Hold control and click the link below to be taken to Ulife’s version of a self evaluation screening for mental health and drug/alcohol abuse.

[Self Evaluator Assessment](http://www.ulifeline.org/tarleton/self_evaluator)

**Community Resources for Alcohol and Drug Abuse**

 Central Texas Counseling on Alcoholism and Drug Abuse

 CTCADA

4520 E. Central Texas Expressway, Suite 102

Killeen, TX 76549

(254) 690-4455

<http://www.ctcada.org/wordpress/>

Outpatient treatment provided 2-4 times a week for youths and adults abusing alcohol or drugs. Brochure information: <http://hoodmwr.com/acs/Media/Program_folder/IRO/Interagency/ctcada_07brochure.pdf>

Central Texas Counseling on Alcoholism and Drug Abuse

CTCADA

708 W. Avenue M

Temple, TX 76504

254-773-3722

<http://www.ctcada.org/wordpress/>

Outpatient treatment provided 2-4 times a week for youths and adults abusing alcohol or drugs. Brochure information: <http://hoodmwr.com/acs/Media/Program_folder/IRO/Interagency/ctcada_07brochure.pdf>

Cedar Crest Hospital and Residential Treatment Center

3500 South IH 35

Belton, TX 76513

866-543-7779

<http://www.cedarcresthospital.com/>

 24 Hours a day, 7 days a week, call toll free number for information and free clinician assessement. Inpatient treatment.

Bluebonnet Trails

1109 Georgetown St.

Round Rock, TX 76684

1-800-841-1255

<http://bbtrails.org/>

 Screening and referral process center.

Austin Recovery Center

8402 Cross Park Drive

Austin, Texas

1-800-373-2081

http://www.austinrecovery.org/AboutUs.aspx

 Low costs, insurance accepted, alternative funds available to those who qualify. In-patient treatment facility.

**Central Texas Area Narcotics Anonymous Meetings:**

866-792-8262
<http://www.ctana.org>

**Central Texas Alcoholics Anonymous Meetings:**

512-444-0071
<http://www.austinaa.org>