITY FAST FACTS!

15:1 student to faculty ratio

2,450+ students

2nd most affordable public university in Texas*

93 full-time faculty members

48% Military affiliated

672-acre campus

**According to avg. tuition and fees; 2019 Texas Public Higher Education Almanac*



**TEXAS A&M
UNIVERSITY
CENTRAL TEXAS™**

PLANNING ON A CAREER IN THE HEALTH, SPORTS OR FITNESS FIELDS?

Take your passion for exercise to the next level with a bachelor's degree in Exercise Physiology and Human Performance from A&M-Central Texas. Through applied science and engaging coursework, you'll gain a deep understanding about how the body responds and adapts to exercise.

A HISTORY OF LOOKING FORWARD

Since 1971 A&M-Central Texas has progressed from its humble beginnings as American Technological University to become a shining star in The Texas A&M University System. As a member of one of the largest higher education systems in the nation, we have access to extensive resources and support for our students.

APPLICATION CHECKLIST

- » Apply for admission via applytexas.org
- » Pay non-refundable application fee
- » Submit official transcripts from all previously attended college-level institutions

UNDERGRADUATE ADMISSION REQUIREMENTS

- » Minimum 2.0 cumulative transfer GPA on a 4.0 scale
- » Minimum 30 academic, college-level transferable hours
- » Must be eligible to return to all previously attended institutions

SCHEDULE YOUR VISIT!

TAMUCT is located near the intersection of State Highway 195 and State Highway 201 near the Killeen-Ft. Hood Regional Airport.

DAILY TOURS

We offer both individual and group tours! Individual tours occur Tuesdays, Wednesdays, and Fridays. All tours depart from Warrior Hall Room 211.



**TEXAS A&M
UNIVERSITY
CENTRAL TEXAS.**

1001 Leadership Place, Killeen, TX 76549
(254) 519-5438 ★ tamuct.edu
recruiting@tamuct.edu #00001

Bachelor of Science **EXERCISE PHYSIOLOGY & HUMAN PERFORMANCE**

HOME OF THE WARRIORS

BRAND NEW FACILITIES

Our state-of-the-art Exercise Physiology and Human Performance Lab and Group Fitness room allows for a holistic learning experience, created to prepare you for a professional lab environment.



WORK THAT MAKES A DIFFERENCE

Learn how the human body responds and adapts to physical exercise through stimulation and physiological processes that allows it to exercise more efficiently. After you graduate you can jump right into the athletic performance industry or pursue a medical degree. The opportunities are endless ... so are the rewards

FUEL FOR THE MIND AND BODY

- **One Step Ahead** - Sharpen your critical thinking skills as you analyze physiological adaptations to prolonged exercise training.
- **Test the Limit** - Explore the science and theories behind the development of training protocols for various populations.
- **Find Solutions** - Develop exercise methods designed to improve the quality of life for a variety of individuals.



LET'S HEAR IT FOR THE CAREERS

Imagine yourself making a difference as a:

- **Cardiac Rehabilitation Specialist**
- **Strength & Conditioning Coach**
- **Occupational Therapist**
- **Exercise Physiologist**
- **Wellness Coordinator**
- **Sports Nutritionist**
- **Physician Assistant**
- **Physical Therapist**
- **Research Assistant**
- **Personal Trainer**
- **Athletic Trainer**

* Advanced degrees or certifications may be required for some occupation examples listed.

To learn more about each concentration visit tamuct.edu/bsephp